

# HOSPITAL NEWS

Mrs. Glenn Baker, of Canton, medical case, is resting more comfortably.

Mrs. Jack Stewart, of Waynesville, route 1, operative case, is fairly well.

Frank Cooper, of Canton, operative case, is resting fairly good.

The condition of Mrs. Edward Henson, of Canton, is good.

Mrs. Sarah Lee Allen, of Clyde, route 1, operative case, is improving.

Colvie Frizzell, of Canton, route 2, operative case, is resting fairly well.

Miss Eunice Turpin, of Canton, operative case, is better.

Mrs. Lebo Massie, of Canton, route 2, operative case, is resting more comfortably.

Mrs. Homer Thompson, of Canton, operative case, is better.

Mark Smith, of Waynesville, route 2, medical case, is better.

Mrs. Joe Mashburn, of Canton, operative case, is improving.

Miss Ora Cox Gaskins, of Canton, route 3, operative case, is better.

The condition of Miss Blanche Mann, of Canton, route 2, is good.

Miss Marietta Costner, of Canton, route 2, operative case, is better.

Mrs. Noland Pless, of Canton, operative case, is better.

Mrs. G. W. Howell, of Canton, route 1, operative case, is improving.

German Miller, of Canton, route 1, operative case, is better.

The condition of J. W. Ledford, of Canton, operative case, is good.

Arthur Pardue, of Canton, medical case, is resting fairly well.

Miss Mildred Robinson, of Waynesville, route 2, medical case, is resting some better.

Baby Edwin Chambers, of Canton, route 1, medical case, is fairly well.

Mrs. George Cochran, of Way-

## State College Hints To Farm Homemakers

By RUTH CURRENT (N. C. State College)

Nowadays everyone is interested in thrifty meat dishes. Good stew is an old standby and here is how to make it. Allow about 2 pounds of lean raw meat without bone for a good all-meat stew for 6 persons. For a stew with vegetables, you can use less meat, of course, but the more meat you have the more nourishing and tasty will be the stew.

To make a good stew first flour and then brown the meat in fat before you add water. Brown the vegetables a few minutes in well-flavored fat. Vegetables are at their best when you cook them quickly, so don't add them until the meat is almost, if not quite, tender.

It doesn't matter whether the water is cold or hot. Add enough water to cover the meat and simmer slowly until the meat is tender. Don't boil. Many cooks like to add a sliced onion for savory flavor. If the stew is not thick enough by the time the meat is tender, mix 1 or 2 tablespoonfuls of flour to a smooth paste with a little cold water. To the paste add several spoonfuls of the hot stew and then stir the mixture into the rest of the stew, and cook until smooth and thick. Season to taste with salt and pepper and a little chopped parsley if you have it.

Predictions right now are that the plentiful foods during the coming months will be: cereal or grain foods, lamb and mutton, poultry, dairy products, and most fresh vegetables. Foods that will not be plentiful are: sugar, of course, and canned foods, beef, pork and possibly lard.

Maybe you will want to serve your family more whole-grain foods, different kinds of breads and cereals. Study the cooking of lamb and mutton and the different ways of using cheese, eggs and poultry.

It depends on what you do. If you plow you sweat. If you play golf you perspire.

Half of the people may not know how the other half lives, but they will soon be living like them.

Count that day lost whose low descending sun finds the war not more nearly won.

Simple Susie thinks war bonds are preferable to matrimonial bonds. You can get rid of the war kind.

nesville, route 2, is better.

W. F. Sorrells, of Canton, medical case, is resting fairly well.

Baby Barbara Jean Rogers, of Cove Creek, medical case, is fairly comfortable.

### DISCHARGED

Among those discharged from the Haywood County Hospital during the past week were the following: Mrs. Tilda Curtis, Mrs. J. H. Mc-Memony and baby, Mrs. Paul Rog-

ers and baby, Mrs. Nathan Reece, Mrs. Elmer Hawkins, Mrs. W. W. Morgan, Mrs. John Lee Hill, Miss Lola Mashburn, Mrs. Robert Sutherland, Mrs. Ray Norris, Glenn Cuthbertson.

Mrs. James Robert Platt and baby, Mrs. D. R. Rathbone, Roy Platt, Mrs. Clayton Burnett, Mrs. Zeb Trammell, Mrs. Joe Singleton, Mrs. Harold Haney and baby, Mrs. Lloyd Pharr and baby, Jess Williamson, W. G. Rhymer, Jr., Mrs. William White, Mrs. Woodrow Ledford and baby, Mrs. W. B.

Norris, Mrs. Homer Green, Mrs. L. A. Gilliland, Miss Emmogene Israel, Miss Inez Curles, Lily Whittenburg (colored), Mrs. Edward Davis, Mrs. Roy Nelson and baby, Lee McMahan, Paul Mitchell, Mrs. Way Ratcliff and baby, Dean Lee, Master Junior Banks, Houston Cullins (colored), J. W. Rickman, Virgie McClure, Mrs. Bryson Hannah, Miss Freida June Phillips, Mrs. George Rogers and baby, Master Richard Blythe, R. H. Galloway, Mrs. Ralph Leatherwood, Mrs. Ed-

gar Norman and baby, and Mrs. Richard Packett.

### BIRTHS

Mr. and Mrs. Way Ratcliff, of Waynesville, route 1, announce the birth of a son on September 7th.

Mr. and Mrs. James Robert Platt, of Waynesville, route 2, announce the birth of a son on September 7th.

Mr. and Mrs. Woodrow Ledford, of Waynesville, route 2, announce

the birth of a daughter, on September 9th.

Mr. and Mrs. Edgar Norman, of Waynesville, route 1, announce the birth of a daughter on September 9th.

Mr. and Mrs. Harold Haney, of Waynesville, route 1, announce the birth of a daughter on September 9th.

Mr. and Mrs. Rufus Buff, of Waynesville, route 2, announce the

birth of a daughter on September 10th.

Mr. and Mrs. George Rogers, of Canton, route 3, announce the birth of a daughter on September 10th.

Mr. and Mrs. Bill Plemmons, of Waynesville, route 1, announce the birth of a daughter on September 11th.

Mr. and Mrs. Lynel Conrad, of Hazelwood, announce the birth of a daughter on September 12th.

**4-Purpose CREAM 98c**

**Ironized Yeast 65c**

**IMPERIAL - KAY MEDICO - KAYWOODS AND OTHERS PIPES \$1.10**

**Tooth Powder 24c**

**WHITES MULTI-V \$1.19**

**Face Powder 67c**

**Phillips Magnesia 12c**

**Shave Cream 10c**

# BACK-TO-SCHOOL SALE

SAVE ON THESE LOW PRICED SCHOOL DRUGS, TOILETRIES AND SUNDRIES

Your **Rexall** DRUG STORE

**Back-To-School WITH LUGGAGE**

From **Smith's Out-Rate LOWEST PRICES**

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- Wardrobe, etc.

PRICES STARTING AT \$4.00

**Topgrain Cowhide MEN'S GLADSTONES... \$9**

**50c Size FREE WHEN YOU BUY THE LARGE SIZE \$2.25 Value For \$1.00**

**VIMMS 6 Vitamins 3 Minerals**

**BOTH JARS FOR 39c**

**Etiquet**

NEW ANTISEPTIC DEODORANT CREAM

BUY THIS GET THIS FREE!

STOPS UNDER-ARM PERSPIRATION 1 TO 3 DAYS

SMITH'S DRUG STORE

**TAMPAX IN THREE SIZES**

MODERN sanitary protection for monthly use... no belts, no pins, no odors, no chafing... Traveling or home use... Available in Regular, Super, Junior sizes.

**NEW LOW PRICE, 29c MONTH'S SUPPLY**

**50c Face Powder 39c**

**HANDSOME HAIR 79c**

IMPROVES YOUR APPEARANCE

Lucky Tiger "Regular" for Oily Hair, and Lucky Tiger "With Oil" for Dry Hair, aids grooming; removes loose dandruff, scales, dandruff, itching. Large \$1 Bottle SPECIAL, only.

**MENNEN MENTHOL-ICED LATHER SHAVE and SKIN BRACER 39c each**

For cooler shaves use this MENTHOL-ICED shave cream and most popular of all after-shave lotions.

**15c Mennen's QUIN-SANA 33c**

**Need A New Kodak For School**

In our Camera Shop we have a selection of the latest Cameras for school ground and campus pictures.

AT SMITH'S LOW PRICES

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|----------------------------|------------------------------|------------------|
| \$1.65 For Grey Hair       | <b>KOLOR-BAK</b> .....       | <b>87c</b>       |
| 50c Size                   | <b>YAGER'S LINIMENT</b> .... | <b>27c</b>       |
| 60c Double Size            | <b>DANDERINE</b> .....       | <b>39c</b>       |
| 50c Nadinola               | <b>BLEACH CREAM</b> .....    | <b>29c</b>       |
| \$1.25 Original Bottle 100 | <b>CAROID and BILE</b> ..... | <b>67c</b>       |
| 25c Size                   | <b>WOODBURY TALCUM</b> ...   | <b>17c</b>       |
| Red or Green Label         | <b>BREWERS YEAST</b> .....   | <b>33c</b>       |
| 50c Ipana                  | <b>TOOTH PASTE</b> .....     | <b>39c</b>       |
| 25c Cuticura Soap or       | <b>OINTMENT</b> .....        | <b>17c</b>       |
| 60c Dr. Kilmer's           | <b>SWAMP ROOT</b> .....      | <b>32c</b>       |
| Large Fitch's              | <b>SHAMPOO</b> .....         | <b>89c</b>       |
| 30c Moffett's              | <b>TEETHINA</b> .....        | <b>17c</b>       |
| \$1.25 Size                | <b>SIMILAC</b> .....         | <b>73c</b>       |
| 20c French's               | <b>BIRD SEED</b> .....       | <b>2 for 19c</b> |

**BARGAIN SALE**

**WILDROOT SHAMPOO 39c**

**REMOV CORN 31c and 63c**

In 30 Minutes Antiseptic and leaves no pain or soreness after removal. Guaranteed to Satisfy or Money Refunded.

**SWAN NEW WHITE FLOATING SOAP**

**Large Size 3 for 25c**

**Reg. Size 6 for 35c**

**Tooth Brushes 2 for 25c**

**SHAVE CREAM 24c**

**Listerine Antiseptic 59c**

**Full Pint HALEY'S M-O 59c**

**TOOTH PASTE 2 for 29c**

**Kelpamalt Tablets 79c**

**HAIR BRUSH 98c**

**Facial Tissues 21c**

# Smith's CUT RATE DRUG STORE

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**FRIDAY Your Rexall DRUG STORE SATURDAY**

SMITH'S LUNCHEONETTE AND SODA FOUNTAIN SERVES THE MOST DELICIOUS FOOD AND SODAS IN TOWN