

KNOW YOUR PUBLIC HEALTH NURSES, ADVISES SUPERVISOR

By ALMA McCracken
Supervisor District Health Nurses

Keyed to the slogan "Know Your Public Health Nurse—Who Is She, What Does She Do," our first National Public Health Nursing Day was held January 26, 1944.

Public health nursing is an organized community resource for furthering public health measures designed to prevent and reduce sickness and to produce positive health. These measures include environmental planning for health and safety; opportunities for gaining knowledge and attitudes favorable to maintenance of health; facilities for diagnosis and for preventive and restorative treatment. The contribution of the public health nurse is essentially educational, whether her service is in the form of nursing, care to the sick or health guidance and instruction to the sick and well; whether she works in home, health center, clinic, school, or industrial plant; whether she is employed by a governmental or voluntary, health or non-health agency. Her services are available to all age groups in all economic and social circumstances.

Broadly speaking, then, the functions of public health nurses are to help make known scientific

facts about health; to help create positive attitudes toward the acquisition and maintenance of health; to encourage and teach the use of health and medical resources; to contribute toward the adjustment of social conditions to the end that the individual and the family will become resourceful in meeting their health needs. The public health nurse has a community responsibility in keeping before the attention of its citizens the needs and reasons for adequate facilities, and services; in helping the community to understand and apply efficient, economical methods of administering and coordinating nursing services in order to obtain maximum benefits without duplications and inequalities.

Forty years ago there was less than 500 public health nurses in the United States. In 1944 this number increased to 20,000.

In order to develop a health program that will include the more than 1,000 counties in the United States, who now have little or no public health nursing service, more than three times this number will be needed. A recent estimate by the U. S. Public Health Service calls for a total of 69,000 community public nurses plus 20,000 industrial nurses.

Public health nurses are graduate registered nurses who have had post-graduate work in public health nursing. For the duration of the war graduate registered nurses are being used under a special classification as War Emergency Nurses.

Public health nursing has been declared an essential service. The directives to the procurement and assignment committees have been to classify every public health nurse as 4-b, essential for unlimited duration, unless she can be replaced by a qualified public health

In Philippines



PFC. BROWN BURGESS, son of Mr. and Mrs. Hampton Burgess, of Waynesville, is now serving in the Philippine Island. He entered the service in 1942 and was stationed at Camp Wheeler, Ga., Camp White, Ore., and Salinas, Calif., prior to being sent on duty in the South Pacific.

In Germany



CPL. TALMADGE L. SHEEHAN, son of Mr. and Mrs. W. Sheehan, of Waynesville, is now serving in Germany. He entered the army on September 16, 1940, at Fort Jackson and before being sent overseas was stationed at Camp Gordon, Ga., Fort Dix, and Fort Jackson. He has been overseas for one year, having been stationed first in England. At the time he entered the service he was employed by Hyatt and Company.

On New Hebrides



DAVID A. TAYLOR, Ph. M. 3-c, son of Mr. and Mrs. R. H. Taylor, of Waynesville, R.F.D. No. 1, is now stationed on the New Hebrides Islands. He volunteered in the Navy in October, 1942, and took his boot training at Norfolk, Va., and from there was sent to Portsmouth, Va., and later to Jacksonville, Fla. From the latter he was sent to Pensacola, Fla., and then to Shoemaker, Calif., and from there to his present post. He was trained in the States as a dental technician. A graduate of the local high school he was employed at the Food Store and later at Balentine's Grocery store before entering the service.

Pvt. Samuel Inman Stationed In Italy

Private Samuel L. Inman, who recently agreed to a mutual transfer from his former unit in North Africa to his present one in Italy, so that his transfer would bring a buddy close to his wife at the North African base, is now with an aviation engineer battalion building bases for Allied war power in Italy. Pvt. Inman is the son of Mr. and Mrs. Charles Inman, Waynesville.

A veteran of two years overseas service, Inman is attached to his present unit as a medic. He entered the service in April, 1941, and attended the medical school at Camp Grant, Ill. He is a graduate of the local high school, '41, and was formerly employed with Smith's Transfer as a truck driver. His wife lives in Waynesville and his brother is also in the service, somewhere overseas. He wears the Good Conduct Ribbon for exemplary behavior.

In Pacific



JACK E. FUGATE, S 1-c, of Dellwood, is now serving in the Pacific war theatre. He entered the service in September, 1943, and took his boot training at Bainbridge, Md. From the latter he was sent to Norfolk and from there assigned to sea duty.

BIRTHS

Mr. and Mrs. Norman F. Burgess, of Waynesville, R.F.D. No. 1, announce the birth of a son at their home on January 16th.

Mr. and Mrs. Jess Byrd Revis, of Clyde, R.F.D. No. 1, announce the birth of a son at their home on January 22nd.

Mr. and Mrs. Mack Rafferty, of Waynesville, announce the birth of a son at their home on January 20th.

Miss Bernice Harrell Honored At College

Miss Bernice Harrell, daughter of Mr. and Mrs. James S. Harrell, of Waynesville, was initiated recently into Alpha Dextima Sorority at John B. Stetson University, DeLand, Fla., during a formal ceremony.

The purpose of this organization is to promote democratic friendship and understanding among the members and to broaden the social, cultural, political, athletic, and religious life of its members. All women in Stetson who are not affiliated with a national social organization may become members. Miss Harrell is a freshman enrolled in the School of Business.

Pfc. Edward Glavich, Jr. Given Infantryman's Badge

Private First Class Edward Glavich, Jr., serving with the 100th Division in France, has recently been awarded the Combat Infantryman's Badge.

The soldier's father, Edward Glavich, resides at Route 2, Waynesville. The 100th Division left the United States with a high reputation earned in its training period in the Carolinas and Louisiana maneuver areas.

New 15 Minute Home Trial TINTS HAIR

Black, Brown, Auburn or Blonde AS IT SHAMPOOS This remarkable discovery, TINTZ Color Shampoo Cake, washes out dirt, loose dandruff, etc., as it softly gives hair a real smooth, colorful tint that fairly glows with life and lustre. Don't get up with faded, off-color hair a minute longer. Each shampoo with TINTZ leaves your hair more colorful, lovelier, softer and easier to manage. No dry look. Won't harden permanently. 7 million already sold. Get this rich lathering shampoo that gives fresh glowing color to your hair TODAY. In six lovely shades: Black, Dark, Medium or Light Brown, Auburn (Golden) or Blonds. Only 50c at most drug or toilet stores. Smith's Drug Store

Lemon Juice Recipe Checks Rheumatic Pain Quickly

If you suffer from rheumatic, arthritic or neuralgic pain, try this simple inexpensive home recipe that thousands are using. Get a package of Rolet Compound today. Mix it with a quart of water, add the juice of 4 lemons. It's easy. Pleasant and no trouble at all. You need only 2 tablespoonfuls two times a day. Often within 48 hours — surprising relief — splendid results are obtained. If the pain does not quickly leave and if you do not feel better, Rolet will not you nothing to see as it is sold by your druggist under an absolute money-back guarantee. Rolet Compound is for sale and recommended by

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WAYNESVILLE, NORTH CAROLINA
MATINEE: Sunday 2 and 4 P. M.; Saturday 2 and 3:30 P. M.
—NIGHT SHOW: 7 and 9 P. M., Sunday Night, 8:30—
ADMISSION: Children Under 12 Years, 12c; Adults, All Seats, 35c—TAX: On Children's Pass, 2c; Adult Pass, 6c
THURSDAY — FEBRUARY 1
"Babes On Swing Street"
With Peggy Ryan and Ann Blyth.
FRIDAY — FEBRUARY 2
"Destiny"
With Gloria Jean and Alan Curtis.
SATURDAY — FEBRUARY 3
"Senora Stagecoach"
With Hoot Gibson and Bob Steele.
LATE SHOW — 10:30 P. M.
"Falcon In Mexico"
With Tom Conway and Jean Brooks.
SUNDAY — FEBRUARY 4
"Cowboy and the Lady"
With Garry Cooper and Muriel Oberon
No Matinee Sunday Afternoon — Power Will Be Off
MONDAY-TUESDAY — FEBRUARY 5-6
"The Climax"
In Color—With Susanna Foster and Boris Karloff.
WEDNESDAY — FEBRUARY 7
"Gildersleeve's Ghost"
With Harold Peary and Marion Martin.

nurse or there is a ratio of more than one public health nurse for every 5,000 population. Since North Carolina does not meet this ratio all of our public health nurses have been classified as 4-b. There are in this state at present 315 public health nurses. Fifty-four of these are war emergency nurses. There are 34 public health nursing vacancies in the state. According to the biennial report for July 1, 1942, through June, 1944, the North Carolina public health nurses made the following field and office nursing visits: Communicable disease control, 66,344; tuberculosis control, 76,317; maternity-prenatal, 81,904; maternity postpartum, 45,347; infant, 129,432; pre-school, 92,809; school, 91,739; morbidity, 38,459; crippled children, 11,659. Haywood county has two public health nurses to serve a population of 34,804 against the recommended one nurse to every 5,000 population. During the past year (1944) these nurses made the following field and office nursing visits: Communicable disease control, 428; tuberculosis control, 273; maternity prenatal supervision, 58; maternity postnatal supervision, 28; infant supervision, 166; pre-school supervision, 226; school health supervision, 140; morbidity supervision, 48; crippled children supervision, 31; visits to schools, 74. In the words of Dr. Thomas Parham, chief surgeon, U. S. Public Health Service, "Public Health Nursing Day should serve to focus the attention of the American public health nurse as a front line defender upon the value of the defender and restorer of health."

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PULPWOOD CUTTERS GIVEN TOP 'WAR WORKER' DEFERMENT IN DRAFT
WASHINGTON, Jan. 16.—The War Manpower Commission today issued a revised list of critical occupations for which Selective Service Boards may grant draft deferment. This new list raises "the cutting of pulpwood" as well as the "production of pulp made from pulpwood and other substances" from a merely "essential" to a "critical" rating.
WHAT THIS MEANS TO PULPWOOD CUTTERS
● If you are of draft age (26 or over) you may be deferred until all available men in both "essential" and non-essential occupations are inducted.
● If you are now cutting pulpwood and have been deferred, stick to your job full-time.
● If you are now in a merely "essential" occupation and want to get into "critical" pulpwood production, do so at once. Then apply to your draft board for deferment.
Please Address All Inquiries For Wood Prices and Specifications To
THE CHAMPION PAPER & FIBRE CO.
CANTON DIVISION CANTON, NORTH CAROLINA
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