

Lemon Juice Recipe Checks Rheumatic Pain Quickly

If you suffer from rheumatic, arthritic or neuritic pain, try this simple, inexpensive home recipe that thousands are using. Get a package of Ru-Ex Compound today. Mix it with a quart of water, add the juice of 4 lemons. It's easy. Pleasant and no trouble at all. You need only 2 table-spoonsful two times a day. Often within 48 hours sometimes overnight—splendid results are obtained. If the pains do not quickly leave and if you do not feel better, Ru-Ex will cost you nothing to try as it is sold by your druggist under an absolute money-back guarantee. Ru-Ex Compound is for sale and recommended by Smith's Cut-Rate Drug Store.

NOTICE

NORTH CAROLINA, HAYWOOD COUNTY
IN THE SUPERIOR COURT
DORRIS B. WHITE,
VS.
JOHN D. WHITE

The defendant above named will take notice that an action entitled as above has been commenced in the Superior Court of Haywood County, N. C., for the purpose of securing a divorce absolute on the grounds of two years separation; and the said defendant will further take notice that he is required to appear before the Clerk of the Superior Court of Haywood County, at the Court House in Waynesville, N. C., within 30 days from the 24th day of April, 1945, and answer or demur to the complaint in said action, or the plaintiff will apply to the Court for the relief demanded in said complaint.

This the 21st day of March, 1945.
GERTRUDE P. CLARK,
Asst. Clerk of Superior Court,
Haywood County.
Mar. 22-29-Apr. 5-12

NOTICE

NORTH CAROLINA, HAYWOOD COUNTY
IN THE SUPERIOR COURT
EDWARD MEHAFFEY
VS.
ANNA S. MEHAFFEY

The defendant, Anna S. MehaFFEY, will take notice that an action entitled as above has been commenced in the Superior Court of Haywood County to obtain an absolute divorce; and the said defendant will further take notice that she is required to appear at the office of the Clerk of the Superior Court of said county in the courthouse in Waynesville, North Carolina, on or before thirty (30) days from April 14th, and answer or demur to the complaint in said action, or the plaintiff will apply to the Court for the relief demanded in said complaint.

This March 15, 1945.
GERTRUDE P. CLARK,
Asst. Clerk Superior Court,
Haywood County, North Carolina
No. 1419—Mar. 22-29-Apr. 5-12

NOTICE OF SERVICE OF SUMMONS BY PUBLICATION

STATE OF NORTH CAROLINA
COUNTY OF HAYWOOD
WALTER F. OVERMAN
VS.
LENA MAE OVERMAN

The defendant above named will take notice that an action entitled as above has been commenced in the Superior Court of Haywood County, N. C., for the purpose of obtaining an absolute divorce on statutory grounds; and the defendant will take further notice that she is required to appear at the office of the Clerk of the Superior Court of Haywood County, N. C., in the Courthouse in Waynesville, N. C. within 30 days after the 26th day of April and answer or demur to the complaint of the plaintiff filed in this action, or the plaintiff will apply in the court for the relief demanded in the complaint.

This the 26th day of March, 1945.
GERTRUDE P. CLARK,
Asst. Clerk of the Superior Court of Haywood County, N. C.
No. 1423—Mar. 29-Apr. 5-12-19

ADMINISTRATOR'S NOTICE

Having qualified as administrator of the estate of John P. Snyder, deceased, late of the county of Haywood, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned at his office, Waynesville, N. C., on or before the 29th day of March, 1946, or this notice will be pleaded in bar of their recovery.

All persons indebted to said estate will please make immediate payment. This 29th day of March, 1945.

T. L. GREEN,
Administrator of John P. Snyder,
No. 1422—Mar. 29-Apr. 5-12-19-26-
May 3.

NOTICE OF SUMMONS

NORTH CAROLINA, HAYWOOD COUNTY
IN THE SUPERIOR COURT
MARTHA BRADLEY
VS.
TOM BRADLEY

The defendant in the above entitled action will take notice that action as above has been commenced in the Superior court of Haywood County, North Carolina, for the purpose of securing an absolute divorce.

And that said defendant will further take notice that he is required to be and appear before the clerk of the Superior court of Haywood County, at the court house in Waynesville, North Carolina, not later than 30 days from the date of this notice, and answer or demur to the complaint or the court will grant the relief therein stated.

This the 17th day of March, 1945.
GERTRUDE P. CLARK,
Asst. Clerk of the Superior Court of Haywood County,
No. 1420—Mar. 22-29-Apr. 5-12

CHURCHES

FIRST METHODIST CHURCH
Rev. J. C. Madison, Pastor
Church School with classes for all ages opens at 10:00 o'clock. The nursery is kept open at the 11:00 o'clock hour.

For the morning message the pastor will speak on the subject, "Son, Remember!"

The evening service will begin at 8:00 o'clock. At that hour the pastor will preach the first in a series of four sermons on the "Post-Resurrection Appearances of Our Lord." The subject of the first message will be, "The Soul's Dearest Companion."

The Methodist Youth Fellowship will meet at 7:00 o'clock.

CATHOLIC SERVICES
Scheuie of Masses
Waynesville, every Sunday, 11:00 a. m.
Ryerson City, every 1st Sunday, 8:00 a. m.
Franklin, every 2nd and 4th Sunday, 8:00 a. m.
Murphy, every 5th Sunday, 8:00 a. m.
Canton, every 5th Sunday, 8:00 a. m.
Cherokee, every 3rd Sunday, 8:00 a. m.
Sylva, every 1st Sunday, 8:00 a. m.
Welch Cove, every 1st Sunday, 11:00 a. m. (C.W.T.).

CHRISTIAN SCIENCE
Church rooms located on second floor of Masonic Temple.

Authorized Christian Science literature available following the service on each Sunday morning at 11 o'clock.

"Unreality" will be the subject of the lesson-sermon in all Christian Science churches and societies on Sunday. The Golden Text will be taken from John 7:24, "Judge not according to the appearance, but judge righteous judgment."

JUNALUSKA METHODIST CHURCH
Pastor Miles A. McLean.
Sunday school at 10:00 with separate classes for every age.

Church service at 11:00 at which time the pastor will speak on the topic, "Christ Fulfilled His Purpose: Are We Fulfilling Ours?" The choir will give a special number.

Sunday evening at 8:00 the Rev. J. E. Sampson will preach the first in a series of revival services.

The young people will meet at 7:30 p. m. and their leader will be Delores Underwood.

FIRST BAPTIST CHURCH
Rev. E. G. Elliott, Pastor
Sunday School 10:00 a. m., Earl Messer, Supt.
Morning Worship 11:15. Ordination of the Lord's Supper will

The Book and the Faith
HIGHLIGHTS ON THE SUNDAY SCHOOL LESSON

By NEWMAN CAMPBELL

(The International Uniform Lesson on the above topic for April 8 is Psalm 145; Proverbs 2:1-9; II Corinthians 7:3-8; II Peter 1:21, the Memory Verse being Psalm 119:44, "So Shall I observe Thy law continually for ever and ever.")

"THE PSALM" with which our lesson begins is a great doxology—that is, a song of praise to God. "I will extol Thee, my God, O King; and I will bless Thy name forever and ever."

"Every day, will I bless Thee; and I will praise Thy name for ever and ever."

"Thy kingdom is an everlasting kingdom, and Thy dominion endureth throughout all generations."

"Thou openest Thine hand, and satisfiest the desire of every living thing."

"My mouth shall speak the praise of the Lord; and let all flesh bless His holy name for ever and ever."

In Proverb 2 we read: "My son, if thou wilt receive my words, and hide my commandments with thee; so that thou incline thine ear unto wisdom, and apply thine heart to understanding; "Yea, if thou criest after knowledge, and liftest up thy voice for understanding; if thou seekest her, as silver, and searchest for her as hid treasures; then shalt thou understand the fear of the Lord, and find the knowledge of God."

It is not earthly knowledge of which the writer is speaking, but the hunger and thirst after righteousness and the knowledge of God and His kingdom.

Book learning can never make a person wise. He may be very ignorant, even unable to read or write, and still have such wisdom that the most highly educated can learn from him. No university education can teach a person how to live so that he can get the most out of life. Think of your schoolmates who seem to get the most out of life; who are the happiest. Is it always the best scholars?

"The Lord giveth wisdom: out of His mouth cometh knowledge and understanding."

[This lesson is rather a difficult

State College Hints

Avoid loss of juice in preparing meat, poultry and fish by never soaking in water. Meat may need to be wiped off with a clean moist cloth, and poultry or fish may need to be rinsed after cleaning, but none of these foods should be submerged or left standing in water.

Save all drippings and serve with the meat or in gravy. Save excess fat for future cooking.

Juice from oysters and clams has especially fine flavor, and is often served hot as broth, or added to stew and chowder. Never wash oysters and clams because this means a loss of juice.

Soaking fresh vegetables, especially after they are cut, draws out juice that contains both food value and flavor. If vegetables need freshening, wash and put them in a covered container in the refrigerator. If potatoes are to be peeled before cooking, peel them just before they go on the stove. The common method of peeling ahead of time and then keeping potatoes soaking in water to prevent darkening means a loss of food values.

To save the juice of strawberries, wash them before (not after) hulling. Hold juicy fruits like oranges and cherries over a bowl when slicing so none of the juice will be lost as it drips.

With most home canners, tomatoes top the vegetable list, because they are easily and safely canned in a boiling-water-bath canner. The canned tomatoes store up vitamins A and C for winter, and they may be used many ways for variety in your meals.

When estimating amounts to be canned, see how far these will go toward providing nourishment, appetizing, and varied meals. The Home Demonstration Department at State College will be glad to send you a canning budget.

at the church on Tuesday night at 8 o'clock.
Mid-week service and choir rehearsal Wednesday night at 8 o'clock.
We cordially invite all those who have no church home to attend these services. Be sure to attend church some where every Sunday.

WAYNESVILLE EPESBYTERIAN CHURCH
Rev. Malcolm R. Williamson, Pastor.
Whitener Prevost, superintendent of Sunday School.
Sunday School at 10:00 o'clock.
Morning Worship 11:15 o'clock.
Sermon: "The Forward Look."
Quarterly Communion service followed by a congregational meeting.
Young Peoples League meets at 7:00 p. m.

GRACE CHURCH IN THE MOUNTAINS
Episcopal
Rev. Robt. G. Tatum, Rector
First Sunday after Easter.
Church School at 10:30 a. m.
Morning Prayer and sermon at 11:30 a. m.
Y.P.S.L. and Crusaders Sunday afternoon at 5 o'clock, Parish House.

How women and girls may get wanted relief from functional periodic pain

Cardui is a liquid medicine which many women say has brought relief from the cramp-like agony and nervous strain of functional periodic distress. Here's how it may help:

- 1 Taken like a tonic, it should stimulate appetite, aid digestion, thus help build resistance for the "time" to come.
- 2 Started 3 days before "your time", it should help relieve pain due to purely functional periodic causes.

Try Cardui. If it helps, you'll be glad you did.

CARDUI
SEE LABEL DIRECTIONS

LOOK INTO this 2-way help

Buy Bonds—keep them.

Dr. H. M. Clarvoo
GENERAL PRACTICE
VETERINARY MEDICINE AND SURGERY

OFFICE PHONE 93 RESIDENCE PHONE 487-R
OFFICE DEPOT STREET

DAVIS-SMITH
(Jewelers Since 1865)

20% DISCOUNT

Specials Two Weeks Only

Wedding Rings \$8.00 up to \$10.00
Engagement Rings \$17.50 up to \$20.00
Necklaces - - - - - \$3.50 up to \$5.00
Leather Goods - - - .50 up to \$1.00
Compacts - - - - - .50 up to \$1.00

Phone 514
8 Church Street Opposite Masonic Temple

Beware Coughs from common colds That Hang On

Creomulsion relieves promptly because it goes right to the seat of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly always the cough or you are to have your money back.

CREOMULSION
For Coughs, Chest Colds, Bronchitis

Their very LIVES depend on you

WHAT CAN YOU SPARE THAT THEY CAN WEAR?

GROW BEANS

Highest Prices Ever Paid Here for
Cannery Beans

Fancy 3-Sieve	\$120.00 Per Ton
Extra Standard 4-Sieve	100.00 Per Ton
Standard 5-Sieve	85.00 Per Ton
Large 6-Sieve	70.00 Per Ton

The above prices are a much higher average than the Government Support price.

Best seed obtainable at a saving of from five to ten cents per pound. We can only use a limited acreage, so get in early and get your contract.

Haywood County Mutual Canning Association
INCORPORATED

Second Floor First National Bank, Waynesville

THE VERY LIVES of multitudes in war-torn countries depend on the filling of their desperate need for clothing.

The demands of America's armed forces and civilian needs are so great that only a small amount of new clothing can be spared for overseas relief.

But all of us can spare some serviceable used clothing—to provide the 150 million pounds that must be collected this month for that purpose.

In the clothes closets and attics of America's homes is enough usable, spare clothing to help care for the 125 million men, women, and children—in Europe alone—who have given all but life itself toward the stamping out of peace we all are fighting for.

Let's get it out—and send it off—NOW!

What YOU Can Do

- 1 Get together all the serviceable used winter clothing you can spare. This includes women's, children's, and infants' wear, and Overcoats, topcoats, suits, dresses, shirts, jackets, pants, work clothes, gloves, undergarments, robes, sweaters, shawls, and goods. Also blankets, bedclothes.
- 2 Take your contribution to your local COLLECTION DEPOT now or arrange to have your LOCAL COMMITTEE collect it before April 15th.
- 3 Support your Local Committee not only with clothing contribution but also with your time and energy.

UNITED NATIONAL CLOTHING COLLECTION
for Overseas War Relief • HENRY J. KAISER, National Chairman

APRIL 1 TO 30

Belk-Hudson Co.
"Home Of Better Values"