

SNAP SHOTS

By Frances Gilbert Frazier
Staff Writer

A group of learned men were gathered together one day, discussing the Human Race in general and its foibles and frailties in particular. Each one had a personal choice of what he considered the "Cardinal Sin" of the present day man or woman.

One suggested "Immorality" and that was taken apart and diagnosed thoroughly. The ultimate decision was that "Immorality" could hardly be applied to the Human Race as a whole for it was something that was wholly governed by the person, or persons, involved and only in certain cases would extend its effect upon more than the few concerned and could not be applicable to the many.

Then "Intolerance" came in for its hearing and the discussion waxed loud and long. "Intolerance" certainly could, and did, rub shoulders with every class and caused ill feeling, heart aches and disruption of peace practiced. It snatched of privilege, slavery and dictation and took away the rights of others, rights which are given by the American way of living. It left the slime of discord where its trail wound and no pathway was smoother for its touch. Yes, "Intolerance" seemed to be the proper word to fill in the dotted line after the question "What is the greatest sin of the Human Race?"

A quiet, scholarly looking man who had silently listened to his contemporaries arguing, now quietly submitted his suggestion.

"My idea," he went on to say, "of the worst sin of the present generation is 'Ingratitude.' It is twin sister to 'Intolerance' but it is so universally employed that it outranks anything else."

Ingratitude! It begins with the neglect of the simple little act of saying "thank you," for a service done, no matter how small or insignificant. So many try to make the excuse that it is an oversight, not an intentional disregard for the niceties of every day life; something that is missed because of the stress of time. That's a lot of rubbish! When any one asks a favor, they know they are putting some one to the trouble of carrying out their desires, no matter how trivial the act may be. If it is worth requesting to be accomplished, it most assuredly is worth the breath to exhale two simple syllables:

Remarkable Treatment for Stomach Distress From Too Much Stomach Acid



Are you bothered with the burning misery of too much stomach acid? Use of the famous VON TABLETS is bringing comforting relief to hundreds of men and women. Shrewdly, grateful people tell of what they call the "wonders" of Von Tablets have done for them. This gentle formula aims to counteract surplus, irritating stomach acid and to bring relief from such conditions. If you suffer from indigestion, gas, heartburn, belching, bloating, sour stomach, and other symptoms—due to excess stomach acid—yes, too, should try Von's for prompt relief. Buy at home without rigid liquid diet. Get \$1.25 Trial Size. Also available \$2.00, \$3.50 sizes. At SMITH'S CUT RATE DRUG STORE and other good drug stores.

A Letter About a Tomboy

By GARRY CLEVELAND MYERS, P.L.D.

YOU and I admire the parents of the mother described in the following letter, only we wish the mother had enough fortitude to tell her sisters to mind their own business.

"Dear Dr. Myers:—Since I never miss reading your column, I am going to ask you to try to give me an answer to something which is troubling me.

"I have a little daughter ten years old. She is in the fifth grade and does very well in her studies.

Tidy and Clean

"She won't go to school in the morning without being very tidy and clean but after school, just as soon as her homework is done, she puts on old slacks and a sweat-shirt and, to be perfectly frank, is just a tomboy. She always has two or three children from her class with her and they play ball, climb trees and you can imagine just how she looks when she comes in for her supper.

"Now, Dr. Myers, her daddy and I have laughed at her being such a tomboy, but my sisters are at me continually to make her more ladylike. She is a very easy child to talk to and I suppose I could keep her from these tomboy games, but my husband, in his quiet way, says let her alone and she will grow up soon enough.

Sister's Children

"My sisters have girls about her age but they are not so active as our youngster. We have never had any trouble making her listen to us and we have had so much fun

with her that my husband and I really enjoy her.

"Now, Dr. Myers, my sisters blame me to a certain extent for her being athletic for she and I have always had a tussle in her bedroom every evening playing rough and tumble. I don't know if I have made myself clear to you but she is well-behaved and gets along nicely with people. But my sisters are getting in my hair. Now, should I make her settle down to being a lady?"

"I am about at the end of the rope, for my sisters are at me all the time saying if I don't make her take an interest in her appearance now she will get worse as she grows older. But my argument is that since she doesn't go to school or any other activities without looking neat and clean, I have nothing to worry about. She belongs to Girl Scouts and sings in the church junior choir. My neighbors say I am very foolish to let my sisters worry me.

"Am I doing right or wrong? We have been so happy until I began to worry. She has got a laughing face and gets so much fun out of everything."

Here is how I answered her. I agree entirely with your husband and you do, too, when you use the sense you were born with. Don't you know that your sisters are not the mother of your daughter? Let them stay in their own hair and mind their own business and not rob you and your daughter of wholesome happiness and her best education. The more of a tomboy she is now, the finer lady she is likely to be at seventeen.

"Thank you." Watch the fellow who never says "thank you," and you will find a potential chiseler and a runner-up for the Cardinal Sin of the Human Race, "the ingratitude."

Some folk go through this life being human parasites, forgetting to give credit to the tree upon which they have lived. To the innocent bystander, it seems as though these people are the ones who thrive, succeed and pretty nearly have everything they want but there always comes a day when the tree gives out under them, and then they are in a bad way. Had they given this foundation a little oil of appreciation or nourishment of gratefulness, the tree would still be stalwart and a firm prop for their future. Even a tree can refuse to carry a load without some encouragement.

How many think to say "thank you" to a Higher Power for a lovely day, a moon lit night, an escape from a near-accident; for a staunch friend or a heart-warming remark?

Why should some people think that everything done for them is just routine work? Those who think the "world owes them a living" may wake up some fine day and find that the world (their world) has gone into reverse and they are perilously hanging on the outer rim whirling into the emptiness of oblivion.

This world we live in is a world of cooperation; none of us is entirely independent to the extent that we do not need the helping hand of some fellow traveler on this highway of life. We may, at a moment of wild exhilaration because of some great feat accomplished think we are self-sufficient but when we return to the level of common sense, we realize that we

could never have succeeded had not some one else given us the mental or physical boost necessary. Then, surely, our first thought would be to give a grateful expression of appreciation. But do we?

Remember this: there are dozens of ways of saying "THANK YOU" without opening your mouth. Try it!

James K. Boone, EM 3/c Serving On Quincey

James K. Boone, 20, electrician's mate, third class, USNR, son of Mr. and Mrs. R. N. Boone, of Waynesville, R.F.D. No. 1, went to the shores of Japan on July 14, and helped a mighty naval task force hurl dynamite into Japanese homelands, according to information received from aboard the USS Quincey off Japan.

In a force of 3rd fleet warships, the Quincey on which he is serving, turned her powerful guns on the Honshu steel city of Kamaishi, 275 miles north of Tokyo. More than 1,000 carrier-based planes also figured in the attack.

The first ship to be fired upon in the Normandy landings, she was under fire for 19 days without a single casualty. Crew members displayed the same determination off Japan's shores that was exhibited when the ship sailed into an eighty-day duel with a 14-inch German coastal gun off the coast of Southern France.

In January, 1945, the Quincey was temporary headquarters for the late President Roosevelt and his military and diplomatic staffs during the trip to the historic Yalta conference. Earlier this year she fought at Okinawa.

T/4 Frank Putnam En Route From Europe For 30-Day Furlough

T/4 Frank Putnam, of Waynesville, R.F.D. No. 1, is en route to the United States from Europe for a 30-day furlough before going to the Pacific. He is being processed by the Assembly Area Command at Camp Washington in Northeastern France. With headquarters in Reims, the Assembly Area Command, headed by Major Gen. Royal B. Lord, processes 250,000 American troops a month for shipment to the United States or the Pacific.

After 141 continuous days of combat including the Battle of the Hurtgen Forest south of Aachen, the 817th Tank Destroyer Battalion with which he served gained fame in the European theatre as one of the first tank destroyer battalions to cross the Remagen Bridge and hold it against continual German counterattacks.

Equipped with speedy M-38

Farm Questions and Answers

Question: When is the best time for seeding alfalfa?

Answer: About September 1, so that the plants can establish a good root system before winter weather begins. From a practical standpoint the agronomists suggest that the land be prepared in early August so as to take advantage of weather conditions. Many grow-

"Hellebells," a 76 millimeter (3-inch) gun, mounted on a tank chassis,

the 817th later fought clear across Central Germany to the Mulde River near Leipzig. During their long months of combat the 817th knocked out scores of Nazi tanks and trucks, and hundreds of machine gun nests, road blocks and infantry emplacements. The veteran tank destroyer outfit has four battle stars for campaigns in North France, the Ardennes, Rhineland and Central Europe.

ers find it good practice to seed alfalfa in "turnip weather," or just before the rain.

Question: Is overfeeding of cows harmful?

Answer: John A. Arey, Extension dairyman, says that overfeeding is not an economical practice. Feeding a full ration never means overfeeding. It means feeding each cow according to her ability to produce milk economically. A cow capable of producing around 260 pounds of butterfat a year uses about 50 per cent of a full ration to maintain her body. The other 50 per cent goes into producing milk.

Question: Will a pinch of salt help egg whites hold their stiffness when whipped?

Answer: Yes, say the food specialists at State College. Another trick to learn is that the whips best at room temperatures. How long to whip is another secret the cook needs to know. Whip until the white will hold up in a soft peak and looks glossy, but not so long that it looks dry.

SUN-sational VALUES



4oz Size Castoria	
Fletchers	32c
\$1.25 Size Creamed	
Emulsion	69c
\$1.50 For Constipation	
Agarol	\$1.09
\$1.00 Size Hair Tonic	
Kreml	89c
75c Shampoo	
Mar-O-Oil	49c
50c Johnson and Johnson	
Baby Cream	39c



BOND STREET
Perfume
\$2.50

FOR
OUTDOOR
FUN

FOND'S
Make-Up Trio
\$1.00 Value .79

WILDROOT
CREAM-OIL
FORMULA .79
FOR YOUR HAIR

ANALIN
For Quick Relief of
Simple Headache
100 Tablets .98

TAMPAX
Invisible
Under-Shorts .29

TOILETRIES

\$1.00 Dusting Powder	
Apple Blossom	79c
50c Deodorant	
Yodora Cream	49c
\$1.00 Dusting Powder	
Amory	79c
50c Shampoo	
Woodbury's	29c
Gold Tassels	
Dusting Powder	\$1
35c Greaseless Lotion Noxema	
Sun Tan	29c

What Has
RUPTURE
To Do With
GOLF?



Nothing—not when the hernia is securely and comfortably lifted and held by a modern lightweight truss that is fitted perfectly to your physiological requirements. You'll swing freely and without fear. You'll walk comfortably and without chafing. You'll enjoy the game all the more because the truss will provide protection without restraint. So don't let a hernia stymie you.

We've ever so many things you need to stay on the sunny-side of summer—health and beauty aids . . . play-time accessories—things that help you feel better, look better, and have a better time all around. And at our low prices, they're SUN-sational Values—so, fill your needs now and save for the "rest" of the Summer.

VACATION NEEDS

\$1.00 Skin Beautifier	
Mercolized Wax	79c
25c Dental Powder	
Squibbs	19c
\$1.00 Value Toilet Water	
Liliac Vegetale	59c
Keeps Flies and Gnats Away	
Insect Repellent Cream	35c
50c Value Tooth Brush	
Tek	2 for 51c
Removes Corns	
Blue J Corn Plasters	23c
50c For White Teeth	
Kolynos Tooth Powder	39c
Greaseless Sun Tan Oil	
Gabys	25c and 47c
100 5 Grain Pure	
Aspirin Tablets	19c

The Mountaineer Book Department
Just Received - - -

An Exclusive Line Of

Children's Books

One For Every Age and Desire

Help Them Acquire
The Reading Habit

- Boxed Sets
- Works of Art
- Many Subjects
- Educational
- Religious
- Story Books
- Animated
- Cut-outs
- Coloring Books

Yours For The Asking—

The August issue of "The Latest Books"—a 44-page digest of the latest books published in America. Get your copy today—and every month. Yours for the asking.

also the best
of reading
for the
adults

The
MOUNTAINEER
Book Department

Values
For
THURSDAY
FRIDAY
and
SATURDAY

THE HOME OF REASONABLE DRUG PRICES

Smith's
CUT RATE DRUG STORE

YOU ARE ALWAYS WELCOME AT SMITH'S

The Best Part of the Meal

JFG

SPECIAL COFFEE

You get more cups of good coffee in every pound!

Some Folks O
THINK They
Hard Of Hear

If you are
by ringing
sore or
Ottone Hume
has enabled
must hear
test at you
Ask about
CUT RATE

Scour Your Milk Pails
Old Dutch

CLEANSIN
POWDER

3 for 19c

Protect your natural
SWEET SELF with NEW

ODO-RO-D
CREAM DEODORANT

ODO-RO-D
39c & 59c (4oz.)

CAN'T SLEEP

Maybe it's NERV

82c

MILES NERVIN

15c Size Bird Seed

French's 2 for 1

200 Aspirin Tablets

Squibbs

\$1.25 Caroid and Bile

\$1.35 Dr. Pierce's

G.M.D. Liquid SL

Seal's Indian

River Medicine

\$1.00 For Women

Wine of Cardui

For Rheumatism

Allenru

5c Size For Health

Goodys 3 for 1

75c Size Kinsman

For Asthma

10c Baby Food

Gerbers 3 for 1

60c Size Kills Fish

Sit-I-Cide

75c Size For Stomach

Acidine Pwd.

Federal excise tax

Add 20c

to Cosmetics

ICE-MIN

The very best of

white vaseline

most in

cooling

TIED

BURNING

FEET

Fire, too, to

and relieve

STINGING

CALLUSES

Regular size

49c