

### AAA Chairman Urges Completion Of '46 Program

With the end of the 1945 program year just two months off, R. C. Francis, chairman, Haywood County AAA committee, urges all farmers who have obtained conservation materials under the 1945 program to complete the work by Nov. 31.

Mr. Francis pointed out that a small amount of the lime and phosphate ordered under the 1945 program had not been delivered; however, he stated that the contractors were making a special effort to deliver all material by November 15, 1945, so that it could be used by the closing date.

Upon using all materials, a report should be made at the Haywood County AAA Office by the farm operator. "If all the farm allowance has not been taken up in conservation materials and producers are eligible to receive payments, applications for payment may be signed at the same time," he explained.

The Triple-A chairman also urges producers having 1944 conservation materials transferred to the 1945 program to make proper use of it in order to obtain full credit and avoid a double deduction of the value of the materials.

### James Charlie Hargrove Discharged From Navy

Seaman First Class James Charlie Hargrove, of Hazelwood, who was a weaver with Royal Pilkington, Inc., at the time he entered the service in 1943 has been honorably discharged from the U. S. Navy at the U. S. Naval Personnel Separation center at Charleston. He was serving on the USS Rt. Bennett at the time of his discharge and had previously been serving aboard the USS Chas R. McCormick. He is entitled to wear the American and European Theater ribbons.

### ACTS ON THE KIDNEYS

To increase flow of urine and relieve irritation of the bladder from excess acidity in the urine

Are you suffering unnecessary distress, backache, run-down feeling and discomfort from excess acidity in the urine? Are you disturbed nights by a frequent desire to pass water? Then you should know about that famous doctor's discovery—DR. KILMER'S SWAMP ROOT—(has thousands say gives blessed relief). Swamp Root is a carefully blended combination of 16 herbs, roots, vegetables, balsams. Dr. Kilmer's is not harsh or habit-forming in any way. Many people say its marvelous effect is truly amazing. Send for free, prepaid sample TODAY! Like thousands of others you'll be glad that you did. Send name and address to Department D, Kilmer & Co., Inc., Box 1265, Stamford, Conn. Offer limited. Send at once. All druggists sell Swamp Root.

## PARK THEATRE

WAYNESVILLE: Sunday 2 and 4 P. M.; Saturday 2 and 3:30 P. M. NIGHT SHOW: 7 and 9 P. M., Sunday Night, 8:30—ADMISSION: Children Under 12 Years, 12c; Adults, All Seats, 35c—TAX: On Children's Pass, 2c; Adult Pass, 6c

THURSDAY-FRIDAY—NOVEMBER 15-16

### "Over 21"

Irene Dunne—Alexander Knox

SATURDAY—NOVEMBER 17

### "Ghost Guns"

Johnny Mack Brown

LATE SHOW 10:30

### "Two O'clock Courage"

Tom Conway—Ann Rutherford

SUNDAY—NOVEMBER 18

### "Uncle Harry"

George Sanders—G. Fitzgerald—E. Raines

MONDAY-TUESDAY—NOVEMBER 19-20

### "Blood On The Sun"

James Cagney—Sylvia Sydney

WEDNESDAY—NOVEMBER 21

### "Bells Of Rosarita"

Roy Rogers—Gabby Hayes

### Timely, Practical Household Suggestions

by Ruth Currant of State College

Recent experiment station studies indicate that careful baking followed by prompt serving, for cooking vitamin C in 1945 potatoes. Overbaking results in considerable loss of the vitamin.

A gentle squeeze is better than the usual twist of the wrist for removing water from a sweater or other knitted garment after washing, say textile specialists. The twisting and stretching of wringing may pull the wet wool so far out of shape that the sweater may never regain its original size. The specialists advise gathering the sweater in a ball between the two hands and gently squeezing or pressing the water from it. Then, if the color is fast, it may be rolled up in a bath towel for an hour or two. The towel will absorb moisture. Finally, lay the sweater flat and shaped to its correct size to dry.

With care, many woolsens can be washed successfully but one rule will not guarantee success at all times. For best results use lukewarm water, a very short washing time, and mild soap. Shrinking and felting are caused by hot water, alkali and agitation. Controlling these conditions will give the best results possible, but woolsens are unpredictable and water alone with no soap or washing action will cause many of them to shrink. Manufacturers directions should be followed on this question of washing all woolsens.

### Rufus Leon Russell Promoted to F.C. 2/c

Rufus Leon Russell, fire controlman, second class, USNR, of Waynesville, has been promoted to his present rank from fire controlman third class.

He enlisted in the Navy on October 2, 1942, and reported for duty aboard the USS Pennsylvania on April 3, 1943. The "Pennsy" until recently served as flagship of the Pacific fleet and more recently was awarded the Navy Unit Commendation for its exploits against the Japs in the Pacific, the only one of the 23 battleships of the United States fleet to receive the award.

Fire Controlman Russell is the son of Mr. and Mrs. Joseph Turner Russell, of Waynesville.

Hard work won't kill you but worry will; now just keep on worrying.

### The Outreach of the Church

HIGHLIGHTS ON THE SUNDAY SCHOOL LESSON

By NEWMAN CAMPBELL. (The International Uniform Lesson on the above topic for Nov. 18 is Acts 11:19-30; 12:24-13:4; Ephesians 4:11-16, the Memory Verse being Mark 16:15. "And He said unto them, Go ye into the world, and preach the gospel to the whole creation.")

AFTER THE martyrdom of Stephen, many fled from Palestine, going as far away as Phenice and Cyrene and Antioch, preaching to Jews only. "And some of them were men of Cyprus and Cyrene, which, when they were come to Antioch, spake unto the Grecians, preaching the Lord Jesus."

Antioch was a very beautifully situated city and a very wicked one. In the midst of the corruption was a large group of Jews, according to the historian, who formed a society "governed by their own laws and preserving themselves by their peculiar discipline free from the abounding vices of Oriental paganism."

This was the first time that the Christ was preached to Gentiles, and success was attained. A strong church was founded in Antioch. "And the hand of the Lord was with them; and a great number believed, and turned unto the Lord."

Tidings of this came to the church in Jerusalem, and they sent Barnabas to Antioch. This was a very good choice, as Barnabas was a Hellenic Jew, with broad sympathy for the feelings of the Grecians. He also was a man of kindly heart and genial temper, we are told, fitted to soothe jealousies and allay suspicions, and to make the Gentiles feel at home in the church.

### Barnabas a Good Man

"He was a good man, and full of the Holy Ghost and of faith; and much people were added unto the Lord," Luke tells us.

Barnabas left Antioch to go and fetch Paul, possibly because he felt the need of a master mind in the church at Antioch. Paul and Barnabas remained at Antioch for a year, and it was there that the disciples were first called Christians.

"And in these days came prophets from Jerusalem unto Antioch. And there stood up one of them named Agabus; and he prophesied a famine, which did come to pass in the days of Claudius Caesar. The brethren then took up a collection, "every man according to his ability," to be sent to the relief of their brethren in Jerusalem. Barnabas and Paul took it to the mother church.

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Later Paul and Barnabas went back to Antioch, but in the meantime several things had happened. Herod had killed James, brother of John, and had imprisoned Peter. Peter had miraculously been liberated, but Herod gave orders that when he was found he was to be put to death.

"The word of God grew and multiplied," we are told. In other words, the church grew, and Barnabas and Paul returned from Jerusalem and brought with them John, whose surname was Mark.

Prophets and teachers were at Antioch, such as Barnabas and Simeon, that was called Niger, Lucius of Cyrene, and Manaen, the latter having been brought up with Herod the tetrarch (the one who put John the Baptist to death), and Paul.

### Paul and Barnabas Sent Away

"As they ministered to the Lord, and fasted, the Holy Ghost said, Separate me Barnabas and Paul for the work whereunto I have called them." Separate in this case means to separate them from Antioch, consecrate and send them away for further missionary work.

"And when they had fasted and prayed, and laid their hands on them, they sent them away."

"So they, being sent forth by the Holy Ghost, departed unto Seleucia; and from thence they sailed to Cyprus."

The laying on of hands was a kind of consecration. The apostles retained many of the old rites of the Jews. They laid their hands on the two that the church might offer them to God for His work.

It is possible that the apostles took the course they did in commencing this missionary journey because Barnabas was born in Cyprus and there were many Jews in the island, and also some Christians, who may have been in Jerusalem at the Feast of the Pentecost and been driven by persecution back to their homeland.

Our last reference is from Ephesians, where Paul, a prisoner, writes that Jesus "gave some apostles; and some prophets; and some evangelists; and some pastors and teachers; "For the perfecting of the saints, for the work of the ministry, for the edifying of the body of Christ."

"Till we all come in the unity of the faith, and of the knowledge of the Son of God, unto a perfect man, unto the measure of the stature of the fulness of Christ."

In a recent lesson we had this distribution of gifts in the work of the church, so we need not further enlarge upon it.

### Snap Shots Of The

## HUMAN SIDE OF LIFE

—By—FRANCES GILBERT FRAZIER

He stared at her with unseeing eyes yet in their depths there was he kindling fire of an anger so deep he hardly dared allow his control over it to falter for the slightest fraction. He still couldn't believe that his lovely wife of little less than a year could have done this terrible wrong to him. Finally he brought his misting eyes to sanity and let them wander around the attractively furnished living room; a room that had been his Eden until two days ago. And this Eden like the one of Biblical history had been invaded by a snake and was a Paradise no longer. The same roses were filling the blue bowl on the table by his red leather easy chair; the same flowered chintz chairs were cozily scattered around the room as though inviting companionship. The same little electric clock was silently counting off the minutes that lived like eternities to his distracted mind. All was the same

as when he had left it, two days before, to go on a hurried trip to Washington. All the same, yes, yet there hung over the entire place an indefinable pall that told him something terrible had happened the second he had opened the front door upon his return.

His eyes finally reached the small figure crouched in the chair by the window. She seemed so tiny, so inoffensive, so pretty. But he didn't allow his emotions to get the better of him. She had done this terrible wrong to him. Disgust, anger and resentment spiked each word as he turned to her and asked: "Can you give me any pardonable excuse as to why you so far forgot your vows made only so short a time ago?"

She moistened colorless lips. "Honey," she began but stopped short as she saw him wince. "Well, go on," he prompted from tight set mouth. Again she tried to explain. "You see, I was so awfully lonely. It was our first separation since we were married." Tears completely blocked her words and he had to move nearer to hear the smothered explanation as it came from her faltering lips. "I walked around the apartment until I thought I couldn't stand it another minute. You seemed everywhere yet you weren't here where I could talk to you. Just I couldn't stand the loneliness and I gave—into—temptation." The next words were tear-drenched. "Can you ever forgive me?" she whispered.

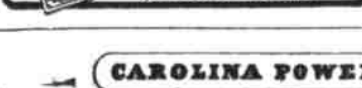
Suddenly all anger had left him. He sank into his red leather chair, covered his face with his hands and sobs shook his innermost soul. "How could you do it . . . how COULD you?" he moaned. "How could you cook and eat both pieces of that precious bacon and not save me even a taste?"

### How women and girls may get wanted relief from functional periodic pain

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