

### Baptist Training Union To Have Study Course

The Training Union of the First Baptist church will be engaged in a week of training study, beginning Monday, March 18th, and continuing through Friday. There will be two forty-five minute periods of study each night, beginning at 7:30.

Three courses will be offered. The Juniors will study "This Is My Bible" led by the leaders of that department. Intermediates will study the "Intermediate Baptist Training Union Manual" under the direction of Mrs. Sam Knight of Hazelwood. The young people and adults combined will study "Our Baptist Heritage" led by the pastor.

Those who are not affiliated with the Training Union are invited to attend these classes. Other churches near-by are invited to participate in this week of study.

### United States To Abandon Stilwell Road

WASHINGTON — The famed Stilwell Road, on which the United States spent \$137,058,000, and 11 military airfields in Burma, which cost this country about \$15,000,000, are being abandoned.

The Office of Foreign Liquidation Commissioner, saying the Stilwell Road and the airfields "played a key role in winning the war in Burma and China," asserted their abandonment would release more than 12,000 U. S. soldiers to expedite their return home.

It said there was "no commercial possibility" for the airfields, and the road was constructed as a wartime measure in no way related to any potential peacetime economy of the countries through which it passed.

### REVIVES ART OF CORN-SHUCK HATS



OUT IN THE WESTERN NORTH CAROLINA MOUNTAINS near Asheville where pioneer crafts have been turned to the making of many quaint things from whatever is at hand, Mrs. Chanie Harden of Boone is shown making attractive corn shuck hats on her sewing machine at home. Demand for the hats from various sources exceeds supply. (International)

### Meat-Potatoes Combination

By BETSY NEWMAN

NUTRITIONISTS put potatoes high on their list of desirable foods. You may shun them because of their starch, which you fear may cause you to gain weight. As a matter of fact, potatoes contain minerals and vitamins that are extremely valuable in the diet. So don't eliminate the "spud" from your meals; simply eat it with reason and combined with other vegetables to round out the balanced meal.

Combinations of potatoes and meat make excellent and economical dishes, and I'm giving you one such dish in today's menu, which is very simple and easily prepared.

#### Today's Menu

- Baked Potatoes in Blankets
- Brussels Sprouts
- French Fruit Salad
- Cookies
- Coffee

#### Baked Potatoes in Blankets

- 1 lb. round steak cut 1/4 in thick
- 4 baking potatoes
- 1 tsp. salt
- 3/4 c. flour
- 2 tbs. shortening
- 2 c. water

Pound the steak with the edge of a heavy hammer or meat pounder then cut into 4 pieces. Peel pota-

toes, sprinkle with part of the salt and wrap the pieces of steak around them, fastening with toothpicks.

Roll in flour mixed with the remaining salt and brown in hot shortening. Add part of the water, cover and bake at 325 deg. for 1 hr and 20 mins. Add remaining water as needed during cooking. Use rest for gravy. Serves 4.

#### French Fruit Salad

- 1 orange
- 1 banana
- 1/2 lb. malaga grapes
- 1 doz walnuts
- Lettuce
- French dressing

Peel the orange and cut the sections from the membrane with a sharp knife or a pair of shears. If the fruit is allowed to stand in cold water for a short time after peeling, the white membrane will come off easily. Peel the banana and cut into quarter in. slices. Remove skin and seeds from the grapes.

Break walnuts into small pieces but do not chop. Mix these ingredients thoroughly and place on ice. When ready to serve, place on a bed of lettuce or other green leaves and serve with French dressing. This salad serves as dessert as well as giving the crisp accent to the meal. Serves 6.

### Smiles.

**Not Yet**  
"Have you any children, Mr. Smith?"  
"Yes—three."  
"Do they live at home with you?"  
"Not one of them—they are not married yet."

**Perfect**  
Detective—And do you know what we policemen mean by a perfect crime?  
Pretty—Sure! If you stole a kiss, that would be perfect.

**Quite Appropriate**  
Tombstone Dealer (after several futile suggestions)—How would just a simple "Gone Home" do for an inscription?  
The Widow—I guess that will be all right. It was always the last place he ever thought of going.

**A Riddle**  
Tiny—Women are a riddle, aren't they?  
Judge—That's right. They keep us constantly guessing, and still we hate to give them up.

**Mapping a Career**  
"My son, you are not diligent at your books."

To speak the truth, father, I think it's dangerous to know too much. A prize fighter walks away with maybe a million dollars, while a college professor can't afford the price of a ringside seat.

**Which?**  
Shopper—I wish to buy a fashionable dress.  
Clerk—Yes, madam; will you have it too light or too short, or both?

**Taking No Chances**  
"Why do you stand up every time the band plays?"  
"I have a bad ear for music," answered a Senator Sorghum. "I never knew just which tune is The Star-Spangled Banner!"

**The Refrain**  
Daughter—Father, I think we ought to buy an auto, before they go up. You can buy one for a song now.  
Dad—Yes, and I know the song—it'll be "Over the Hill to the Poorhouse."

**Philosophic Crook**  
Judge—I notice that, in addition to misappropriating \$500, you took a considerable quantity of valuables in the form of rings, watches and other trinkets.  
Prisoner—Yus, sir; I remembered that money alone don't bring happiness.

**Probably Would**  
Boss handing back two letters to stenographer: "It would perhaps be better, Miss Smith, if you signed the letters to Dear Jack and Darling Harold yourself."

**One Advantage**  
"I'm glad my wife is built long and thin, sorter like a shoestring, as you might say," stated Capt Johnson of Rumpus Ridge.  
"Why?" inquired an acquaintance.

"Well, she don't shade the corn while she's hoeing of it like a fat woman would."

**Learned**  
Mother—Now, May June, won't you give your brother a part of your apple?  
May June—Not me! That was what Eve did to Adam—and just see how she's been criticized ever since!

**By Way of Verification**  
"You would scarcely think it," we said, "but Henry Ford has built to date more than 15,000,000 cars."  
"I can well believe it," snarled J. Fuller Gloom, the hater of his species, "for I have jumped out of the way of the most of them."

**Forewarned**  
"I desire to ask your daughter to be my wife," said the young man.  
"Well, don't get me mixed up in it," said the father. "If you don't get along together I don't want you to have a chance to say it was my fault."

### NOTICE

NORTH CAROLINA, HAYWOOD COUNTY.  
Notice is hereby given that application will be made to the Commissioner of Paroles and the Governor of North Carolina for the Parole of Walter Lunsford, who was convicted at the February Term, 1938, of the Superior Court of Haywood County, of the crime of manslaughter and was sentenced to serve 10 to 15 years in the State Central Prison, at Raleigh, N. C.  
All persons who oppose the granting of said Parole are invited to forward their protest to the Commissioner of Paroles forthwith. This the 6th day of March, 1946.  
WALTER LUNSFORD,  
By His Attorney,  
1500—March 7-14-21-28

**KOLPOSINE**  
Sold By Smith's Cut-Rate Drug Store  
The Finest in Form and Hygiene

To sell something quick—try The Mountaineer Want Ads.



THE HOME OF SLUDER FURNITURE COMPANY  
15,000 FEET FLOOR SPACE

# We're Beginning to See The Light!

Nationally Known Items Should Be One Of Your Buying Guides

- The Famous—**Bendix Home Laundry**
- Westinghouse—**Electric Ranges**
- Westinghouse—**Refrigerators**
- Westinghouse—**Electric Water Heaters**
- Westinghouse—**Electric Radios**
- Westinghouse—**Other Appliances**
- Norge—**Refrigerators**
- Norge—**Electric Ranges**
- Norge—**Electric Washers**
- Norge—**Electric Water Heaters**
- The Famous—**Estate Electric Appliances**
- The G. I. Sellers—**Kitchen Furniture**
- The Famous—**Kelvinator Electric Appliances**
- The Old Standby—**Zenith and Philco Radios**
- Many Other Nationally Known—**Livingroom, Bedroom and Home Furnishing Items**

# SLUDER

## Furniture Company

"Your Credit Is Good With Us"

Back Of Bank And Opposite P. O. DIAL 25

# CANTON, N. C.

# Bank Credit Is Your Best Credit

• "The Friendly Bank" •

When times are good, is the time to build your bank credit, because then you have a reputation and a back-log of experience and credit that is of unestimatable value later.

Use your bank in all financial transactions—it will prove to be profitable now as well as in the years to come.

Have you started your Savings Account yet?

# THE First National Bank

ORGANIZED 1902  
Member Federal Deposit Insurance Corporation.  
Member Federal Reserve System.