

### Touch Of Honey Gives Plus Flavor In Summer Meals

By RUTH CURRENT  
State Home Demonstration Agent

For variety in sweetings plus flavors from the flower world, try honey, say food specialists.

Ways to use honey to advantage in summer meals include the following suggested by the food preparation specialist:

Use honey to sweeten cool fruit drinks. Honey also makes a like-able sweetening for iced tea and coffee.

Serve honey fruit cup as a first course or dessert. If fruits in the cup are mild and sweet, mix lemon juice with honey, add to the fruit and then chill before serving. If the fruit includes a tart kind, such as grapefruit, add honey alone.

Use honey with fruit salads. A delicious fruit salad, for example, Peel and slice oranges and add the slices in honey. Then in shredded coconut place the slices on lettuce and top with berries or cherries.

For a quick salad dressing to go over fruit combinations, mix equal parts of honey and lemon juice. Add celery seed if desired.

When baking apples, add honey and table fat to each cored apple. Bake with honey during baking.

To protect mattresses, purchase or make mattress covers. These covers should preferably cover the entire mattress although many use the type that covers just the top side. Covers are made of cotton, cretonne, plastic coated cotton, quilted cottons and plastics. A cover will protect your mattress from dust and tearing. It can easily be removed for washing. Mattress pads also keep your mattress in better condition. Frequent turning of your mattresses from side and end to end gives even wear.

Read the Mountaineer Want Ads.

### South Clyde Group Map Activities For Farm Tour Aug. 10

Last night plans to bring all of its members to work at this week's special project of cleaning the Pleasant Hill Cemetery were completed at a meeting of South Clyde Community Development Group Monday night at Louisa Church.

The work program will be continued through Friday, with a lunch served to workers at noon on that day.

Sports events and other entertainment features for the August 10 farm tour and field day, when Clyde will be host to Lake Junaluska, were discussed. Prospective participants for various contests were selected.

Turner Carter, hold of the success of that day's already held by members of county groups and urged larger attendance at the local one. Final plans for the day will be made on Monday night August 8 at a meeting of the Clyde School. A U. S. Department of Agricultural Service was shown following the business meeting.

### Flue-Cured Crop Bringing Average Of About \$50

Haywood county growers are impressed by the prices flue-cured tobacco is bringing in Georgia and Florida because market prices are usually in the \$40 to \$50 per cwt. range.

According to the averaged about \$45 a cwt. was \$1 to \$2 below the 1940 average price from the major tobacco markets, indicated as gathered by Associated Press.

The year's crop is estimated to be 10 per cent above of last year in the flue-cured belt.

### SUMMER DRINKS FOR SMALL FRY



JUNIOR TYCOONS - Set up a backyard treat with delicious caramel milk shakes and cookies.

By CECILY BROWNSTONE  
Associated Press Food Editor

One of these hot afternoons your youngsters may get the idea that it would be loads of fun to set up a milk stand in the backyard. If you want to aid and abet them in their business enterprise, here are some recipes for delicious, icy cool beverages. Add a jar of cookies, if you like, and the kids will have a wonderful time.

#### FRUIT AND HONEY DRINK

Ingredients—1-1/2 cups banana puree, 1-3/4 cup orange juice, 9 tablespoons honey, pinch of salt, 1-4 teaspoon almond extract, 1 quart ice-cold milk.

Method—Put bananas through a sieve. Add fruit juice, honey, salt

and almond flavoring. Mix well. When ready to serve, add cold milk and beat with egg beater. Garnish with whipped cream, and serve immediately. Makes 6 servings.

#### CARAMEL MILK SHAKE

Ingredients—1-2 cup dark brown sugar, 1-2 cup granulated sugar, 1-2 teaspoon salt, 1-2 cup water, 6 drops vanilla, 1-1/2 quarts ice-cold milk, 3 eggs (well beaten).

Method—Mix brown and granulated sugars, salt, and water, and boil three minutes. Add vanilla and cool. To prepare beverage, mix the cooled caramel syrup with the milk and add well-beaten eggs. Stir thoroughly. Serve in large glasses topped with whipped cream.



PINEAPPLE MILK FLOAT - For the grow-ups.

Makes 6 servings.

Grownups deserve a deliciously cool drink on a hot day, too. Treat them to this Hawaiian inspiration.

#### PINEAPPLE MILK FLAV

Ingredients—1 cup canned crushed pineapple and juice, 2 tablespoons sugar, few grains salt, 1 teaspoon cinnamon, 1-2 teaspoon ginger, 1 quart ice-cold milk, 1 pint vanilla ice cream, 3 slices pineapple.

Method—Mix thoroughly all ingredients except ice cream and pineapple slices. Turn into cold glasses and top with vanilla ice cream. Garnish each glass with half a slice of pineapple. Makes 6 servings.

### Upper Crabtree People Are Hosts To Fines Creek Folks Today

#### New College Plans 'No Gripping' Rule As A Morale Lift

WISE, Va. (UP) — A 30-room, gray stone building formerly the county home in this little mountain town is to be the proving ground for a mobile educational experiment.

When it opens its doors and its sloping, tree-shaded lawn as Southwest Virginia College in September of 1950, the students who come here for their degrees will not be permitted to gripe.

No complaining about anything. The rule against griping is plainly stated in the charter issued by the state: "No griping will be tolerated among the students."

Such an outlook for four years, Dr. James Sluss, the college president, said, should give the graduates an entirely new perspective on life, an eternal smile and a "bubbling with optimism" personality.

#### Gripping Upsets Campus

"The trouble with institutions of higher learning," Sluss said, "is that the students are dissatisfied with conditions that prevail around them. Instead of feeling free to carry their complaints to the officials, the students gripe to one another until the entire campus has become nothing more than a seed bed for dissension and strife."

"Gripping has become the accepted thing on the average American college campus. But we propose to prevent griping at Southwest Virginia College by nipping it in the bud right at the offset."

Sluss explained that the college will make its conditions such that there will be no cause for griping. Students will pay no tuition. Room and board will be free. A limited number of students will be selected from applications each year.

All Denominations Help  
The idea for the college was hit

A farm tour featured the morning program of the Field Day at Upper Crabtree today.

Citizens of Fines Creek are the guests of the Upper Crabtree people. A dinner and recreation program will follow the inspection of the farms.

The schedule for the tour is as follows:

9 a.m.—Leave Crabtree School.  
9:05—Arrive T. H. Ferguson, 4-H Baby Beef project; John Rogers—beef cattle, poultry; Community Cemetery—cemetery improvement project; Max Davis and Bill Smith—home improvement, tobacco, poultry; A. C. Walker—corn and alfalfa; T. T. Noland—red clover, soy beans, beef cattle and alfalfa; R. F. Rogers—farm and home layout; Boone Rogers—sheep, cattle, pasture, home improvement; Ray Best—home improvement, swine, ladino clover; Frank Medford—beef cattle, home improvement, silo; C. L. Hill—beef cattle, alfalfa, corn; then to Crabtree School for dinner.

on a year ago at an interdenominational meeting in Dunganon, Va., a small coal mining town. Funds for the college have been donated by Christian religious groups of all denominations, all over the country.

If something comes up that a student doesn't like, he will be under obligation to take his complaint to college officials who will, Sluss said, eliminate the cause for complaint with the co-operation of the student.

"We believe," Sluss said, "that most of the difficulties in schools today lies in the fact that college officials have failed to take an individual interest in the individual student."

Newfoundland consists of the island of that name (42,734 square miles) and Labrador (112,000 square miles).

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Pole Beans . . . . . 2 lbs. 33c

NEW CAROLINA  
Sweet Potatoes . . 2 lbs. 31c

FRESH GREEN  
Crowder Peas . . . . 2 lbs. 29c

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Sliced Bacon

SMALL SMOKED  
Bacon Squares

SEA FOOD

Medium - Green  
Shrimp . . . . . 49c

Boiled - Florida  
Lobster . . . . . 55c

Red Fin Virginia  
Croakers . . . . . 29c

Duff's Hot Roll Mix . . . 25c

Sterling Salt . . . . . 17c

Wax Paper 125-Ft. Roll  
Waxtex . . . . . 21c

Palmolive 3 Reg. Cakes  
Soap . . . . . 23c

Palmolive 2 Bath Cakes  
Soap . . . . . 21c

Vel . . . . . 27c

Cashmere 3 Cakes  
Bouquet Soap 23c

Octagon 3 Med. Pkgs.  
Soap Powder 23c

Octagon 3 Cakes  
Toilet Soap . . . 19c

Super Suds . . . . . 28c

Ajax 2 Cans  
Cleanser . . . . . 23c

Octagon 3 Cakes  
Laundry Soap 21c

Glim 4-Oz. Bottle  
Cleanser . . . . . 31c

Octagon 2 Cans  
Cleanser . . . . . 15c

## A RECIPE FOR GOOD MEALS

TOMATOES		STOKELY'S No. 2 1/2 Can	41c
No. 2 Can	2 for 23c	PEARS	41c
Case 24 Cans	\$2.65	VAL VITA No. 2 1/2 Can	29c
LIBBY'S No. 2 1/2 Can		APRICOTS	29c
FRUIT COCKTAIL	35c	HUNT'S No. 300 Can	19c
		PEACHES	19c
PURE LARD . . . . .	4 lb. CARTON		59c
SUGAR	10 lb. Bag	JELL-O	Large Box
PARA WAX	lb. 19c	2 Boxes	15c
SEALING WAX	lb. 19c	DUZ	28c
MASON QUART JARS	doz. 85c		

## Vegetables MEATS

HOME GROWN CORN	6 Ears	23c	LEG-OF-SPRING LAMB	lb.	79c
FANCY SLICING TOMATOES	2 lbs.	29c	SHOULDER LAMB ROAST	lb.	55c
LARGE FIRM HEAD LETTUCE	2 for	25c	TENDER VEAL CHOPS	lb.	69c
FRESH TENDER GREEN BEANS	3 lbs.	27c	BONELESS VEAL ROAST	lb.	59c
MAXWELL HOUSE TEA	1/4 lb. Pkg.	27c	WILSON'S MOR	12-oz. Can	41c
LIPTON'S TEA	1/4 lb. Pkg.	33c	REALEMON LEMON JUICE	Pint	29c

## GOLD KING FLOUR PRINT BAG 25 lb. \$2.09

PICNICKING No. 300 Can CHEESE COATED Shoe String Potatoes	2 for 19c	BLACK FLAG - 5% D.D.T. FLY SPRAY	Quart 39c
PAPER PLATES	doz. 15c	CORN AND WHEAT SCRATCH FEED	25 lbs. \$1.10
FORKS - SPOONS	Pkg. 10c	AERO WAX NO-RUB WAX	Quart 55c
DIXIE CUPS	Pkg. 10c	FOR RENT JOHNSON'S FLOOR POLISHERS 50c Per Day	
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Ann Page Mayonnaise	Pint Jar	29c
Ann Page - with Pork and Tom. Sauce Beans	16 Oz. Can	10c
Ann Page Prepared Spaghetti	2 15 1/2 Oz. Cans	25c
Ann Page Creamy - Smooth Peanut Butter	16 Oz. Jar	35c
Ann Page Ketchup	14 Oz. Bot.	18c
Mild American Cheese	Lb.	40c
Sunnyfield Self Rising Flour	10 Lb. Bag	70c

Nectar Tea 1/2-Lb. Pkg. 49c

White House Evap. MILK 3 Tall Cans 34c

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