n. November 17, 1945

THE WAYNESVILLE MOUNTAINEER

y Desserts For Earthly Meals GIVE THEM THE BIRD

STONE A Editor

iends dote wenty new igue that's The differof rolled make a meringue ed cream or with a ne if you truit add-

NGUE

4 egg un l'testsait. 1 tolled oats 1 pint and sweettre-h or wherries, or

ar vanilla, and beat ugur gradu-

FRUIT MERINGUE ... For dessert lovers.

at a time, strawberries or peaches have been sert sauces, and refrigerator de-

musture Lightly fold lovers! A jewel of a cookbook by many of the country's heading a mound on on a baknove from raspherries, fruit desserts, pies, puddings, des- club club meeting,

ancer Studies heer To Doctors

LLIS

hormones, the nrmal cell growth ce Editor pattern in the body is upset. Abnormal growth, or cancer, may re-Medical sciday when at sult, so the theory goes. When the hormones are workneer can be

ing properly, the body functions properly, the scientists believe, an unbalance

the chemie body that SCIENTISTS NOW ON TRAIL eristics, how OF NORMAL PATTERN and gener-

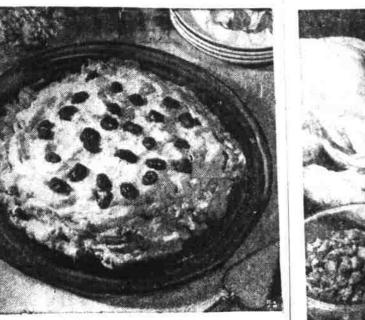
Once it has been established process of definitely that hormone unbalance ment from cancer, the goal will be to deternter for Canmine just what is a normal pattern discovered. sis that two ne and Aeth, of hormone production. Scientists at Memorial Hospital, ain types of

the medical of the world's authorities on hor. Carolina for half a century. mones, are now engaged in a e in the hor-\$500,000 project to determine the on the right patterns of hormones exercised by healthy humans as compared to

CE VIEWED those who are ill EALTH

the scientists certain amounts of harmones show that certain up in in mal specimens of ill peranal halance sons that do not appear in the growth, You normal js t. ou. The day may come

m orderly health



addition. added. serts. Most important of all, by And more good news for dessert- cause this cookbook was compile.

called FAVORITE DESSERTS home economists, you can be suit has recently come out, (published its recipes are absolutely reliable ala, hollow by the Chicago Home Economics Each contributor had to submit her nid up the in Business Group. Box 453, Chi- favorite descrt, and there really shell. Bake cago 90, Illinois, price \$1.50 plus are some detectable treasures here oven for 15c for handling when ordered by Many of them are perfect for tam-Cool for a mail.) It contains more than 300 holiday entertainment, and stil recipes, including luscious cakes, others are just the thing for that ercani into frostings, cookies, frozen desserts, shower - luncheon or that bridge

North Carolina Recalls Gold Strike In 1799

KANNAPOLIS (UP)-The Cali fornia gold rush 100 years age helped settle the West, but 50 years earlier there was a North Carolina gold rush which eventually yielded turkey. \$20.000.000 worth of ore, and for a time was this country's principal source of gold.

Cabarrus county has just celebrated the 150th anniversary of the discovery of gold there.

A 12-year-old boy, Conrad Reed found an \$8,000 gold nugget while shooting fish with a bow and arrow on his father's farm in 1799. He thought it was only a pretty rock. in the body is a definite cause of and it served as a doorstep for three years before its value was

Then the gold rush began. The farm turned into a mine, and hard-bitten men dug gold in North The mines finally were abandoned when they became unprofitable and the richer western ores were discovered in 1849.

Preliminary results show that Cactus Apple Finds Market In East

SAN DIFGO, Cal. (UP) - About nomenon to when it can be determined it a the oddest crop produced in San friving cattle person is becoming asceptible to Diego county is the cactus apple, t long as the a certain disease say authritis or The Unree Maniscaleos brothers have 30 acres planted in cactus e under conservent cancer, and then steps can inde and the be taken to offset the thread to the orderly health.

thought



SAVORY OYSTER STUFFING . . . Ready for the turkey

By CECILY BROWNSTONE Associated Press Food Editor

There is a jumbo crop of turkeys this year the second largest on coord and so you may find it profitable to serve one of the birds or Similay dumer and have the leftovers for the next week. It won't ourt to rehearse your turkey cooking techniques for the holidays dual. Here's a recipe for savory oyster stuffing. For new cranberry lavor use your favorite recipe for cranberry sauce, then add slivers of preserved ginger

SAVORY OYSTER STUFFING

Ingredients: 12 cup butter or margarine, 32 cup finely chopped mion, 12 cup finely diced onion, 34 teaspoon tabaseo sauce, 8 cups soft bread crumbs, 2 tablespoons minced parsely, 1 teaspoon salt. 1 caspoon poultry seasoning. 1 pint oysters or 1 sixteen-ounce can drained and chopped).

Method: Melt butter or margarine in a large skillet, add the onion and celery and cook over low heat until onion is yellow but not brown Add the tabasco sauce, bread crumbs, parsley, salt, and poultry seasonng Cook, stirring constantly, over moderate heat for about 5 minutes Add ovsters. Makes about 10 cups or enough stuffing for a 12-pound

If your family is small it may be that you can find one of the small Beltsville Whites, or Jersey Buffs, in your market to cook at home. There's nothing better in turkey fare,



LET EM EAT CRANBERRIES With slivers of ginger

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TAKE IT EASY

MEMPHIS (UP)-L. L. Wallace passed a group of men painting a vorking slow.



Save worn - out sweaters. A GROVELAND, Mass. (UP)-Durextra-lined with it Remove the ing 33 years as a country physician. buttons and sew the sweater in- Dr. Elmer S. Bagnall recalls his railroad underpass and blinkeds side the coat, and Junior will be busiest day as that on which he extra warm-tor outdoor playing. | removed 23 sets of tonsils.

GOOD DAY'S WORK

CONVERTIBLE SWEATERS

falls down on ELIMINATING THE CAUSE

then trouble. The commutation of the cause of cover legs and body and a lot of ists compare canser to the major road of most forfitude It one mus field. But first the causes must be eight to 16 carloads of the sweet aent to a scientist, working in the cancer he the whole determined. That done steps can fruit to eastern points every harbe taken to climinate the causes.

Meanwhile, medical science in the rd to hor- stresses surgery. X-ray and radium the adrenals for cancer. But many of those says producing too treatments eliminate the cause in reach the trust then shee if off one or more many cases they do climinate the

re delicious coffee COFFFF The Best Part Of The Meal

The pickers wear long leather gloves, heavy canvas aprons that

Sam Maniscalens says they ship

"We use Mexicans to harvest be cause nobody else will, do it," Sam The men climb ladders to to fall.

The fruit itself is inside a brickly husk. That's the reason the speed pulp went unsung for so long. The flavor is a cross between phaegranate and watermelon, and like both of those fruits, there are countless seeds. The seeds are alen along with the pulp. Most of the truit is shipped to the New York Italian colony. Sam says the one compensation they find with their crops is that no one sneaks in to steal the fruit

Gum Drop Bait Found Sure Lure for Mice

MILWAUKEE (UP)-Ed Batz ner, head of a pest control service, hasn't built a hetter mousetrap but claims a better bait than ordinary

Batzner uses a gum drop. He cheese. says the mouse gets its teeth stuck in a gum drop and its neck stuck

He claims he killed nine mice in in the trap. one hour on a single gum drop Batzner recommends that lemon flavored gum drops be used for best result

EARLY TO BED-

NORTH GRAFTON, Mass. (UP) John O. Nichols, just turned his 102nd birthday, believes in early rising. He gets up every day at 6.30 but it isn't so had, he says. because he goes to hed at 7 in the evening With 29 living descendants, Nichols still reads without glasses and shaves himself daily.

An electromagnet developed to further magnetism research is 40.-000 times more powerful than the toy horseshoe magnet.

Treatment of cancer is necessary cancer the scientists believe, but the real goal is to "climinate" the cancer even before it starts. The answer may be found in the hormone work.



Sound Waves Offer New-Age Marvels eager beagle of a watchdor is Jun-CLEVELAND (UP)- The use of Richard Rotherham of McIrose

ound waves so high they cannot left Jim to guard his service stabe heard by the human ear is open- tion. Next day he found that while unt up the mechanical world to Jim was dogging it on guard duty. new fronts comparable to the dis- thieves had removed from the station nine radios worth \$300, a overy of the steam engine. That statement was made by Frank Massa, head of the Massa

Laboratories, after reviewing some d the accomplishments of sound.

Among the great steps sound has as arthritis

Pasteurizing milk without heat, nade, he said, are: which takes some of the taste from Aging of whiskey that formerly

ook five years in only three hours. the fluid. "But we really know very little Cleaning clothes in a washer vithout moving them, saving on about inaudible sound waves except that they open up entirely CONT: new frontiers and the possibilities Killing of bacteria in foods and nedicines after they've been pack- for use of supersonics in chemistry Massaging internal molecules in and industry is tremendous." ged aimans to help cure such diseases Massa said.



COFF. INS. KING PEATURES STROKATE, IM., WORLD BIGETS RESERVED. "Never mind your mother-is the car all right?"