

Anger Set

(Continued from Page 2) ... Marshall Lance ... everyone had a swell ...

... girls and boys that went ... the State Forensic ...

... McClure and Kathleen ... won honorable mention ...

... were about 85 boys and ... competing in the different ...

... Michael, Margaret Noland, ... Mac Connatser, Jimmy ...

... swick Stew ... celebrate ... on Birthday ...

... Post 47 of the Ameri- ... will celebrate the vet- ...

... the trimmings. ... Commander Edwards said ...

... a ranking favorite party ... down East, will be pre- ...

... the dinner will be followed ... by an entertainment program.

... advantage of the force of ... gravity for gliding propulsion.

... His new aircraft, Caldwell ... says, will imitate this method.

... The latest in nursery furni- ... shings, according to The American ...

... See Our Want Ads For Bargains

At The Park Monday and Tuesday



Kirk Douglas and Lauren Bacall co-starring in "Young Man With a Horn," playing at the Park Monday and Tuesday.

INVENTOR SIMULATES

LAS VEGAS, Nev. (UP)—Man's age-old desire to fly like the birds may be realized in a new type of aircraft being developed by J. E. Caldwell, inventor.

Caldwell has completed preliminary tests of a flying machine built in the form of a "cyclogiro" which he believes solves the bird formula of flight.

To the "cyclogiro," a device recognized as an efficient aeronautical instrument by the Advisory Council of Aeronautics, Caldwell has added a "simple attachment" which he claims will duplicate the principle of gravity propulsion, said to be the birds' secret of flight.

The inventor explains that birds fly simply by lifting their wings for initial impetus and then taking

the trimmings. Commander Edwards said the Birthday Dinner is open to the wives of Legionnaires and to all war veterans, whether or not they are members of this or any other Legion post.

The dinner will be followed by an entertainment program.

Watch Your Temper: It Can Make You Sick

By PAUL F. ELLIS United Press Science Editor NEW YORK (UP)—Watch your emotions, they might make you ill. So warns Dr. O. Spurgeon English of the department of psychiatry, Temple University school of medicine. He lists eight common emotions that may upset your health.

They are, according to the doctor: need for love, approval and recognition; anxiety (fear and worry); hostility; inferiority feelings; ambivalence (mixed feeling of love and hate); guilt; ambition (competition) and envy.

"The need for love," Dr. English said, "is one of humanity's greatest hungers, and many other emotions are dependent on it. From the cradle to the grave, human beings struggle under it. Some of them have a great hunger for love, but either have no recognition of what they need or have no technique for obtaining it."

Emotion of Anxiety Tough On Health

English, reporting in the journal of the American Medical Association, said anxiety "is one of the earliest emotions aroused and one of the most basic in the whole life of man."

Fear is anxiety's conscious representative, he believes, but the origins of anxiety itself are largely unconscious. He said that "people who in the ordinary course of life suffer from too much anxiety are people who in early life lacked a consistent supply of reassuring, friendly presence or who were subjected to too many real pain-inflicting experiences or threats of them."

"Not only does anxiety impair one's ability to enjoy life," he said, "but it has more far-reaching effects. If one's energy is used up in concentrating on the feared thing, too little energy is left for happy living. If this phenomenon goes on long enough and severely enough, the body can no longer function properly and symptoms of illness have arrived."

Love and Hate Linked With Inferiority

English said he believes that feelings of inferiority are linked with the basic emotions of hate and love.

"Obviously," he said, "the person having feelings of inferiority has not had enough acceptance and appreciation. There are few people who ever feel quite satisfied with themselves, but in some persons the feeling of worthlessness can be so deep as to destroy the capacity of the psychic apparatus for maintaining physiologic equilibrium."

Says Ambitious Person Should Watch Step

English said the ambitious person "certainly runs the risk of being infected with envy or excessive competitiveness."

Such emotions, he said, "tend to produce tension, and professional, financial and social success of many has been paid for at a high price, the price of tension, which is prone to express itself through the nervous system on many parts of the body."

Iowa State College agriculturists say the "same practices that save soil save water." Studies indicate that good crop rotation supplemented by mechanical practices can make an additional two to six inches of water available to crops.

Strand Thursday



Ray Milland and William Gargan are shown in one of the thrilling scenes from the Reartart release, "Wings Over Honolulu," the exciting and novel story of a navy pilot and his wife. Coming to the Strand Theatre Thursday only.

Man Eats Not Wisely - And Not Too Well Either

CHICAGO (UP) — Man's ignorance of what is good for him to eat leads him through a series of "gastronomical eras," a nutritional expert says.

Human beings in their span of life go from soft-boiled eggs and milk to soft-boiled eggs and milk. Dr. Ouida Davis Abbott of the University of Florida told an audience here.

Dr. Abbott listed her "gastronomical eras" as: The childhood stage with its suckers, popcorn and ice cream, and all-day suckers.

The school age with its hot dogs and pop. The college age with its hamburgers and coffee, plus more hot dogs.

The post-college age with its cocktails, bouillon, roast duck and creamed broccoli.

The business age with its wiener schnitzel and cheeses.

But then you're right back where you started and your diet consists of soft-boiled eggs and milk.

There's no reason for it, Dr. Abbott declared.

For no extra money, people could eat things that are good for them, merely by knowing what to buy, she argued.

She advocated more schooling in the field of nutrition.

"Even in agricultural colleges," she maintained, "every animal under the sun is studied except the human animal."

Dr. Abbott also blamed the pace of modern life for man's ignorance and indifference as to what to eat. "This high tension world" people live in, nowadays, destroys their appetites so that they lack the incentive to search out what might be good for them to eat, she said.

SLEEP TONIGHT!

Do something when sleepless nights... leave you exhausted in the morning. NORMALIN TABLETS can help bring calm, refreshing rest when nervous tension threatens normal sleep. NORMALIN TABLETS are non-habit forming... safe to use. Take as directed. Medically approved ingredients. Guaranteed satisfaction or money refunded. NO PRESCRIPTION NEEDED. Clip this coupon to insure getting genuine NORMALIN TABLETS on sale today at...

SMITH'S DRUG STORE

Yemen 'Madonna'



NEWLY-ARRIVED in Israel, a young Yemenite mother holds her baby, Naama, as they await their turn to be processed at Lydda Airport. The baby was born aboard the American plane that flew the mother from Aden, Yemen. If the same international law applying to births on ships at sea holds for children born in the air, little Naama may have the right later on to claim American citizenship. (International)

Words of the Wise

Every man feels instinctively that all the beautiful sentiments in the world weigh less than a single lovely action. —(Lowell)

WAYNESVILLE DRIVE-IN THEATRE PROGRAM

Shows Start at 7:00 P. M.

MONDAY - TUESDAY, MARCH 20 - 21

"STREETS OF LAREDO"

Starring WILLIAM HOLDEN and WILLIAM BENDIX

WEDNESDAY, MARCH 22

"THE ENCHANTED VALLEY"

Starring ALAN CURTIS and ANNE GWYNNE

THURS. & FRI., MARCH 23 & 24

"TARZAN AND THE MERMAIDS"

Starring JOHNNY WEISSMULLER and BRENDA JOYCE

ALSO SELECTED SHORT SUBJECTS

Film On Flying Saucers Coming

The whole country seems to be disturbed with Flying Saucers again at this time, reports are coming in from far and wide of a deluge of the strange objects, and conflicting ideas of their origin and even the U. S. Air Forces steps into the arguments frequently, but not the Motion Picture Industry has taken a hand in the matter and here produced a feature picture on the subject entitled "THE FLYING SAUCER" which is based on the True Magazine story purporting to show that there are strange objects from another planet invading our planet, and recent rumors that one has crashed in Mexico with a small man of about 30" in height being found in the wreckage.

This timely picture is to be shown at the Park Theatre on Wednesday night of this week, at 7 p.m. and 9 p.m.—adv.

The first international horseshoe pitching contest was held in Bronson, Kans., in 1909. Frank Jackson of Blue Mound, Kans., was the winner.

666 GIVES FAST RELIEF when COLD MISERIES STRIKE LIQUID OR TABLETS

Odd Fact

In San Antonio, Cal., a watchdog that was missing when its master's house was being robbed, showed up in time to attack the policeman who came to investigate.

Sensational New Radio Quiz Show



EVERY TUESDAY 9:30 to 10:30 p. m. Over WWNC

IT'S FUN! IT'S EXCITING! IT'S ENTERTAINING! Brought To You By

Howell Motor Co. Baywood St. Waynesville De Soto-Plymouth Dealer

CAR-TUNES By WATKINS CHEVROLET CO.



"Yes, I know that WATKINS CHEVROLET CO. painted our car, but they don't fix teeth."

STRAND

Two Shows Daily Monday through Friday 7 & 9 P.M. Saturday: Continuous Showings from 11 A.M. Sunday: 3 Shows, 2, 4 and 8:30 P. M.

LAST TIMES TODAY

The KID FROM TEXAS starring AUDIE MURPHY and GALE STORM

TUESDAY and WEDNESDAY, March 21-22

Unfaithful... even to herself! J. ARTHUR RANK presents ANN TODD CLAUDE RAINS TREVOR HOWARD

"One Woman's Story"

THURSDAY ONLY, March 23

WINGS OVER HONOLULU starring HENRY BARRE, FLOYD TAYLOR, WILLIAM GARGAN, FELY HORNES, CHARLES RANDERS

Next Week: "PINKY"

BE WISE — GET STRAND WISE

PARK THEATRE

YOU CAN ENJOY THE BEST PICTURES IN COMFORT IN LUXURIOUS BODIFORM UPHOLSTERED SEATS.

Shows Sunday 2 and 4 P.M. Saturdays 11 A. M. Continuous Night Shows 7 and 9 P. M. Sunday Night 8:30

PROGRAM

MON. - TUES., MARCH 20 - 21. Kirk DOUGLAS, Lauren BACALL, Doris DAY. YOUNG MAN WITH A HORN with HOAGY CARMICHAEL

WEDNESDAY, March 22

STREAKING OUT OF THE UNKNOWN... A STRANGE NEW TERROR! THE FLYING SAUCER starring MIKEL CONRAD, PAT GARRISON, HANST VON TREPPEM

ALSO Chapter 9 Of "RIDERS OF DEATH VALLEY" and Buggs Bunny Cartoon

THURSDAY and FRIDAY, March 23-24

DAN DAILEY WHEN WILLIE COMES MARCHING HOME starring CORNELL CALVERT, COLLEEN TOWNSEND, WILLIAM DEMAREST

Gets Irish 'Oscar'



WINNER of the nationwide Irish 1950 screen and radio award of the Ancient Order of Hibernians is Hollywood's pretty movie starlet, Ann Blyth. She will be presented with a special citation at the St. Patrick's Day Ball to be held in Los Angeles, Cal. (International)

advantage of the force of gravity for gliding propulsion. If birds had to pull themselves along through the air as an airplane does, he points out, they could fly only short distances before becoming exhausted.

His new aircraft, Caldwell says, will imitate this method, lifting itself from the ground with power supplied by a jeep engine and continuing in flight by the proper use of gravitation. The revolutionary plane rose a foot off the ground during preliminary tests in Caldwell's hangar.

A war-time employe of the Howard Hughes Aircraft Co., the inventor became a center of national attention in 1949 when some inventions he was developing were mistaken for "flying saucers."

The latest in nursery furnishings, according to The American Magazine, is a lamp with a music box in its base that plays the Brahms Lullaby as the light turns itself off slowly and automatically.

ON TRIAL FOR 'IMPULSE SLAYING'



IN THE CUSTODY of a deputy sheriff, Edward L. Gibbs, 25, a senior at Franklin and Marshall College, leaves the Lancaster, Pa., jail for his trial. Gibbs, who is married, is accused of the "impulse slaying" of Marion Louise Baker, 21, a college secretary.