

EEN TALK

Features

Judy

girl can use some beauty. Sometimes what is lacking in face can be made up in disposition, grooming and personality.

know beautiful girls who when they are described as "pretty" and pretty girls are being called "attractive" girls while fair of face and features are too self-conscious to understand that they have these given assets and are not aware of the real character.

with personality always attracts people to her. She is popular in people and is sympathetic and understanding. This developed merely by forgetting yourself and concentrating on making others like you.

the girl with beauty—blemished skin, large nose, big hips or large ears—a wallflower because she is nervous on account of a few defects. Most of these are magnified, and are not cure or camouflage than are problems of the girls.

one visit to a doctor to supply the reason for skin is all that is necessary to clear up that unwanted. Diet and exercise usually recommended and many found that the candies they consume while coming with themselves are responsible for their bad skin.

haven't discovered what sports can do for the complexion is the time to whip ice skates or skis. You'll be rated by your winter bout with Nature and that wonderful relaxation after outdoor exercise. Too many girls develop the habit around indoors and mop they haven't got dates. You can't round up a common miss the fun of winter. You'll be surprised, also, by new friends you will meet on these excursions.

ating, in particular, is a good way for reducing the humping of course you do not twice your usual caloric your day on the ice.

er hip-reducer for the girl can be done right at

TRUMAN DELIVERS STATE OF THE UNION MESSAGE



URGING BIPARTISAN SUPPORT for his international policies and outlining a domestic security program, President Truman delivers his annual State of the Union message to a joint session of the 82nd Congress. On the rostrum behind him are Vice President Alben Barkley and Speaker Sam Rayburn. Truman called for a revised draft, higher taxes, new price control legislation and military expansion. (International Soundphoto)

home. Here's how: Lie on the floor, bend the knees so that the feet are flat on the floor and then get yourself in position so that by balancing yourself on one arm, you can spank yourself by bumping your thighs and derriere up and down on the floor. Do this first on one thigh and hip and then on the other.

The bulging abdomen, very often the result of poor posture, can be helped by this posture exercise: Stand against the wall with shoulders and spine at waistline touch the wall. Keep the feet close together. You will notice that this exercise will raise your bust, flatten your stomach and derriere.

Plain old hip bends also will help reduce stomach and waistline. Stretch legs apart, raise arms overhead, bend down touching right hand to left foot about ten times. Do the same with left hand to right foot. A good time for this exercise is first thing in the morning.

If your mouth is large analyze yourself to discover whether it is something you can correct naturally. Do you purse your lips or pout? Do you have a habit of rolling your lips in any fashion which would make them appear larger? Do you grin too broadly?

If you will curl your lips inward and under whenever you think of it during the day and be conscious of keeping them in a thinner line when you talk, you

can help yourself. Also, if you use lipstick, first apply a foundation makeup to cover your lips and then make them up in a thinner line than their normal shape.

Full lips always are more attractive than very thin lips, so do not strive for a very thin, drawn line. As a matter of fact many thin-lipped girls accomplish voluptuous mouths merely by using additional lipstick.

The girl with unattractive ears should of course, always wear a hairdo that will cover her ears. If her ears merely are large for her face, big earrings often can make ears appear smaller. Sometimes ears can be flattened by using adhesive tape to hold them back but one must be faithful to that routine for a long time.

Beauty isn't beyond your reach if you will just appraise yourself honestly and decide how you can help yourself.

Sylvan

U. S. Highway 86 passes through an ancient lava flow in western New Mexico between the cities of Albuquerque and Gallup.

The federal atomic research reservation of Los Alamos, New Mexico, was recently made a full fledged county of that state.

Legion To Give \$80 To Polio Fund

The American Legion Post, No. 47 will contribute \$80.00 to the current March of Dimes campaign, according to a unanimous vote of the members of the Post at a meeting last week.

Beaver Stages Comeback In Wisconsin's Wildlife

Beaver, the magnet that drew the first white men to Wisconsin, are probably more numerous here now than at any time since pioneer days. The conservation department has started a study to determine how best to fit these fur bearers into the modern state wildlife picture.

Wisconsin beaver were threatened with extinction a few decades ago. Since then with better protection and law enforcement the animals have increased in numbers to the point where as many as 15,000 have been taken in a trapping season. A long beaver trapping season is now under way.

The beaver comeback has posed new problems for the conservation department. Their way of life calls for the building of dams in streams. The resulting backwaters may flood fields and highways. For years the department has kept state trappers in the field, taking the animals alive in places where they were doing damage and releasing them where they had less chance to interfere with human developments. They have affected other wildlife by flooding deer yards and forest lands. However, in some instances their operations have been found to be beneficial to waterfowl.

Beaver have attracted the most public scrutiny for their operations on trout streams. Water wide-spreads created by beaver may for a time stimulate trout fishing but, as a result of silting and the warming of water beyond trout tolerance, their efforts have been charged with practically eliminating trout from once popular fishing streams.

The present study launched by the conservation department is aimed at a program to keep the maximum population of beaver consistent with the retention of other wild and domestic resources.

In the continental United States the temperature has dropped to 60 degrees below zero in Montana, and risen to 134 degrees in the shade in Death Valley, Calif.

Allen's Creek CDP Officers Are Named

Residents of the Allens Creek Community have named officers for their Community Development Program for 1951 as follows: the members of the Post at a meeting last week.

Chamber Of Commerce Officials To Meet

The officers and directors of the Waynesville Chamber of Commerce will meet at the Town Hall Monday at 7:30 P. M.

NOTICE To Motorists

READ BOTH THESE STATEMENTS

All citizens of Waynesville owning and operating motor vehicles, are required by law to have 1951 Town license tags on said vehicles by February 1, 1951. Persons failing to comply with this regulation will be subject to fine, and costs in the matter.

Tags available at the City Hall for One Dollar Each.

WARNING

All persons who have received a citation for violation of traffic laws, and overpark, and have not paid their fine of \$1, should do so immediately. This is to give notice, that all persons failing to pay immediately, will be looked up by the police, and brought into court, where court costs of \$10 will be added to the fine of \$1. If you have a traffic ticket, we advise immediate payment at the City Hall.

ORVILLE NOLAND
Chief Of Police

Physician Blames Parents For Child that Stutters

Stuttering is something a child has to learn and he does so because he fears he is going to stutter and be criticized by his parents, according to Wendell Johnson, Ph. D., of Iowa State university.

Dr. Johnson, who is director of the university's speech clinic at Iowa City, addressed the 110th annual meeting of the Illinois State Medical society, at Springfield, Ill., on the rehabilitation of the stutterer.

"Currently," he said in discussing the cause, "the theory that stuttering is a learned form of hypertonic avoidant behavior, motivated by anxiety concerning the anticipated occurrence of non-fluency and its social consequences, appears to be receiving particularly serious consideration. The issue is not closed, however, and much research remains to be done."

Parents nevertheless have much to do with the development of stuttering in their children, which always appears between the ages of three and six, Dr. Johnson said.

In fact, stuttering appears in the majority of cases only after diagnosis by inexperienced people, usually the parents.

"What these laymen diagnose as stuttering," he continued, "is as a rule merely the repetitions and hesitations characteristic of normal childhood speech. The resulting parental concern, and admonitions to the child to go slow, take his time, start over, stop and think, take a breath, etc., tend to bring about the tensions, anxiety and blocking symptomatic of stuttering."

In very young stutterers, in fact, Dr. Johnson said, the treatment is directed at the parents, not the child. When parents modify their attitudes and policies regarding the child, the majority of children respond well and rapidly, if the disorder is not too well fixed.

Small Sawmills

Small or intermediate size sawmills in the United States produced more than half of the total new lumber supply in 1947, according to Harold E. Holman, chief of the forest products division of the office of domestic commerce. There were 53,109 mills in operation in the United States in 1947 which produced 35.4 billion feet of lumber. Of these mills, 47,538 had an average production per mill of only 191,000 feet a year, but their aggregate production was 9.1 billion feet, or 25.7 per cent of the national production.

WOMEN SLEEP LONGER

CHICAGO—The National Association of Bedding Manufacturers reports that a recent survey showed that American women average 53 minutes more sleep nightly than men.

Value Your Health More Than Riches

Some folks think that fine clothes and fine, big houses are the most important things in life, but these things really don't mean too much if a person doesn't feel well enough to enjoy them. Most folks don't realize this, but Mrs. Lucy Braswell of Route 2, Stone Mountain, Ga., realizes it very well. Mrs. Braswell takes HADACOL, and by taking HADACOL she found she is helping her system overcome deficiencies of Vitamins B₁, B₂, Niacin and Iron, which HADACOL contains.

Here is Mrs. Braswell's own statement: "I have been sick for some time with stomach disturbances. I began taking HADACOL and I have been taking it about six weeks. I am so much better and much stronger. I will continue to take HADACOL. It sure has helped me. I tell my friends about HADACOL. I can't praise HADACOL too much. I am 59 years old."

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CENTRAL CLEANERS
In operation 23 years, Central Cleaners has been located at Church and Montgomery Streets four years. With the passing of years they have added to their facilities until today Central Cleaners is one of the most up-to-date cleaning and dyeing concerns in this area. To accomplish this, Mr. Johnnie Shelby, owner, has installed four pressing machines, two dry cleaning machines, two drying tumblers for deodorizing the garments after cleaning, a dress former that steams dresses to the correct size, a 3000-gallon per hour filter, and in connection with this filter is one of the most important machines which is a vacuum still which purifies as well as distills all cleaning fluid that is used to clean your garments. Mr. Shelby considers this distillation of the cleaning fluid an important factor in the proper method of dry cleaning in that the solvent is always sparkling clear, clean and pure, which means that absolutely no soil dirt or impurities can possibly be removed from garment and be put into another in the process of dry cleaning. Each garment is actually dry cleaned in approximately 3000 gallons of clean solvent. This means really clean dry cleaning.

As a member of the North Carolina Association of Launderers of Raleigh, N. C., of which Mr. Shelby is a member of the board of directors, and a member of the National Institute of Cleaning and Dyeing of Silver Springs, Md., one of the largest and best dry cleaning institutes in the country, Central Cleaners is kept posted on all new materials and correct way of dry cleaning and safe methods of spot removal.

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WARNING

PAY YOUR 1949 TAXES NOW!

AND AVOID PAYING PENALTY — THERE WILL BE A 1% PENALTY ON FEBRUARY 1st AND 2% ON MARCH 1st. AND 1/2 OF 1% FOR EACH MONTH THEREAFTER UNTIL PAID —

PAY YOUR BACK TAXES BEFORE THERE IS A FORECLOSURE SUIT BROUGHT AGAINST YOUR PROPERTY —

TOWN OF WAYNESVILLE

G. C. FERGUSON, Tax Collector