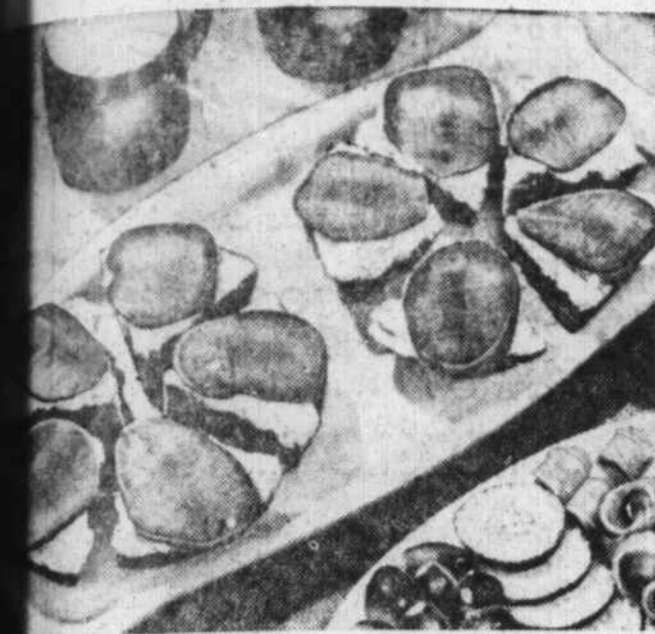


Sandwiches Make Perfect Snack



TONGUE—Makes a fine open sandwich when it tops and-egg spread.

LY BROWNSTONE
Press Food Editor

ERVE open sandwiches for evening snacks? They bring features. Put together in dozens of ways, variety and interest, wonderful, too, for using ends and ends in the re-

cut to open-sandwich the new fully cooked beef tongue now on a see-through pliable wrapping keeps the tongue flavorful. If you want tongue on hand for by-leave it unopened and the refrigerator. If the package is opened and tongue served at one end of the meat should be in waxed paper, refrigerated within four days, weigh from 1 1/2 to 2 1/2 and are all trimmed.

They cut beautifully in uniform slices.

ways of using the tongue in open sandwiches, company evening snack, want to try three or use, they'll make an untempting platter.

equal amounts of but-quefort cheese together; sliced bread and top. Finely diced raw cel-to the cheese spread, crunchy addition.

You may garnish the center of the tongue slices on some of these sandwiches with a bit of mayonnaise and capers, tiny pickled onions or sliced pimiento-stuffed olives; or you can sprinkle the mayonnaise with paprika or minced

parsley.

It goes without saying, of course, that these open sandwiches should be served with knife and fork.

For still another open sandwich try this combination of relish cheese spread, hard-cooked eggs and tongue. We like it served with crisp raw vegetables; carrot curls, small inner leaves of crisp romaine, radishes, cucumber slices, cauliflowererets and celery sticks are all good candidates. Accompanied by mugs of milk, it makes hearty fare for the teen-age crowd.

TEENTIME OPEN SANDWICHES
Ingredients: 2 hard-cooked eggs, 1/2 teaspoon salt, 1 tablespoon prepared mustard; 1/4 teaspoon scraped onion, one 5-ounce jar relish cheese spread, 1/4 cup sliced stuffed olives, rye bread wedges from round loaf, butter or margarine, sliced fully cooked smoked beef tongue.

Method: Cut eggs in half and remove yolks; mash yolks with salt, mustard and onion. Chop whites fine and add with relish cheese spread and olives; mix well. Makes 1 1/2 cups. Slice bread through horizontally and cut in wedges; spread wedges with butter. Top with cheese mixture and sliced tongue.

Eye doctors find that even when a child's eyes are very defective he does not complain because usually he does not know what normal vision is.

Americans of college age attending college were about 4 per cent of the total in 1900, but have increased to about 25 per cent today.

Rheumatic fever is a leading cause of heart disease in young people.

My Favorite Stories

By CARL GOERCH

One of the best stories I've heard in connection with the observance of the Christmas holidays has to do with something that happened to Norman Chambliss, over in Rocky Mount.

For a number of years Norman was secretary of the State Fair Association and he also helped put on county fairs at Rocky Mount, Greensboro, Clinton, Williamston and a number of other towns.

Norman is one of these fellows who likes to do things around the house. About ten days before Christmas he decided to send out his Christmas cards. Julia, his wife, told him that she'd help, but Norman said no; that he knew she had made a date to go to the movies with a couple of other ladies in the neighborhood and that he and Mallory—his eight-year-old son—could get the cards out O.K. without her assistance.

So Mrs. Chambliss went to the movies. Norman found the cards on the top shelf of a closet in the guestroom and, with the help of little Mallory and his pal, Jerry Gardner—also eight years old—proceeded to address the envelopes and sign his name and Julia's on each of them. Mallory and Jerry put the cards in the envelopes and also stuck the stamps on them. The whole job was finished in about an hour's time.

Now you wouldn't think that there would be any repercussions from a little thing of that nature, but there were repercussions aplenty, and they went on for some time.

In order to fully understand what took place, we've got to go back a few months when Mrs. Chambliss was president of the American Legion Auxiliary at Rocky Mount. The Dixie Printing Company sent the auxiliary some greeting cards to sell—greeting cards of all descriptions. You probably have seen the kind of boxes they're put up in; some cards for Christmas, another batch for Easter, others expressing sympathy over the death of some relative, still others extending birthday congratulations, and so on. Well, that was the kind of box that Mrs. Chambliss had bought for herself, and that was the kind of box that Norman dragged out on this particular evening.

If you know Norman like I know Norman, you'll readily understand how the thing happened. He didn't concern himself in the slightest with what kind of message the cards contained; he just signed his and Julia's name to them and let 'em go. Mallory and Jerry didn't give a rap either. Their job was to put the cards in the envelopes and attach the stamps, and they did it very nicely.

Two days later, the aforementioned repercussions began to take place. Tom Avera called up Norman and wanted to know what the dickens he meant by sending him a card of sympathy over the death of his grandfather. Frank Winslow got a card congratulating him on his birthday, whereas as a matter of fact, Frank's birthday isn't until the fourteenth of April. Sam Wilkins, who has been a bachelor all his life, was slightly startled and puzzled when he received a card congratulating him upon the arrival of a baby daughter. Other friends received cards wishing them a joyous Easter, and that's the way it went.

Norman had been getting all sorts of sarcastic letters from all sections of North Carolina, and it practically ruined his Christmas for him. He straightened things out with the folks who wrote him

or who called him up, but he never heard from a lot of others and he's convinced in his mind that they are remaining silent because they think he is absolutely crazy.

Now take my own case, for example. I opened up some of our Christmas cards a few days before Christmas and found one from Rocky Mount. I glanced at the colored picture on the outside and then opened it up and saw that it was signed "The Chambliss Family." Looking at it more closely I observed that it contained the message, "A Happy Birthday" on the outside. There were also some pretty violets and pansies in attractive colors. And on the inside was this beautiful little verse:

"May your birthday bring you lots of joys

In many and many a way.
And down life's highway may you find
Happiness—every day!"

Sweet, isn't it? And yet, when I first opened it, I thought it was a Christmas card myself because I seldom read the printed messages the cards contain. All I usually do is just look at the names. And Norman evidently didn't do any reading either on that night that he sent out the cards.

Since the thing happened, one firm rule has been established in the Chambliss household. Mrs. Chambliss sends out the cards and Norman isn't permitted to have anything to do with the procedure.

He himself admits that this is the best procedure.

Garden Variety

SAN DIEGO, Calif. (AP) — An officer of the vice squad, Sgt. Russ Ormsby, went shopping for a passion flower vine. He just thought it would be nice for his garden.

Statistical samples indicate that as of April 1, 1954, there were 21.9 million people living on farms in the United States. In 1951 there were 24.2 million. This is a reduction of close to 10 per cent in 3 years.

Production of livestock and livestock products is expected to be at least as large next year as this year, with prospects for a continued high level of demand.

Rich U. S. diets are blamed by many heart specialists for the fact that Americans have more heart disease than most other peoples.



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