

## Workshop On Family Life Held At Bethel School

### Many Students Named On Bethel 5th Honor Roll

The Bethel school honor roll for the fifth grading period is reported as follows:

First Grade — Robbie Reeves, Susan Rollins, Brenda Burnette, Sharon Cochran, Shirley Gibson, Carolyn Clark, Frances Burnette, Stevie Pressley, Ronnie Owen, Sammy Cooke, Joyce Trull, Jean Cable, Barbara Jean Rogers.

Grade Two — Benny Trull, Steve Rogers, Dee Frizzell, Martha Burgess, Doris Russell, Ailie Lewis, Lethe Ann Grooms, Ailie Hightowers, Hazel Mull, Linda Woody, Raanel Singleton, Leslie Smathers, Sharon Grant, Stephen Gregory, Sammy Medford.

Grade Three — Evelyn Rose McNeil, Jeff Deitz, Mike Buchanan, Sherie Lynn Cable, Rebecca Sue Allen, Judy Henson, Barbara Black, Judy Pressley, Lowell Grogan, David Wells, Ronald Free, Mike Osborne, Evelyn Edwards, Martha Free, Evelyn Gregory.

Grade Four — Dianna Smathers, Zelda Mae Deitz, Judy Burnette, Helen Pless, Mitzie J. Hill, Barbara Cabe, Patsy Long, Linda Deaver, Linda Osborne, Gail Henson, Harry Neal Haney, David Nix, Steve Singleton, Jean Burnette, Hazel Frizzell, Sharlene West.

Grade Five — Mary Wells, Rikki Rogers, Edith Caldwell, Carol Lee Raby, Lillian Kuykendall, Carolyn Justice, Linda Wood, Linda Garnea, Van Chambers.

Grade Six — Steven Reeves, Phyllis Chambers, Myra Pressley, Emma Jean Sheffield, Lovella Messer, Gwendolyn Browning, Kenneth Blaylock, Dale Henson, Mark Morgan, Steven Rollins, Vivian Green, Sue Pressley, Jeanie Harkins, Martha Chambers, David Able, Tommy Holland, Shirley Rogers, Prescilla Neal, Betty Burnett, Marqueta Henson, Richard Jones.

Grade Eight — Marlene Sellars, Charles Trull, David Henson, Jerry Wells, Patsy Edwards, Mary Lou Henson, Peggy Kuykendall, Julia Dale Smathers, Frankie Ward, Richard Henson, Wade Moody, Thomas Olin Rigdon, Harold Heatherly, David Dennis Trull, Jean Loreta Burke, Janice Frady, Sandra Mae West, Linda Lewis, Barbara Lanning, Jo Ann Russell, Virginia Smith, Carolyn Gayle Reece, Mary Louise Reece, Betty Jean Ashe, Linda Blaylock, Carroll Edwards, Margaret Farmer, Nell

A family life workshop, sponsored by the Haywood County Health Department, was conducted last week at a meeting of the Bethel School P.T.A.

After a business session from 2 until 2:30 p.m., Miss Grace Daniels, health educator for the N. C. Department of Public Instruction, spoke on "How To Help Your Adolescent Grow Physically."

The Rev. Jami Y. Perry, pastor of Grace Episcopal Church, Waynesville, next spoke on "A Challenge to Parents."

Miss Jean Childers, assistant home demonstration agent, concluded the discussion phase with a talk on "Help Them Mind Their Manners."

The workshop was concluded with the showing of a film on family life.

Mrs. W. E. Martin, public health nurse, was in charge of arrangements for the workshop, which was planned as a "follow-up" to a series of classes on family life at Bethel School taught by Mrs. Martin and Mrs. Grace Stamey, supervisor.

### Canton Lions To Give Minstrel On Friday Night

Canton Lions are making final preparations for their minstrel and variety show to be held Friday night at Canton High School.

End men, under the direction of Walter Holton, are Pat Greeley, Fred Ferguson, Charlie Smith, Charles Johnson, Glenn Simmons, and L. A. Coman, Jr.

Frizzell, Bill Garnea, Phyllis Green, Bruce Haynes, Sandra Henson, Troy Ledford, Kenneth Neal, Lorra Norris, Rosalee Shipman, Harold Shook, Charles Trull, Jerry West.

Grade Nine — Bruce Singleton, Rebecca Shuler, Ardie Ruth Smathers, Aurelia Morgan, Shirley Gorrell, Mary Jane Teague, Jeanette Chambers, Janette Grogan, Joyce Riddle.

Grade Ten — James Fore, Louise Cooke, Jean Mann, Annette Sheffield, Rheta York, Carroll Mease, Martha Plemmons, Barbara Rogers.

Grade Eleven — Barbara Jones, Christy Bramlette, Neal Kelly, Vida Lee Green, Ava Jean Henson, Martha Pressley.

Grade Twelve — Sue Kelly, Worth Wells, Wilson Chambers, Lillian Brown, Emma Jo Gibson, Wanda Inman.

## TODAYS Menu

### Buy Frying Chickens And Serve Them Baked

By ALICE DENHOFF

If your family enjoys chicken, but gets a bit tired of having it served the same way, then buy some fryers and serve them baked.

Get 2 fryers (1½ to 2½ lb. each) and split them in halves. Rub well with garlic salt, and lightly with dry mustard.

Make a sauce by simmering together ½ c. boiling water, ¼ c. butter or margarine and one tomato that has been peeled and sliced.

#### Brown Under Broiler

Brown chicken quickly on both sides under broiler heat. Place in open baking pan and roast in hot oven (400° F.) about 15 min. to the pound, until cooked through, basting from time to time with prepared sauce.

Mix 2 tbsp. each chopped pecans and grated cheese. Sprinkle over cooked chicken; run under broiler heat to brown. Serve piping hot. 4-6.

#### Chicken Paprika

For Chicken Paprika buy 2 fryers or a 4 lb. fowl. Prepare poultry; joint and cut into serving pieces. Salt and pepper pieces.

Mince 2 large white onions quite fine; saute to delicate brown in ¼ c. butter. Add ½ c. sliced mushrooms, tsp. paprika, tsp. celery salt, 2 c. water. Bring to boiling; add chicken pieces.

#### Simmer Till Tender

Turn heat low, cover, simmer until tender.

Remove chickens to serving dish.

Add one c. sour cream to sauce in kettle. Reheat; pour over chicken and sprinkle with minced parsley. Serves 4-6.

#### For Deviled Crabmeat

Deviled Crabmeat, prepared as follows, is a little different from the usual recipe.

To serve 4, combine 2½ c. fresh or canned crabmeat, 2 tsp. prepared mustard, 5 tsp. bread crumbs, 6 tsp. skimmed milk, 2½ tsp. butter, melted, dash of cayenne, 2 tsp. chopped parsley, tsp. lemon juice, 2½ tsp. Worcestershire sauce.

Place in individual, shallow baking dishes. Sprinkle 3 tsp. grated Parmesan cheese and 2½ tsp. butter, melted, over top. Bake at 425° F. for 10 min.

## SENATOR SAM ERVIN SAYS



WASHINGTON—After the Senate returned from the Easter recess, it found that many committees had held sessions during the recess without taking any time to go home.

I was unable to get to North Carolina except for an enjoyable meeting in Davidson County on Easter Monday.

Senator Hayden, Chairman of the Senate Appropriations Committee, brought out the Second Supplemental Appropriations for action on the Senate floor last week. Among the amendments that were adopted before final passage was the Kerr amendment which provided \$7,000,000 additional funds for the school lunch program.

#### SOMETHING NEW

For some time now there has been before the Congress a bill to permit the mailing of live scorpions. The Post Office Department had been reluctant to give a favorable report on this proposal, but there has been developed a plastic bag which is supposed to remove all danger to postal employees. Sounds rather far-fetched to the average person just as it did to me, but Senators from the Southwestern part of our great country where scorpions are plentiful (and very poisonous) pointed out that live scorpions can save lives. How? Serpent serum is used in treating people who have been the victim of a scorpion bite. The Senate passed the bill. This medical research work can now go on, aided by the postman carrying the live scorpion in a plastic bag!

I kept my ears open around the Senate to see the reaction to the most welcome news of the validity of the Salk polio vaccine. The nation's leading lawmakers were very happy that another of mankind's great scourges has virtually been conquered. The feeling seemed to be that this is an outstanding example of progress in a field that really means something and that everybody has cause for joy. Perhaps cancer will next be the victim of unending research.

During the week the hearing on the FOA grain storage project in Pakistan was carried on by the

Government Operations Committee. It is nothing short of punishment to have to sit until six or seven o'clock at night on a committee with the fine spring weather we're having now in Washington.

#### SAM RAYBURN

On last Saturday night I attended the dinner honoring Speaker Sam Rayburn. This gave me an opportunity to see many North Carolinians who were in town for the affair. We were all looking forward to seeing former Vice President John Nance Garner who had planned to come here from his home in Uvalde, Texas, but his arthritis was bothering him too much, or so his doctor advised, for him to make the trip to Washington.

The Army invited a few Senators to the Pentagon for a briefing on some secret weapons our country has, I went along. It took about two hours for the briefing and I found it very helpful as a member of the Senate Armed Services Committee.

Senator Lyndon Johnson of Texas sent a bag of Texas onions to my office last week. They were very fine specimens. Some of the high school boys and girls spied them sitting beside the entrance to my office. I told them that they were more than welcome up here and if they got hungry we would be glad to furnish them onions. There were no responses favorable to the suggestion. Secretly, I am confident that most people wish they were in a position where onions could be eaten without causing social consternation.

### N.C. Symphony To Play 3 Concerts In Asheville

The North Carolina Symphony Orchestra, under the direction of Dr. Benjamin Swalin, will appear in four concerts in the city auditorium in Asheville May 2-3.

The symphony orchestra, now in rehearsal at Montreat preparatory to opening its 10th season in Hick-

ory April 14, will present three free children's concerts and one adult program in Asheville during its two-day stay.

The 65-member orchestra will offer children's programs at 10:30 a.m. on both May 2 and 3, and at 2:30 p.m. on May 2. The adult program will be performed at 8:30 p.m.

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  - Jones' All Meat **Frankfurters** 12-Oz. Pkg. 35c
  - Jones' All Meat **Bologna** Sliced 1-Lb. Pkg. 39c
- "Super-Right" Dressed and Drawn **FRYERS** Lb. 45c
- "Super-Right" Freshly **Ground Beef** lb. 35c
- Wilson's Corn King Sliced **Bacon** lb. 43c
- Bone In **Chuck Roast** lb. 39c
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- Packers Label Pie **Apples** 28-Oz. Can 29c
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- ORANGE SLICES** 24-Oz. Pkg. 29c

- Ann Page Creamy Rich **MAYONNAISE** Qt. Jar 49c
- Ann Page Creamy Smooth **PEANUT BUTTER** 8-Oz. Jar 29c
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- Ann Page Prepared **SPAGHETTI** 2 15½-Oz. Cans 29c
- Ann Page With Tomato Sauce **PORK & BEANS** 2 1-Lb. Cans 29c
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