

Go To Church

Wood Methodist
Charge
 Grady Barringer, Pastor
DELLWOOD
 Church School, Taylor superintendent.
 Youth Activity Week beginning Sunday, Aug. 7, Dr. George Schreyer, department Religion from College in charge.
 Evening Worship by Dr. Schreyer.
 Youth Activity, for all with Dr. Schreyer in charge.
 Children's Choir Practice. Adult Choir practice.
WEDNESDAY
 WSCS will meet at the church.

ZABETH CHAPEL
 Church School, Jack Arsuperintendent.
 Morning Worship, Sermon by pastor.
WEDNESDAY
 Bible Study.
 Youth Activity, for all with Dr. Schreyer.
 WSCS will meet in the home of Mrs. Hugh Rateliff.

MAPLE GROVE
 Morning Worship. Sermon by pastor.
 Church School, Leonard

Leatherwood, superintendent,
TUESDAY
 6:00—Youth Activity for all youths with Dr. Schreyer.
WEDNESDAY
 6:00—Youth Activity for all youths with Dr. Schreyer.
 7:30—Choir practice.

Friday, Aug. 5th there will be Prayer Meeting in the home of Mr. and Mrs. Fred Caldwell.

"Home Coming" at Maple Grove will be Aug. 28th for all former members and pastors. Come and bring a picnic lunch. There will also be quartet and group singing in the afternoon.

Rev. Bell Speaker
At Shady Grove Revival
 The Rev. Roy Bell, pastor of the Methodist Church at Sylva, will be the guest minister during the revival services at the Shady Grove Methodist Church.
 The services will begin on Sunday evening, August 7th, at 7:45 and continue each evening of the week through Friday at the same hour.
 Everyone is cordially invited to attend these services.

Traveling Heavy
 MIAMI, Fla. (AP) — Antonio Galli, a merchant from Sao Paulo, Brazil, doesn't travel light.
 When he checked into the Miami airport for a flight to Buenos Aires, he had 13 pieces of luggage weighing 862 pounds. The excess baggage charge was \$2,240; more than four times the cost of his ticket.



LUNCH TASTES TWICE AS GOOD to little Sally because it looks good, too. A nutritious soup, made with milk, a peanut butter and jelly sandwich, a peeled orange, cookies and milk add up a full quota of noon-time nourishment.

Tempting Surprises Can Be Packed In Lunch Boxes

By BLANCHE M. STOVER
Family Food Editor,
Parents' Magazine

ed meals.
 Sandwiches are the mainstay of the packed lunch. They're easy to make, easy to pack and easy to eat. They're high in food value, too.
 Sandwich combinations are practically unlimited. There are so many kinds of bread from which to choose: enriched white; rye; pumpernickle; whole wheat, and cracked wheat; all of the tea banan, raisin and date—to name only a few; plus French, Swedish and regional breads, and a variety of rolls, biscuits and muffins.
 Spreads and fillings can be even more varied. Most youngsters like all kinds of meat and poultry fillings, including cold cuts and meat spreads. They go for peanut butter—plain or blended with grated carrot, crumbled bacon, raisins, honey, jam, whipped marshmallow topping, cream cheese, applesauce, mashed banana, cranberry sauce, crushed pineapple or chili sauce.
 They also like such combinations as shredded American cheese and pickle relish; cream cheese with jelly, olives or pineapple; minced liver, celery and mayonnaise; tuna fish, shredded carrot and Russian dressing; salmon, lemon juice, mayonnaise, chopped chives and green pepper; egg and olive salad.

Now, while planning to get the children ready to go back to school this fall, is the time to start gathering information you'll need to make certain yours get a good lunch every day.
 Since most children carry their lunches to school, let's start with some suggestions that will help you pack interesting and well balanced meals.

Vary Sizes and Shapes
 The size and shape of sandwiches also can be varied. For a change cut sandwiches into squares one day, triangles or strips the next. Or use cookie cutters to make round sandwiches, animals, hearts or whatever shape suits your child's fancy. The odds and ends of bread can go into poultry stuffing or bread pudding or be dried for crumbs.
 Sandwiches should "grow up" along with children. Members of the younger set usually prefer bland fillings. They like small sandwiches which make them feel master of the task at hand. Furthermore, the smaller the sandwiches, the more they can boast about the number they have eaten.
 As children get older, their tastes become more sophisticated. They like fillings with more zip and texture interest; for example, crumbled bacon added to a cheese spread or chopped celery mixed with a meat spread. Girls like fancy sandwiches almost indefinitely but boys, by the time they are nine or ten, want more food and less frills. They'll ask for heartier sandwiches, with the crusts left on, and more of them, in addition to two or more sandwiches, the usual school lunch includes a dessert and a beverage—milk, cocoa or a juice—carried from home in a vacuum bottle or bought at school.
 Use Crisp Vegetables
 Most youngsters like to nibble crisp vegetables with their sandwiches or hot dish. Carrot sticks or a small young carrot, celery strips or a chunk of crisp cabbage are favorites. Peas in the pod, young green beans and cauliflowerettes are good, too. Small, firm tomatoes can be cut into quarters for ease in eating.

Want Ads bring quick results.

NOAH NUMSKULL
 YOU DO HAVE ROOM FOR DEVELOPMENT, NOAH!
 DEAR NOAH — DOES PLAYING TENNIS MAKE A TORSO MORSO?
 PAULINE MCGEE
 CHARLOTTE, N.C.
 DEAR NOAH — IS IT TRUE THAT SOME SNAKES CAN'T MULTIPLY—BECAUSE THEY'RE ADDERS?
 MRS. THERESA GOLDMAN
 SELLERSVILLE, PA.
 POSTCARD YOUR PUN TO NOAH!
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"quality-tender" veal sale...at dixie-home!



Thrifty-Tender Priced Low

ly Dixie Home sells Quality-Tender veal and the low price makes it your best meat buy. You can afford to buy a variety of cuts to serve differently throughout the week because the S. & H. Green Stamps you receive with every purchase will more than double your savings. Don't forget... the more you spend at Dixie-Home, the more you save!

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- SHOULDER CHOPS Lb. 29c
- RIB CHOPS Lb. 49c
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Make up in patties and fry just like ground beef for a satisfying, economical meal for the whole family!

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APPLE SAUCE 2 No. 303 31c
 Cans
- For A Perfect Dessert! Lucky Leaf
Peach Pie Filling No. 2 34c
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- Sweet And Tender . . . Stokely's Tiny
Lima Beans No. 303 27c
 Can
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STRETCH NYLONS
 EXPAND . . . won't wrinkle, sag or bind! Pencil line seams always stay neat and trim! Pair Only **1.09**

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 A Fresh Frozen Delight Southland
STRAWBERRIES 2 10-Oz. Cans 45c

- Taste The Pure Concord Grape Flavor
Grape Juice 24-Oz. Bottle 33c
- A Family Favorite On Buttered Hot Bread! Bama
Grape Jelly 12-Oz. Jar 17c

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TEA 4-Oz. Pkg. 29c
- Dixie-Home Creamy Smooth Homogenized
Peanut BUTTER 12-Oz. Jar 35c

DELSEY TISSUE 4 Roll Pkg. 39c

LIMITED TIME OFFER: STA-FLO LIQUID LAUNDRY STARCH
 BUY STA-FLO GET 25¢ REFUND ON QUART BOTTLE!
 (Send label, name and address to Dixie's, Dept. 20, Detroit, Mich.)

Quart Bottle **21c**

Veri-Best Produce! U. S. No. 1 Sebago Potatoes 10 Lb. Bag 23c

- Family Package
M & M Candies Pkg. 29c
- Serve Macaroni And Cheese . . .
Skinner's Macaroni 2 7-Oz. Pkgs. 27c
- Spaghetti Is A Favorite . . .
Skinner's Spaghetti 2 7-Oz. Pkgs. 27c
- For The Perfect Hot Weather Salad . . .
Star Kist Tuna Fish No. 1/2 Can 33c
- Rich In Nourishment . . .
Stokely's Shellie Beans No. 303 Can 21c
- Extra Flavor . . .
Ritter's CHILI SAUCE 12-Oz. Bottle 24c
- For Anything Washable . . .
All Detergent 24-Oz. Pkg. 39c
- So Mild For The Hands . . .
Tide Large Pkg. 31c
- For A Softer, Smoother Complexion . . .
Ivory Soap Med. Size 35c
- It's Digestible . . . Pure All Vegetable
Crisco 3 Lb. Can 87c

- Fresh
Golden Bantam Corn 1 Dozen Large Ears 39c
- Fresh
Golden Ripe Peaches 2 Lbs. 35c

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12 Oz. Pkg. CORN FLAKES 19c		JAR
46 Oz. Can TOMATO JUICE 29c		
3 lb Can 78c		
Halves or Sliced 15 Oz. Can BEANS 2/35c		
1/2 Qt. Bot SAUCE MIX Pkg 25c		
Qt. Bot 55c		
2 Cans 23c		
16 Oz. Can BEANS & BEANS 2/23c		
2 1/2 Can 27c		
HOME GROWN CORN 39c		
lb 23c		
59c		
3 Rolls 25c		
Pint 34c		
Pkg 29c		
Lg. Box 31c		

Libby's Frozen
CHICKEN PIES 25c

Minute Maid 6 Oz. Can
LEMON ADE 3/39c

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COCA-COLAS Ctn. 31c

Armour's Vienna
SAUSAGE 4-oz Can 15c

Armour's 16 Oz. Can
BEEF STEW 33c

ALL MEAT FRANKS
 Lb. **39c**

Loin End
PORK ROAST lb 43c

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VEAL CUTLETS lb 79c

Maxwell House
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