

Night Sweats & Cough.

E. W. Walton, Condr. S. F. Ry., 717 Van Ness St., San Antonio, Tex., writes: "During the summer and fall of 1902, my annoyance from catarrh reached that stage where it was actual misery and developed alarming symptoms, such as a very deep-seated cough, night sweats, and pains in the head and chest. I experimented with several so-called remedies before I finally decided to take a thorough course of Peruna."

"Two of my friends had gone so far as to inform me that the thing for me to do was to resign my position and seek a higher, more congenial climate. Everyone thought I had consumption and I was not expected to live very long."

"Having procured some Peruna, I decided to give it a thorough test and applied myself assiduously to the task of taking it, as per instructions, in the meantime."

"The effects were soon apparent, all alarming symptoms disappeared and my general health became fully as good as it had ever been in my life."

"I have resorted to the use of Peruna on two or three occasions since that time to cure myself of bad colds."

Peruna is sold by your local druggist. Buy a bottle today.



Old birds are hard to pluck.—German. So. 38-'08.

Hicks' Capudine Cures Nervousness. Whether tired out, worried, sleeplessness or what not. It quiets and refreshes brain and nerves. It's liquid and pleasant to take. Trial bottle 10¢. Regular sizes 25¢ and 50¢, at druggists.

A Dissatisfied Subscriber.

"I hereby offer my resignation as a subscriber to your paper. It being a pamphlet of such small consequence as to benefit my family by taking it. What you need in your shete is brains and some one to ruse-set up news and rite editorials on live topics. No menshun has been made in your shete of my butchern' a polen china pig weigrin' 369 pounds or the gapes in the chickens round here, you ignore that I bought a bran' new boh sled, and that I sold my blind mule, and say nothin' about it. Hi Simpinkin's jersey calf broke his two front legs fallin' in a well, two important chiverces have been utterly ignored by your shete & a 3 column obituary notis rit by me on the death of grandpa Henry, was left out of your shete to say nothin' of the alphabetical poem beginnin' 'A is for And and also for Ark' rit by me darter. This is the reason your paper is so unpopular in town. If you kant rite eddytorials & ain't goin' to put no news in your shete we don't want sade sheta."

Fallen By the Wayside.

Quarrel less or fight more. Balloonists will take notice that Niagara Falls is not a good place to land.

A Weather Bureau is a splendid subject for men to swear over when they haven't anything else.

One good thing about a woman's prettiest shoes is that they wear a long time, because she is doggoned glad to get them off as soon as nobody is looking.—Indianapolis News.

"THE PALE GIRL"

Did Not Know Coffee Was the Cause.

In cold weather some people think a cup of hot coffee good to help keep warm. So it is—for a short time but the drug—caffeine—acts on the heart to weaken the circulation and the reaction is to cause more chilliness.

There is a hot wholesome drink which a Dak. girl found after a time, makes the blood warm and the heart strong.

She says: "Having lived for five years in N. Dak., I have used considerable coffee owing to the cold climate. As a result I had a dull headache regularly, suffered from indigestion, and had no 'life' in me."

"I was known as the 'pale girl' and people thought I was just weakly. After a time I had heart trouble and became very nervous, never knew what it was to be real well. Took medicine but it never seemed to do any good."

"Since being married my husband and I both have thought coffee was harming us and we would quit, only to begin again, although we felt it was the same as poison to us."

"Then we got some Postum. Well, the effect was really wonderful. My complexion is clear now, headaches gone, and I have a great deal of energy I had never known while drinking coffee."

"I haven't been troubled with indigestion since using Postum, am not nervous, and need no medicine. We have a little girl and boy who both love Postum and thrive on it and Grape-Nuts."

"There's a Reason." Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville," in pkgs.

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

The Sunday-School

INTERNATIONAL LESSON COMMENTS FOR SEPTEMBER 20.

Review of the Eleven Preceding Lessons For the Third Quarter—Golden Text, 2 Samuel 5:12—Read Psalm 18.

Golden Text: "And David perceived that the Lord had established him king over Israel, and that he had exalted his kingdom for his people Israel's sake." 2 Sam. 5:12.

Each of the lessons of this quarter teaches us something about the principles upon which God deals with men and something also about how men treat God.

In Lesson I. we see the constant disposition of the human heart to reject God and to refuse to have Him rule over us. We see also when men choose some one else before God. He lets them have their own mad choice in order that they may learn their folly by bitter experience.

In Lesson II. we see again the disposition of the human heart to reject God, even after He had saved us out of all our calamities and distresses.

In Lesson III. we see God's long-suffering toward those who reject Him and His love in bringing His ungrateful people to a consciousness of their sin and His unwillingness to forsake His people.

In Lesson IV. we see that the one thing that God demands from His servants is obedience, and how if one rejects the Word of the Lord, the Lord will also reject him.

In Lesson V. we see that when one servant falls God He chooses another to fill his place and anoints him with the Holy Spirit that he may be qualified for the work to which he has been called.

In Lesson VI. we see how the Lord gives victory to those who trust in Him and He saves, not with the sword and spear, but by the power of His own name.

In Lesson VII. we see that the Lord is with the one that trusts and obeys and gives him favor with men and makes him the terror of His enemies.

In Lesson VIII. we learn how God delivers His servants even in times of greatest peril.

In Lesson IX. we see that God delivers our enemies into our hands, but that vengeance, belong unto Him.

In Lesson X. we see the awful fate of the one whom God had rejected and how God clears the way for the one who leaves his exaltation entirely in God's hands.

In Lesson XI. we see that God will guide the one who commits his way unto Him and leans not upon his own understanding, and that God deals with us as we deal with our fellow-men.

God is Leading. No room for a discouraged or depressed feeling is left you. If your sphere is outwardly humble, if it even appears to be quite insignificant, God understands it better than you do, and it is a part of His wisdom to bring out great sentiments in humble conditions, great principles in works that are outwardly trivial, great characters under great adversities and heavy loads of encumbrance.

Let it fill you with cheering and exalted feeling, however deep in obscurity your lot may be, that God is leading you on, girding you for a work, preparing you for a good that is worthy of His divine magnificence. If God is really preparing us all to become that which is the very highest and best thing possible, there ought never to be a discouraged or uncheerful being in the world.—Horace Bushnell.

The Prayer That Prevails. It has been said that every true prayer has a foreground and a background. The foreground of prayer is an intense, immediate desire for something which seems necessary to the soul; the background is the earnest desire that the will of God, whatever it may be, shall be done. Leave out the foreground, and there is danger of fatalism. Leave out the background, and only an expression of self-will is left. The perfect prayer—the prayer that prevails—must have background and foreground, desire and submission.—The Rev. J. R. Miller.

The Winds That Strengthen. The air from the sea of affliction is extremely beneficial to invalid Christians, says Spurgeon. Continued prosperity, like a warm atmosphere, has a tendency to unbind the sinews and soften the bones; but the cold winds of trouble make us sturdy, hardy and well-braided in every part. Unbroken success often leads to an undervaluing of mercies and forgetfulness of the Giver; but the withdrawal of the sunshine leads us to look for the sun.

The Future. If there be no hereafter and no future vindication of the upright, then virtue and purity are but names, and the only possible conclusion is, "let us eat and drink, for to-morrow we die."—The Rev. W. F. George, Denver.

Get Busy. You cannot cancel the custom of praying on your fellows by occasional praying to your Father above.

The Good Life. A good life is impossible until one knows that there is ever something more desirable than living.

The Tallest Tree. The tallest tree in the world so far as has been ascertained is an Australian gum tree of the species eucalyptus regnans, which stands in the Cape Otway range. It is no less than 415 feet high. Gum trees grow very fast. There is one in Florida which shot up forty feet in four years, and another in Guatemala which grew 120 feet in twelve years. This corresponds to a rise of ten feet in a year, or nearly one foot a month.—Milwaukee Sentinel.

EYESIGHT WAS IN DANGER

From Terrible Eczema—Baby's Head a Mass of Itching Rash and Sores—Disease Cured by Cuticura.

"Our little girl was two months old when she got a rash on her face and within five days her face and head were all one sore. We used different remedies but it got worse instead of better and we thought she would turn blind and that her ears would fall off. She suffered terribly, and would scratch until the blood came. This went on until she was five months old, then I had her under our family doctor's care, but she continued to grow worse. He said it was eczema. When she was seven months old I started to use the Cuticura Remedies and in two months our baby was a different girl. You could not see a sign of a sore and she was as fair as a newborn baby. She has not had a sign of the eczema since. Mrs. H. F. Hudke, LeSueur, Minn., Apr. 15 and May 2, 1907."

Stuffing the Box.

"Of course," the British tourist was saying, "I understand that the winning party at your elections is the one that gets out the most votes." "Not at all," replied the native; "it's the party that puts in the most votes."—The Catholic Standard and Times.

STATE OF OHIO, CITY OF TOLEDO, ss.

FRANK J. CHENEY makes oath that he is senior partner of the firm of F. J. CHENEY & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for each and every case of CATARRH that cannot be cured by the use of HALL'S CATARRH CURE. FRANK J. CHENEY, Sworn to before me and subscribed in my presence, this 8th day of December, A. D., 1898. A. W. GLEASON, Notary Public.

Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces of the system. Send for testimonials, free. F. J. CHENEY & Co., Toledo, O. Sold by all Druggists, 75c. Hall's Family Pills are the best.

Thanks to the Gibson Girl.

The Million's figure has astounding improved during the last five years, and the much-abused Gibson girl has done a great deal for it.—From the Onlooker.

DEATH TO RING WORK.

"Everywhere I go I speak for TETTERINE, because it cured me of ringworm in its worst form. My whole chest from neck to waist was raw as beef; but TETTERINE cured me. It also cured a bad case of piles." So says Mrs. M. E. Jones of 29 Tannahill St., Pittsburg, Pa. TETTERINE, the great skin remedy, is sold by druggists or sent by mail for 50¢. Write J. T. SUTHERLAND, Dept. A, Savannah, Ga.

Let children support their parents or be imprisoned.—A Roman Law.

To Drive Out Malaria and Build Up the System

Take the Old Standard GROVE'S TARTAR-EMERALG. You know what you are taking. The formula is plainly printed on every bottle, showing it is simply quinine and iron in a tasteless form, and the most effective form. For grown people and children, 50c.

The ash borrows poison from the viper.—Latin.

Capudine Cures Indigestion Pains, Belching, Sour Stomach, and Heartburn, from whatever cause. It's Liquid. Effects immediately. Doctors prescribe it. 10c., 25c., and 50c., at drug stores.

The campaign begins when the money begins to rattle in the tin cup.

Truth and Quality

appal to the Well-Informed in every walk of life and are essential to permanent success and creditable standing. Accordingly, it is not claimed that Syrup of Figs and Elixir of Senna is the only remedy of known value, but one of many reasons why it is the best of personal and family laxatives is the fact that it cleanses, sweetens and relieves the internal organs on which it acts without any debilitating after-effects and without having to increase the quantity from time to time.

It acts pleasantly and naturally and truly as a laxative, and its component parts are known to and approved by physicians, as it is free from all objectionable substances. To get its beneficial effects always purchase the genuine—manufactured by the California Fig Syrup Co., only, and for sale by all leading druggists.

BORAX IN THE DAIRY.

A Matter of Profitable Interest to the Farmer and Dairyman.

The problem of keeping sweet all the utensils used in connection with milk and cream selling, and butter making, has been a serious one with the farmer.

He has come to realize fully that the slightest taint or hint of staleness left in a can, tin or churn may ruin a whole output; that the taint which is left is in the form of bacteria which grow and multiply in milk or butter, producing disastrous results.

The farmer has learned that hot water won't rinse away the greasy residue in dairy utensils.

He has learned that soap leaves a residue of its own which is, if anything, worse than the milk or cream residue, and it is little wonder that there has been a constant clamor for a dairy cleanser and sweetener that will meet modern requirements.

A few of the largest creamery establishments have called experts into consultation on this problem and have with this scientific aid hit upon a product of nature which exactly fills the bill—borax.

Scientists have long known borax as a cleanser, a sweetener and an antiseptic destroyer of bacteria and germ growths. Destroys all that is harmful and promotes and preserves freshness, sweetness and purity, relieving the dairyman and dairy housewife of drudgery and of needless work and worry.

Its cheapness and value should give it first place in the necessities of every dairy.

The cow's udder is kept in a clean, healthy and smooth condition by washing it with borax and water, a tablespoonful of borax to two quarts of water.

This prevents roughness and soreness or cracking teats, which make milking time a dread to the cow and a worry to the milker.

The modern cleanser of all dairy utensils consists of—one tablespoonful of borax to every quart of water needed. Remember—a tablespoonful equals four teaspoonfuls.

Be sure that you get pure borax. To be sure, you must get "20 Mule Team Borax."

All dealers. A dainty book in colors, called "Jingle Book," sent free to any Mother sending name and address of her baby, and tops from two pound cartons of "20 Mule Team" Package Borax, with 5c. in stamps. Address Pacific Coast Borax Co., New York.

The grass widow is not to be winked at.—Knoxville Sentinel.

HAD ECZEMA 15 YEARS. Mrs. Thomas Thompson, of Clarksville, Ga., writes, under date of April 23, 1907: "I suffered 15 years with tormenting eczema; had the best doctors to prescribe; but nothing did me a'y good until I got TETTERINE. It cured me. I am so thankful. Thousands of others can testify to similar cases. TETTERINE is sold by druggists or sent by mail for 50¢. by J. T. SUTHERLAND, Dept. A, Savannah, Ga."

The editor of The Nashville American says that rainbow stockings are now the style in Tennessee. He refers to men's stockings, of course.—Los Angeles Times.

TEN YEARS OF BACKACHE. Thousands of Women Suffer in the Same Way.

Mrs. Thomas Dunn, 153 Vine St., Columbus, Ohio, says: "For more than ten years I was in misery with backache. The simplest housework completely exhausted me. I had no strength or ambition, was nervous and suffered headache and dizzy spells. After these years of pain I was despairing of ever being cured when Doan's Kidney Pills came to my notice and their use brought quick relief and a permanent cure. I am very grateful."

Sold by all dealers. 50 cents a box. Foster-Milburn Co., Buffalo, N. Y.

One foolish act may undo a man and a timely one make his fortune.—Irish.

PUTNAM FADELESS DYES Color more goods brighter and faster colors than any other dye. One lb. package colors all shades. They dye in cold water better than any other dye. You can dye any garment without ripping apart. Write for free booklet—How to Dye, Bleach and Mix Colors. MOHRE DRUG CO., Quincy, Illinois.

THE SAFE WAY TO BUY PAINT.

Property owners will save a deal of trouble and expense in keeping their buildings properly painted, if they know how to protect themselves against misrepresentation and adulteration in paint materials. There's one sure and safe guide to a pure and thoroughly dependable White Lead—that's the "Dutch Boy Painter" trade mark which the National Lead Company, the largest makers of genuine White Lead, place on every package of their product. This company sends a simple and sure little outfit for testing white lead, and a valuable paint book, free, to all who write for it. Their address is Woodbridge Bldg., New York City.

While you are willing to agree that the mosquito must have been created for some purpose, it rather irritates you to have a suspicion drilled into you that you are it.—Indianapolis News.



More proof that Lydia E. Pinkham's Vegetable Compound saves woman from surgical operations. Mrs. S. A. Williams, of Gardiner, Maine, writes:

"I was a great sufferer from female troubles, and Lydia E. Pinkham's Vegetable Compound restored me to health in three months, after my physician declared that an operation was absolutely necessary."

Mrs. Alvina Sperling, of 154 Cleybourne Ave., Chicago, Ill., writes:

"I suffered from female troubles, a tumor and much inflammation. Two of the best doctors in Chicago decided that an operation was necessary to save my life. Lydia E. Pinkham's Vegetable Compound entirely cured me without an operation."

FACTS FOR SICK WOMEN. For thirty years Lydia E. Pinkham's Vegetable Compound, made from roots and herbs, has been the standard remedy for female ills, and has positively cured thousands of women who have been troubled with displacements, inflammation, ulceration, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, flatulency, indigestion, dizziness, or nervous prostration. Why don't you try it?

Mrs. Pinkham invites all sick women to write her for advice. She has guided thousands to health. Address, Lynn, Mass.

If afflicted with weak eyes, use Thompson's Eye Water.

So. 38-'08.

American Cotton College

Milledgeville, Georgia. For the education of Farmers, Clerks, Merchants, Warehousemen, Cotton Buyers, Manufacturers, and all others, young or old, who are unable to classify and put the correct valuation on 18 Grades of Cotton. Thirty day scholarships in our sample rooms, or six weeks' correspondence course under expert cotton men will complete you. Big demand for cotton graders and cotton buyers. Session opens Sept. 1st. Correspondence course year round. Write at once for further particulars.

POTASH

Look at your wheat—study it well before you cut it.

Too much stalk and leaf in proportion to your grain, means too much nitrogen in your soil. But don't salt to stunt the straw. Next time—this Fall—increase the Potash—makes a stronger stalk, and a heavier head. Most fertilizers are weak in Potash. Make them complete by adding Potash—6 per cent.—or 15 pounds Muriate of Potash per hundred. Complete fertilizer (2-8-6) means best crops and biggest profit. Every agent sells phosphate. Few carry Potash in stock. Arrange for Potash now. Potash is profit. Feet for Our Books, containing facts about soil, crops, manures and fertilizers. Mailed free. GERMAN KALI WORKS, Candier Bldg., Atlanta, Ga. New York—93 Nassau St. Chicago—Monadnock Bldg.

To Brighten Life

Get Your Health Back

To one who has lost her health, life seems pretty dreary. Unhappiness, after all, is very often a question of health. If female troubles have worn you out, made you feel weak, sad, miserable and able only to see the dark side of things, as a reflection upon a cloudy mirror, **brighten up**, by doing your best to get your health back. TAKE CARDUI.

This well-known woman's medicine has brought health and happiness to many thousands of weak, ailing women. Why not to you?

Its ingredients are restoring, strengthening, health-giving, to the womanly organs—it is safe, pleasant and always reliable.

Mrs. F. S. Mills, of Murietta, Calif., writes: "I don't think any one can recommend a medicine more highly than I can Cardui. I had a mishap, which was followed by inflammation. I positively believe I would have died, had it not been for Cardui. When I began taking it, I could not stand on my feet. After taking two (2) bottles, I was cured, and now weigh 165 pounds."

Sold everywhere. Try Cardui.

Take CARDUI