

Economy Oven Menu



Just one and one-half cups of ground meat serves six in two-in-one biscuits. The entire menu can be baked in the oven.

Economy in meal planning means attention to small details—like using leftovers, purchasing of seasonal foods, getting the most for your money whenever a food item is added to the market basket. This menu has been planned to help you make a good start on the spring budget—and still please the family with food that looks and tastes good.

Two-in-One biscuits make excellent use of a cup or so of left-over meat or of fresh ground meat, always less expensive because it does not need to be tender. Enriched flour in the biscuits gives more for your money because it contains added B-vitamins and iron at no additional cost.

Tomatoes and asparagus are foods that spring makes inexpensive, yet they provide just the right color touch.

A saving in time is accomplished by using the oven for the entire menu. Yes, asparagus and tomatoes can be baked, and you'll find that color is retained when a moderately hot oven is used. Place the asparagus in a flat, shallow pan with just enough water to cover the bottom of the pan. Season to taste and bake uncovered until tender, turning the spears just once. The tomatoes are cut in half, brushed with melted butter or margarine and heated until they bubble.

Two-In-One Biscuits

1/2 cup sifted enriched flour
1/4 teaspoon salt
1/2 teaspoon baking powder
1 to 2 tablespoons shortening

1 1/2 cup milk
1/4 cup salt
1/2 cup ground meat (may be either cooked or uncooked)
Salt and pepper to taste.

Sift together flour, salt and baking powder. Cut or rub in shortening. Add milk to make a very soft batter. Fill greased muffin pans one-third full with seasoned meat. Pour batter on top of meat, filling pan two-thirds full. Bake in a moderately hot oven (400 degrees F.) 30 to 40 minutes. Remove from pans. Turn upside down and serve with grilled tomatoes. Yield: Six three-inch biscuits.

Some of the 75,000 ABC Pins Get Ready to Travel



Did you know that rules of the American Bowling Congress call for daily replacement of the bowling pins on its 40 tournament alleys? This means some 75,000 new pins are used in the course of the event. The practice assures that every team will compete under exactly the same circumstances. In the photograph above a girl is reworking a few of the discarded pins for distribution by Chevrolet truck to privately owned bowling establishments.

Crop Ins. Rates To Be Lower In Duplin

The State Insurance Department Tuesday approved changes in hail insurance rates which will trim an estimated \$127,201 from the cost of crop protection to North Carolina farmers.

The department said in an announcement that new rates will not mean reductions for all farmers, but only for those in counties

which experienced no hail damage or little damage during the past years. The 1948 rates will be lower in 39 counties, higher in 17, and unchanged in 44 other counties.

Duplin is one of the counties in which the rates will be lower:

NOTICE OF ADMINISTRATION

Having this day qualified as Co-Administrators of the estate of M. D. Outlaw, deceased, late of Duplin County, North Carolina, this is to notify all persons having claims against his said estate to present them to the undersigned administrators, or either one of them, on or before the 15th day of April, 1949, or this notice will be pleaded

in bar of their recovery. All persons indebted to said estate will please make immediate payment.

This April 15, 1948.
Cleo Outlaw, Co-Administrator
Theodore Outlaw, Co-Administrator

Vance B. Gavin, Attorney
5-28-6t VBG

NOTICE OF ADMINISTRATION

Having this day qualified as Administrator of the Estate of Enoch Teachey, deceased, late of Duplin County, this is to notify all persons having claims against the said estate to present them to the undersigned Administrator on or before

Forgotten Inventor

DAVENPORT'S STREET RAILWAY MOTOR.

TOM DAVENPORT, BLACKSMITH, HORSE-TRADED-(BROTHER'S HORSE)-FOR CASH TO BUY AN ELECTROMAGNET...

INVENTED FIRST BATTERY-OPERATED ROTARY ELECTRIC MOTOR...PATENT OFFICE FIRE-DECEMBER 1836-DESTROYED MODEL...UNBEATEN BY DISASTER-HE BUILT SECOND MODEL AND WAS AWARDED PATENT IN 1837!

HIS INVENTION INSPIRED WORLD-WIDE EFFORTS TO DEVELOP...BUILD...UNTIL TODAY ELECTRIC MOTORS HELP TO POWER THE WORLD... MAKE JOBS!

Prepared by National Patent Commission

INVENTIONS BUILD AMERICA!

the 3rd day of April, 1949, or this notice will be pleaded in bar of recovery.

All persons indebted to the said estate will please make immediate payment.

This 3rd day of April, 1948.
ISAAC R. JONES, Administrator.
Vance B. Gavin, Attorney
Kenansville, N. C.
5-14-6t. VBG

ADMINISTRATORS NOTICE

Having qualified as Administrator of the estate of the late Sarah M. Middleton, of Warsaw, North Carolina, this is to notify all persons having claims to said estate to present them to the undersigned on or before 1 year from publication of this notice. All persons indebted to the estate will please make im-

mediate settlement. This the 15th day of April, 1948.
C. B. Silterson, Administrator
Sarah M. Middleton estate.
5-21-6t. CBS

Arthritis Pain

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WARSAW AF & AM LODGE No. 677
AT 7:30. ALL MASTER MASONS ARE INVITED TO ATTEND. MEETS EVERY SECOND AND FOURTH TUESDAY NIGHTS

1948 TOBACCO STATE LEAGUE 1948

	AT SANFORD	AT DU-ERWIN	AT LUM'TON	AT R. SP'GS	AT WARSAW	AT SMF-SEL	AT CLINTON	AT WILG'TON
Sanford	Apr. 23 May S Jun. 16-28 Jul. 5-22 Aug. 6-17 Sep. 1	23 8-31 16-28 5-22 6-17	5-20 1-14-26 10-21 4-16-30	3-17-20 11-24 9-19 1-24-27	29 14-25 8-19 4-14-29 23	2-15-28 9-21 7-17-31 12-25	27 11-23 5-18 1-24 9-23 4	26 10-22 3-20 18-24 7-20 3
Dunn-Erwin	Apr. 24 May 7-31 Jun. 15-27 Jul. 5-23 Aug. 5-18-31 Sep.	C	26 10-22 3-29 12-24 7-20 3	1-16-27 10-21 7-16-31 11-26	5-20 1-13-25 10-20 4-15-30	27 12-23 6-18 2-26 10-21 5	3-18-30 12-23 8-18 2-13-28	30 14-25 7-19 3-15-28 23 6
Lumberton	Apr. 6-19 May 2-13-25 Jun. 11-20 Jul. 3-15-29 Sep.	25 9-21 4-30 13-25 8-19 2	H	23 8-31 15-27 5-22 6-17-31	27 12-23 6-17 2-26 10-22 5	4-17-30 11-23 9-18 1-14-27	29 13-26 7-20 4-15-28 24 6	2-15-28 9-21 7-17-30 12-25
Red Springs	Apr. 4-18-29 May 12-23 Jun. 8-18 Jul. 2-13-28 Sep.	2-15-28 9-22 6-17-30 12-25	24 7-31 16-28 5-23 5-18 1	E	25 10-21 4-29 13-24 8-19 3	14-25 8-19 4-11-28 23 6	5-20 1-13-25 10-20 4-15-30	28 12-24 5-17 2-26 10-21 4
Warsaw	Apr. 30 May 13-26 Jun. 7-20 Jul. 3-15-28 Aug. 24 Sep. 6	6-19 2-14-26 11-21 3-16-29	28 11-24 5-18 1-27 9-21 4	26 9-23 5-20 12-25 7-29 2	D	8-31 16-27 5-23 6-18 1	1-16-27 10-21 7-16-31 11-26	3-18-29 12-23 8-19 2-14-28
Smithfield	Apr. 1-16-27 May 10-23 Jun. 6-16-30 Jul. 11-26 Sep.	28 11-24 5-17 1-27 9-22 4	3-18-29 12-24 8-19 2-13-28	30 13-26 7-20 3-15-29 24 6	24 7-31 15-28 5-23 5-17-31	U	25 10-23 2-29 13-24 8-20 2	5-20 1-14-25 10-20 4-16-30
Clinton	Apr. 28 May 12-24 Jun. 6-17 Jul. 2-27 Aug. 10-21 Sep. 5	4-17-29 11-24 9-19 1-14-27	30 14-25 8-19 3-14-29 23 6	6-19 2-14-26 11-21 3-16-29	2-15-28 9-22 6-17-30 12-25 7-19 3	L	26 9-21 4-30 12-25 7-19 3	24 8-31 13-28 5-22 5-18 1
Wilmington	Apr. 25 May 9-21 Jun. 4-29 Jul. 13-25 Aug. 8-19 Sep. 2	29 13-26 8-20 4-14-29 24 6	1-16-27 10-22 6-16-31 11-26	27 11-23 6-18 1-27 9-23 5	4-17-30 11-24 9-18 1-13-27	6-19 2-13-26 11-21 3-15-29	23 7-31 16-27 5-23 6-17-31	E

Double Headers

May 31 AFTERNOON

Wilmington In Clinton
Red Springs In Lumberton
Sanford In Dunn
Smithfield In Warsaw

NIGHT

Clinton In Wilmington
Lumberton In Red Springs
Dunn In Sanford
Warsaw In Smithfield

July 5 AFTERNOON

Wilmington In Clinton
Lumberton In Red Springs
Dunn In Sanford
Warsaw In Smithfield

NIGHT

Clinton In Wilmington
Red Springs In Lumberton
Sanford In Dunn
Smithfield In Warsaw

September 6 AFTERNOON

Lumberton In Clinton
Smithfield In Red Springs
Dunn In Sanford
Warsaw In Smithfield
Wilmington In Dunn (2)

NIGHT

Clinton In Lumberton
Red Springs In Smithfield
Sanford In Warsaw
Wilmington In Dunn (2)

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