

Cancer-What To Know - What To Do

Some people believe that a single injury, such as a blow in the breast is a cause of cancer.

Some people believe that cancer is hereditary, that parents pass it on to their children.

Many believe that cancer is incurable and that there is nothing the individual can do to protect himself and his family.

All these false beliefs are dealt with in the first five of a series of popular pamphlets on cancer. The pamphlets, prepared by the National Cancer Institute, emphasize that early cancer is frequently accompanied by warning signs and symptoms and that persons who can recognize them and obtain prompt medical attention can usually be cured.

The first of the publications is an illustrated folder that describes the cancer process, the known facts about its causes and approved methods of treatment, and lists the most usual signs of possible early cancer. As listed in the folder, these include:

1. Any lump, especially in the breast.

2. Irregular bleeding or discharge from body opening.
3. Persistent indigestion.
4. Unexplained changes in bowel movements.
5. Unexplained weight-loss.
6. Changes in color or size of a mole.
7. Any sore that does not heal promptly.

The other four pamphlets, which discuss in simple, interesting language but with scientific accuracy the essential facts about cancer of

specific sites of the body. One of these is on cancer of the breast, a second is on female reproductive organs, a third on digestive tract, and the fourth on the mouth and respiratory tract. Later pamphlets will discuss cancer of the genitourinary tract and skin cancer.

Through personal alertness to the signs and symptoms of early cancer, the people could prevent thousands of unnecessary deaths caused by cancer each year. Without becoming a nation of cancer-phobes, we can learn and apply the

few simple precautions that every person ought to know. Watch for possible cancer symptoms. Make it as commonplace and matter-of-fact as watching traffic lights while driving a car. If you notice any of the signs or symptoms, there is no cause for panic. They probably signify a condition other than cancer, but to make sure, go to your physician for a thorough examination. The best safeguard, especially if you are over 35, is to have a complete examination at least once a year.

The pamphlets were published in response to a widespread demand for a simple, clear explanation of what cancer is and how the individual can protect himself and his family against this second most common cause of death. Numerous requests for such materials have come from health agencies which now conduct cancer education as an important part of their public health work.

All pamphlets warn against reliance on diet, pills, or other "cure-all" remedies, and emphasize that science knows only three ways to cure cancer: Surgery, X-ray, and radium or radon gas.

Yellow tomatoes have had a considerable popularity in farm and town home gardens and in recent years have been grown commercially as a source of juice for canning.

BEULAVILLE NEWS

Miller Club Holds Christmas Party

On Tuesday night, Dec. 15, the Miller Home Demonstration Club held their annual Christmas party at the home of Mrs. Ashe Miller. A delicious plate consisting of baked chicken, dressing, cranberry sauce, candied potatoes, snap beans, carrots, rice, gravy and hot biscuits, coconut pie and coffee was served to the 23 members present. Games and contests were enjoyed and the members had a delightful time exchanging gifts.

Church Women Hold Meeting

The Women of the Church held their monthly meeting Saturday evening, Dec. 10 at 3 o'clock in the Hallsville Presbyterian church. The meeting was called to order by the president, Mrs. Herman Miller had charge of the program. Assisting her were Mesdames Leiland Grady, Bland Rhodes, Norwood Miller and Ashe Miller. The topic, "Joy To The World" was presented. At the close of the meeting refreshments were enjoyed by all.

Beulaville O. E. S. Met Dec. 19th

The regular meeting of the Beulaville chapter Order of Eastern Star, No. 227, was held Monday night, Dec. 19 at 7:30 in the Masonic Hall. After the meeting closed an interesting Christmas program was given by Mrs. Walter Rhodes, and a delightful social hour was enjoyed.

New Employer Forms Must Be Filed By Jan. 31

Employers of the N. C. Internal Revenue collection district have received Form SS-1a for the quarter ending December 31, 1949. In accordance with applicable laws and to avoid penalties, this return

must be filed with the Collector of Internal Revenue, Greensboro, N. C., on or before midnight, January 31, 1950. These returns must be filed by all employers of one or more persons in such businesses as factories, mills, mines, shops, stores, and offices as well as many other types of industrial and commercial establishments.

The Social Security Administration field office emphasized the necessity that the reports be both accurate and complete. Wages reported for each employee are credited by the Social Security Administration to his individual wage account number as they appear on his number card. To insure proper posting, the employer must report employee's wages with his name and number exactly as they appear on his account number card.

Beginning January 1, 1950, the Social Security tax rate for both employers and employees goes up to 1 1/2% each. Information regarding tax regulations and assistance in filling the quarterly returns are available from local Deputy Collectors. Assistance in matters pertaining to Social Security Account Numbers and claims will be furnished through any field office of the Social Security Administration. Your nearest field office is at 130 Custom House, Wilmington.

DOG TALES

Short Shorts
By TOM FARLEY

DOGS and their doings have been in the news in many ways and in many places recently. For instance:

In California, Albert C. Wagner, wealthy San Francisco business man and owner of a ranch near Napa, offered a reward of \$5,000 for the capture of the poisoner of four of his dogs. "I just want to take a look at the person who'd do a thing like that," Mr. Wagner said.

In Washington, the Department of Agriculture announced that in the first half of the year almost half again as much first grade canned dog food was manufactured under government certification as in the like period of last year. Figures were about 175 million pounds this year and 120 million pounds last.

A motel in Las Vegas, Nevada, not only accommodates but encourages dog guests. The owner keeps a registry of canine visitors with names, ancestry, owners, and addresses, and each one receives a greeting at Christmas from her dog. Dogs from every state of the Union are represented as well as cats, canaries, lovebirds, and a parrot.

There's a five-year-old terrier in Freeport, Illinois, that apparently enjoys the school slide just as much as the kids. After watching them for some time, he finally bounced up the ten-step ladder and cautiously slid and skidded down the metal slide. Since then it's become a regular practice with him. Duchess, a Pasadena, California,

Cocker spaniel, has been on a hunger strike since her favorite plaything, a comical rubber dog named Oscar, lost his squeak. She has moped around the house, carrying Oscar in her mouth and gazing disconsolately at her owners, Mr. and Mrs. J. H. Phillips. Furthermore, she will not accept any substitute for Oscar, even if the doll has a squeaker. The Phillipses have ordered an Oscar II but since the local store is presently out of stock on the plaything, it looks as though Duchess will not be back on her feed for a while.

Students at Furman University, Greenville, South Carolina, are planning to erect a flagpole with a plaque at the base, as a memorial to their departed mascot, Joe College, a mongrel pup that wandered onto the campus 12 years ago and adopted the entire student body as the object of his affections.

New in the bookstores is a second edition of "The Dachshund or Teckel", by Herbert Sanborn (Orange, Judd Publishing Co., \$4.50). Containing just about everything a Dachshund owner should know about his breed, it carries interesting material on their origin. Dachshunds are well suited to their historic role as badger hunters because of their short legs which permit easy entry to earth holes. Pictures of dogs that resemble the breed have been found in Egyptian tombs dating from the 15th century, B. C.



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