

Suit the Bread to the Filling



SANDWICH TIME is almost any time at all. But they're never more popular than in spring and summer when you'll rely on them for auto trips, picnics, beach parties and outdoor teas. Shown above is an appetizing set-up from Good Housekeeping magazine which presents a complete 32-page "Sandwich Manual" in its May issue. From dainty mouthfuls for the ladies to hefty triple-deckers for the men, there's an ideal sandwich for every occasion. Suit the bread to the fillings as shown in the picture—multibread for cream cheese, enriched white for chicken, wheat or rye for ham or beef. Make your mixed fillings in generous portions, but don't forget the Bakers of America reminder that "bread is two-thirds of the sandwich." So the right bread is just as important as the filling.

North Carolina Adds New Contest To 4-H Club Program

A brand new contest has been added to the 4-H Club program in North Carolina and 20 other states, the National Committee on Boys and Girls Club Work has announced. Named the 4-H Public Speaking Program for 1950, it will be conducted through the State Club office and County Extension agents.

Among the suggested subjects are What 4-H Club Work Has Done For Me; My Home and My Community; Making the Farm and Home Safer; Agriculture and Petroleum; How 4-H Club Work Contributes to Good Citizenship; Home Making as a Career; What 4-H Members Can Do to Promote Good Government. Talks must be original.

As incentive for outstanding achievement in the contest, gold-filled medal awards are provided for the boy and girl winner in each participating county by the Pure Oil

Company. State awards comprise a set of silverware in a handsome chest for the outstanding girl and a standard American 17-Jewel gold watch for the top-ranking boy.

Winners on both county and state levels will be determined on the basis of 50 percent on what the participants say, and 50 percent on how they say it.

County Extension agents will furnish complete information regarding this new contest.

PORK, EGGS, CARROTS ON PLENTIFUL LIST

The U. S. Department of Agriculture issued its monthly list of Southern plentiful foods this week and Miss Hilda Clontz, home demonstration agent, said May food markets will feature excellent supplies of pork and pork products, eggs, and carrots.

Nationally, there are more chickens on farms this May than last year and egg production for the month may show a substantial increase, Miss Clontz said. In addition, the fall crop of pigs is now going to market. Plentiful supplies of carrots will come mostly from California and Arizona during the next 30 days.

Other vegetables listed as May plentiful are cabbage, onions, Irish potatoes, lettuce, canned corn and canned lima beans.

Broilers, fryers, hens manufactured dairy products, fish, dry beans and peas, and peanut butter will be plentiful in May. All are recommended by USDA nutritionists as excellent sources of proteins, the home agent said.

Fresh fruits are missing from the list for this month, Miss Clontz said, but she emphasized that raisins, prunes, and canned peaches are abundant.

Honey and cooking fats also will be offered shoppers in generous quantities throughout the month.

OUR OWN DUPLIN

There is no place so lovely as Carolina in the spring. When apple trees are blooming. And how the birdies sing.

You may speak of scenes in Florida. And Hollywoods lovely miss; But no matter where you travel, There's no place so nice as this.

And especially our own county Yes old Duplin is so dear. No matter where we travel to, Our hearts and thoughts are here.

It's just the nicest place on earth To all of us you see, There's just no place in all the world Where we had rather be.

By Mrs. A. K. Dunn.

PECAN TREES SHOULD BE FERTILIZED NOW

Now is the time to fertilize pecan trees. On light soils, half of the fertilizer should be applied now and half in June, so say specialists at State College.

Under average conditions, the growers use a 6-8-6 fertilizer at the rate of two to three inches for each year of age or each inch of trunk diameter of the tree. The latter method is generally better since it takes into consideration the size of the tree. Trees of the same age in an orchard do not always make equal growth. Pecan roots extend out about twice as far from the trunk as do the branches. Most of the feed roots are located 6 to 8 feet beyond the ends of the branches. For trees 20 or more years old the fertilizer should be spread evenly over the entire

More Precious Than Gold - Forgiveness

BY: MRS. H. JOYNER

She was eighteen. He was twenty; they were in love. Like most people who realize for the first time that "this is forever", they were thrilled. And because they were young, they were impetuous. Afraid that their parents would object to their marriage, they planned to elope.

A small town in South C., was chosen for the great event. As they sped along the way towards their destination, she playfully chided him, "I hope you haven't forgotten the ring," she whispered. He didn't admit it at the time; he was too proud to admit that the oldest joke of all time, "the one about forgetting the ring", was on him. He had forgotten. "Don't worry about the ring, Sweetheart", he answered. "When we get there, we'll stop at a jewelry store and I'll buy the biggest rock in the place."

This was pretty big talk for a guy with twenty bucks in his pocket. When they pulled into town, he headed straight for a store. He asked the jeweler to show her a tray of his prettiest rings. While she looked at them and the attention of the jeweler was diverted, he pocketed a wedding ring and the matching engagement ring. The boy then effected a quick get-away by telling the jeweler that he was not satisfied with any of the rings that he had shown them.

As soon as they left, the jeweler discovered the theft, and telephoned the police who soon picked them up and booked them on a charge of grand larceny. Their

orchard and worked into the top two or three inches of the soil.

For trees in the yard, the fertilizer should be placed in small holes about one foot deep and two feet apart. Applications should be made only when the lawn is dry.

Detailed information is given in Extension Circular No. 342. Copies of which may be obtained from the local county agent of the Agricultural editor, State College Station, Raleigh.

parents were notified. After a conference with the parents and the couple, the kind hearted jeweler decided not to press charges. Explaining that he was the father of three children, he summed it all up by saying, "I guess a father understands how these things happen. These youngsters aren't thieves and they've never done anything like this before. They just got off on the wrong foot."

When the couple were released, the jeweler drove them to the little church, with the consent of



Cement Shingle Tabs

In areas where farm buildings in exposed positions are subject to winds of demolition force, as-



phalt shingle roofs can be made windtight by cementing down the shingle tabs. The cement holds the tabs down so that wind cannot blow underneath to lift the roofing from the roof deck.

Quick-setting asphalt cement is used and can be applied with either a putty knife or a caulking gun. Place a spot of cement about the size of a 50-cent piece under the center of the exposed portion of each shingle tab and press the tab down firmly. Do not bend the tabs back farther than necessary. Use special care on sections of the roof most vulnerable to wind—the eaves, the rakes and the ridge.

By: MRS. L. H. ROUSE, President
Pasture Branch Home Demonstration Club was organized in the early 20's, under the guidance of Miss Ruth Eborn, who was Home Agent in Duplin County at that time.

It fills our hearts with joy, when we recall the Charter Members, some still attending regularly. It makes us realize that Home Demonstration Club Work is really worthwhile spiritually, educationally and socially, or our homemakers would not still attend meetings continuously over a period of several years.

We hope we can continue Home Demonstration Club work in our community and arouse more interest with the younger generation for an even longer period of time in the future as we work and grasp new ideas, we grow.

We would like to tag this opportunity to thank our past and present Home Agents for all the interest and patience they have shown our club, community and homes.

their parents, and they used the same rings for the ceremony that they had taken from his store. The parents bought the rings.

What could be more fitting in the drama of life - than for a jeweler to show in action for all the world to see, that there things in the world more precious than gold and diamonds -- one of these being the God-given quality of Forgiveness.

MRS. M. M. THIGPEN
Seulaville, N. C.
Representative For
WARSAW FLORAL COMPANY
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