

NEWS OF DUPLIN MEN IN SERVICE

PFC. OUTLAW IN GERMANY
KARLSRUHE, GERMANY — Pfc. General L. Outlaw, whose wife, Beatrice Lee, lives on Route 2, Box 140, Pink Hill, is serving with the 73rd Anti Aircraft Artillery Battalion in Karlsruhe, Germany. The 73rd is the first AAA unit to be sent to Germany under the provisions of the North Atlantic Treaty Organization (NATO). Outlaw was engaged in farming near Pink Hill before entering the Army in March 1951.

IN OPERATION SIGNPOST
CHICAGO — Cpl. Leon A. Lanier, son of Mr. and Mrs. Archie L. Lanier, Beaulville, N. C., is participating in 'Operation Signpost,' the exercise geared to put the air defenses of the United States on an operational basis.

He is a member of the Army's 51st Anti Aircraft Artillery Brigade which guards the Chicago-Detroit area. The brigade is working with the Civilian Ground Observer Corps (GOC) and with Canadian air defense forces during the July 19-28 exercise. Corporal Lanier is an intelligence specialist with Headquarters Battery of the 51st AAA Brigade. He entered the Army in November 1950.

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GONE SWIMMIN'—Humphrey comes up from a plunge in his private swimming pool at San Francisco's Fliehhacker zoo to tell us that he may not look too bright but at least he has enough sense to stay in the water during this kind of weather. If the truth be known, Humphrey, like most of us, would appreciate a cake of ice to sit on.

He is the son of Mr. and Mrs. Jimmie Lanier. Lanier is a graduate of Chiquipin School. Prior to entering the service, he was employed as a farmer.

In his basic combat training, Lanier received instructions in infantry tactics and weapons, and other Army subjects designed to prepare the individual for his military duties. Signal Corps basic embodies all phases of training common to the Army program. The Signal Corps Training Center of which the Signal Corps Replacement Training Center is a part, is the key source of our Army's communications specialists. In three and one-half years, this center has mushroomed from a handful of buildings and founding cadre to the largest signal center in the United States Army.

ON SUBMARINE TENDER
 Submarine Base, New London, Conn.—The submarine tender USS Fulton has returned here after a month's training cruise in the Southern Atlantic. Serving aboard her is Teunis Horne, boatswain's mate, third class, USN, son of Robert G. Horne of Route 2, Beaulville, N. C. The Fulton is one of the three tenders serving with Submarine Squadron 10 here. She completed her regular overhaul at the Philadelphia Naval Shipyard before beginning her training cruise.

IN "OPERATION POST"

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NOTICE OF SALE

UNDER AND BY VIRTUE OF an order of the Superior Court of Duplin County made in the special proceedings entitled: "Sarah Williams, et al vs Sadie Philyaw Carlton et al", and being Special Proceeding No. 2548, the undersigned Commissioners will on the 25th day of August, 1952, at 12:00 Noon, at the Courthouse door in Kenansville, North Carolina, offer for sale to the highest bidder for cash that

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We need more home canning for better diets and for better health. Homegrown vegetables and fruits, red ripe tomatoes, crisp snap beans, vine fresh peas, tree ripened peaches, tender corn, in cans or jars on the storeroom shelves or packaged and tucked away in the home freezer.

Meal planning and preparation of food likewise are important. Many meals can be enriched and enlivened with garden goodness. And best part of all, the good meals planned from home gardens (in season and out) can help bring about diets that go hand in hand with good health.

Families who raise much of their own food supply have better diets than those who buy most of their food. Food produced at home can raise poor diets to good diets and can make good diets better. Whether the saving is in money spent for food or in fewer prescriptions to cure the ailing, home gardening and home food preservation can be

a dollar and cents economy.

Vitamins From Vegetables
 Leafy-green, and yellow vegetables are rich in vitamin A value, especially the dark green leafy kind and carrots. These vegetables provide worthwhile amounts of riboflavin, iron, and some calcium; cabbage, broccoli, Brussels sprouts give vitamin C.

Citrus fruits, and tomatoes are excellent sources of Vitamin C. Cabbage, salad greens, green peppers, turnips, strawberries, pineapple and cantaloupe are also good sources if eaten raw. If cooked briefly in a very little water, cabbage, broccoli, Brussels sprouts, and greens are good sources of vitamin C.

Potatoes and sweet potatoes contain a number of nutrients. Because of the quantities in which they are eaten, white potatoes can become quite important as a source of vitamin C. Sweet potatoes are valuable for vitamin A in addition to vitamin C.

Other vegetables and fruits, high in vitamins and minerals, which help toward a good diet are beets, cauliflower, corn, cucumbers, onions, turnips white cabbage, apples, peaches, berries, rhubarb.



QUESTIONS AND ANSWERS

QUESTION: Because of dry weather, I am short of livestock feed. What about using corn cobs or wheat straw for feed?

ANSWER: Dr. E. R. Barrick, N. C. State College, says such feeds as corn cobs, cottonseed hulls, straw from wheat, barley, and oats, and corn stover may be successfully used during the present emergency but only if they are properly supplemented.

In general, says Dr. Barrick, these feeds provide a suitable source of energy but must be supplemented with protein, minerals, and a source of vitamin A to make good their deficiencies. The supplements used are also helpful in increasing palatability.

One supplement that has been widely publicized is Purdue Supplement A, developed at the Purdue Experiment Station. At North Carolina State College, a mixed supplement which has been used successfully with corn cobs for wintering beef cattle consists of 800 pounds of soybean oil meal, 400 pounds of ground corn, 600 pounds of dehydrated alfalfa meal, 80 pounds of stemed bone meal, and 40 pounds of salt.

This mixture was fed at the rate of 1 1/2 pounds per cow per day with all of the ground corn cobs the cows would consume. The cobs were ground through a 3/8 inch screen and fed in bunks with the supplement spread over the top and mixed with the cobs by hand.

Cows wintered in this way gained approximately 1 1/4 pounds per head daily prior to calving. The amount of supplement fed should be increased approximately 50 per cent for cows nursing calves.

Molasses or molasses feed may be used to replace half or all of the corn in this supplement. With unground roughages like straw and corn stover where the supplement cannot be mixed with the roughage it may be desirable to sprinkle molasses water over the roughage to obtain adequate consumption.

certain tract of land lying and being in Warsaw Township, Duplin County, State of North Carolina, and being described as follows: BEGINNING at a point indicated by a stake in the center of the road leading from Warsaw, through the lands of W. B. Blackmore and others and known as the Blackmore road and runs with the center of said road North 12 degrees and 20 minutes West 251 feet; thence North 21 degrees and 20 minutes West 855 feet; thence North 40 degrees East 770 feet to the old

NOTICE OF ADMINISTRATION
 The undersigned, having qualified before the Clerk of the Superior Court of Duplin County, North Carolina, as Administratrix, C. T. A., of the Estate of Miss Zilla E. Faison, deceased, this is to notify all persons having claims against the estate of said deceased to present them, duly itemized and verified, to the undersigned, on or before the 21st day of July, 1952, or this notice will be pleaded in bar of their recovery. All persons indebted to the estate of said deceased are hereby requested to make prompt settlement with the undersigned.

This July 21, 1952.
 Miss Mary L. Faison,
 Administratrix, C. T. A.,
 of the Estate of Miss Zilla E. Faison, deceased.

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