

Your Money's Worth in Health Is Title Of Pamphlet Being Distributed By Doctors

To create a better understanding of one of the major causes of patient-doctor misunderstanding, the cost of illness, North Carolina physicians are now distributing a new pamphlet titled "Your Money's Worth in Health," says Dr. John D. Robinson, President of the Duplin County Medical Society.

Despite what some folks may think, medical bills haven't gone up as far, or as fast, as the cost of bread, milk, fuel and other family necessities. Actually, the booklet points out, your doctor is getting a decreasing share of your medical dollar. While most family expenses have been shooting up sharply, physicians' fees have risen only moderately, and the pamphlet shows graphically that cost of illness has not risen as much or as rapidly as other consumer goods.

The booklet stresses the various aspects of patients' medical bills and the cost of illness in relation to the national income. The medical dollar is divided into three items, your doctor bills, your hospital bills, and your drug bills. The fact that supportive medical care in general has gone up, is pointed out in "Your Money's Worth in Health," but medical care

CP&L Prefers Steam Power

Carolina Power and Light Company took the wraps off a new 100,000-horsepower generator last week making the Lumberton steam electric plant the largest in its system.

The occasion was marked by a tour of the new unit by civic and business leaders of the Robeson County area, along with power specialists and representatives of the firms that supplied the heavy equipment.



SOMETHING NEW HAS BEEN ADDED—A second 200-foot smokestack (left) loomed on the Lumberton horizon recently as this huge generating plant added a third unit. Official opening of the new unit made this plant the largest in the Carolina Power & Light Company system. Its size can be seen by comparison with cars in right foreground.

Notice Of Sale

NORTH CAROLINA
DUPLIN COUNTY

As Administrators of P. V. Southerland, deceased, we will offer for sale at public auction for cash at the home place of P. V. Southerland at 10:00, A. M., on the 20th, day of September, 1952, various articles of personal property, consisting of all the household and kitchen furniture owned by the deceased, at the time of his death and including the following:

- 1 1951 Model Frazier
- 1 Lawn Mower
- 1 Garden Tractor
- 1 Wheelbarrow
- 1 New Dining Room Suit
- 1 Electric Stove
- 1 Oil Heater
- 1 Refrigerator

The above articles may be inspected at anytime prior to the sale.

This the 21st. day of September, 1952.
Grady Mercer
Attorney At Law
9-18 5T G. M.

J. E. Southerland
L. H. Southerland
Administrators

FARMERS SELL NOW WITH

Big Farmers Warehouse

NO. 1 & 2 IN Fayetteville

"THE LARGEST CITY IN THE BORDER BELT"

OWNERS AND OPERATORS
P. L. "Buddy" CAMPBELL and R. H. "Bob" BARBOUR

The above houses offer the farmer the best in courteous treatment and service and the highest prices obtainable. Bring us your next load and be convinced of the advantage of selling with us.

PHONE 2-2707

CURRENT SALES SCHEDULE

Fri., Sept. 12 1st SALE	Mon., Sept. 15 2nd SALE	Tues., Sept. 16 1st SALE
Wed., Sept. 17 2nd SALE	Thurs., Sept. 18 1st SALE	Fri., Sept. 19 2nd SALE



QUESTION: What's an easy way to get a pretty evergreen lawn?
ANSWER: There isn't any easy way, according to John H. Harris, landscape extension specialist for N. C. State College, but lime, fertilization and mowing will go a long way toward making a pretty carpet of grass.

Harris suggests Bermuda grass, which is stiff stuff except in the lawn, for sunny areas in the Piedmont and Coastal Plain areas with Italian rye grass in the winter; centipede grass can be substituted for the Bermuda in lower Piedmont and Coastal Plain.

Centipede, Harris says, is not quite the pest that Bermuda grass is, and it grows better in the shade and requires less mowing. It should be started in the spring. Zoysia matrella and Zoysia 52 are expensive to start (they are started from roots only in the spring or fall) but they make beautiful summer lawns and tolerate reasonable shade. Harris recommends St. Augustine grass, started from roots in the spring in shaded Southeast areas.

In the mountains and shaded areas of the Piedmont, bluegrass or a mixture of bluegrass and clover are a Harris choice. Tall fescue (alta or Kentucky 31) makes satisfactory lawns if cut two to three inches high. They should be seeded in September or October. One warning Harris gives: Keep

those large leaves from packing down and smothering the grass. Rake them up and place in a compost pile or use a combination leaf grinder and lawn mower. The grinder will accomplish in two hours what a man with a rake takes two days to do.

Some 223,000 farm families received their first electric service

from REA—financed lines during fiscal 1952.

Turners Jewelers

WATCH REPAIRING
Warsaw, N. C.
Bulova and Elgin Watches
"Keep Safe" Diamond Rings
in Warsaw Furniture Store.

Now! The new Wall Paint that goes over everything in 1 Coat!

VITA-CAL

Self Sealing FLAT WALL FINISH

AMAZING NEW OIL PAINT
NO PRIMING—NO SEALING

Guaranteed by Good Housekeeping

* PRIMES, SEALS AND FINISHES IN ONE COAT
* HIDES SOLIDLY IN 1 COAT over plaster, wall board, wall paper, painted walls, calcimine, brick, cement, wood, metal, etc.

\$3.10 Gal. \$1.15 Qt.

L. J. SIMMONS
HARDWARE
Mt. Olive

VITA-VAR Quality Paints

Coal burning plants as efficient as this new one are cheaper and more dependable than hydroelectric plants, asserted Louis V. Sutton, president of the company. His company has not added a hydro plant since 1930, but it has installed five steam generating units since 1948.

He told a luncheon audience that the Lumberton plant would produce more electricity in the unit can produce with the energy of 25,000 gallons of water falling a distance of one foot.

The myth that hydro power is cheaper than steam power springs from the old days when economical hydro sites still were available and when fuel-burning methods of generating electricity were much less efficient than now.

Today the most desirable hydro sites have been taken, and the efficiency of steam generation has improved about four-fold.

Sutton termed the multi-million dollar plant a wise investment in the future of Eastern North Carolina and predicted greater industrial growth for the area. Eastern North Carolina at last is getting its share of the state's new industry, he said.

Scores of visitors in small groups were conducted through the plant by guides who explained the new equipment.

The plant is located along the west bank of the Lumber River, three miles southeast of Lumberton. The 800-acre tract contains offices, machine shop, water tower and warehouse, as well as the plant and elaborate electric switch yard. A recreation area is open to visitors who wish to spread picnic lunches or cook in outdoor fireplaces.

These facilities are encircled by a railroad track on which train loads of coal are delivered daily, stored in the open. Operating at full load, the plant burns 3,000,000 pounds of coal a day, or enough to heat the average home for 160 years. Its two smoke stacks are 200 feet high, and its boilers are as tall as 10-story buildings. The condensers which reduce steam back to water require 200,000,000 gallons of water per day for cooling purposes alone. This is pumped from the nearby Lumber River and is returned to the river slightly warmer, otherwise unaffected by the plant.

Of outdoor design, the plant requires no conventional housing against the weather. Boilers and other elements are waterproofed and are exposed. The big plant is a maze of structural steel, stairways and catwalks, miles of asbestos-covered pipe, huge valves and

other devices. Control of the vast and complex equipment is centered in a single air-conditioned control room where gauges and meters indicate to the operators the condition of every element of the plant.

Maximum efficiency is achieved by the extreme heat and pressure to which the steam is raised. Coal is pulverized until it is as fine as face powder before it is blown into the vast boilers, where it burns almost instantaneously at 2,700 degrees. The resulting steam reaches 1,550 pounds pressure per square inch and 1,000 degrees Fahrenheit. This is blasted against blades of turbines, which turn the generators at precisely 3,600 revolutions per minute. They generate electricity at 13,800 volts, and transformers raise this to 110,000 volts for transmission into the system.

The Lumberton addition is part of the company's \$150,000,000 post-war expansion program. Next big item on the list will be a 135,000-horsepower steam generator for the Wilmington area. Land already has been purchased, and the plans are in the blueprint stage.

County Agent Tells Of Tractor Danger

Tractors are involved in over

half of the farm machinery accidents, according to Vernon Reynolds. The principal causes involve falling from, or being thrown off the tractor, overturning, unguarded power take-off shafts and violation of traffic rules when operating on the highway.

The National Safety Council points out that safe operation of the 3 million tractors now used on farms could save hundreds of lives and thousands of serious injuries annually.

You cannot afford to gamble the loss of a limb or life by operating without the power take off shield in place. Carelessness in handling tractors around ditches can start a tractor or making adjustments while in motion is another way to invite an accident. You can easily lose a child by permitting children to operate or hitch a ride on tractors.

Never refuel a tractor while the motor is running or extremely hot. Avoid leaky fuel lines and accumulations of combustible material's near hot manifolds or exhausts. Store tractor fuel safely and always have a fire extinguisher available for an accidental fire.

When operating on the highway, always obey traffic rules and avoid excessive speeds. Stop before entering main highways and use a red flag high up on the tractor to warn motorists of slow moving equipment. Use headlights and taillights after dark.

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Optional equipment, accessories, state and local taxes, if any, additional. Prices may vary slightly in adjoining communities due to shipping charges. All prices subject to change without notice.

YOU get big-car comfort, styling, durability.
Don't take our word for it. Come in and see for yourself why so many folks are stepping up to this great car this year.

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WE'LL tell you the answer to that one—it's the figures on the price tag. For some reason, lots of people just can't believe they can buy a Buick at a price so close to "the low-priced three." Maybe it's because a Buick seems so much better and bigger. Maybe it's because they think Buick has so much more power and room—which is true. Maybe it is because so many distinguished people own Buicks—which is also a fact.

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