

Warsaw Future Farmers Organize And Elect Officers For The Year

The Future Homemakers of America held their regular meeting in the auditorium of the Warsaw High School on September 30. Betty Blanchard, retiring president, presided. The officers were elected and installed in an impressive candlelight ceremony.

The new officers are as follows: President, Peggy Kornegay; Vice President, Betty Phillips; Secretary, Annette Boyette; Treasurer, Theima Swinson; Parliamentarian, Helen Torrans; Historian, Molly Hipp; Reporter, Betty Blanchard; Pianist, Shirley Blanchard; and Song Leader, Grace Torrans.

Following the installation of the new officers, the new president, Peggy Kornegay, presided for the business part of the meeting. The initiation of the new officers was held on Thursday, October 2, the second. On this day the new members came to school dressed in blue jeans and fancy blouses, their hair in curlers and wearing earrings. They also had to open doors for the old members during the day. The initiates were obliged to walk across the stage in chapel and were formally initiated into the chapter. The next meeting will be held on the second Thursday in October.

SISTER OF WARSAW
The funeral of Miss Margaret B. Harrison, sister of Mrs. Herbert West of Warsaw was held in Baltimore, Md. on October 6. Miss Harrison formerly lived in Warsaw.

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Mrs. Wilbur Garner Baptist Y. W. As Is Bridge Hostess Meet At Home Of Miss Herring

Mrs. Wilbur Garner was hostess to her bridge club on Tuesday afternoon. Arrangement of dahlias were used to decorate. When scores were totaled Mrs. Moman B. R. received individual salad bowls and salad servers for visitors high and Mrs. George Penny received the same for club high. For traveling, Mrs. Paul Potter won a nut cracker set. The hostess served a partridge salad plate with potato chips and coffee. Those playing were Mesdames Paul Potter, George Penny, L. S. Whittle, Robert Blackmore, N. A. Mitchell, Moman Barr, Paul Berry and Mrs. Garner.

Mr. & Mrs. Sharpe Entertain Friends

Mr and Mrs. Avon Sharpe entertained friends on Tuesday evening to three tables of bridge honoring their house guests Mr. and Mrs. W. R. Thomas of Miami, Fla. Mrs. Graham Phillips won a double deck of cards for ladies high and Mr. George Penny received cards for men's high. Mrs. Sharpe, assisted by her mother, Mrs. Walter Carter served a chicken salad plate. Cake and coffee were served later in the evening. Invited guests were Mr. and Mrs. Paul Potter, Mr. and Mrs. Wilbur Garner, Mr. and Mrs. George Penny of Kenansville, Mr. and Mrs. Graham Phillips, Mrs. Paul Kitchin and the honorees, Mr. and Mrs. Thomas.

B. & P. W. Hold Regular Meeting

The Business and Professional Women of Warsaw held their regular dinner meeting on Monday evening at the school cafeteria. A Turkey dinner was prepared.

To Relieve Misery of **COLDS take 666**
LIQUID OR TABLETS—SAME FAST RELIEF

Johnstone Bible Class Holds Meet

The Sallie E. Johnstone Bible Class of the Warsaw Methodist church met last Monday at the home of Mrs. Sanford Packer with nine members present. Mrs. B. C. Surratt presided. The devotional was given by Mrs. Charles Carroll who read the 55th Psalm. She also gave the Bible study taken from Titus and Philemon. An interesting contest was conducted by Mrs. B. C. Surratt in which Mrs. Belton Minshew was the winner. The hostess served devil food cake, cheese biscuit, potato chips and coffee.

Mrs. Milton West Hostess To Club

Mrs. Milton West was hostess to her bridge club at her home on Thursday night. Fall flowers were used in her floral arrangements. The high score was won by Mrs. Fred Barrs who received perfume. Others who played were Mesdames Avon Sharpe, Paul Kitchin, Graham Phillips, Q. J. Sutton, Sterling Mariner, Edgar Pollock and J. W. Straughn. The hostess served cherry tarts, cheese biscuit, and coffee at the end of play.

Bridge Club And Husbands Honored At Barbecue Dinner

Mr. and Mrs. Allen Draughn Sr. entertained at a barbecue dinner at their home on Pine St. for Mrs. Draughn's bridge club and their husbands. After dinner was served, bridge was enjoyed. Mrs. Edgar Pollock won traveling, a ticket good for 5 gallons of gas. Mr. Robert Blackmore won handkerchiefs for gentlemen's high. Others who played were Mr. and Mrs. Paul Potter, Mr. and Mrs. Avon Sharpe, Mr. and Mrs. Robert Blackmore, Mr. and Mrs. L. S. Whittle, Mr. and Mrs. N. A. Mitchell, Mr. and Mrs. George Penny of Kenansville, Mrs. Edgar Pollock, Mr. Wilbur Garner and the host and hostess.

and served by Mrs. Swinson. During the business session, the president, Mrs. Avon Sharpe presided. Plans were completed for National Business Week. An interesting program was given by Mrs. William Craven, chairman of public affairs committee.

One Headboard—Two Beds



One headboard for two single beds is an increasingly popular idea in contemporary home furnishings. The example pictured here was designed by Renzo Ruffi. Some beds of this type can be made together, using extra-large sheets and blankets.

LIFE And YOU

GET RID OF NERVOUS TENSION
Bang, bang. A door slams. Crash, a vase is broken. Boom, a pan is landed resoundingly on the stove. There is sound and fury in the Bang's apartment, because the terrible tempered Mrs. Bangs has had a disagreement with her husband and for the next hour or two, her immediate vicinity will be a good place to avoid. Now this is an unfortunate display of an undisciplined temper, of course—but according to Psychologists, a healthy one. Mrs. Bangs will never be one to complain of 'nerves'. She rides her system of poisonous emotions before they have a chance to do her any harm. Of course there is the question of what her steam letting off tantrums do to the nervous systems of her family and her neighbors. Probably nothing that is beneficial.

For our intimates, most of us do not have Mrs. Bang's undisciplined nature. Let's consider Mrs. Average, for example and go through a typical day in her life. At breakfast, her young son is naughty. She has the impulse to spank him but she knows that children should not be punished in anger, so she refrains. Her husband complains irritably that the coffee is cold. Mrs. Average would like to reply angrily that if he had come when he was called it would have been hot. But that would only provoke an argument, so she refrains.

On the way home, she looks longingly at a pretty hat in a window, but she knows she shouldn't buy it. An unmarried acquaintance whom she meets on the street displays a gift that her boy friend had sent her and Mrs. Average thinks wistfully how nice it would be to be young and sought after again. Knowing this is manifestly impossible, she puts envious thoughts out of her mind, goes home cooks dinner and is ready to greet her family pleasantly when they arrive.

But those repressed emotions of anger, envy, frustration have not simply evaporated. They are bottled up in the nervous system, like steam under pressure. Unless they are released, they may explode someday with devastating effect. If you are an average person, you have pent up emotions, but for fear of discord, social disapproval, loss of your job, or your self respect, you refrain from 'throwing things' and 'speaking your mind' which as a human being you are tempted to do but which as a well bred person—you know you must not do.

Here are other ways of ridding yourself of nervous tension that will help you keep your friends and self respect. Treat yourself to an occasional good cry. Crying is not weakness

It is nature's way of draining your emotional reservoir. After finding release in tears, you'll feel more relaxed. Acquire the habit of laughter. Seek the company of people who amuse you. It's excellent nervous release in listening to good music. Listen to music. Since Bible days, people have found emotional release in listening to good music. Read emotional literature. When you identify yourself with a fictional heroine, and sorrow and rejoice with her, you are getting an excellent emotional workout. Do something creative. Whether you plant a flower garden or paint a picture with dime store materials you are getting emotional release. Cultivate people. When you can help people in their troubles, regard it as a privilege—the consciousness of the power that enables one to be of service to others is emotional therapy. If you feel more relaxed after an emotional outlet, it is serving its purpose—because if you get rid of that nervous steam, it will never blow up on you.

Mrs. Abner Phillips Honored; Children Give Dinner
Mrs. Abner Phillips celebrated her birthday on Saturday evening with a barbecue dinner given by her children. Tables were placed on the front lawn where a large birthday cake decorated in white and pink holding pink candles was placed. Approximately 50 attended this enjoyable affair.

Use Different Shingle Colors On High and Low Roof Levels
If you have a house with more than one roof section and if the sections are at different levels, Howard Ketcham, color and design engineer, has some suggestions that might help to make your home more attractive. Ketcham does it with color. These are his ideas:

"Use different shades of the same basic asphalt shingle color on different roof levels," he says. "Assuming that a house has two roof levels, it's possible to make the two seem more nearly the same or it's possible to accentuate the difference. You can call attention to the difference or not, depending upon how good-looking this architectural feature is."

"First, take a case where you want to minimize the difference in height. The thing to do would be to select a dark asphalt shingle blend for the higher level and then to use a lighter shade of the same color on the lower level. The dark shade would make the high roof seem lower, and the

lighter shade would make the low roof seem higher. That would create a visual illusion to bring the two together. "You might use a dark blue-green blend and a light blue-green. Another pleasing combination would be pink-gray and a tint of the same blend. "Reverse the color combinations for the opposite case, where you want to make the difference in height more pronounced. Use the lighter one on top and the darker below. "In that situation, the visual effect would be reversed. The high part would seem higher, and the low part lower."

Prospective Members Are Entertained At Reception By Warsaw B.&P.W. Club

The B. and P. W. Club entertained at an informal reception on Thursday evening at the Warsaw Lunch Room, honoring prospective new members and as a special feature of National Business and Woman's Week.

Mrs. Thomas Rogers and Mrs. Frank Hobbs greeted the guests at the door. Mrs. William Craven directed to the refreshment table

where Mrs. J. W. Middleton, Jr. presided at the punch bowl. Miss Mamie Bethea assisted in serving cakes and nuts. Mrs. Frank Hobbs in the absence of the president gave the official welcome to the guests and outlined briefly the history of the club. Mrs. A. W. Greenlaw had charge of the entertainment. Approximately 25 members and visitors attended.

Profitable Flock Culling Is Discussed For Poultrymen In Extension Publication

Poultrymen have long known that culling their flocks saves feed, increases profits, and maintains flock health. A new State College Agricultural Extension Service circular tells you how to cull profitably.

The 16 page pamphlet illustrated with color and black and white photographs was prepared by C. J. Maupin, C. F. Parrish, T. B. Morris and W. G. Andrews of the poultry extension staff. The authors write that 'culling is the elimination of inferior baby chicks and be continued as long as there is poultry on the farm.' The publication points out that in recent years there has been a trend towards replacing all of the hens each year with pullets, and most commercial egg producers make this a regular practice. Hens generally lay about 25 percent less eggs the second year than they do the first year. Pullets of the same breeding will not only lay more eggs than will hens, but they will lay a larger per cent of them during the fall and early winter when prices are higher, according to the authors.

The circular may be obtained from your county agent or by writing to the Publications Department, N. C. State College, Raleigh, for 'Culling the Poultry Flock,' (Revised) Extension Circular No. 156.

This is the year when winning candidates will be sworn into office and cussed out afterward.

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