

Chinquapin Chats

By MRS. V. MILLOY
Sickness and death seemed to prevail over Chinquapin for the past week with the death of Mr. McClellan James who had been a wheelchair patient for several years, died a tragic death at the home of a daughter, Mrs. Cyrus Gurganus.

Funeral by the Rev. Ransom Gurganus of Jacksonville at James family graveyard.

A brother of Mr. James, is in a Burlington hospital—recently operated on for a fatal cancer condition.

Miss Ruth James of Wilmington daughter of Mr. and Mrs. Russell James in J. W. M. hospital, formerly of Chinquapin, in a serious condition.

Mr. and Mrs. Johnny W. Horne both in a Wilmington hospital. Mr. Horne with a stroke—Mrs. Horne of sheer exhaustion and needed rest, feeble from recent broken hip.

Mr. Cyrus James formerly of Cypress Creek is a Richmond Veterans' hospital with a stroke and kidney complications.

A strong bug or insect—bit a sister of Mrs. Exam James, Mrs. W. L. Hood of Goldsboro and has been a patient in hospital there with Arisippis from the effect.

Mr. and Mrs. Tyson James of Portsmouth, Va., Mr. and Mrs. Frank James of Goldsboro and Mrs. Simon King of Mt. Olive all attended the funeral of Mr. Cyrus James last week.

Mrs. Francis Sholar daughter of Mr. and Mrs. M. S. Hines of Cypress Creek section returned at her parents, last week from a Rose Hill

Clinic with a bouncing new daughter, both mother and daughter doing nicely.

Mr. and Mrs. Paul and Mrs. Kette Reeves of Goldsboro, Mrs. Mildred James and family of Wallace were recent visitors of Mr. and Mrs. E. James.

Mrs. Jimmie Southerland who has been on the sick list recently mentioning at her home and expected to resume duties soon.

Mr. Lee Hatcher who has had many operations—has again been under surgery and is a patient in a Wilmington hospital, and doing nicely again.

Funeral services were held at church cemetery for the infant daughter of Mr. and Mrs. Hallie Smith last week, who's mother is in Wilmington hospital and is expected home this week.

Mr. Ray Futeral of Ohio returned home last week after spending a few days with his parents, Mr. and Mrs. Dick Futeral: "Dickie and Sue" grandchildren will return to Ohio after spending the summer here.

Mr. and Mrs. Jack Brown of Beaufort were in Chinquapin last week attending movies—and meeting friends.

Mr. and Mrs. Maise and children, Robert, Don and Jerry and a sister, all of Silver Springs, Md. spent the weekend with Mr. and Mrs. Ben Batts after their vacationing at Carolina Beach.

Mr. and Mrs. Graham Raynor and children, —ean, Carlton and Kay and Mr. and Mrs. Odell Raynor recently returned from a vacation



HEAR, HEAR!—There was nothing wrong with the eyes of the hearing aid experts who chose Vivian Mathis, 22, as their "Miss Hearing Aid" during a convention in New York City. Herself suffering from impaired hearing most of her life, Vivian models a wrist-watch type of hearing aid, considers it just another portion of her costume as she does a watch or other jewelry.



KINDERGARTEN—Just the thing for fashion-conscious kindergarten misses is this lightweight nylon snowsuit, lined with a plastic fabric. Styled by "Tydkins" of New York, the suit is designed for today's warmer winters, is completely washable and will not mat.

in the Mountains, visiting places such as: Great Smokeys, Chimney Rock, Hickory and other mountain points.

Mr. Alois Williams left last week for Wilson, A. C. C. College for another session after spending some time at Washington with his "Flance" Miss Marion Parker and family there. . . . no sign of "Wedding Bells!"

Mr. Ray Norman brother of Mrs. Graham Reeves who has been making his home with her temporarily recently is in a Richmond, Va. Vet's hospital for a general check-up. Hope nothing serious.

Mrs. Sudie Pickett left last week for Charlotte where she will visit their family.

Mrs. Terry Parker of Cedar Fork and family was a recent guest of Mr. and Mrs. G. O. Parker and family.

Mr. and Mrs. Jack Batts and son Stanley of Silver Springs, Md. spent the weekend at the home of their parents and friends, joining Mr. Robert Batts of Camp Gordon, Ga. who spent the holidays at home with his family—before he's expected to begin a journey—over seas shortly. Good luck, Robert!

miss you—and all the rest.
S. S. Teachers of the Intermediate class, Mrs. Clara Huffman and Mr. Norward Blanchard gave their class a treat last week over at Tappah Beach, picnicking, swimming and lurching on good eats . . .
Miss Maggie Wood visited with Miss Joan Sanderson for a brief visit last week at her home.
Mrs. Jimmie Southerland who has been ill recently is reportedly improved and on the road to recovery.

NOTICE OF SALE OF PERSONAL PROPERTY

North Carolina, Duplin County
Under and by virtue of the power of sale contained in a certain chattle mortgage executed by Guy Hinson, dated the 24th day of February, 1933, and recorded in Book 3-C at page 333, in the office of the Register of Deeds of Duplin County, North Carolina, default having been made in the payment of the indebtedness thereby secured and said chattle mortgage being by the terms

thereof subject to foreclosure, the undersigned mortgages will offer for sale at public auction to the highest bidder for cash at the courthouse door in Kenansville, North Carolina, at noon on the 11th day of October, 1934, the property conveyed in said chattle mortgage, the same being described as follows:
"1—New GMC Pickin Motor No. 228462776 Serial No. P51383" (1933 model)

The said property will be available for inspection at the time and place of sale.

This, the 15th day of September, 1934.

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Words of the Wise
Whatever makes men good Christians, makes them good citizens. —(Daniel Webster)

COUNTRY PLATTERS

MANY of the new country recordings are gay and nonsensical, and make for very pleasant listening.

Texas Jim Robertson has a new idea, an "Automatic Woman" and it makes a catchy song. And Billy Wilk "Out of Gas" is humorous, with a nice beat (MGM).

Red Foley and Ernest Tubbs have a rollicking novelty number in "Double-Datin'" and "Tex Williams' version of "They Were Doing the Mambo" is exceptionally good (both Decca).

"Female Hercules" is a fine rhythmic comedy number, sung with much enthusiasm by the Carlisles (Mercury).

One of the top singers of sad love ballads, Marty Robbins, has two beautiful sides in "I'm Too Big to Cry" and "Call Me Up" (Columbia). Another pretty ballad is Sonny James' "Oceans of Tears," featuring choral backing (Capitol).

Lyricists are again using roses as the traditional symbol of love, and Roy Acuff sings a smooth love ballad, "I'm Planting a Rose," in his pleasing old-time style (Capitol). And Hawkshaw

Hawkins' "One White Rose" is one of his best releases (Victor). In the sacred vein, the Chuck Wagon Gang give a fine rendition of the currently popular "Tattler's Wagon," backed by a well-done old hymn, "Oh, Why Not Tonight?" (Columbia).

By trick recording, Betty Cody duets beautifully with herself in a melodic ballad, "Can You Live With Yourself?" (Victor) And Opal Jean sings both parts of a lively number, "Tennessee Courtin' Time" (Hickory).

OTHER GOOD RELEASES are "Very Seldom Frequently Ever" (Ferin Huskey, Capitol); "Show Me" (Davis Sisters, Victor); "An Angel's Face" (Ted West, MGM); "The Good and the Bad" (Charline Arthur, Victor); "Little One" (Aury Inman, Decca); "Whatcha Gonna Do Now?" (Tommy Collins, Capitol); "Itsy Bitsy Bitsy Me" (Jim and Maxine Brown, Faber); "Lonely Wind" (Ernie Chaffin, Hickory); "I Could Love You More" (Ray Price, Columbia); "Just Suppose" (Jim Eanes, Decca); "Poison Lies" (Stanley Bros., Mercury) and "That's All Right" (Smiley Maxedon, Columbia).



HINDSIGHT FORETHOUGHT—Thoughts for here, and of the hereafter are an eye-catching sight whenever the tractor-trailer of the Rev. Carl Glick, of Palmston, Pa., is seen on the road between New York and Chicago. A graduate divinity student and pastor of the Assembly of God Church, the Rev. Palmer drives a once-a-week trip between New York and Chicago in addition to his ministerial duties.

Proper Diet Key to Better Health

Eating the right kinds of food usually means the difference between being just all right and development to the highest level.

So said Dr. Paul L. Werner, Secretary of the Committee on Research of the American Medical Association, recently in an address before the semiannual post-graduate seminar of the Alabama Academy of General Practice, in Birmingham.

Werner explained that while some individuals may seem to be of normal size and as active and alert as could be expected, they often are functioning at levels far below those possible with an ideal or complete diet.

However, progress is being made in this field, Werner continued. Measurements of men taken into the armed services and of young people entering colleges show that over a period of years, the average American man and woman has become taller and more alert.

Pointing out that the life span in America is increasing steadily, Werner said:

"Evidence from studies indicate that there are two major factors in determining the length of life—nutrition and heredity. While we cannot select our ancestors, we can select our intelligence in selecting our foods."

"Credit for longer life is shared with other factors such as the development of antibiotics, better medical and child care, and better sanitation standards, but nutrition is of major importance."

Dr. Werner suggested that doctors recommend that their patients eat a well-balanced diet from all basic food groups each day. He paid special tribute to the dairy and the baking industries for the addition of vitamins and minerals to their products.

"The addition of vitamin D to milk insures an adequate minimum intake of this vitamin so important to growing children," Werner said, "based upon the drinking of about a quart a day."

"The baking industry, in co-

operation with public health officials and the medical profession, in 1941 instituted a nationwide enrichment program to supply needed B vitamins and iron to the national diet. As the overwhelming preference is for white bread, this food plus flour was chosen as the means of providing all the people with these important items.

"Bakers now are enriching bread throughout the nation. Enrichment is required by law in 26 states and bakers in the other 22 states voluntarily enrich their white bread and other bakery products."

Today, enriched white bread may indeed be called the staff of life because of its significant contributions to the carbohydrate, vitamin, mineral and protein content of the national diet. Not only is protein provided by the wheat but also from the non-fat dry milk solids bakers put into bread.

"These contributions of the dairy and the baking industry are outstanding examples of what can result from the intelligent cooperation of doctors, nutritionists and the food industry."

Dr. Werner's address inaugurated the Academy's James B. Mc Lester lectures on nutrition. The series were so named in honor of Dr. Mc Lester, who taught at both the Birmingham Medical College and the University of Alabama before going on to election in 1934 as the 18th president of the American Medical Association. Dr. Mc Lester, recognized as the dean of American nutritionists, was presented the Joseph Goldberger award by the American Medical Association in 1933 for his outstanding contributions in the field of clinical nutrition.

Books
BATH, N. C.—There is a book in Bath, just below Washington on the Pamlico River, that is more than a century older than the Congressional Library and more than a half century older than the British Museum.
This book is all that is left of the first public library in the United States, which was established in 1716 at Bath by the provincial gov-

ernor, Charles Eden.
The thousands volumes in the library were assembled between 1690 and 1700 in England, and were sent to Bath shortly thereafter by the Reverend Thomas Bray. They include 38 folios, 19 quartos and 100 octavo volumes, on subjects such as mathematics, heraldry, biology, mythology, the classics, medicine, poetry, and a "layman's library" of 3 volumes.

Where all these books are now, no one seems to know. The one remaining volume is quite famous, and viewed by many thousands of people when it was on display at the Jamestown Exposition in 1907.



CAMPUS—Bare knees are just the thing to wear on the campus this fall, says Kay Freeman, junior at Mississippi Southern College. Modeling the gray-flannel back-buttoned kilt in Miami, Fla., she wears knee-length socks and a frilly shirt of cotton broadcloth to complete the ensemble.



FOOTSTEPS TO FOLLOW—Setting the pace for a blood donor drive, Gloria Frazer, left, and Gertrude Gilhooly paint blood-red footsteps that lead pedestrians to their Red Cross Bloodmobile, parked in downtown New York City.

It was printed in England in 1690, and was bound in leather, and the other volumes in the first public library in America. It bore the inscription "Belonging to Ye Library of St. Thomas Parish in Jumlico".
It will be one of the aims of Colonial Bath, Inc., in its long-range program of restoration of the history of this area, to seek out the present location of the other 999 volumes such an important part of our historical heritage. It is believed that the other 999 volumes have long since recognized their importance of collecting them and preserving them.

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