

Habitat volunteers

Habitat For Humanity is seeking volunteers to help build decent and affordable homes in Thomasville. The work site is located at 814 Barnwell St. Work begins at 8 a.m. each Saturday and ends at noon. This Saturday's work will include flooring. No construction experience is necessary. Volunteers must be at least 16 years of age.

For further information, contact Linda Berrier at 476-8570 or Butch Langfitt at 475-6843. For more information on Habitat for Humanity, visit www.habitat.org.

Loose leaf collection to cease

The City of Thomasville will end Loose Leaf Collection on Friday, Feb. 12.

Please rake all leaves to the curb free of any debris (i.e. rocks, trash, limbs). If leaves are mixed with any debris, they will not be collected. Pursuant to solid waste code; section 66-4; leaves should be kept out of the street so as not to impede traffic flow.

Blood pressure checks

The Davidson County Department of Senior Services Senior Dynamics program offers free bi-monthly blood pressure checks. Visit the Lexington Senior Center at 106 Alma Owens Drive the 2nd Tuesday of each month from 1 to 3 p.m. and the last Friday of each month from 1 to 3 p.m. to have your blood pressure checked. The blood pressure checks are being provided by CareSouth Home Care Professionals and Piedmont Home Care. For more information, call the Se-

nior Center 242-2290.

Board meeting

The Animal Center of Davidson County will hold a board meeting on Thursday, Jan. 28, at 6:30 p.m. at Mayberry's in Thomasville. For more information, call Bonnie Reid at 475-8382.

DavidsonWorks annual meeting

The DavidsonWorks Workforce Development Board of Directors will have their board meeting Thursday, Jan. 28 at 8 a.m., Davidson County Community College, Mendenhall Building, room 226.

Fire department meeting

The Fair Grove Fire Department Inc. will hold its annual meeting and election of officers on Thursday, Jan. 28, 2010, at 7:30 p.m. at the fire station on Cedar Lodge Road.

Items on the agenda will be the election of new members to the Board of Directors to replace members whose terms will expire; discussion on changes to the personnel handbook and voting on possible changes in the by-laws; the election of Fire Department Line Officers; the Fire Chiefs report and other annual reports.

The meeting will be open to all members of the community."

Going Red Fashion Show and Luncheon

Carolina Regional Heart Center at High Point Regional Health System is sponsoring a community education event on Friday, Feb. 5 from 11:30 a.m. to 1 p.m. at High Point Country Club. Cardiologist, Dr. Kathryn McFarland, will discuss heart healthy tips for women. A fashion show and lunch are planned.

The cost of the event is \$20 and registration is required.

The Country Club is located at 800 Country Club Road in High Point.

Call (336) 878-6888 for registration. Seating is limited.

Red Cross courses

The American Red Cross has scheduled community CPR/AED/First Aid

courses to be held at Thomasville Fire Department Headquarters, 712 E. Main St.

Courses are as listed:

- Standard first aid with adult CPR course, Feb. 16, 8:30 a.m. to 1:30 p.m.
- Standard first aid with adult CPR, Feb. 16, 2 to 7:30 p.m.
- First Aid courses, Feb. 17, 1:30 to 5 p.m.
- Adult CPR/AED course, Feb. 22, 6 to 10 p.m.
- Standard first aid with Adult and Child CPR/AED, plus infant CPR, 8:30 a.m. to 5:30 p.m., Feb. 23.
- Child/Infant CPR course, Feb. 23, 6 to 10 p.m.
- First aid course, Feb. 25, 6 to 10 p.m.

Course fees are \$25. For more information, or to register, call 475-5545 or email hulind@ci.thomasville.nc.us by Feb. 10.

Medical Matters seminar

As part of a monthly educational series, "Medical Matters," the Fitness Center at High Point Regional Health System will discuss "My Heart - The Engine of Life" on Friday, Feb. 12 at noon.

Participants will learn how the heart works and why it is important to keep it healthy. This free clinic will also discuss the mechanics of the little engine that keeps you running.

The discussion will be held at the Fitness Center education room at High Point Regional Hospital, 601 N. Elm St., High Point

Call (336) 878-6221 for a reservation. Seating is limited.

Gumtree spaghetti dinner

Gumtree Fire and Rescue Auxiliary will sponsor a spaghetti dinner fundraiser on Saturday, Feb. 13 from 4 to 7 p.m.

The meal includes all you eat of salad, spaghetti, bread, dessert, tea or coffee. Adult dinners are \$7, senior citizens (65 and older) are \$6, children 12 and under is \$4, and all take out orders are \$7. Hot dogs will be offered for \$1. Extra salad, desert or bread are \$1 each.

Proceeds will be used to purchase items needed by the firefighters and rescue squad as they serve the community.

Miss Thomasville Pageant

The 2010 Thomasville's Outstanding Little Miss Pageant, Miss Thomasville Scholarship Pageant and Thomasville's Outstanding Teen Pageant will be held Feb. 13 at T. Austin Finch Auditorium, 406 Unity St.

The Thomasville's Outstanding Little Miss Pageant will begin at 1 p.m.

The Miss Thomasville Scholarship and Thomasville's Outstanding Teen Pageant will be held at 6:30 p.m.

Contestant applications are now being accepted for the 2010 Pageants.

Thomasville's Outstanding Little Miss Pageant is a fundraiser for the Miss Thomasville Scholarship Association; the winners will have the opportunity to compete at the North Carolina's Outstanding Little Miss Pageant to be held in July 2010. The competition is open to girls between the ages of 12 months to 13 years of age. The Miss Thomasville Scholarship Pageant is an official preliminary of the Miss America Program; the winner will compete at the Miss North Carolina Scholarship Pageant held in Raleigh on June 22-26, 2010. The competition is open to young women who either reside, attend school, or are employed full time in Davidson, Randolph, Guilford, Alamance, Davie, or Montgomery Counties. Contestants must be between 17 and 23 years of age. Each contestant will compete in five phases of competition; Interview, On-stage Question, Lifestyle and Fitness in Swimsuit, Talent, and Evening Wear.

Thomasville's Outstanding Teen Pageant is an official preliminary of the Miss America's Outstanding Teen Program; the winner will compete at the North Carolina's Outstanding Teen Pageant held in Raleigh, North Carolina on June 22-25, 2010. The competition is open to young women who reside in the state of North Carolina. Contestants must be between the ages of 13 to 17 years old.

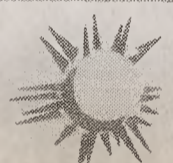
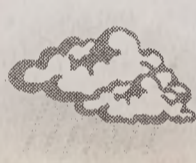
To learn more about becoming a contestant for one of the Miss Thomasville Titles, please visit our website at: www.missthasville-ccpageants.com or email: director@missthasville-ccpageants.com. The deadline is approaching soon.

Thomasville Times Weather

Jan. 23, 2010

7-Day Local Forecast

Weather Trivia



The slow sinking of air associated with high pressure is known as?

Saturday
Mostly Sunny
47/36

Sunday
Showers Likely
55/45

Monday
Few Showers
56/35

Tuesday
Mostly Sunny
49/29

Wednesday
Sunny
50/32

Thursday
Sunny
54/35

Friday
Mostly Sunny
51/35

Answer: Subsidence.

Almanac Last Week

In-Depth Local Forecast

Local UV Index

Day	High	Low	Normals	Precip
Thursday	56	22	47/28	0.00"
Friday	62	26	47/28	0.00"
Saturday	59	31	47/28	0.01"
Sunday	45	43	47/28	1.26"
Monday	61	37	47/28	0.00"
Tuesday	63	36	47/28	0.00"
Wednesday	66	38	47/28	0.04"

Precipitation1.31"
Normal precipitation0.84"
Departure from normal+0.47"
Average temperature46.1°
Average normal temperature .37.5°
Departure from normal+8.6°

Data as reported from Greensboro

Today we will see mostly sunny skies with a high temperature of 47°, humidity of 66% and an overnight low of 36°. The record high temperature for today is 72° set in 1967. The record low is 8° set in 1984. Sunday, skies will be cloudy with a 70% chance of showers, high temperature of 55°, humidity of 94% and an overnight low of 45°. Expect mostly cloudy skies Monday with a 30% chance of showers.

UV Index
0-2: Low, 3-5: Moderate, 6-7: High, 8-10: Very High, 11+: Extreme Exposure

Sun/Moon Chart This Week

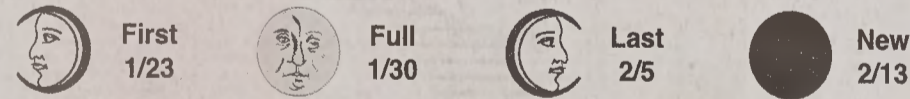
Around the State Forecast

Lake Levels

Day	Sunrise	Sunset	Moonrise	Moonset
Saturday	7:26 a.m.	5:38 p.m.	11:22 a.m.	12:46 a.m.
Sunday	7:26 a.m.	5:39 p.m.	12:00 p.m.	1:50 a.m.
Monday	7:25 a.m.	5:40 p.m.	12:47 p.m.	2:56 a.m.
Tuesday	7:25 a.m.	5:41 p.m.	1:44 p.m.	4:02 a.m.
Wednesday	7:24 a.m.	5:43 p.m.	2:50 p.m.	5:04 a.m.
Thursday	7:23 a.m.	5:44 p.m.	4:03 p.m.	5:59 a.m.
Friday	7:23 a.m.	5:45 p.m.	5:20 p.m.	6:48 a.m.

City	Saturday		Sunday		Monday	
	Hi/Lo	Wx	Hi/Lo	Wx	Hi/Lo	Wx
Asheville	51/38	s	51/40	sh	48/30	sh
Cape Hatteras	50/48	s	60/57	sh	62/44	ra
Chapel Hill	47/37	s	59/48	sh	57/36	sh
Charlotte	51/41	s	55/46	sh	55/34	pc
Greenville	49/40	s	64/54	sh	61/38	ra
Raleigh	48/39	s	61/50	sh	59/37	sh
Wilmington	55/45	s	63/55	sh	63/40	sh
Winston-Salem	47/35	s	54/44	sh	55/35	sh

Lake	Date	Lake Level
Thom-A-Lex	Jan. 18	4" above full pond



Weather (Wx): cl/cloudy; fl/furries; pc/partly cloudy; ra/rain; rs/rain & snow; s/sunny; sh/showers; sn/snow; t/thunderstorms; w/windy

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