

SPORTS

AREA SPORTS BRIEFS

GENERAL

Concealed handgun class

There will be a concealed handgun class July 17 at the Fairgrove Fire Department. The class is from 8 a.m.-5 p.m. This class is mandatory for anyone wishing to get a concealed handgun permit. The class is covered by Jason Livingston, N.C. certified firearms instructor and 16 years law enforcement experience. The class covers laws for citizens governing the use of deadly force to protect their homes, as well as deadly force laws in general as they pertain to citizens of N.C. Also, gun

safety, marksmanship and fundamentals are covered and practiced during the class, with hands on range time.

To sign up for the class call Livingston at 687-0290 or go by the fire department.

BASEBALL

HiToms in CPL All-Star Game

Three Tommies and coach Tom Dorzweiler have been named to the Coastal Plain League All-Star rosters.

Joining coach Dorzweiler is Cass Hargis, Jordan Jankowski and Ben Grisz.

Enjoy environmentally friendly recreation

METRO

Chances are unless "green" is your mantra, you may have not given much thought to sports and recreational activities that are environmentally friendly in nature. There are ways to enjoy some downtime and protect the planet simultaneously.

• **Camping:** Camping is a good activity for enjoying the outdoors, but many people do not take the outdoors into consideration when camping. Overcrowding, especially during the summer and fall seasons, can lead to infringement on wildlife and off-limits areas. Rather, choose an off time to go camping and be especially conscious of how you treat the surrounding foliage and wildlife. Remember to carry out what you've carried in so you don't litter. Be conscious of campfires you have started so they can be properly extinguished. And importantly, don't feed wild animals. They can become dependant on food from humans, and fail to forage properly on their own.

• **Beachside excursions:** A trip to the water's edge is a relaxing and rejuvenating recreational activity. However,

the world's oceans are continually under attack from trash, microscopic bacteria and other contaminants. While many of these contaminants leach into ocean and lake water via drainage systems or public water supplies, peak vacation season at the seaside can also contribute. If you are visiting the beach, be mindful of your litter, including cigarette butts, plastic bottles, foil, baggies, etc. Seeming innocuous items can wreak havoc on marine life, suffocating them or compromising internal organs if ingested. Also think twice about pets sharing the beach. Man's best friend is a good companion, however, his feces, if left on the beach, can promote dangerous bacteria and some parasites, such as hookworm, which multiply in warm, moist conditions and where waste is present.

• **Boating:** If you will be traveling the nation's waterways, consider doing so in a wind-, water- or human-powered vessel. Sailboats, canoes, kayaks, and the like are emission-free ways to navigate the water. If you must use an engine, investigate ones with an

See RECREATION, Page 12

SHAKES

From page 7

"It seemed like the first four or five restarts I was in the wrong line every time. They would jam up in front of me, I got bounced off the wall, they knocked the front and the rear bumper off of it. I just tried to hang on and dodge as many bullets as I could."

Things started to turn around for Myers during the second half of the race as he made his way through the field. He managed to steer clear of incidents in front of him, and he used the double-file restarts to his advantage.

Myers ended up finishing third, hanging on to his points lead.

"To come from 20th to third on a double points night, it's not too bad," said Myers.

Lee Jeffreys of Wallburg had been staying closely behind Myers in the recent points struggles. He entered the event ranked second in the points and needed only to finish three positions ahead of Myers to take over the points lead. Jeffreys drew 9th as his starting spot and drove a strong race, until disaster struck on lap 29. Mechanical problems sprang up and forced Jeffreys to pit and end his race early. He finished 21st and drops from second in the points down to fourth.

Jeffreys' misfortune opened the door for Tim Brown of Cana, Va. Brown took the checkered on Saturday and moves up to second in the points. The victory broke Brown's recent streak of bad luck and mediocre performance, and the No. 83 team hopes that their season will begin to turn around.

Brian Loftin of Lexington started the race in the same boat as Myers: Loftin drew dead last

for his starting spot. But smooth racing and a little luck helped Loftin power his way up to the front. Loftin slipped by Brown to take over the lead in the later parts of the race but was unable to hold on to the top spot. Loftin finished an impressive second place, boosting him up to third in the points.

In the Webb Heating & A/C Co. Sportsman Series, Ryan Robertson of Winston-Salem drops out of the points lead down to third after encountering some bad luck in the second race of the last event. Kyle Edwards of King turned in a strong performance to move into the points lead. Robbie Brewer of Winston-Salem, who claimed the checkered on Saturday, slides up to second.

Matt Cotner of Rural Hall finished sixth to maintain his points lead in the 104.1 WTQR Street Stock Series. Billy Gregg of Winston-Salem has been steadily chipping away at Cotner's points lead and knocked off a few more points on Saturday, staying in second in the points and moving closer to passing Cotner. Zack Clifton of Walkertown grabbed the win on Saturday, boosting him up to third in the points.

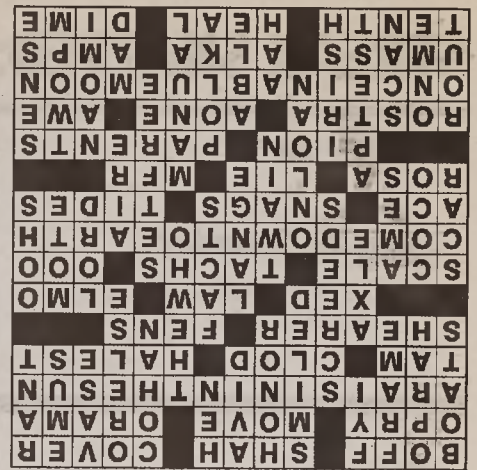
In the Time Warner Cable Stadium Stock Series, Jimmy Absher of Rural Hall and Wayne Hill of Kernersville entered Saturday tied for the lead in the points standings. Absher slipped on Saturday and finished 13th, dropping him down to fourth in the points. Wayne Hill keeps the top spot. Jason Keaton of Mocksville jumps up to second in the points, tying Dale Barneycastle of Mocksville.

This Saturday, the sounds of crunching sheet metal will be heard all over Bowman Gray Stadium for the annual East Coast Wings & Grill Night of Destruction presented by ABC45. There will be a Monster

Truck Car Crushing exhibition, a 109 U-Pull-It Demolition Derby, and racing for the Modifieds, Sportsman, Street Stock, and Stadium Stock Divisions.

Your Town. Your Times.

Subscribe today!
888-3511



Newsday Crossword

ASTRONOMY 101 by Fred Piscop
Edited by Stanley Newman
www.stanxwords.com

ACROSS

- 1 Box-office hit, slangily
- 5 Deposed Iranian leader
- 9 Night-club charge
- 14 "Grand Ole" place
- 15 Pull up stakes
- 16 Store-display suffix
- 17 Sidney Poitier film of '61
- 20 Scot's topper
- 21 Klutzy one
- 22 Most robust
- 23 Fleece gatherer
- 25 Marshy areas
- 26 Canceled, with "out"
- 27 Successful legislation
- 28 Ticklish Muppet
- 32 Union's minimum wage
- 35 RPM indicators
- 37 Pedometer's starting reading
- 38 Get real
- 41 Perfect tennis serve
- 42 Hosiery mishaps
- 43 Ocean motions
- 44 Parks of civil rights
- 46 Fish story
- 47 Gds. producer
- 48 Subatomic particle
- 50 Camp visitors, often
- 54 Spots for speakers
- 57 Top-of-the-line
- 58 Speechless wonderment
- 59 Hardly ever

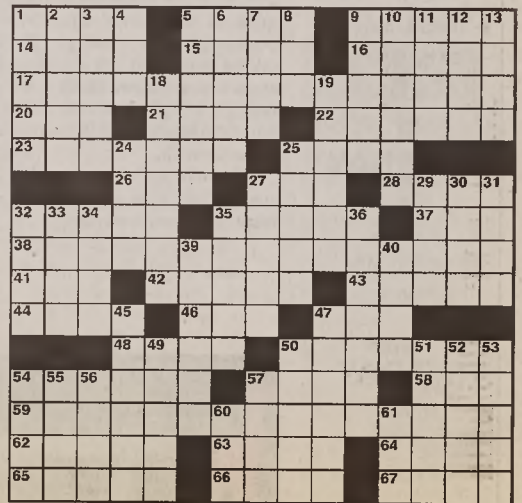
- 62 Sch. at Amherst
- 63 ___-Seltzer
- 64 Concert-stage lineup
- 65 Tithe amount
- 66 Make better
- 67 "Thin" coin

DOWN

- 1 Regatta entries
- 2 Daytime megastar
- 3 Bowling unit
- 4 Memo abbr.
- 5 Wasn't camera-shy
- 6 Accept, as a coupon
- 7 Gung-ho
- 8 Farm brooder
- 9 Subject of the musical "George M!"

- 10 Threat ender
- 11 Still-life centerpiece
- 12 Outback runners
- 13 Deliver a tirade
- 18 Long-winded speeches
- 19 Tommy rock band
- 24 Wheel holder
- 25 Almanac fodder
- 27 Actress Jessica
- 29 Serf's employer
- 30 Tiny speck
- 31 Cries of 58 Across
- 32 Leave a mark on
- 33 Fashionable Chanel
- 34 Iowa State's city
- 35 Tom Sawyer's creator

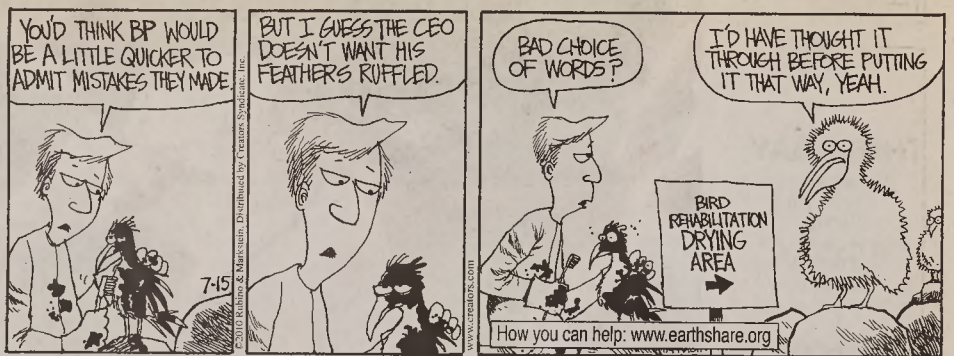
- 36 Emancipate
- 39 Like a borrowed library book
- 40 Suffix for zillion
- 45 Most fitting
- 47 How-to booklet
- 49 Fighting ___ (Notre Dame team)
- 50 Oompah-band tune
- 51 Singer Judd
- 52 Soap-opera hr., perhaps
- 53 Have a feeling
- 54 Resounding defeat
- 55 Beer buyer's words
- 56 Electronic read
- 57 Up to the task
- 60 Cry of 58 Across
- 61 Furious



CREATORS SYNDICATE © 2010 STANLEY NEWMAN STANXWORDS@AOL.COM 7/14/10

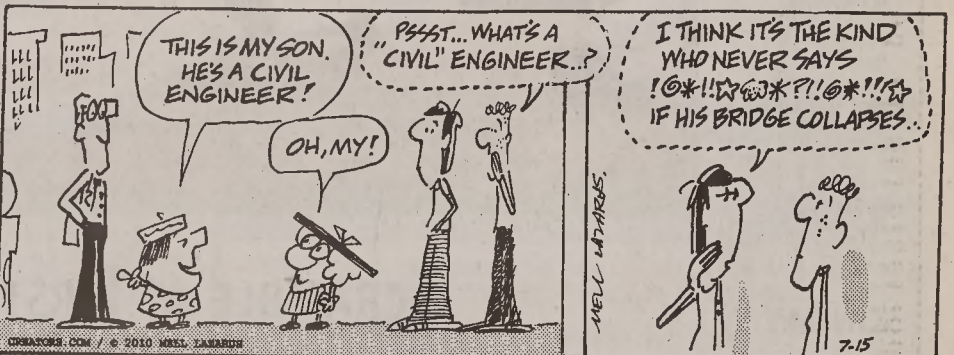
DADDY'S HOME

BY TONY RUBINO AND GARY MARKSTEIN



MOMMA

BY MELL LAZARUS



WIZARD OF ID

BY PARKER AND HART

