



Youth Leadership program
Thomasville Area Chamber of Commerce will hold its Youth Leadership program in the fall. The program is targeted for 11th graders at any high school within the county. For more information or to apply, e-mail dougcroft@northstate.net.

Delivery meals to the home-bound
Volunteers are needed to deliver meals to the home-bound elderly. Senior Services is recruiting volunteers to participate in the Home-Delivered Meals program.

Each month participants would be asked to deliver meals to those who can't prepare a meal for themselves. Volunteers also are checking on the participants to make sure they are doing well for the day. Volunteers are needed in the Central and Silver Valley communities.

For more information, call Angela Miller with Senior Services at (336) 474-2777 or (336) 242-2290.

Operation fan/heat relief
Operation fan/heat relief is under way at the Davidson County Department of Senior Services' senior centers. The program distributes fans to seniors age 60 and older or those with a disability who have existing, excessive heat problems in their home.

Persons who are 60 and older and persons with disabilities are eligible to receive one fan per year to help alleviate heat problems within their home. Persons must also be a resident of Davidson County and not have central air.

To get a fan, visit the Lexington Senior Center located at 555-B West Center St. Extension or the Thomasville Senior Center located at 211 W. Colonial Drive Monday through Friday between 8 a.m. and 5 p.m.

For more information or questions regarding eligibility, call the Lexington Center at (336) 242-2290 or Thomasville Center at (336) 474-2754.

Senior Center cookbooks

Davidson County Department of Senior Services has collected recipes from seniors and the community and compiled them into an attractive cookbook, "Tasty Traditions II."

The cookbook contains 546 delicious recipes including main dishes, appetizers, desserts and many others. Each recipe will feature the contributor's name so everyone can easily locate the favorite recipes of their family and friends. Books are \$10 each.

For more information, call (336) 242-2290 or visit the Lexington Senior Center at 555-B West Center Street Extension or the Thomasville Senior Center at 211 W. Colonial Drive. Cash and checks acceptable. For cash purchases, have the correct change.

Big Chair tulip bulbs

Thomasville City Beautification is taking orders for Big Chair tulip bulbs. Cost is 25 bulbs for \$20, 50 bulbs for \$35, 75 bulbs for \$45, 100 bulbs for \$50. Mail checks or money orders to Thomasville City Beautification, PO Box 368, in Thomasville. Deadline is Oct. 15. Delivery will be in November.

Trinity High School class reunion

Looking for Trinity High School Bulldogs Class of 1980 for 30-year reunion being held on Oct. 2, 2010.

For more information, e-mail stowery2@triad.rr.com by Aug. 31.

Parent training series

Starting in August, Smart Start of Davidson County will kick off a series of parenting trainings. The first training in the series will be today and will focus on building a personal relationship with your child. The title is "Love Lan-

guages" and is based on the theories of Dr. Gary Chapman. The training will be held at the Smart Start Office at 235 East Center St. in Lexington. All trainings begin at 6:30 p.m.

Other topics in the series will include "Why Play is so Important," "Bringing the Outdoors In," and "Using Everyday Activities for School Readiness." For a training schedule or more information, call (336) 249-6688.

Rally for Rep. Hugh Holliman

All who are eligible to vote — age 18 and above — are invited to a Rally for Rep. Hugh Holliman on Aug. 19 at 6 p.m. at the Thomasville Recreation Center, West Main Street. Meet and talk with Rep. Holliman on those issues that are of importance to constituents. Enjoy hot dogs, cold drinks and dessert.

Bingo

Monthly bingo will be held at the Fair Grove Lions Club Den, 502 Willowbrook Drive, on Thursday, Aug. 19, beginning at 6:30 p.m. Great prizes will be given to the winners and a 50/50 drawing will be held for a cash prize. Light snacks and non-alcoholic beverages will be available for purchase.

Knee and hip pain seminar

Piedmont Joint Replacement Center at High Point Regional Health System is hosting a knee and hip pain seminar on Thursday, Aug. 19, at 2 p.m. at Millis Regional Health Education Center, 600 North Elm St. in High Point. The seminar will focus on advanced treatments offering pain relief, information about medications, nutrition and exercise. Registration is required. To register, call (336) 878-6888.

Bluegrass and BBQ

Communities In Schools of Thomasville is hosting a barbeque dinner with bluegrass music at PACE Park in downtown Thomasville on Saturday from 5 to 8 p.m. Bluegrass musicians Scott Huffman, Mitch Snow and Robert Sprye are providing the entertainment. Dinner and entertainment can be enjoyed \$15 per ticket, and all proceeds support the Back to School supply drive for CIS.

This Week in History

Aug. 15, 1978

WASHINGTON — The House assassinations committee was told that scientific tests failed to prove whether the bullet that killed Dr. Martin Luther King Jr. came from the window of a boarding house or the bushes below. James Earl Ray pleaded guilty to slaying King on April 4, 1968, while the Civil Rights leader stood on the balcony of a Memphis hotel across from the boarding house. Ray had since recanted his plea and maintained he did not fire the shot that killed King.

Aug. 20, 1987

LEXINGTON — An ammonia leak at Coble Dairy forced the evacuation of a four-block area and approximately 100 people, 19 of whom were taken to a local hospital after complaining of breathing difficulties. No serious injuries were reported.

Aug. 15, 1989

Thomasville police began cracking down on skateboarders, threatening to send them to juvenile court if they were found using boards in the street. The first disciplinary step was bring the child home to parents. If caught again, the child was to be brought to juvenile court.

Aug. 18, 1992

High Rock Lake was the second most dangerous body of water in the state in 1991, according to a report released by the North Carolina Wildlife Services Commission. Davidson County's largest lake was the site of 10 boat-related accidents in 1991, although no fatalities were reported. Lake Normon, near Charlotte, reported the largest number of accidents.

Thomasville Times Weather Aug. 17, 2010

7-Day Local Forecast

Day	Forecast	High/Low
Tuesday	Mostly Cloudy	90/72
Wednesday	Isolated T-storms	90/71
Thursday	Isolated T-storms	91/71
Friday	Mostly Sunny	92/70
Saturday	Partly Cloudy	92/74
Sunday	Mostly Cloudy	91/75
Monday	Mostly Cloudy	89/71

Weather Trivia
When did the National Weather Service begin?
President Ulysses S. Grant.
Answer: Feb. 7, 1870 with

Almanac Last Week

Day	High	Low	Normals	Precip
Sunday	89	69	87/68	0.00"
Monday	92	73	87/68	0.00"
Tuesday	93	73	87/68	0.26"
Wednesday	94	73	87/68	2.06"
Thursday	94	73	86/67	0.02"
Friday	89	73	86/67	0.00"
Saturday	86	75	86/67	0.00"

In-Depth Local Forecast
Today we will see mostly cloudy skies with a slight chance of showers and thunderstorms, high temperature of 90°, humidity of 59% and an overnight low of 72°. The record high temperature for today is 98° set in 2001. The record low is 54° set in 1989. Wednesday, skies will remain mostly cloudy with a 30% chance of showers and thunderstorms, high temperature of 90°, humidity of 66% and an overnight low of 71°.

Local UV Index
0-2: Low, 3-5: Moderate, 6-7: High, 8-10: Very High, 11+: Extreme Exposure

Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
Tuesday	6:40 a.m.	8:08 p.m.	3:13 p.m.	12:10 a.m.
Wednesday	6:41 a.m.	8:07 p.m.	4:09 p.m.	12:59 a.m.
Thursday	6:42 a.m.	8:05 p.m.	4:59 p.m.	1:53 a.m.
Friday	6:43 a.m.	8:04 p.m.	5:41 p.m.	2:50 a.m.
Saturday	6:43 a.m.	8:03 p.m.	6:18 p.m.	3:48 a.m.
Sunday	6:44 a.m.	8:02 p.m.	6:50 p.m.	4:47 a.m.
Monday	6:45 a.m.	8:00 p.m.	7:19 p.m.	5:45 a.m.

Around the State Forecast

City	Tuesday	Wednesday	Thursday
Asheville	87/66 t	83/66 t	86/67 t
Cape Hatteras	87/78 pc	86/77 t	84/78 t
Chapel Hill	93/71 mc	93/70 t	93/70 t
Charlotte	92/71 t	89/69 t	89/69 t
Greenville	95/73 t	93/72 t	90/71 t
Raleigh	94/73 mc	93/71 t	93/70 t
Wilmington	91/74 s	89/75 s	90/74 pc
Winston-Salem	90/73 mc	90/70 t	90/71 t

Lake Levels
Lake level is in feet.
Lake Date Lake Level
Thom-A-Lex Aug. 9 0.5" above full pond

Weather (Wx): cl/cloudy; fl/furries; pc/partly cloudy; ra/rain; rs/rain & snow; s/sunny; sh/showers; sn/snow; th/thunderstorms; w/windy

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