

# The Business Guide.

ISSUED WEEKLY BY STEWART BROTHERS, 111 WEST 4TH STREET, WINSTON.

The Industrial Interests of our People are Paramount to Every Other Consideration.

It is earnestly hoped that all readers of this Paper will yield gently to its doctrines and aid in its circulation.

If you have any grievances consult a physician. If you have no business of your own, get married or go to work.

If you are pleased with the Paper, aid it; if you do not like it, hand it to a sensible neighbor.

Be serious, and help in advancing the interests of your community.

VOL. 26.

WINSTON-SALEM, N. C., FRIDAY, JULY 27, 1906.

No. 29

## This Way, Boys.

The United States government prohibits smoking by the cadets of West Point and Annapolis. An army officer says that "nineteenths of the cadets who fail to pass the medical examination fail because of smoking; and some whose term of service has expired, desiring reenlistment, are astonished to find themselves turned back in examination, with all of soldierly perfection in manual, simply because Uncle Sam has no use for the tobacco heart which might fall him in some emergency." The same is true of the navy.

A number of boys were rejected at Portsmouth Navy Yard last week because of impaired physical condition from cigarette smoking. The Norfolk & Western Railway, following the example of many other railroads and business corporations during the last month issued an order forbidding the smoking of cigarettes in the offices of the company.—Civic Sentinel.

The Westminster Gazette says that smoking will produce blindness in certain nervous systems. If stopped in time good vision may be restored. It is the poison that effects the optic nerves.

Keep thy shop and thy shop will keep thee.

## Gave His Life to Save a Train

Altoona, Pa., July 23.—Frank Reffner, aged 37, a section boss on the Pennsylvania Railroad, lost his life this morning in a successful effort to save a fast train from being wrecked.

Reffner and his men were working at the tracks when the men were ordered out of the way for train 92. They left a jack underneath the rail projecting above the tracks sufficiently to derail the train.

Reffner realized the danger, ran to the jack, released it and threw it aside. The next instant the train he saved struck and killed him. He leaves a widow and four children.

## Yearly Meeting.

The Yearly Meeting of the Friends of the state will convene on the 8th of August, at Guilford College. Dr. Geo. A. Barton, of Bryn Mawr College, is expected to be in attendance, and Franklin S. Edmonds, Esq., of Philadelphia, will make an educational address on Saturday evening, Aug. 11. Mr. Edmonds is a prominent lawyer of Philadelphia and a member of the school board of that city.

Edison has a small force of men digging cobalt up in Western North Carolina. It is being shipped crude to New York.

## Truck Farming That Pays.

Fourteen thousand dollars net profit on the planting of thirty-five acres of land is an achievement not to be despised. The crop was potatoes. The average production per acre was a few barrels more than a hundred. They sold for \$5 per barrel, or a total of \$17,500. They cost a dollar a barrel to put on the market, or \$3,500, leaving a net profit of \$14,000. That is the record made by a Charlestonian, in Colleton county who is planting truck on lands formerly devoted to rice culture.—Charleston Post.

The Earl of Dennis passed through the city on Monday with six ponderous budgets full of old registration books, and "Little Munk" has been having spasms and seeing things in his sleep ever since.

The lumber plant and planing mill of the J. H. Phillips Lumber Company, burned down on Wednesday evening. One horse perished. Total loss was about \$8,000. No insurance.

Our attention was directed to a Maple tree in full bloom out of North Chestnut Street on Tuesday of this week. These be quar times, indeed.