

### Keep Vitamins In Home Canned Tomatoes

The tomato rates highest because it is abundant in vitamins A and C. It is an excellent source of potassium...



Photo Courtesy Nat. Res. Co.

little or no vitamin C left in them. Undue exposure to air after the skins are removed and overcooking in an uncovered container destroy vitamin C...

No juice can be better than the fruit from which it is made, so be sure to use strictly fresh, firm-ripe, red tomatoes, which are free from all decay...

### Jar Rubbers Are Different This Year

It is now thought that red rubber will be available for jar rings for a year but there will be no cause for alarm if the rubbers you buy turn out to be black...

- 1. Wash and rinse rubbers. Boil them to sterilize if you can... 2. Have rubbers wet when they are used...

### BARBED WIRE

Approximately 20,000 tons of barbed wire, made available for military purposes, will be used to meet a shortage of barbed wire on the farm...

### MACHINERY

Additional farm machinery and repair parts will be manufactured to help in increased food production...

### WALSTONBURG NEWS

Mrs. Pearl Johnston is visiting Mrs. Ray West. Miss Mildred Moye at A. C. College, Wilson, Monday. Mrs. George Bailey returned from Princeton, Friday, after having been with her mother for several days...

WILLIAM T. GARDNER. Wilson.—William Thomas Gardner, 78, prominent farmer of Saratoga, died at his home Monday morning at 11:30 after a long illness.

### Dusting Of Peanuts Returns Big Profits

Records kept by careful farmers in Bertie, Chowan, Hertford and Tyrrell counties last year showed that peanut growers produced an average of \$30.17 more peanuts per acre by dusting the foliage at a cost of only \$3.10 per acre...

It has been found that dusting peanuts with 825-mesh sulphur, which can be found on the market under several trade names, will help to control the leafspot diseases which cause premature shedding of the leaves of the plant...

In unusually moist seasons, the plant disease specialist recommends the use of about 3 to 6 percent copper in the sulphur dust to obtain better control.

It is suggested that dusting be done early in the morning or late in the afternoon. Many growers like to dust on moonlight nights.

Dusting should begin, according to Garris, about 60 to 65 days after planting, with an application of about 15 to 20 pounds per acre. Two to three applications at about 14 day intervals should follow the original application of dust...

### AMERICAN HEROES

BY LEFT



### Payroll Savings Plans Comfort For Your Fighting Relatives

Not all of your payroll savings and other War Bond purchases are used for loans, planes and gaspumps. A part of your investment goes to the benefit of your father, brother, son or friend.

For your war bond buying through your payroll savings plan on a family basis to do the most effective job in providing for the care and safety of your men in the armed forces...

### TEMPTING DISH



Port Wine Jelly

2 1/2 tablespoons gelatin 1/2 cup cold water 1 1/2 pounds fresh sweet cherries 1 1/2 cups boiling water 6 tablespoons sugar 6 tablespoons lemon juice 1 1/2 cup California Port Wine

Softened gelatin in 1/2 cup cold water. Wash and pit cherries. Place 1 cup cherries in a saucepan with 1 1/2 cups boiling water. Cook 5 minutes. Strain. Add softened gelatin and sugar to liquid, stirring until gelatin is completely dissolved.

Soften gelatin in 1/2 cup cold water. Wash and pit cherries. Place 1 cup cherries in a saucepan with 1 1/2 cups boiling water. Cook 5 minutes. Strain. Add softened gelatin and sugar to liquid, stirring until gelatin is completely dissolved.

Unmold and serve with remainder of cherries.

### STATE COLLEGE ANSWERS TIMELY FARM QUESTIONS

QUESTION: How can I reduce my suckering expense on tobacco?

ANSWER: Extension experts say that high topping, or simply pinching out the bud of the tobacco plant and leaving a number of leaves at the top of the plant as an insurance factor against second growth...

QUESTION: How can I control ants around my baby chicks and turkey poults?

ANSWER: Entomologist J. Myron Maxwell of the Extension Service suggests the use of carbon bisulphide at the rate of 2 tablespoonfuls to the ant hill. Pour the material into the hill and close the entrance with mud...

QUESTION: How can I control

worms on my cabbage.

ANSWER: Extension entomologists at State College say that the best method of control is a dust mixture of one part of Paris green and nine parts of hydrated lime. The mixture should be dusted on the plants when there is a small amount of dew on them.

### Plans For Curing Small Yam Crops

Plans for a sweet potato curing house to take care of from 80 to 200 bushels of potatoes have been developed by the Agricultural Engineering Department at N. C. State College...

This new plan calls for a structure somewhat different from the usual curing house. It consists of an "A" type roof, mounted on log skids for easy moving, and ventilation doors for temperature and humidity control.

The Department also can furnish plans for the standard sweet potato curing houses to take care of 500, 700, 1,000, and 2,000 bushels.

### CRIMSON CLOVER

The Bureau of Agricultural Economics reports that the crimson clover seed crop is the second largest on record—14,100,000 pounds.

In mathematics two fives still make a ten. In money it takes nearly two tens to make a five.

### REAL DISCOVERY FOR HIGH BLOOD PRESSURE

Dangerous High Blood Pressure (Essential Hypertension) is usually marked by distressing symptoms such as dizziness, throbbing headaches, sleeplessness and nervousness.

A Chicago resident says: "I suffered from High Blood Pressure for several years with increasingly severe throbbing headaches, dizziness and shortness of breath. I showed the Diamonex formula to my doctor and, on his advice, tried the treatment for two weeks under identical conditions as previous treatments. Within only three days my bad headaches and dizzy spells were gone."

Send only \$1.50 to the Diamonex Company, 518-A North Michigan Ave., Chicago, Illinois for a full 1000 tablets supply of genuine DIAMONEX. Send the Diamonex according to the simple directions for only two weeks. If at the end of that period you are not satisfied with results your money will be refunded immediately on account.

### COLORED NEWS

#### VACATION BIBLE SCHOOL HOLDS FINAL PROGRAM

The Colored Vacation Bible School of Farmville closed with a program for parents and other guests. The school had an enrollment of about 110, with an average attendance of 62.

Miss Marion Dupree, daughter of J. R. and Mattie P. Dupree, won a prize of \$25.00 in an English contest sponsored at St. Augustine College, Raleigh, where she has been a student for the last three and one-half years.

Simple Susie says almost every one thinks he needs some kind of a vitamin but she has never seen any one who needed the vitamin I.

### Winn Prize

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Figure It Out Yourself. How can you effectively join in saving all the little children of the world from human slavery, death and injury from the Nazis and Japanese?

Put more and more of your pay into war bonds every payday. Your savings will go to war in the form of war equipment and other munitions. How much more should you put into war bonds? The only ones who can answer that are—you and your family.

If you were fighting in the Solomons or in Africa or forcing a landing in Europe you'd like to feel that the folks at home were back of you—all the way—you'd be proud of your family and your friends if you knew they were buying war bonds not at 10 per cent or 15 per cent, but with every cent beyond that which they need for necessities.

Advertisement for CARDUI. Text: "Woman! Here is a name to remember. CARDUI. A 62 year record of 2-Way help." Includes a small image of the CARDUI product box.

### What You Buy With WAR BONDS

Women at War today are saving for Victory at Peace when the War is over. They are buying War Bonds as thrifty housewives, saving to buy those handy, convenient and necessary electrical appliances when their Bonds mature.



When the time comes for the democrats to step down they will be undecided if they should turn the country back to the Republicans or the Indians.

Simple Susie says almost every one thinks he needs some kind of a vitamin but she has never seen any one who needed the vitamin I.

### NOTICE TO CREDITORS

Having qualified as executor of the estate of Josie Hearn, deceased, late of Five County, North Carolina, this is to notify all persons having claims against the estate...

This 24th day of May, 1942. Mrs. Mae Hearn Beckman and Mrs. Edwin Tripp, Executors of the Estate of Josie Hearn, Deceased. M-25-01

### NOTICE TO CREDITORS

Having qualified as administrator of the estate of J. R. Wainright, deceased, late of Five County, North Carolina, this is to notify all persons having claims against the estate of said deceased...

This 24th day of May, 1942. Mrs. Minnie Wainright, Admrx. J. R. Wainright Estate. John B. Lewis, Atty. M-25-01

Large advertisement for Farmville Stores. Text: "NOTICE! FARMVILLE STORES WILL BE CLOSED! MONDAY, JULY 5th Buy Now! Farmville Merchant Association".

Advertisement for The "97" Shop Buffalo Mineral Water. Text: "The '97' Shop — AND — Buffalo Mineral Water. 'Nature's Contribution to the Health of Man'".

Advertisement for The Bank of Farmville. Text: "HERE'S HOW YOU CAN HELP BUYING U. S. DEFENSE BONDS you help provide funds to finance America's preparedness program. You enlist in the vast growing army of men and women who are determined to defeat all who seek to destroy our way of life." Includes a table of bond denominations and a small image of a bank building.