## FAMILIAR SCENE RE-ENACTED ON LOCAL WAREHOUSE FLOORS TODAY



The chant of the auctioneer, the penetrating aromas of freshly-cured tobacco and the hurrying to and fro of warehouse personnel will be combined throughout East ern North Carolina as another marketing season gets underway. The picture above was made two years ago in one of the local warehouses. The same scene will be re-enacted. Growers are optimistic over receiving record prices for their 1950 crop.

### Household Hints

Gambling in home canning doesn't pay—and that's putting it mildly, vest as possible. home canning specialists say. They ment is in best condition and that she are a valuable source of vitamin C.

to save a penny here and there by not stored in our bodies, every day's using imperfect jars or lids. That's food must provide us with an ade hazardous. Any jar with the slight- quate supply. est crack or chip should be discarded because these defects may prevent an airtight seal and thus lead to in U. S. reserve and other supplies spoilage. The same is true of lids which could be sent in if needed. with dented or spread edges, or masonry-type tops with loose or crack-

ed linings. The flat lids of two-piece metal closures cannot be re-used so should be discarded when the jar of food is opened. Generally it is safest to buy these lids new each year, even if some this country now have Federal inspecunused are left from the year before. tion. The pressure gage of a canner should

be checked for accuracy each year. that canning cannot improve any food yaffect mental as physical health ma and therefore that putting up poor may affect mental as well as physiquality food does not pay. They ad- cal health.

vise using only fresh, firm, sound fruits and young tender vegetables, and canning them as soon after har-

How "C-Rich" are your canned toexplain that any housewife who is matoes? Now is the time to do a going to the trouble and time of can- little thinking about your supply of ning should make sure that all equip- canned tomatoes for the winter. They uses fresh food of good quality and Vitamin C protects the health of the follows the most up-to-date direc- teeth and blood vessels, helps in the healing of wounds, and aids in ward-Housewives sometimes are tempted ing off many infections. Since it is

Cuba still has 400,000 tons of sugar

The average amount of citrus fruits eaten by urban families has hardly changed since 1942.

Nearly 1000 meat packing plants in

A broken leg or arm, head injury, The specialists remind housewives burns or lye poisoning during infancy

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