

Our Health Department

Danger of the Common Drinking-Cup.

N. C. Health Bulletin.

Observe the promiscuous use made of the drinking-cup on trains and in public places; examine their cleanliness; recall that statistics show about one person out of sixty has tuberculosis, one out of thirty has syphilis, and many others have such communicable diseases as typhoid, diphtheria, etc.; then you will very probably agree with sanitarians that these cups are frequently cups of poison.

Bacteriologists have shown that the common drinking-cup always contains a large number and variety of germs. Professor Davison, of Lafayette College, reports the following:

"A cup which has been used in a high school for several months without being washed was lined inside with a brownish deposit. Under the microscope this proved to be composed of particles of mud, thousands of bits of dead skin, and millions of bacteria, among which were scores of germs corresponding in all details to those of tuberculosis. Some of this sediment was injected under the skin of a healthy guinea-pig, and in forty hours the animal died. A post-mortem examination revealed that death was due to presence of a sufficient number of pneumonia germs to cause blood poisoning.

"A second guinea-pig inoculated with the cup sediment developed tuberculosis. Careful inquiry proved that several pupils in this school from which the cup was taken were then sufferers from this dread disease."

The editor was told by the Secretary of the State Board of Health of a case of syphilis in a talented young lady of unimpeachable character contracted in this way.

Four States—Kansas, Michigan, Mississippi and Pennsylvania—and a large number of our more progressive cities have abolished the common drinking-cup.

The remedy is simple and easily obtained. Within recent years paper cups impervious to water have been placed in convenient form upon the market. These cups, put up in sealed envelopes—the whole package convenient for the vest pocket or hand-bag—are sold by druggists and newstands at from five cents. One cup will last an entire railroad journey of two or three days.

Another even more convenient form for dispensing these cups is a penny slot machine. A penny is dropped into the slot and a nice clean cup falls out. Many railroads have substituted these automatic devices for the common cup.

In this connection we might mention another important kindred sanitary convenience, namely, the paper towel. These towels are now kept by many druggists and newstands, and sold at six or ten for a penny. They, like the cups, can be carried easily in the pocket. The paper cup and towel are not luxuries; they are sanitary necessities.

Healthgrams.

Chicago Health Bulletin. "No spit—no consumption." An anemic child is the ghost of civilization. Put a coat of nature's green on

your yard.

Dirty milk is better food for bacteria than for babies. Summer—the time to shun meats and take vegetables.

An uncongential occupation warps the body and withers the soul.

To relieve worry and sleeplessness take a bath—hot, followed by cold.

When you must drink, drink Adam's ale. Lake Michigan is full of it.

Regular bathing prolongs life; underbathing causes overwork for kidneys and liver.

"Cleanliness is next to godliness," but it takes many godly people a long time to get next.

\$100 Reward, \$100.

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials. Address F. J. CHENEY, & CO., Toledo, O.

Sold by all Druggists, 75c.

Take Hall's Family Pills for constipation.

Votes for Better Schools.

An item in yesterday's Charlotte Observer carries the good news that the election held at Stanley Saturday went in favor of better schools by an overwhelming majority. Although the issue was twice defeated before, at Saturday's election there were eighty votes in favor of special taxation out of a registered vote of a little over one hundred.

—Mr. and Mrs. Geo. C. Dedmond and little son, of Shelby, N. C., left Tuesday morning for their home after a visit of several days to Mrs. Dedmond's parents, Mr. and Mrs. R. A. Proctor, at Richburg, and her sister, Mrs. Albert Steinkuhler, in this city.—Chester, S. C., Reporter.

TRY THIS FOR CATARRH.

Get a Hyomei (pronounced Hy-o-mei) outfit today.

Pour a few drops from the bottle into the inhaler that comes with each outfit, and breathe it in 4 or 5 times a day.

Immediately you will know that Hyomei soothes and heals the inflamed and irritated membrane.

But Hyomei does more than soothe and heal, it kills the germs, those persevering pests, that are at the root of all catarrhal conditions.

"Last year I suffered terribly with catarrh. I used one bottle of Hyomei and my catarrh was better."—Miss Helen McNair, Loyalton, Cal.

A complete Hyomei outfit, including a bottle of Hyomei, a hard rubber pocket inhaler and simple directions for use, costs only \$1.00. If you now own a Hyomei inhaler, you can get an extra bottle of Hyomei for only 50 cents at druggists everywhere and at J. H. Kennedy & Co's.

Guaranteed to cure catarrh, croup, asthma and sore throat, or money back 23-36.

Personals and Locals.

—Mr. A. Hengoverd, of Waycross, Ga., spent Saturday and Sunday here with friends.

—Messrs. William E. Aase and M. C. Fudge, of McConellsville, S. C., were in Gastonia yesterday.

—Mr. C. W. Nipper is building a handsome residence at Lowell which he will occupy when completed.

—Mr. J. M. Craig, of Yorkville, route eight, was a visitor to Gastonia yesterday.

—Mr. T. M. McEntire, superintendent of the Loray Mills, is spending his vacation in the North.

—Mr. and Mrs. J. T. Abernethy, Dr. L. N. Patrick and Miss Bertha Long returned Friday from a week's stay at Lenoir and Blowing Rock.

—Misses Martha and Rachel Bigham returned to their home in Chester last Friday after a pleasant visit in Gastonia.

—Polk Miller and his quartet of negro singers entertained a fair sized crowd at the opera house Thursday night. This was the first of this season's lyceum attractions.

—Ringling Brothers' big circus is scheduled to show in Gastonia the latter part of October, about the 25. The definite date has not been given out.

\$150,000 of oil and tanks in the Oklahoma fields were destroyed by fire during an electrical storm last Wednesday and several tanks in Texas consumed in the same way.

—Mr. M. C. Thorn, the Southern's car inspector, left Saturday for his former home in Trenton, N. J., where he will spend his vacation of about ten days with relatives.

—Mrs. M. C. Thorn left Saturday for Abbeville, S. C., where she will spend a couple of weeks visiting the family of her uncle, Mr. Andrew Penny.

—Mr. D. P. Stowe is building a handsome residence at Belmont. It is a frame structure, covered with slate, and is modernly and conveniently built. Mr. L. H. Stowe is doing the work.

—Prof. Will J. Francis and wife, who have been summering in Waynesville, returned to the city Tuesday. Mrs. Francis left the next day, however, to spend a few days with her parents, Capt. and Mrs. J. P. Stowe, at Belmont.—Gaffney, S. C., Ledger.

—Mr. and Mrs. Horace McGhee, of Central, S. C., were the guests last week of the families of Messrs. V. E. and L. H. Long. Mr. McGhee returned home Saturday and Mrs. McGhee will remain over for a stay of several days longer. Mr. McGhee is cashier of the Bank of Central.

—Mr. J. W. Kirkpatrick, manager of the Kirkpatrick-Belk Co's. store at Yorkville, came up yesterday morning and, in company with Mr. J. H. Matthews, manager of the J. M. Belk Co's. store here, left last night for Baltimore and New York to buy fall goods.

—Mrs. S. S. Pittman left Saturday for Baltimore where she will spend three weeks or more studying the new fall styles in millinery. While there she will purchase the new fall and millinery stock for the firm of Myers & Tate. Mrs. Pittman and Mrs. W. E. Tate, who will arrive soon from Montana, will have charge of the firm's millinery department. Both have had several years experience in this line of work.

Mr. Tate, who is a son-in-law of Mr. and Mrs. Myers, has recently acquired an interest in the business and he and Mrs. Tate expect to make their home here in the future. They will be welcomed to Gastonia.

An Innocent Accomplish.

A smuggling story in which a woman fooled her unsuspecting husband is told in the Century. The husband was a retired general, a martinet in discipline and overscrupulous regarding even the shadow of laxity in the performance of his own obligations. "No smuggling was to be permitted," he told his wife, and before leaving Paris he insisted on making a full list of every dutiable article in his possession. Unknown to him she bought several yards of venetian lace. How to hide it was a problem until she thought of ripping the lining of his overcoat and hiding the lace inside. She regarded her cunning as a tremendous joke, and to this day he does not know how she laughed to herself when, wearing that very same coat on the dock, he drew himself up to his full military height and, with free conscience, pointed to a tray containing "all his purchases." No idea of anything so serious as defrauding the government had ever entered her frolicsome mind.

He Needed a Predding.

His arm was round her waist, her hand was on his shoulder, and they were walking through the fields as they had been wont to do for nine long years.

"Em," said he, "we've been courtin' a tidy time now."

"Nine year come nex' August bank holiday, George."

"I told you, fust start off, as how I shouldn't be in no hurry to git married, Em."

"You didn't tell no lie about it, neither, George," she declared, with a sigh.

"You're a-talkin' as if you was sorry that I'm a man o' my word, Em," he said reprovinly.

"Well, George," she replied, "now you mention it I have bin thinkin' this last year or two that if you could see your way to go back on your word just this once it wouldn't be amiss."—London Mail.

The House Was Shaky.

When John Quincy Adams was eighty years of age he met in the streets of Boston an old friend, who shook his trembling hand and said, "Good morning, and how is John Quincy Adams today?"

"Thank you," was the ex-president's answer. "John Quincy Adams himself is well, sir; quite well, I thank you. But the house in which he lives at present is becoming dilapidated. It is tottering upon its foundation. Time and the seasons have nearly destroyed it. Its roof is pretty well worn out. Its walls are much shattered, and it trembles with every wind. The old tenement is becoming almost uninhabitable, and I think John Quincy Adams will have to move out of it soon. But he himself is quite well, sir; quite well."

With that the venerable sixth president of the United States moved on with the aid of his staff.

Had All His Nerve With Him.

In a downtown stand up lunch place, where the chief source of the waiters' revenue is in the form of tips and where the patrons are supposed to step lively so that those who wait may be accommodated, a man has been coming of late who brings a newspaper with him and reads it leisurely, sometimes for half an hour, while he takes his modest luncheon. The waiter at whose station he planned himself one day recently was prepared for the emergency, and when the man had finished reading his paper the servant handed him two others with the remark: "Maybe you'd like to see these?" The other waiters, knowing of the plot, looked to see the man wilt, but were disappointed. He took the papers with thanks, continued reading, and finally, when he asked for his check, asked also whether he might keep the papers.—New York Tribune.

One of Falb's Predictions.

In 1874 Professor Rudolf Falb predicted an eruption of Etna on Aug. 27. He offered a Vienna editor to write an account of it if the editor would send him to Sicily. Falb was commissioned. When he reached Etna there was not the slightest sign of disturbance. As the 27th approached Falb was tortured with anxiety and spent sleepless nights watching the volcano. Nothing happened on the 27th and 28th. The following morning the servant rushed into the professor's room shouting, "An eruption, a terrible eruption!" Falb saw the spectacle and sent off his dispatch.

"One" as a Pronoun.

I have never been smitten with the use of the word "one" as a pronoun. It takes a word juggler to attempt it and get away with it. Unless one feels that one has won one's spurs in this respect and can extricate oneself from the mess one gets oneself and one's readers into one should avoid the use of the word one in referring to oneself as one would a plague.—London Idler.

Swift.

Teacher—Children, nature is superior to man in everything. For instance, there is nothing that travels so fast as the unseen wind. Willie—Huh! You ought to hear what my pa says about a sight draft—Puck.

His Part.

"Who is the responsible person in this firm?" asked the brusque caller of the office boy.

"Can't tell you, sir," replied the portlad, "but I'm the one who gets all the blame."

Curiosity is looking over other people's affairs and overlooking our own.—Wayland.

JURY LIST.

Names of Jurors Selected for September Term of Gaston Superior Court.

The following is a list of jurors chosen at the August meeting of the county commissioners to serve at the September term of Gaston Superior Court, which convenes at Dallas on Monday, September 12th:

FIRST WEEK.

- J. F. Starnes, Gastonia. S. G. Fry, Gastonia. Robert F. Lay, Dallas. J. C. Crawford, Gastonia. H. J. Shannon, Gastonia. D. L. Payne, Crowders Mountain. Fred E. Carpenter, Cherryville. R. J. Durham, Dallas. W. A. Hendricks, Gastonia. E. H. Ramseur, Cherryville. E. H. Armstrong, Gastonia. G. W. Ragan, Gastonia. W. H. Adams, Gastonia. Miles Witherspoon, Cherryville. M. A. Shannon, Gastonia. J. O. White, Gastonia. Sidney L. Kiser, Dallas. J. G. Shannon, Gastonia. J. F. Lineberger, Jr., Dallas. R. C. Mauney, Cherryville. Ed Vickers, Cherryville. M. A. Sarvice, Gastonia. John Wilson, Gastonia. G. L. Webb, South Point. S. B. Barnwell, Gastonia. J. Bynum Long, Gastonia. W. A. Leeper, Sr., South Point. Ed E. Carson, Crowders Mountain. W. A. Farris, Cherryville. J. H. Kennedy, Gastonia. T. L. Payne, Crowders Mountain. M. C. Auten, South Point. Cicero Harris, South Point. W. W. Wilson, South Point. C. E. Mason, Crowders Mountain. J. R. Howell, Gastonia.

SECOND WEEK.

- R. J. Sifford, Gastonia. Fox Paysour, Gastonia. N. W. Thrower, South Point. W. D. Quinn, Dallas. A. M. Smith, River Bend. W. W. Bennett, Crowders Mountain. Wirt Summey, Dallas. R. L. Rankin, Gastonia. J. L. Neill, Gastonia. C. S. Wells, Crowders Mountain. M. T. Wilson, Gastonia. H. D. Roberts, South Point. R. E. Currence, Gastonia. David Wright, South Point. W. L. Ormand, Crowders Mountain. Frank Alexander, Cherryville. D. W. Mitchem, South Point. J. L. Bryan, Gastonia.

PROFESSIONAL CARDS

JONES & TIMBERLAKE. Attorneys and Counselors. First Floor, Realty Building. GASTONIA, N. C.

CARPENTER & CARPENTER. Attorneys-At-Law. DALLAS, N. C. Office over Bank of Dallas.

P. WOODS GARLAND, JR., Attorney and Counselor. Office over Torrence-Morris Co's. Main Ave. Gastonia, N. C.

W. H. ADAMS. Notary Public. Office Citizens National Bank.

SPECIAL NOTICES

LADIES LOOK

Do you cut your own stencil patterns? It's much cheaper than buying them already cut and you can find more desirable designs. We have the stencil cardboard, 20x24 inches, at 25 cents a sheet. Also carbon paper about same size for 10 cents a sheet.

GAZETTE PUB. CO. 236 W. Main Ave. Phone 50.

SEABOARD AIR LINE

SCHEDULE. These arrivals, departures and connections with other companies are given only as information.

Schedule taking effect May 15, 1910, subject to change without notice.

Trains leave Charlotte as follows: No. 40, daily, at 4:50 a. m., for Monroe, Hamlet and Wilmington, connecting at Monroe with 33 for Atlanta, Birmingham; with 38 for Raleigh, Weldon and Portsmouth. With 66 at Hamlet, for Raleigh, Richmond, Washington, N. W. York. No. 133, daily, at 9:50 a. m., for

Lincolnton, Shelby and Rutherfordton.

No. 44, daily, at 5 p. m., for Monroe, Hamlet, Wilmington and all local points, connecting at Hamlet with 43 for Columbia, Savannah and all Florida points.

No. 47, daily, at 4:45 p. m., for Rutherfordton and all local points. No. 132, 7:15 p. m., connecting at Monroe for all points North, carries Portsmouth sleeper.

Trains arrive in Charlotte as follows: No. 133, 9:50 a. m., from all points North, brings Portsmouth sleeper.

No. 45, daily, at 12:01 p. M., from Wilmington and all local points North.

No. 132, 7 p. m., from Rutherfordton, Shelby, Lincolnton and C. & N. W. Railway points, Johnson City. No. 46 arrives 10:30 a. m., from Rutherfordton and all local stations. No. 39, daily, at 10:50 p. m., from Wilmington, Hamlet and Monroe; also from points East, North and Southwest, connecting at Hamlet and Monroe.

Cafe cars on all through trains. Ticket office Selwyn hotel.

All trains run daily. For further information call on or address James KER, JR., T. P. A., Charlotte, N. C.

H. S. LEARD, D. P. A., Raleigh, N. C. C. B. RYAN, G. P. A., Portsmouth, Va.

Important Word to Advertisers

We wish to remind advertisers that copy for change of advertisements in The Gazette must be in this office not later than 8 a. m. on Tuesdays and Fridays in order to be sure of insertion in the papers of those days. Otherwise we cannot insure insertion. When it comes in later than this it is impossible to give it the proper attention if it can be handled at all. Advertisers who get their copy in by noon on Mondays and Thursdays will secure better displays and more satisfactory service in every way as we will then have more time to devote to them. It is as much to the advertiser's interest as it is to ours to have a neat, well-displayed, correct advertisement and to this end we ask your cooperation by getting copy in early and giving us sufficient time in which to properly handle it. New business will, of course, be handled as well as possible and as late as possible before going to press. Penny column advertisements can be handled as late as 1 p. m. on Tuesdays and Fridays. These regulations are necessary because of the constantly increasing demand on The Gazette's advertising department. Mr. Advertiser: Help us to give you the best possible results by giving us plenty of time on your copy.

Legal Blanks Of All Kinds

Warranty Deeds, Mortgage Deeds, Quitclaim Deeds, Executor's Deeds, Chattel Mortgages (North and South Carolina), Bonds to Make Title, Agricultural Liens, Attachment Blanks, and others. Mail orders receive prompt attention.

Gazette Pub. Co. 236 Main Ave., Gastonia, N. C.

C. & N. W. RAILWAY. Schedule in Effect Sunday, June 12, 1910.

NORTHBOUND. Train No. 10 (Passenger) Leaves Gastonia daily 9:30 a. m. Train No. 8 (Passenger) Leaves Gastonia daily, (except Sunday) 5:40 p. m.

Train No. 60 (Mixed) Arrives Gastonia daily, (except Sunday), 4:00 p. m.

SOUTHBOUND. Train No. 9 (Passenger) Arrives Gastonia daily 4:40 p. m. Train No. 7 (Passenger) Arrives Gastonia daily (except Sunday) 10:25 a. m. Train No. 61 (Mixed) Leaves Gastonia daily (except Sunday) 12:25 p. m.

SCHOOLS AND COLLEGES

Trinity Park School. A First-Class Preparatory School. Certificates of Graduation Accepted for Entrance to Leading Southern Colleges. Faculty of ten officers and teachers. Campus of seventy-five acres. Library containing more than forty thousand bound volumes. Well equipped gymnasium. High standards and modern methods of instruction. Frequent lectures by prominent lecturers. Expenses exceedingly moderate. Twelve years of phenomenal success. For catalogue and other information address F. S. ALDRIDGE, Bursar, Durham, N. C.

Trinity College. Five Departments—Collegiate, Graduate, Engineering, Law, and Education. Large library facilities. Well-equipped laboratories in all departments of science. Gymnasium furnished with best apparatus. Expenses very moderate. Aid for worthy students. Teachers and Students expecting to engage in teaching should investigate the superior advantages offered by the New Department of Education in Trinity College. For catalogue and further information address R. L. FLOWERS, Secretary, Durham, N. C.

Are You Proud of Your Bread? Have you a reputation as a cake maker—is your pastry your pride? Then you are the woman who will appreciate William Tell Flour. One baking day will convince you that no expert cook can afford to waste her skill on ordinary flours. William Tell Flour goes farther than most flours—it is also an economy. Order a sack today. O. M. BOYD & CO., DISTRIBUTORS

PEACE INSTITUTE FOR YOUNG WOMEN. A Non-Sectarian Home School, Preparatory and Collegiate courses. Art, Expression, Physical Culture, Pedagogy, Business, etc. Conservatory of Music. High standard maintained by large staff of experienced, college-trained teachers. Take only 100 students and teaches the individual. Unsurpassed health record. Brick buildings. Clean food. Excellent table. Large gymnasium. Park-like campus. Concerts, lectures, tennis, basketball. Write for our catalog before sending the college for your daughter. HENRY JEROME STOCKARD, A. M., Pres., Raleigh, N. C.