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It seems the easiest thing in the world to feed a baby. Then you start to do it and that is the end of that idea. You never know whether the baby is taking the food oo fast or if he is getting enough. Most adults don't realize that one must learn to swallow solid foods. It is not as simple and natural as breathing. A new baby must learn new uses of his tongue and throat muscles when he first begins to eat fine-strained baby

It is best to introduce new foods one at a time and in very small ome used to new things and will each small branch is worth. ccept them. It is usually a slow

Never try to force new foods the next day. Another good sugbeginning of the meal, when baby leafmold over the roots at all times. is hungry, rather than when his

appetite is satisfied. baby. Their mouths are tender and en unless growth seems slight and easily bruised. When the baby is color somewhat light. If this condia little older, his gums may irritate tion occurs, use cottonseed meal him and here again patience in and tobacco in early spring or fall abundance is important. Be careful or both times. during feeding that you do not strike a tender spot where a new tooth is about to come through.

ACHING MUSCLES

Relieve pains of tired, sore, sching mus-cles with STANBACK, tablets or powders. STANBACK acts fast to bring comforting relief. . . because the STANBACK formula bines several prescription type in-lients for fast relief of palm.

GETTING UP NIGHTS worried by "Bladder Weakness" [Getting p Rights (too frequent, burning or itchgurination) or Strong, Cloudy Urinel 1919 to common Ridney and Bladder Irriations, try CYSTEX for quick, gratifying, omforting help. A billion CYSTEX tablets sed in past 25 years prove safety and uccess. Ask druggist for CYSTEX under atisfaction or money-back guarantee.



By FRANCES DELL The holly is a favorite winter

ABOUT

YOUR HOME

decoration. It is associated with Christmas and all the festive occasions during the Yuletide season. Patience is the key to dealing evergreen in most sections of the with children and babies. This is country.

Wells reported on home beautification.

hedge, except perhaps the yew.

Besides being beautiful, a holly year. mounts. A new flavor or a new hedge can be a source of income. texture most often meets with re- If you have ever bought a sprig doughnuts, and grapes to 16 memsistance on the part of the baby. of holly at Christmas time in a bers and one visitor, Mrs. Fannie Don't worry, however, he will be large city, you know how much Hardy.

The only hard part of growing be made easier if you use plenty on him—simply introduce it again of oak leafmold when planting. You should add more every two gestion is to offer new foods at the years and keep a blanket of oak

Chemical fertilizers should not be used on hollies. No food, other Be very careful when feeding a than oak leafmold should be giv-

Don't worry about soil. Holly grows equally well in sand, gravel, clay or rock. The most important thing to remember is to use lots Many a man has a kick coming of oak leafmold, and give the plant plenty of water. A good watering once a week, until the plant is established, is most necessary.

FEEDS 40 CATS

Des Peres, Mo. - Mrs. Caesar Jenegoni, who has approximately forty cats in her home here, is thinking of moving to a 40-acre farm, because there's a move afoot in this community to pass a law limiting the number of pets in any

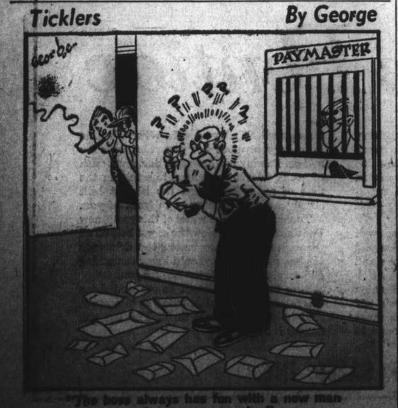
for QUICK RELIEF of **HEADA'CHE** NEURALGIA

Ease Pains of Headache

Neuralgia - Neuritis with

Quick Acting STANBACK Test STANBACK against any preparation you've ever used . . . See how







LaPlace Club Meets With Mrs. Lonnie Bell

The LaPlace Home Demonstration club met Wednesday night in the home of Mrs. Lonnie Bell with Mrs. Harvey Carter and Mrs. Carrie Keel as assisting hostesses.

Mrs. Russell Whitfield, president, presided. Mrs. Bob Jones conducted the devotional. Mrs. Aldine Whitfield, family life leader, gave This, coupled with its startling the demonstration. The president beauty, makes it the most popular | led the discussion. Mrs. James

During the business session, doubly true during the first weeks of learning. Some babies learn a hedge and will thrive in either plans were made for a Christmas faster than others. You must help the baby learn to eat without forcing him.

a nedge and will thrive in either plans were made for a christmas sun or shade. In fact, holly will party. Plans also were made to remain more nearly uniform in colclean the community building or and texture than any other yard, pay insurance on the building and select projects for next

The hostesses served coffee,

The only hard part of growing holy is establishing it. This can holy is establishing it. This can holy is established to be a state of the Negro **Population**

(By Mrs. Maude Kornegay) Mr. and Mrs. William Cobb an-

nounce the birth of a son, William O. Daris, at the Wayne County Memorial hospital October 27. Funeral services for Mrs. Annie Vann Robeson, who died a few days ago, were held Sunday evefrom the North East Free Will Baptist church with the Rev. Moses Kornegay officiating. Burial followed in the local cemetery. Quarterly meeting was held Fri-

day night at Mount Gilead church with the pastor, the Rev. W. E. Battle, of Rocky Mount, officiating. Services continued through

Mrs. Amy Ward is steadily improving after being confined to her home for several days because of illness.

Work began Monday putting the roof on Wynn Chapel church. All members are asked to rally to their deacons so that the re-mainder of the money needed for the work will be raised.

the work will be raised.

The Wayne County Missionary
Union was held Sunday at the
Atkinson church near Goldsboro
with Mrs. Ethel Sykes, president,
presiding. Theme for the meeting
was "The Challenge to the Christian Church Today."



No surgery needed to reduce swelling

of painful piles

In doctor's tests, amazing new Stainless Pazo instantly relieved piles' torture! Gave internal and external relief—without surgery! 6 medically-proved ingredients relieve pain, itching instantly! Reduce swelling. Promote healing. You sit, walk in comfort! Only stainless pile remedy. Stainless Pazo® Suppositories or Ointment at druggists.

Article in Reader's Digest Reveals Jittery Pre-Menstrual Tension Is So Often a Needless Misery!

Do you suffer terrible nervous tension — feel jittery, irritable, depressed — just before your period each month? A startling article in READER'S DIGEST reveals such pre-menstrual torment is needless misery in many cases!

Thousands have already discovered how to avoid such suffering. With Lydia Pinkham's Compound and Tablets, they're so much happier, less tense as those "difficult days" approach!
Lydia Pinkham's has a remarkable soothing effect on the source of such distress. In doctors' tests, Pinkham's lefer these "tests, Pinkham's

Type of Dog

7 Bird's crop

HORIZONTAL

stopped . . . or strikingly relieved . . . pain and discomfort! 3 out of 4 women got glorious relief!

Taken regularly, Pinkham's relieves the headaches, cramps, nervous tension . . . during and before your period. Many women never suffer—even on the first day! Why should you? This month, start taking Pinkham's. See if you don't escape pre-menstrual tension . . . so often the cause of unhappiness.

Get Lydia E. Pinkham's Vege-table Compound . . . or convenient new Tablets which have blood-building iron added. At druggists.

Here's the Answer

In doctors' tests on amazing product, 3 out of 4 women got relief of nervous distress, pain! Wonderful relief during and before those "difficult days"!

WEEKLY CROSSWORD PUZZLE

8 French 1 Depicted type of dog 9 Nova Scotia 7 It is a breed (ab.) 10 Follower 13 Ratified 11 Novel 12 Dutch city 17 From 14 Oxidized 15 Doctrine 16 Fortification 18 Female sheep 39 Fruit of the palm tree 45 April (ab.)
40 Pronoun 48 Individual
41 Cleave 49 Sebaceous cys
42 Pseudonym of Charles Lamb
43 Circle part MINTED F 19 Turncoat
20 Faults
21 Lounged
22 Spanish fleet
24 Builfighter
25 Straightened
26 Final
28 Son of Seth
38 Promontory 19 Renovated 21 New Guinea port
23 Japanese outcast
26 Forsaken
27 Burrowing mammal 運壓壓壓壓

















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