HOKE COUNTY JOURNAL. RAEFORD, N. C.



Lydia E. Pinkham's Vegetablo Compound Helps Her So Much

Cleveland, Ohio.-"I sure recommend Lydia E. Pinkham's Vegetable



Compound to any woman in the condition I was in. I was so weak and STORY FROM THE START run-down that I could hardly stand up. I could not Hanesome, eat and was full wealthy-young St. Croix Creighton awaits his sweetheart at of misery. A friend

ing ten bottles my weakness and nervousness are all gone. I feel like living again. I am still taking it until I feel strong like before. You may use this letter as a testimonial"-MRS. ELIZABETH TOSO, 14913 Hale Ave., Cleveland, Ohio.



Break Up Baby's Cold at the Start

"I started giving Teethina to my youngest bey when he began to suffer from con-stipation," writes Mrs. Ira Blount of Juniper, Fla., "and it helped him wonderfully. Then he took a severe cold and began to

"I continued right along giving him Tecthina and after the second dose the fever left him and his cold was much improved. It's a pleasure for me to rec-ammend Tecthina to all mothers." Millions of mothers like Mrs. Blumb

Millions of mothers like Mrs. Blount have discovered how easy it is to break up baby's cold by giving Teethina at the start. Don't ever delay, Mother! Teethina is so safe, so efficient, so casy to administer. Give it at the first sign of a cough or

Teethina is a famous baby laxative, especially prepared to take the place of castor (I, and other drastic layatives. It is being used more and more each day in the treatment of colds and such baby ailments as Colic, Constipation, Diarrhea, Gas and Indigestion. Physicians and nurses recommend Teeth-

ina. All druggists sell it. Price 30c. FREE! Send for sample package and useful booklet about Babies.

C. J. MOFTETT CO., Dept. W62, Columbus, Georgia

EETHINA **Builds Better Babies**



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fastidious

their trysting place. She is late,

this ordinary little Pennsylvania

Dutch girl, Meely Schwenckton.

Despite her seeming innocence

and ignorance, she succeeds in

keeping him at a distance, to

his chagrin. Meely, in the Schwenckton home, where she is

boarding, is altogether unlike the girl who meets St. Croix

clandestinely. She is the teacher

in the neighborhood school, of

which Marvin Creighton, St. Croix' brother, is superintendent.

Meely learns that Marvin was to

have married his cousin, a titled

English lady, but, believing she

was attracted by the Creighton

wealth, had refused the alliance.

It is the rumor that St. Croix is

to take Marvin's place and marry

the English girl. St. Croix' jeal-

ousy is aroused by Meely's report of an aged suitor for her hand.

The girl cleverly decoys him into

admitting he has no intention of

marrying her. Marvin visits school in his official capacity as

superintendent and discovers

how shockingly little Meely knows about school teaching.

CHAPTER IV—Continued

in my chest and it near give pneumonia yet! Yes, anyhow!" The stranger made a sound expressive of his sympathy. For a while

they drove in silence. "Funny thing happened in the bank today," Mr. Schwenckton resumed conversationally, "When I went in to get a check cashed-" He stopped short in consternation-how tactless to mention having cashed a check!

"What was it?" asked his compan-Ion. "Not much-a dollar or so. I spent

it," said Mr. Schwenckton pointedly. "I mean what was the funny thing that happened?"

"Oh, that! Well, a lady standin' alongside of me in the bank she handed in a check and the banker he said to her, 'What denomination?' and she says sort of snappy, 'Well,' she says. 'I'm a Presbyterian, but I don't see what business it is of yourn,' she says."

The laugh in which they joined over this yarn seemed to establish between them more confidence. Mr. Schwenckton, always warm-hearted, was sorry he had been feeling so suspicious of a fellow man and tried to atone by being as friendly as possible. "Was you ever to New York, Mis-

ter?" "Yes."

"No," she decided, "for he is really "That's a place I never seen. But fastidious and Nettie's a hopelessly my brother he was always set on seein' this here New York oncet, that you can read so much about in the papers. So at last his missus she says to him, she says, 'Pop,' she says, you're gettin' on in life and if you don't go soon to this here New York, you'll be too old to go.' So, then, he said he'd go oncet. So she helped him gef ready and start off. 'Now, mind you, write,' she says to him, 'and tell me how you like it.' So after a couple of days she got such a pitcher post card from him and he'd wrote on it, 'Mom, Yi, yi, yi, yi! Pop.'"

Again their joint aughter seemed to bring them sympathetically close. Since leaving the lighted town, the road had been very dark, for the night was cloudy and starless.

looking so white and agitated that Meely and Nettie sprang up greatly startled, and even Susie looked at him inquiringly.

WNU Service

"I was held up and robbed!" he announced. "Not two mile up the road yet!"

"Ach! Was you hurt?" cried Neb tie in a fright, running to him.

"No, I ain't hurt. And I ain't lost nothin' neither! I held the crook up and got back what was stole off of me! That's what I done!"

"Ach, Pop!" Nettie gasped in mingled terror and admiration.

"Good thing I took my reweiwer with! It ain't safe, these rough times, to travel at night without a gun along !"

He told them, then, as he removed his hat, coat and gloves, just what happened-giving his story a dramatic climax. "'Now, then,' I says to him, 'you hand out that there watch and then you run for your life!' I says. And he did! With that there rewolwer of mine in his face, he done what I tol' him and pretty quick about it too! Yes, and I guess he's runnin' yet!"

"Yes, well, but," Susie stolidly spoke to him over her shoulder, "you didn't take your watch along. You let it at home. You forgot it. There it lays." She thrust her thumb backward toward a small shelf which held a convenient comb and brush for family use

Her husband stared at her incredulously as she calmly rocked her sleeping infant-then, desperately hoping to prove her words false, he fearfully drew from his pocket the watch he demanded from the stranger, and slowly, reluctantly, he let his eyes fall upon it. It was not his!

Such a watch it was as he could never hope, nor even wish, to own. Gold, jeweled, initialed.

In a stride he stood before the shelf and beheld his own accusing watch. "I was sayin' to Nettie," said Susie,

"that you'd be awful put out at goin' without your watch along."

"And I never oncet missed it !" the wretched man murmured.



underrate as the duty of being happy. By being happy we sow anonymous benefits upon the world, which remain unknown even to ourselves, or when they are disclosed surprise nobody so much as the benefactor.-R. L. Stevenson.



A popular pie in California is: Steak Pie With Almonds .- Take one and one-half



one, as liked, one slice of onion, a teaspoonful of salt and a dash of paprika. Simmer until the meat is tender. Remove the meat to a baking dish, thicken the stock with flour and butter blended, add one-half cupful of chopped almonds, one green pepper chopped, one dozen chopped ripe olives and one-half cupful of tomatoes. Put this over the meat, add a top crust and bake until the crust is brown

Escalloged Liver .- Wash and chop one calf or small beef liver, add onehalf cupful of bread crumbs, onehalf teaspoonful of salt, four slices of bacon chopped, and to this add two tablespoonfuls of chopped onion. a little grated nutmeg and a few grains of red pepper with a cupful of water Mix well and place in a baking dish. Cover with well-buttered crumbs and brown in a moderate oven. Bake forty-five minutes.

Pie of Beef's Heart With Prunes -Prepare and cook the heart in fat browning it all over. Place in a kettle, cover with boiling water and cook slowly until tender, seasoning during the cooking. Have ready a cupful of prunes soaked and pitted. Cut the cooked heart crosswise, put into a deep dish, add a pint of good gravy and plenty of seasonings. The gravy is made with the prune juice. Cover with the prunes and a crust over all. Bake until brown

Cream of Tomato With Cheese .---Make a white sauce by melting two tablespoonfuls of butter and adding two of flour, when well blended add





WORMS SAP A

1044 (1994) B. A. Hellowski, 1994 - 1995

common little thing. And yet, if he can stand me and the dope I hand out to him-" She did not know, however, that St.

Croix, to his own wonder, never felt that she was "common" or vulgar; not even when she manifested the intelligence of a sheep or twisted the English language until his nerves were rasped; not even when she sat sprawling ungracefully with her feet far apart, nor when, after tasting an apple, she drew the back of her hand across her 'mouth. She was a good actress, but there

was that something inherent that nothing could disguise-

It was just when, relieved of Aunt

Rosy's espionage, Meely was begin-

CHILD'S VERY LIFE

Does your child grit his teeth? Pick his nostrils? Have a disordered stomach? These are symptoms of wormsthose deadly parasites which will so quickly ruin a child's health.

At the first sign of worms, give your child. Frey's Vermifuge. For 75 years Frey's Vermifuge has been America's safe, vegetable worm med-icine. Euy it today at your druggist's.

Frey's Vermifuge Expels Worms



Query "What have you there?" "A prospectus." "How is the hook baited?"



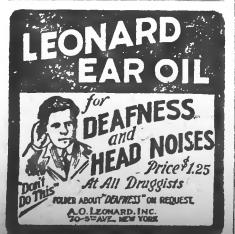
That Constant Backache

Tco Often This Warns of Sluggish Kidneys.

T AME? Stiff? Achy? Every day bring constant, nagging backache? Sure your kidneys are working right? Sluggish kidneys allow waste impurities to remain in the blood and upset the whole system. A common warning is too frequent, scanty or burning secretions.

Use Doan's Pills. Doan's, a stimulant diuretic, increase the secretion of the kidneys and thus aid in the elimination of waste impurities. Are endorsed by users everywhere. Ask your neighborl





ning to feel, in spite of the dangerous proximity of Marvin Creighton, more at her ease, less insecure in her equivocal position, that, on that very evening when she sat in the warm, bright kitchen, peacefully writing letters, she was to find the complexity and precariousness of her situation greatly increased by the outcome of an episode which was, at that same hour, in its incipiency on a Sunbury street corner,

eight miles distant. Mr. Sam Schwenckton, having finished the business which had taken him to town, was about to enter his car parked on the edge of the town, and start for home, when a man standing on the corner, apparently waiting for a trolley car, approached him. "Pardon me-how often do these

cars run?" the man inquired in a tone of extreme irritation." "I've been waiting here twenty minutes!" "It don't run no cars on this line

after seven o'clock, Mister. This here trolley line ain't doin' much business anyhow, so it stops till seven a'ready. You must be a stranger here-ain't?or you'd o' knowed that."

"No-but I seldom use the trolley. Today, however, I had to leave my automobile at the repair shop. Are you, by any chance, driving out this road?" "Yes, eight mile out."

"Will you, then, for a consideration, let me ga with you?"

Now as the night was raw and wet, it would; Mr. Schwenckton felt, be only a Christian act to offer this stranger a seat in his car. Also, he liked company, some one to talk to on an eight-m'le drive. But the newspapers were so full of holdup storiesand he was carrying a good deal of money - wouldn't he be taking chances?

The man looked so decent, however (what could be seen of him in the dimness) and Mr. Schwenckton had, as always when he traveled at night, brought his revolver with him-

He felt in his pocket and surreptitiously moved his pistol from his right-hand pocket to his left.

"I wouldn't want no sich a 'consideration,' Mister. Sust so's you ain't one of these here thugs you can read about in the papers-"

The man laughed. "You're twice my size. If I can trust you not to hold me up, I guess you're safe!" "Yes, 1 guess that's so too. All

right. Come on, then." Mr. Schwenckton felt rather cheat-

ed when he found that the stranger, though sociable and agreeable enough, was not going to repay his hospitality by satisfying his curiosity as to who he was. All the leading questions with which the farmer plied him received evasive answers. This seemed to Mr. Schwenckton so suspicious that he frequently felt in his left-hand pocket to be ready in case of need. Nowever, he tried to put his appre-

hensions aside and to beguile the ride with friendly talk.

"So your car had to go to the shop, heh?"

"Yes, worse luck !"

"When I first got my car I drove

"Where do you want out, stranger! Mr. Schwenckton presently inquired. As he spoke, he took his hand from the steering wheel to have a glance at his watch-and as he did so, the man beside him gave an uneasy start.

With a shock of some horror, Mr. Schwenckton's fingers found an empty pocket where his watch should have been! Instantly he stopped his car and jerked out his revolver. "Now, then, you hand out that there watch and then you run for your life!" he shouted.

The man obeyed with alacrity, thrusting the watch into the farmer's outstretched hand, leaping from the car and disappearing in the blackness of the road.

Mr. Schwenckton, greatly shaken by so narrowly escaping being manhandled by a thug, his soul heavy with sadness at the desperate wickedness of man, went on his solitary way, musing on his own folly in having let his kindness of heart get the better of his prudence.

"It ain't safe to take up strangers these days-that it ain't! And me, I was always too trusting that way! Well, this here's certainly a lesson to me! Be kind to your fellah-creatures, yes-up to the danger point. That's all the further a fellah darst be a Christian these days!"

His despair over the perfidy of our human nature deepened as he reflected upon the "gentility" of the thief: his "nice" voice, his "educated" speech, his "polite manners"-what with his "Beg pardon," "Thank you very much-"

"A slick one, he was! I can't never trust no one's appearances again!" thought Mr. Schwenckton with a sorrowful shake of his head. "That's the worst harm a crook does-he spreads abroad a mistrust of man made in the image of Gawd!"

Fifteen minutes later Mr. Schwenekton, usually the most placid of men, confronted his family in the kitchen,

Rules That Govern Kinship of Cousins

in answering a correspondent's [the children and grandchildren of query, "What relation, are the children of first cousins to each other? What relation to me is my first cousin's child?" the Pathfinder Magazine says:

"Reckoning cousin relationships is simple if you start out right. A cousin is one collaterally related by descent from a common ancestor, but not a brother or sister. Children of brothers and sisters are first cousins to one another: sometimes they are called cousins-german, own cousins, or full cousins. The children of first cousins are 'second cousins' to one another: children of second cousins are third cousins to one another, and so on. The child of one's first cousin is a first cousin once removed; the grandchild of one's first cousin is a first cousin twice removed, and so on. Confusion sometimes arises from the her and drove her dill I got the cold custom of some people who speak of York Sun.

"But-why, my lands!" faltered Nettie, "this here's got an awful look! -like as if you'd held that there man up and stole his watch, Pop!"

"And I don't know who it is to give it back !" Mr. Schwenckton's voice was agonized. "If I never find him, it'll make me feel awful conscientious to keep his watch! Yi, yi, yil" he shook his head and began agitatedly to pace the length of the kitchen.

"Oh, you'll have no trouble finding him, Mr. Schwenckton," said Meely encouragingly. "He'li of course report to the police and they'll easily trace you up."

"Yes, and arrest me for a thief yet!" exclaimed Mr. Schwenckton.

"I'll tell you!" cried Meely. "You report to the police, Mr. Schwenckton, and tell them of your mistakeand that you want them to find the man. That will s: - you."

Mr. Schwenckton stopped in his agitated walking to and fro, and looked at Meely admiringly. "You're got the head on you, Meely! I didn't think that far myself. Education's a a grand help to a body in this here life! That's what I'll do this selfsame minute!"

He went to the telephone, but found

the line "busy." "Delay may be fatal!" said Meeley anxiously. "You must report it before he does. He has had a good deal of time already—all the time you've been home unloading your car and putting it in the garage-and the time you've been in the house-"

"Yes, well, but I don't think he'll be reportin' it wery soon-I started him on a good run and I guess he's still runnin'!"

It was at this instant that they were all startled by a rap on the kitchen door, and before anyone could answer it, the door opened and a wet, bedraggled and very tired-looking young man almost staggered into the room, closing the door behind him and leaning against it heavily. (TO BE CONTINUED.)

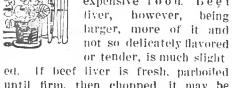
salt and pepper to season and a pint of milk. Cook until smooth and just before serving add one quart of cooked tomatoes put through a strainer and in which one-fourth of a teaspoonful or less of sode has been stirred; pour in very slowly and add one cupful of rich American cheese. Serve with a spoonful of whipped

cream on top of each dish. Rice and Liver Casserole .- Line a casserole with boiled, buttered rice. Fill the center with chopped boiled liver and gravy. Sprinkle with bread crumbs, dot with butter and bake long enough to brown on top.

Food We Should Eat. As soon as people tearn to value

certain foods the price begins to go up in proportion. Calf's

liver is known to be the best of foods for those anemic, but the supply and the cost make it expensive food. Beef



until firm, then chopped, it may be made into very palatable dishes.

There are so many fresh fruits and vegetables as well as greens and nuts to make a varied dlet; these eaten freely will keep the blood alkaline and thus avoid all the ills which follow from too much meat and starchy foods.

Now that the spring garden is being planned, remember to have a good bed of turnips that may be thinned and eaten cooked with the young turnips for greens. Our dietitians tell us that these greens are equal if not better than the well-liked spinach.

A free use of lettuce (that grown out of doors) that has much of the green coloring in it is richer in vitamines than the blanched and tender head lettuce.

The ideal corn for much, corn meal muffins and Johnny cake is made ful dose of castor oil does so much from the water-ground meal, leaving good. in all the germ. When put onto the

very best of the grain as well as the It is quite worth while when we know that ninety per cent of all ills are due to diet, either the wrong food. that; and always says Fletcher's. or improper combinations, or not Other preparations may be just as properly prepared food.

The food which needs good masti cation is the kind to eat to keep the the book on care and feeding of bables teeth in good condition. After the that comes with Fletcher's Castoria is teeth become frail and poor such foods not well divided cause irritation and all sorts of intestinal trouble.

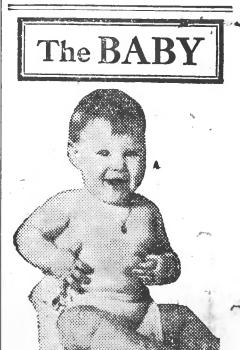
The natural sugars found in fruits are wholesome and nutritious. If children are fed with the proper foods they will not crave sweets, because they are satisfied with the sweets in their foods. We find all too often the craving for a food is no reason for our indulgence in it.

Nellie Maxwell



The man who is always telling you how much he does for others needs watching.

Financial circumstances alter legal cases.

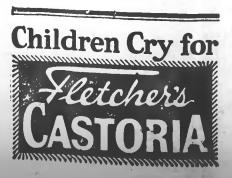


Why do so many, many babies of today escape all the little fretful spells and infantile ailments that used to worry mothers through the day, and keep them up half the night?

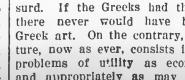
If you don't know the answer, you haven't discovered pure, harmless Castoria. It is sweet to the taste, and sweet in the little stomach. And its gentle influence seems felt all through the tiny system. Not even a distaste

Fletcher's Castoria is purely vegemarket the germ spoils and the meal table, so you may give it freely, at is ruined, so we are deprived of the first sign of colic; or constipation; or diarrhea. Or those many times when best flavor. In many homes a small you just don't know what is the matmill to grind a little corn at a time- ter. For real sickness, call the docas much as may he needed-is used. tor, always. At other times, a few drops of Fletcher's Castoria,

The doctor often tells you to do just pure, just as free from dangerous . drugs, but why experiment? Besides, worth its weight in gold!



their first cousins as second and third cousins, respectively, but the practice is only local. The correct and almost universal rule for reckoning cousing



is as we have given it."

Taste and Invention For generations past architecture has been so overladen with extranous matter that many authorities ac-

tually preach that in this branch of art it is in bad taste to invent. Correct architecture, they say, consists merely in reassembling borrowed forms. All of which is palpably absurd. If the Greeks had thought so there never would have been any Greek art. On the contrary, architecture, now as ever, consists in solving problems of utility as economically and appropriately as may be.-New

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