

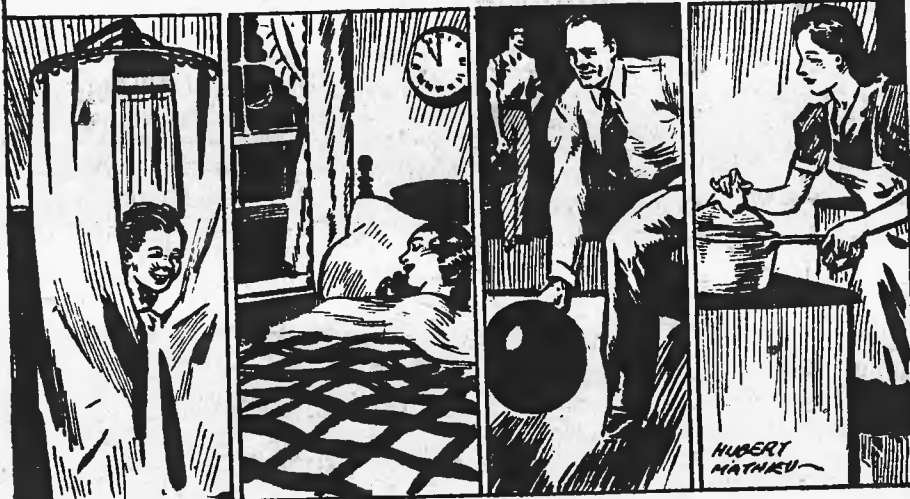
OUR DEMOCRACY — by Mat

HEALTH-FOUNDATION OF OUR NATION'S STRENGTH.



AMERICA NEEDS A STRONG HEALTHY CIVIL POPULATION JUST AS IT NEEDS ITS STALWART ARMED FORCES.

THE NATIONAL ASSET OF HEALTH CAN BE INCREASED—THE DRAG AND BURDEN OF SICKNESS DIMINISHED—BY FOLLOWING THE COUNSEL OF LIFE INSURANCE COMPANIES, AND PAYING EXTRA ATTENTION TO HYGIENE, SLEEP, EXERCISE AND SCIENTIFIC NUTRITION.



TO DO OUR BIT WE MUST KEEP FIT.

STRAIGHT FROM THE SHOULDER

BY JOHN BARBEE

"Jesus Christ the same yesterday, and today, and forever! Heaven and earth shall pass away; but my words shall not pass away."

We folks of the twentieth century need these words today. It is imperative that we lift our eyes from the shocks of a changing world to the everlasting unchanging Christ. Things around us are swiftly changing. Present conditions in all fields of life are not to remain as they are. The men who shape our times today will be lying in the dust tomorrow.

Our lives as individuals will be surrounded by an entirely new set of circumstances. We have fixed many things as we like to have them, but they must soon go beyond the reach of our voices. We stand upon a world whose surface is being swept across by the winds of change. Nothing existing now is sure to stand tomorrow. The dirt will soon be cut from beneath our feet.

But Jesus Christ is the same! He is unwasted with the centuries. He is the only sure hope for us to grasp. Our lives are only flashes of light in the vast span of time and eternity. Our feeble struggles are soon swallowed by the onward rush of events. But He remains the same forever. The only thing you can tie your life to that is real, and genuine, and lasting, is Christ. Everything else is superficial and sham. Everything else must go, but Jesus Christ remains the same yesterday, and today, and forever.

Antioch News

Miss Flora Boyce, former teacher of missionaries' children in Korea, was the most interesting speaker at the Antioch church on the Sunday closing the annual Foreign Mission season of self denial and prayer. Miss Boyce gave great praise to these heroes of the Church and cited many instances of their marvelous ability to carry on the work of healing and teaching in Christ's name in the face of almost insurmountable circumstances. She also attested to the fact of the high type of children born in homes of the missionaries on the foreign field and how rarely ever does a missionary's son or daughter fail to grow up into a person of strong intellect and consecration, and more often than not are willing to follow in their parents' footsteps, and after their period of education in America, go back to give their lives to the furthering of the work on the mission fields. Miss Boyce said that the Church should thank God for every child of missionary parents born on the foreign mission field.

The Antioch Auxiliary met last week. Miss Sarah McKenzie had charge of the inspiring program. The following new officers were elected for the new term: Mrs. Murphey McLaughlin, president; Mrs. Belle Currie, vice-president; and Mrs. Arch McEachern, secretary.

The Antioch elementary school had a flag raising program recently and a beautiful new wool flag now

Flora Macdonald News

Red Springs, Feb. 16.—David Owens, of Charlotte, executive head of the J. B. Ivey stores, was guest speaker at the banquet at Flora Macdonald college, Thursday evening, celebrating Dr. Vardell's birthday. The 82-year-old president emeritus received hearty congratulations and best wishes from a host of friends, alumnae, faculty members, and students gathered to do him honor.

President H. G. Bedinger was master of ceremonies and presented Mrs. Sallie Austin Hyndman of Maxton, president of the alumnae association, who made a gracious little speech before the presentation of gifts from faculty, students and alumnae. The presentation was made by Mary Hall of Hickory, student body president, and was accompanied by an original verse written by a clever alumna.

The long tables were attractive with mandina foliage and berries in graceful arrangement interspersed with red tapers. Place cards were red hearts suggestive of the valentine season.

The college sextet sang two songs and six lassies in Scottish costume danced the Schottische and Highland Fling.

Dr. J. A. Jones, pastor of the Myers Park Presbyterian church in Charlotte, introducing the speaker spoke highly of him as a superior executive, a good churchman, and a fine friend.

Mr. Owen's talk was both witty and wise. His subject was "An Unfinished World," and from clever jokes that brought shrieks of merriment from his audience, he went into his serious subject with characteristic brevity and thoroughness.

He told the students of the great future ahead of them in the world. "Great things have been accomplished," he said, "but there is much yet to do. We are leaving you a world that is in a big mess. It will be your job to straighten things out, to make and maintain peace and to accomplish more than present and past generations have yet achieved." A big interesting job, he said in conclusion, that he would love to live to see well done.

When Mr. Owens learned that the college has been sending funds for Scottish relief, he contributed \$50 to be sent in Mrs. Vardell's name, honoring her long and valuable connection with the college.

CARD OF THANKS

We wish to express our thanks to each and everyone for their kindness during the sickness and death of our husband and father. We also want to thank the Ashley Heights church for its flowers.

THE PITTMAN FAMILY
Maxton, N. C.

Methodist Notes

Through February and March the Raeford Methodist church will have Sunday School at 10:45 a. m. and preaching at 12:00 o'clock and 8 p. m. The people are urged to come promptly; there is no reason for being late with this late hour. Beginning with the first Sunday in April the church will go back to the regular hours by War Time.

The Parker's church is having its Sunday School and preaching by the regular hour of War Time, 10:00 a. m. and 3:00 p. m.

The pastor will preach at Raeford Sunday on "Our Need for Another Lincoln." At 8:00 Sunday evening, Dr. McRae, of Fayetteville, will preach, and conduct the business of the Quarter Meeting after the sermon. All church officials are urged to be present.

SCRAP

Scrap dealers last year supplied a record quantity of 25,000,000 gross tons of scrap, as much as the combined purchased and home scrap used in the first World War.

CHEESE

A new method of cheese-making developed at the Virginia Polytechnic Institute cuts the customary time in half and has been selling at a premium on the market.

FULL STOCK OF FELT BASE RUGS. Wide selection of patterns and wide price range—from cheapest to the best — Gold Seal and Bird.—Raeford Furniture Co.

FOOD

Moderate but definite improvements were apparent in the food situation of the United Kingdom from the spring of 1941 to the outbreak of war in the Pacific.

FOR SALE—SEVERAL GOOD USED Electric Refrigerators recently traded in on new G. E. Refrigerators. Good condition—priced low.—Raeford Furniture Co.

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The News-Journal



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"Save War Materials"

"Every trip you take by Super-Coach instead of by car you'll be saving two gallons of gasoline out of every three! You'll also be making possible similar economies in metals, fabrics, and rubber!"

"Avoid Wear on Tires"

"Go easy on those tires of yours—go Greyhound whenever business or relaxation calls you out of town. It assures extra life for those precious tires you can't replace—and for your car!"

"Travel in Mid-Week"

"There are no 'priorities' on travel for relaxation! But you can help to avoid unnecessary crowding by traveling during the mid-week period whenever possible—leaving extra seat-space for soldiers and war workers over the week-ends."

"Save for Defense Bonds"

One-Way Ed-Tip

Charleston, S. C.	2.78	5.04
Miami, Fla.	10.97	19.74
New York	8.40	15.07
Boston	11.55	20.79
Augusta, Ga.	3.41	6.20
Birmingham, Ala.	7.14	12.92

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