

## These Are Days That Call For Recreation On the Home Front: How About Country Dancing? Get Up a Class — It's Fun

If you should pass by a church or school hall, and should be arrested by the joyful clamor of about 50 people all laughing uproariously at the same time, you are likely to find, upon investigation, that you have stumbled upon a Country Dance Group, of which there are several in the suburbs of Boston (and happily in the suburbs of other cities also), sponsored by the Country Dance Society.

For sheer unadulterated good time these classes are hard to beat. You may say, "Country Dances? Oh, no, those would never do for me!" But those who have participated will reply, "Oh, yes, they would! Be you fat or thin, tall or short, old or young, light or heavy on your feet, you will find others there, just like you, having a wonderful time, week after week." For persons accustomed to the conventional social gathering, the initial evening will be a startling pleasant awakening. You are greeted by people, who in their turn take an active interest in your enjoyment. The introductions over, you should wave farewell to Dame Formality, for she is definitely allergic to this environment.

When the music starts you will be led to a position in a set, like the innocent lamb of fable fame. Immediately thereafter you find yourself dancing with a great many people, singly and in groups; high-ly-piggelly, helter-skelter back and -forth, up -and -down. Your familiar world dissolves in a tangled maze of intelligible calls from the teacher—"Doo-a-doo" . . . "Balance and swing" . . . "Right and left" . . . "Half Promenade." Fortunately, you, a greenhorn, have been carefully shepherded into a group who know the steps well enough to pilot you. It is easy to laugh at mistakes, since everyone else is laughing, too, and not of you, but with you; they all remember their own first experience.

As the dance progresses you find yourself snatched by one and whirled to the right, pounced on by another and swung to the left. Between gurgles of laughter you may finally succeed in getting in step with someone else who has "slipped" you from "here" to "there"; at which point the entire formation disintegrates and you find yourself being apparently jumped at by another grinning stranger.

But as the set confines mental glimpses begin to appear, saying, "Expect to be pounced on here"—and you pounce back on time. "A swing comes next," and to your delight you are ready for it. As the dance progresses the pattern begins to take shape in your bewildered mind. Suddenly the hodge-podge of jumping around shows itself to be a set design: a balanced rhythmic tapestry of movement, the perfection of which rests on the interdependence of the previous, the present and the following motions. The consciousness of being an integral part of this ever-changing, smoothly flowing pattern is an ever-increasing satisfaction to the dancer.

And so it goes—the lark for an evening becomes a diversion for years to come. Some come for the merriment, some for the pleasure of executing the steps, but by far the greatest number participate for the complete rejuvenation of weary bodies and even more weary outlooks. School teachers have said that after a week of teaching and rationing the effort seemed too great to make, but at the close of the evening confessed that nothing else could have so freshened them. One defense worker said that after end-

less day, of trying to make the wrong tools do the right work the class was an invaluable source of relief from the constant pressure to produce ever more, better and faster, each day surpassing the previous day's output.

A war brings to many the problem of tension. Our recreation periods must be of such nature that for the time we are taken completely out of ourselves. We need fun, music, rhythm, companionship, with a good leavening of the old-fashioned hearty laughter in which our grandparents indulged. So if you are seeking an outlet which you haven't yet found, why not try this form of entertainment, from which all the above benefits and many more may be obtained.

Phillip Bates in Christian Science Monitor

## Supply of Nitrogen Is Short This Year

Interruptions of imports of nitrate of soda from Chile, greatly increased demands for nitrogen, in munitions and for industrial purposes, and the necessity for accumulating larger and larger stocks of nitrates to meet war demands, are the three principal reasons for the present nitrogen shortage as applied to fertilizers, says Dr. Ralph W. Cummings, head of the Department of Agronomy, N. C. State College.

No one questions the absolute necessity of these limitations, said Dr. Cummings, but coming late as they did, has caused a considerable amount of confusion. Farmers are now required to make a written application for fertilizer; with the amount per acre to be determined by past practices and the recommendations of the Experiment Station for each given group. Many farmers placed fertilizer orders some time ago but these will have to be revised based on the latest orders and regulations of the Secretary of Agriculture.

American industry is producing reasonably adequate supplies of both superphosphate and potash and most dislocations in the supply of fertilizers is involved largely with nitrogen.

In the last twelve months the production of nitrogen in the United States has been greatly increased and Dr. Cummings says that nitrogen prices after the war may be lower than formerly. This will enable the farmer to use much larger amounts per acre, especially on the low priced crops which he may want to grow.

## SAYS POSSIBILITY OF AIR RAIDS ON EAST GREATER

New York, Feb. 8.—George S. Van Schaick, director of the Office of Civilian Defense, second region, declared here today that the possibility of air raids on the United States East Coast is greater now than ever before as a result of recent German military reverses.

"The lift in morale that the Germans need to check the deterioration of spirits that has set in in Hitler's unhappy land would, quite logically, be a raid on New York or Washington," he declared. "The reaction in Germany would be much the same as ours when General Doolittle bombed Tokyo."

Van Schaick said "the danger of enemy air attack on our home front increases as the situation becomes desperate for our enemies abroad."

## More Gardens Needed For Food Supply

Every grower of a Victory Garden should have a copy of War Series Bulletin No. 14, recently issued by N. C. State College. It is short and practical, covering the planning of the garden, listing those vegetables best suited to this section, and giving other timely information such as the preparation of the soil, planting schedule, amount of seed to be sown, pointers on disease control, and information on common garden insects.

It suggests the following canning budget for a family of five: String beans 20 quarts, lima beans 5, beets 10, carrots 5, corn 5, green 5, okra 5, garden peas 10, soup mixture 30, tomatoes 60, dried vegetables 50 pounds and dried fruits 40 pounds.

Advanced gardeners should request "The Farm and Home Garden Manual," Extension Circular No. 123 and also "Canning Fruits and Vegetables," Extension Circular 122. All of these may be obtained free of charge as long as the supply last on application to the Agricultural Editor at State College, Raleigh.

"You need a Victory Garden because increasing amounts of commercially canned goods will have to be sent to the fighting fronts and to our allies, because the rationing of meats will require the use of vegetables for a balanced diet, and because your family may not be properly fed unless you grow your food supply at home," says Extension Horticulturist H. R. Niswonger.

## NOTICE OF SALE OF LAND

WHEREAS, on the 16th day of May, 1934, Flora Jane McLauchlin executed and delivered unto W. O. McGibony, trustee for The Federal Land Bank of Columbia, a certain deed of trust which is recorded in the office of the Register of Deeds for Hoke County, North Carolina, Book 22, at Page 29; and

WHEREAS, default has been made in the payment of the indebtedness thereby secured as therein provided, and the trustee has been requested by the owner and holder thereof to exercise the power of sale therein contained;

NOW, THEREFORE, under and by virtue of the authority conferred by the said deed of trust the undersigned Trustee will on the 26th day of February, 1943, at the court house door of Hoke County, North Carolina, at 12 o'clock noon, offer for sale to the highest bidder for cash, the following real estate:

All that certain tract or parcel of land containing ninety-one and forty-one-hundredths (91.40) acres and known as the A. A. Graham place and now owned by Mrs. Flora Jane McLauchlin, about five miles South of Raeford, on both sides of State Highway No. 70, in Antioch Township, Hoke County, N.C., bounded on the North by lands of J. A. Hodgins and Mrs. S. A. Parnell; on the East by Mrs. Morgan and Miss Maggie Leach (sisters); on the South by the said Hodgins; and on the West by said Hodgins.

Said property is more particularly described by metes and bounds, in accordance with a plat made by J. H. Blue, Surveyor, February, 1934, G. B. Rowland, Agt. Atty. for Trustee and in the deed of trust above mentioned, to which reference is made. This property is being sold subject to 1943 taxes.

A deposit of 10% of any bid not exceeding \$500 and 5% of any bid in excess thereof will be required. If said deposit is not made at the close of bidding, the property will be resold at two o'clock P. M. of the same day.

This the 22nd day of January, 1943.

W. O. MCGIBONY, Trustee.  
G. B. Rowland, Agt. Atty. for Trustee

## Southern Farming Film To Be Shown In the State

The new AAA motion picture on Southern agriculture entitled, "Farm Battle Lines" soon will be shown in theatres throughout North Carolina as a result of arrangements between the U. S. Department of Agriculture and Republic Pictures, Inc. It was announced today by G. T. Scott, chairman of the State AAA Committee.

The picture was directed by Roger Barlow and its heroes are the men, women, and children who are plowing, planting, hoeing and canning this country's way to victory. The picture shows particularly how two of North Carolina's crops—peanuts and cotton—are actually fighting on world battle fronts. It also pays tribute to the housewives who are growing Victory Gardens and canning food at home to keep their families healthy and take a load off of already overburdened transportation facilities.

Other activities along the farm battle line which are pictures in the movie include collecting scrap metal, haring farm machinery, and saving soil resources through conservation practices.

Scott also announced that prints of this film for small projectors are now available for use at farm meetings over the State. These may be obtained by writing the State USDA War Board at Raleigh.

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# The News Journal

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