

Report Of Social Security Payments

The distribution of the million "social security" benefits now in force illustrated vividly the family importance of Federal old-age and survivors insurance, W. S. King, manager of the Fayetteville office of the Social Security Board, pointed out yesterday.

While many persons think the program provides benefits only in old age, it is significant to note that nearly 40 percent of the million beneficiaries are children and young widows who have children under 18. There are 109,000 young widows with children receiving \$2,155,000 a month in benefits, and 288,000 children of deceased or retired workers receiving \$3,550,000 a month.

When wives of retired beneficiaries, who must be 65 to be eligible, and the 65-and-above widows of insured workers who have died are added to the young widow and children, he said, the family value of the program shows up even more—with approximately 600,000 women and children and about 400,000 aged men on the benefit rolls.

More than one retired insured worker in every four has a wife who is drawing half as much in benefits each month as he gets. There are 418,500 retired workers (many of them women) receiving \$9,846.00 a month; 122,000 of them have wives past 65 and they are receiving \$1,518,000 a month.

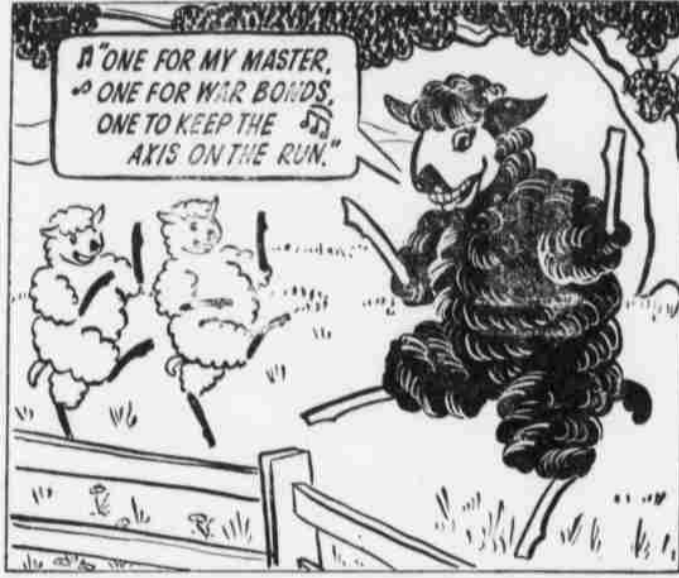
"While the number of aged widows of insured workers is smaller, with 58,000 receiving \$1,172,000 a month," Mr. King pointed out, "their protection under this insured program enable them to maintain their dignity and enjoy a peaceful old age. Most of them have earned this by helping their husbands through useful working lives."

The smallest group of monthly beneficiaries is made up of aged dependent parents of insured workers who died without leaving a widow or child. They number 4,500 and receive \$59,000 a month.

Monthly benefits now have reached an annual rate of \$229,000,000 a year and, in addition, more than \$65,000,000 has been paid in lump sums in the cases of 450,000 insured workers who left no survivor entitled immediately to monthly benefits.

"We have one of the most satisfying jobs in the world," Mr. King said. "Not a day passes that we don't see the look of joy on the face of some

Baa, Baa, Black Sheep, Have You Any Wool?



Paul R. Miller Wins Air Medal

A Ninth Air Force Reconnaissance Blast, European Theatre of Operations: First Lieutenant Paul R. Miller, brother of Nathan D. Miller, 204 Ellington St., Fayetteville, was presented the air medal in recognition of "meritorious achievement while participating in aerial flights in the European Theatre of Operations." The lieutenant has participated in 14 operational missions.

Increased dairy payment of 10 cents per 100 pounds have been authorized for drought areas centering in Tennessee and Kentucky, with other areas in Illinois, Indiana, Ohio, and West Virginia.

Aged widow, some worker who has to lay down his tools, or some young widow who has been left with children to support, when we tell them that benefits will be coming every month. It is hard to tell who is gladdest the old ones, or the young widows. The young widows, though, seem the most relieved, for the benefits they get usually help them to keep their children with them, and to give the citizens of tomorrow a normal family upbringing, with a fair chance in life.

Fairmont Boy Wins Three Gold Stripes

At a 12th AAF B-25 Base—Sgt. Warren H. Barnes, son of Mrs. Altha Aline Bullock, Cottage Street, Fairmont, recently rounded out his 18th month of service on foreign soil, entitling him to wear three gold overseas stripes.

As authorized by a recent act of congress, one foreign service stripe is awarded to members of the Armed Forces for each six-month period of duty outside the continental limits of the United States.

The Fairmont soldier earned the stripes serving as Parachute Rigger with the 12th AAF a B-25 Mitchell Bomb Squadron, veterans of the Tunisian, Sicilian and Italian campaigns in the Mediterranean area. He is entitled to wear the European-Middle-East-Africa ribbon and the Italian campaign star.

Potatoes will last longer in winter storage, say Extension specialists, if not cut, skinned, or bruised in digging and handling.

Greens from fall gardens can do much to help the family build up a vitamin A supply for winter health. Carotene in greens changes into vitamin A in the body.

Lightening the Burden

IN one of his favorite stories Abraham Lincoln tells of a boy who was seen carrying his younger brother up a steep hill. Observing the effort the older boy was making, an adult called to him, "Isn't that a pretty heavy burden for you, son?" The boy replied, "It's not a burden, sir; it's my brother."

How true it is that love makes burdens light! Indeed, real love effaces all sense of burden. Great love is needed to lighten the burdens of a troubled world. Genuine, unfaltering, compassionate love is needed: love that is the reflection and expression of divine Love, Life, and Truth; that lifts thought above the mortal belief of man as sick, suffering, dying, in danger, and points to the perfect man, forever held in the loving embrace of his Father-Mother God.

Freedom from all that shackles and enslaves must come through spiritual understanding of God and through the conscious reflection of divine Love in daily life. All men desire liberty — freedom from limitation of every kind. But too many still look to a material source for freedom instead of seeking liberation through the knowledge of God.

Divine Love does not place burdens on man, for Love is always Love, conscious of no opposite quality. A human parent would not deliberately place burdens of illness, suffering, and lack on his children; much less are such burdens imposed by our heavenly Father. His idea, man, is good, expressing health, happiness, abundance, assurance, and peace. Freedom from every sense of burden can be gained here and now as the wholly spiritual nature of God and man, Father and son, is understood. God is the only cause, and man and the universe are spiritual, like Him.

It is encouraging to note that in these difficult days great numbers of people are actuated by the desire to lift the burdens of others and to make the way brighter for them. On every side we hear of loving ministrations and of the giving of spiritual comfort. These outward indications of pure affection for our brother man are noteworthy signs of the times. This desire to be of service constitutes a great power for good and should be strengthened by enlightened prayer. Of prayer that is effective and fruitful Mary Baker Eddy writes in "Science and Health with Key to the Scriptures" (p. 1), "The prayer that reforms the sinner and heals the sick is an absolute faith that all things are possible to God, — a spiritual understanding of Him, an unselfed love."

Christ Jesus emphasized two great commandments (Luke 10:27): "Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbour as thyself." Obedience to these commandments is true prayer. Truly to love God we must know Him; and truly to love our brother man, we must know him as he really is in God's sight. We learn to love God and man proportionably as we know God as divine Mind and man as His idea. . . .

Material sense claims insistently that man is separate from God; that he is sick, lonely, and in danger. It even appears to make good its claims, for nation fights nation and race belittles race. All these claims of evil, however, should serve only to challenge us to more consecrated prayer for all mankind. It is not enough to pray once a day or even once an hour. Our lives must be a continuous prayer. Our words and acts must be so permeated with the assurance of divine Love's presence and power that the whole world will feel the healing effect. Great problems of war and peace await solution. These problems must be solved through the understanding of infinite Love dispelling the belief of hatred, fear, and destruction. This is truly lifting the burden. — *The Christian Science Monitor.*

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Winter Legumes Planted Early Get Best Results

Planting winter legumes early, which is always a good farm practice, is especially important this year, according to J. C. Hutchinson, soil conservationist of the Pee Dee-Cape Fear soil conservation district.

Early planted legumes will make good growth before cold weather comes and will thus provide better protection against erosion, sufficient growth for early spring grazing, and more green material for turning under in advance of planting spring crops.

The early grazing will help to furnish the milk and meat needed in the war effort and the nitrogen added to the soil by turning under a good growth of legumes will increase crop yields and save commercial nitrogen, which is needed in making munitions.

Dry weather that ordinary comes in the fall in this section is one of the principal obstacles to getting cover crops planted early. It is very important to have the land prepared and plenty of seed on hand in order to be able to plant when the soil is moist.

Where the winter legume is to be planted where it has not been grown successfully before, it will also be necessary to inoculate the seed, Hutchinson adds.

All families in North Carolina are asked to eat an extra roasting chicken a week for the next few weeks and help clear the market of over-size fryers.

Reversing Restrictions

WARTIME measures and restrictions have brought into prominence and common usage many words and phrases formerly not in general use. For instance, we have read and heard so much about "rationing" and "priorities" that these terms are now a part of the average person's daily vocabulary. The income tax and the enactment of a current payment plan of paying the tax have made "pay-as-you-go," "withholding," "exemption," and other related terms familiar to all of us.

The truly patriotic citizen, law-abiding and co-operative, is meticulous in his desire to obey to the letter the laws of his country. But, while carefully fulfilling his material obligations, he can be mindful of, and grateful for, the fact that although many commodities have been rationed, this applies only to material things, and not to the real and enduring. Good cannot be rationed; nor can kindness, gratitude, love, truth, joy, mercy, courage, or any other spiritual quality. What a travesty it would be if one were to think: "I have used such-and-such an amount of kindness and joy today. Now I must cut down or I shall use too much." But there are no shortages or scarcities in the realm of Spirit, the kingdom of God. The more we express the qualities of Love, the more we have, in fulfillment of God's law of abundance and His infinitude. . . .

The need for more alertness in wholeheartedly claiming good as our

Palmetto Motorists Get New License Tags

COLUMBIA, S. C., Aug. 21.—South Carolina motorists still driving their prewar cars will decorate them with brand new license plates for the 1944-45 tax year. They will be bright with orange figures.

J. S. Williamson, chief highway commissioner, said today the highway department had ordered the state penitentiary to manufacture 336,870 new plates.

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heritage, and vigorously denying error, should take priority in our thinking. There is no priority on honesty, sincerity, loyalty, or obedience, and the exercise of these qualities will close the door to evil and admit only good.

The enlightened thinker rejoices in the fact that the only real income is the incoming of spiritual ideas to his consciousness. There is no burden, hardship, or tax attached to such a spiritual "in-come," but instead a joyous receptivity to these right ideas. We can lift our business and everything pertaining to it above the commonplace by constantly knowing and showing that we are about our "Father's business." Our real business is expressing God, good. . . .

We can rejoice that God's law of abundance is ever operative, that obedience to this beneficent law sustains and supplies us with all that is needed, and annuls the belief of limitation and restriction. What assurance is conveyed by these comforting words from "Miscellaneous Writings" by Mary Baker Eddy (p. 307): "God gives you His spiritual ideas, and in turn, they give you daily supplies. Never ask for tomorrow: it is enough that divine Love is an ever-present help; and if you wait, never doubting, you will have all you need every moment. What a glorious inheritance is given to us through the understanding of omnipresent Love!" — *The Christian Science Monitor.*

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