

### Let Us Haul Your Tobacco

Our truck makes two trips per week to Mt. Airy hauling apples. Let us haul your tobacco to Durham, Winston-Salem or any market in that direction at reduced rates.

### G. G. FAIRCLOTH

TRANSFER

Box 566

South Main Street

Raeford

### WE LUBRICATE YOUR CAR BY CHART.

### NOT BY CHANCE.



We take no chances of missing a single place on your car - whatever the make - that needs lubricating. And of course we use MARFAK because it's a tough, stick-

job chassis lubricant. Resists squeeze-out and washes your car "feel" better as you drive. And we check the whole car, too, to stop troubles in their tracks! So don't take a chance. Let us give your car that "MARFAK feeling" today!



You're welcome at

### W & W MOTOR CO.

RAEFORD, N. C.



### ROD & GUN

By Tom Walker

#### VIOLATORS JUMP THE GUN ON HUNTING SEASONS

Prosecutions for game and fish law violations are mounting as reports from fish and game protectors continue to come in, and the total may equal or even surpass the 212 convictions for August. A glance at a still incomplete compilation of September prosecutions reveals, however, that many of the game laws have been violated.

The offense topping the list was hunting out of season including taking rabbit, raccoon, bear, deer, fox and squirrel during closed seasons on these species.

Hunting without a license ranked second in the total number of prosecutions which included hunting on Sunday, hunting on posted land and on game refuges, fishing without a license, fishing out of season in trout streams, seining, fishing with nets, exceeding bag and creel limits, taking undersize fish, possession of game out of season, night hunting of deer, and hunting with automatic shotgun capable of holding more than three shells.

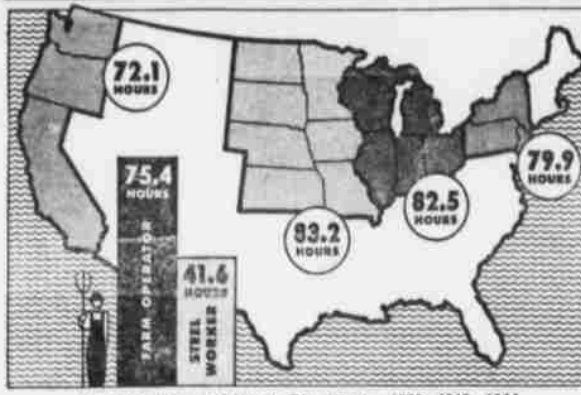
Several violators were held on as many as three counts, such as hunting on Sunday, hunting out of season, and without license.

#### DEER TRAPPING BEGINS

Deer trapping under Federal Projects 21-D of the Division of Game and Inland Fisheries will begin soon on three trapping areas: the Pisgah Game Preserve, Mt. Mitchell Game Area, and the Elizabeth D. Reynolds estate. Deer trapping and transplanting from these areas is a part of the plan for deer restoration in certain sections. For the past month, traps have been set up and baited allowing the deer to enter and become familiar with them; Project Lead Frederick Mahan may begin the actual trapping within the next week.

Deer trapping was begun on the Reynolds estate in the fall of 1944. The estate, containing 8,000 acres within a fenced enclosure and 7,000 acres outside it, was stocked with 73 deer by Reynolds in 1934. Little hunting was carried on, and the herd increased rapidly

### Farmers Worked 75.4 Hours a Week



Average Hours of Work Per Week—1929, 1943, 1944

American farm operators averaged 75.4 hours of work a week during a recent three year survey, according to a nationwide survey of working habits in agricultural centers.

In the same period, according to the American Iron and Steel Institute, workers in steel plants averaged 41.6 hours of labor a week.

The operators of the six million American farms spent nearly 4000 work hours a year, per man, plus the use of mechanized equipment, to earn a living and to produce the crops and food needed to meet the

urgent wartime demands of a hungry world.

Farm operators in the West North Central area worked the longest hours, putting in an average of 83.2 hours a week. Second were the farm operators in the East North Central area with 82.5 hours a week, while farm operators in the Middle Atlantic worked 79.9 hours a week. Farm operators in the Pacific states put in the smallest number of weekly work hours, averaging 72.1 for the three years of 1929, 1943 and 1944.

The Department has always been vitally interested in the pollution problem and among other lines of activity has been showing recently in several places a movie entitled "Clear Streams."

Dealing with a solution to pollution, the film has met with favorable comment wherever it has been shown.

### Appendicitis Patients Now Walk, Drive Cars Day After Operation

Doctors once were appalled when a willful patient got up and walked a few hours after an abdominal operation or childbirth. Today this practice, called "early ambulation," is insisted on in many hospitals. How this "streamlined treatment" came to be accepted by many surgeons as a regular feature of convalescent care is told by Miriam Zeller Gross in The Reader's Digest for October.

Miss Gross' article, condensed from The Saturday Evening Post, attributes the origin of the new treatment to an incident in St. Joseph's Mercy Hospital, Detroit, eight years ago. One of Dr. Daniel J. Leithauser's patients, whose appendix had been removed a few hours previously, was discovered in the act of carrying water up and down the hall to other patients. Warned by a startled nurse that his wound might open, the patient was neither frightened nor impressed. He slept that night untroubled by the usual gas pains and nausea, and feeling well the next day, he got in his car and drove home. The following two days he worked in his garden. On the fifth day he drove 40 miles for a medical check-up. The inspection found him in much better shape than other appendicitis patients whose operations had been performed the same

day as his, and who were still in bed. Dr. Leithauser, impressed by the incident and recalling that children cannot be kept quiet but usually recover despite post-operation activity, persuaded a few patients to get out of bed the first day after an appendectomy. Re-assured by their "accelerated convalescence," he was soon handling all appendicitis cases in this manner. Three years later, the article says, he published the "highly satisfactory" records of 370 patients thus treated.

Applying the new treatment to other cases, Dr. Leithauser found among his patients a faster return to normal kidney functioning, less need for pain-relieving drugs, better appetites, and ability to return to their jobs in less than half the calculated time. "Freedom from the pneumonias which ordinarily would have endangered the lives of nearly 10 per cent following appendectomy, and an even larger percentage in other abdominal operations," was noted.

At the Mary Imogen Bassett hospital, at Cooperstown, N. Y., pulse rates of 103 patients who walked the first day after various abdominal operations were found to be no higher than those of 100 who stayed in bed one to three weeks. Among the early risers no wounds opened, the author reports, and a higher percentage of hernias remained cured. "Early-rising advocates point out that stitches are stronger the

first few days and assert that activity stimulates a better blood supply which promotes rapid healing." One hospital now has a record of more than 2,000 abdominal operations in which patients were up within 24 hours, without a single wound opening. The exigencies of war, the article explains, extended "early ambulation" to lying-in hospitals. In the London blitz many mothers were sent home two days after delivery, because of the danger of bombs. Worried physicians were relieved to find no ill effects and were surprised that deaths from blood clots dropped to a new low.

### First Securities Corporation

Durham Raleigh

We maintain an active market in:

Carolina Power and Light  
Carolina Tel. and Tel.  
Piedmont and Northern Railway.

For further information about these securities, call our representative at

SOUTHERN PINES  
Telephones: 5192 or 5241

### Works Where Most Colds Start!

SPECIAL DOUBLE-DUTY NOSE DROPS

When a head cold strikes, put a little Va-tro-nol in each nostril. It's a specialized medication that—

- Quickly Relieves sneezing, sniffing, stuffy distress of head colds. Makes breathing easier.
- Helps Prevent many colds from developing! Used at the first warning sniffle or sneeze.

So keep Va-tro-nol handy—and use it the instant it is needed. Follow directions in the package.

### VICKS VA-TRO-NOL

### Get sweeter, tastier bread!

use FLEISCHMANN'S FRESH ACTIVE YEAST

FULL-STRENGTH! Fleischmann's fresh active Yeast starts working right away! All the strength of the yeast brings out all the flavorful goodness of your bread. Be surer of sweet taste—light texture—fragrant freshness every time!

IF YOU BAKE AT HOME, insist on Fleischmann's full-strength, fresh active Yeast with the familiar yellow label. Dependable—America's favorite yeast for over 70 years.

Always fresh - at your grocer's

Everything... From Playsuits To Evening Gowns Expertly Cleaned and Pressed

To keep your wardrobe in order See Us - We make you look your very best.

And if we satisfy you—tell others—if we don't—tell us.

### McNAIR'S DRY CLEANERS

IVERY McNAIR, Prop.  
Phone 253-1 P. O. Box 533 Raeford, N. C.

#### BOARD MEETS AT BRYSON CITY

The annual fall meeting of the Board of Conservation and Development will be held in Bryson City, October 7th and 8th. Special proposals to be brought up by the Division of Game and Inland Fisheries include amendments to the present game laws in order to strengthen the laws, particularly concerning the minimum fines for certain classes of violations. Other amendments will concern the use of automatic rifles by hunters and the storage of game in freezer lockers.

The meeting will be attended by the board members and all heads of departmental divisions as well as all citizens who desire to appear before the Board at public hearings bringing up problems or offering suggestions.

#### PARK SERVICE MEETING

The National Park Service held a hearing in Asheville, October 1, at the Battery Park hotel, to discuss several proposals concerning the use of the Blue Ridge Parkway by hunters. Issues such as the carrying of dead game over the Parkway, parking cars and the handling of dogs and guns on the Parkway were brought up for discussion.

The Division of Game and Inland Fisheries which has worked with the Park Service and is vitally interested in this matter was represented at the hearing by Commissioner John D. Findlay, R. B. Armfield, Supervisor of Wildlife Areas, and Dr. Willis King, Division fisheries biologist.

The delegation heard from a great many of the persons in the vicinity through which the Parkway has been constructed. Hunters have taken the position that they would like to make use of this road just as they do of any other highway for the transporting of killed game.

#### DEPARTMENT INVESTIGATES STREAM POLLUTION

The Department of Conservation and Development which recently received word of a report of the Grand Jury of Edgecombe County concerning the pollution of the Tar River between Rocky Mount and Tarboro is making an investigation of this complaint. Although this Grand Jury made a report in June on the condition, word was not received in this Department until the latter part of September. On September 26, a representative of the Department, Dr. Willis King, attended a hearing on this matter in the courthouse in Tarboro.

Definite steps have not been taken, but since the matter has been called also to the attention of the State Health Department, and the city officials of the two

### COFFEY'S SHOWS

### RIDES—SHOWS—CONCESSIONS

TO REAR OF HOME FOOD MARKET

MONDAY, OCTOBER 7, THROUGH SATURDAY, OCTOBER 12

### A Clean Show For The Whole Family

Open Every Night Next Week