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POTPOURRI

By EMILY B. EBERLE



January 3, 1947.—With almost a week of the New Year gone all of us have probably made many, many resolutions. Some of them will become an impossible obligation and will fall by the wayside. However, for one which will make for ease of living and also become a good habit in time, consider the following resolution seriously for yourself and your family. It may be a little hard to follow for the first month, but subsequent months will prove that you are providing meals for your family with greater ease, economy and adequacy.

I HEREBY RESOLVE.

To give my family a completely balanced diet each day to in-

clude each of the seven basic foods: green and leafy or yellow vegetables; citrus fruits; potatoes and other vegetables and fruits; milk and milk products; meat, fish, poultry and eggs; bread, flour and cereals; butter or margarine.

To plan my menus wisely for the entire week in advance.

To market for the entire week at one time.

To prepare food so that it will be tempting and appetizing and in quantities that will result in a minimum of leftovers.

To plan menus that will include the less expensive cuts of meat and meat substitutes and still be "fit for a king."

To buy fruits, vegetables and meats in quantity when they are abundant, low in price and at their prime so that they may be preserved by freezing or canning against future winter needs.

It is much more economical to buy a large roast of meat and use it for several meals than to buy small amounts of various cuts of meat. A great time and money saver results when you organize a market list and set aside one morning or afternoon each week to make your purchases. By planning your menus in advance you will avoid the ever present daily worry of "What shall I have for dinner?" Good home-making habits will help you to find a truly happy new year.

473,000 Acres In Wheat

Raleigh, January 5th: North Carolina farmers have approximately 473,000 acres in wheat this winter, says the State Agriculture Department.

This is 20 per cent larger than the 394,000 acres planted a year ago, but nine per cent smaller than the 10-year average of 522,000 acres.

In 1946, all but 5.8 per cent of the total acreage devoted to wheat was harvested, as compared with 6.3 per cent unharvested during the past 10 years.

December indications pointed to a total wheat crop of 7,095,000 bushels as against 6,307,000 bushels for 1946 and 6,477,000 bushels for the 1935-44 average.

The Federal-State Crop Reporting Service said that growing conditions through December were "extremely favorable" for fall-planted wheat, with growers reporting a condition 92 per cent of normal. This compares with 87 per cent of normal reported a year ago.

ROCKFISH NEWS

By Mrs. A. A. McInnis.

The pastor, Rev. E. B. Booker, and some of the young folks of the Tabernacle church attended a district meeting of B. T. W. members at Mt. Pisgah last Sunday p. m.

Mrs. Douglas Monroe was taken to Highsmith hospital for treatment last Sunday.

Mr. and Mrs. J. W. George of Fayetteville, who were members of Rockfish school faculty several years ago, visited Mr. and Mrs. W. T. Boseman last Wednesday.

Mr. and Mrs. M. G. Ray celebrated their 41st wedding anniversary last Friday, with all of their six children, one son-in-law, two daughters-in-law and one granddaughter present.

S-Sgt. John L. Bristow has returned to Fort Bragg after spending a 30-day furlough at home.

Mr. and Mrs. J. G. Edge and son of Fayetteville were guests of Mr. and Mrs. W. T. Boseman last Sunday.

Mr. and Mrs. James Wood of Raeford and Mr. and Mrs. Ed Newton of Lakerim spent Sunday with Mr. and Mrs. T. G. Wood and family.

Miss Fern Knight and Canady S. Pickett of Fayetteville were married last Thursday night at 8:30 o'clock in the presence of a few friends and relatives, at the home of Rev. E. B. Booker, Fayetteville.

Little Miss Janice McInnis is spending sometime with her grandmothers at Rockfish.

A. W. Wood of Rockfish was among those who attended the Board of Education meeting in Goldsboro Wednesday night.

Gene Gillis brought his grandmother, Mrs. Belle Whitted, to Rockfish last Wednesday to spend the day with Mrs. F. P. Bethea.

Miss Ann Russell returned to her home in Rocky Mount last week after spending some time with relatives in Blue Springs and Rockfish communities.

Sorry to state that Mrs. Maggie Livingston of Lumber Bridge, who has been sick for several weeks is still not able to be up. Mrs. Livingston is the mother of Mrs. M. S. Bristow.

Looks as if we will soon have a good road from Rockfish to Raeford and to Parkton too, we hope.

Mrs. Lona Smith and son, James, of Maxton spent Sunday with Mr. and Mrs. N. J. Ritter.

Mrs. Herbert Long has gone to a hospital in Hartsville, S. C., for an operation this week. We wish for her a speedy recovery.

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At Home on the Farm With The City Cousin

I was sauntering down the street about a year ago and a long came my old friend, Jack Weaver, leadin' a big work mule. "Where you goin', Jack, leadin' that mule through the middle of town?" I asked him. "I'm takin' him over to the dentist to get his teeth fixed," he calmly replied.

Now I've always had a lot of respect for Jack Weaver—folks say he's one of the best farmers in Eaglerock county—but I knew that even if our dentist had gone mad and turned to grindin' mule's teeth, the animal would have to have an appointment like everybody else and probably have to stand in line for hours, to boot.

"This I want to see!" I says to Jack, and we walked down the street together, us and the mule. Pretty soon, we found ourselves at the edge of the school yard where farmers from

all over the area had gathered with their horses and mules.

"A workstock clinic," Jack informed me, as if I already knew. "The State College Extension Service holds these early in the year all over North Carolina. Bert, here's gonna get a dental inspection," he added solemnly.

I got around to talkin' to the licensed veterinarian, who gave it to me straight. "The horses' mouth is so constructed that its teeth wear off irregularly," he told me, "and if this isn't corrected, the animal can't chew properly, and digestive upsets develop." Then he went on to tell me how the clinics provide free examination, treatment for both, dental work, and other such care at special prices.

So, I thought it was about time I checked up on the 1947 clinics. I hustled out to State College and put the question up to Leland Case, in charge of Extension Animal Husbandry there, and he said, sure enough, it was just about time for them again.

"We're scheduling clinics in 87 counties during January," he told me, "and urging every farmer who has workstock in poor condition to check with his county agent on the time and place." If a team's gonna have what it takes to do heavy spring work, I guess now's a good time to take out a little "hospitalization insurance."

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REPORT OF CONDITION OF THE BANK OF RAEFORD

of Raeford in the State of North Carolina at the close of business on 12/31/46

ASSETS

| | |
|---|-----------------------|
| 1. Cash, balances with other banks, including reserve balances, and cash items in process of collection | \$1,205,743.13 |
| 2. United States Government obligations, direct and guaranteed | 1,750,900.00 |
| 3. Obligations of States and political subdivisions | 16,350.00 |
| 4. Loans and discounts | 202,687.26 |
| 5. Bank premises owned \$10,695.56, furniture and fixtures \$5,135.82 | 15,831.38 |
| 6. Other assets | 4,763.29 |
| 12. TOTAL ASSETS | \$3,196,275.06 |

LIABILITIES

| | |
|---|-----------------------|
| 13. Demand deposits of individuals, partnerships, and corporations | 2,434,563.00 |
| 14. Time deposits of individuals, partnerships, and corporations | 482,645.90 |
| 15. Deposits of United States Government (including postal savings) | 44,194.47 |
| 16. Deposits of States and political subdivisions | 75,163.35 |
| 17. Other deposits (certified and officers' checks, etc.) | 1,079.65 |
| 19. TOTAL DEPOSITS | \$3,037,646.42 |
| 20. Other liabilities | 13,767.02 |
| 24. TOTAL LIABILITIES (not including subordinated obligations shown below) | \$3,051,413.44 |

CAPITAL ACCOUNTS

| | |
|---|-----------------------|
| 25. Capital | 50,000.00 |
| 26. Surplus | 92,500.00 |
| 27. Undivided profits | 2,371.62 |
| 29. TOTAL CAPITAL ACCOUNTS | 144,871.62 |
| 30. TOTAL LIABILITIES AND CAPITAL ACCOUNTS | \$3,196,275.06 |

* Total capital consists of: Common stock with total par value of \$50,000.00.

MEMORANDA

31. Assets pledged or assigned to secure liabilities and for other purposes. 209,800.00

I, R. E. Lavis, Executive Vice President of the above-named bank, do solemnly swear that the above statement is true, and that it fully and correctly represents the true state of the several matters herein contained and set forth, to the best of my knowledge and belief.

CORRECT—ATTEST: R. B. Lewis
J. L. McNeil, F. B. Sexton, H. L. Gatlin, Directors.

State of North Carolina, County of Hoke, ss:

Sworn to and subscribed before me this 7th day of January, 1947, and I hereby certify that I am not an officer or director of this bank. My commission expires March 29, 1948. Jessie B. Ferguson, Notary Public



Perhaps this cartoon depicts an exaggerated case—but does YOUR home have enough properly placed outlets so that you are not annoyed with unsightly extension cords? An electrical contractor can install additional outlets for you, where they are needed—and he can check your house wiring and if necessary install additional circuits to prepare your home for full enjoyable use of electrical living. It is a good idea to get ready now for the electrical appliances you will want in the future.

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