

**MOST MOTHERS DO THIS**  
**If Baby Has A Cold**



AT BESTIME rub VICKS FOR NOSES  
 throat, chest, back while child sleeps  
 with VapoRub. Its to relieve coughs,  
 hot-bubbling action muscular soreness  
 starts instantly... and tightness.

Best-known home remedy  
 you can use to relieve  
 distress of children's colds is  
 comforting Vicks VapoRub.  
 Even while you rub it on,  
 VapoRub starts to work to  
 ease distress... and it keeps  
 on working during the night.  
 No wonder most mothers  
 always do this when a  
 cold strikes.

**VICKS**  
 VapoRub

**LIVE-AT-HOME**  
**HIGH QUALITY**



**SEED**

**T. B. UPCHURCH**  
 INCORPORATED

**Are You Trading Cars?**

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**Lumber River Discount Co.**

Phone 767 South Elm St. LUMBERTON, N. C.

**ROCKFISH NEWS**

By Mrs. A. A. McInnis.

Rev. J. M. Gibbs of Stedman filled the appointment of Rev. E. B. Booker at Tabernacle church Sunday night.

Mr. and Mrs. J. F. McDowell, T. C. Jones, Misses Bessie Wright, Bennie Lee Brock, Marcelle and Eleanor King attended a S. S. Rally at Second Baptist church in Fayetteville Sunday afternoon.

Sgt. and Mrs. S. B. Minter visited Mrs. Minter's parents, Mr. and Mrs. M. S. Bristow Sunday.

Mr. and Mrs. A. W. Wood and son, Craig, took a trip to Raleigh Tuesday.

Mr. and Mrs. J. M. Baker and children, Ann, Jimmie and Joe of Dunn were guests of Mr. and Mrs. C. H. Dove last Saturday and Sunday.

Stacey and Paul Grooms went to Roanoke Rapids, Va. last Saturday to visit their grand mother and other relatives.

Mrs. Bailey Dove of Willow Springs has returned home after spending several days with Mr. and Mrs. C. H. Dove.

N. J. Ritter visited his sister Mrs. Lona Smith of Maxton, this week.

Miss Ruby Wood of FMC, Red Springs, spent the week end at home.

Mrs. Cecil Reynolds, who spent the past week with homefolks here, returned to her home in Newport News, Va. Sunday.

**Authorized FRIGIDAIRE dealer for the past 10 years. Refrigerators, Ranges, Water Heaters and other appliances.**

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Jim Jones of Raleigh visited his cousin, M. S. Bristow, Sunday.

Mrs. C. P. Monroe and son, Billy, of Dundarrach visited Mrs. M. L. Wood Sunday afternoon.

Mr. and Mrs. N. A. McKeithan, Sarah Neal and Cecil McKeithan, Mr. and Mrs. Melvin McDowell went to Vass Sunday to visit Mr. and Mrs. T. L. Hart.

Mrs. J. C. Reynolds and Miss Hazel Smith visited their sister, Mrs. Ed Newton, at Highsmith hospital Saturday afternoon.

A. W. Wood and Thomas McInnis attended the funeral of Mrs. N. S. Tolar at Lumber Bridge Sunday.

A. L. Long spent the past week end at home.

The motion picture show in the school auditorium here Friday night was well attended.

Mrs. Rosa Lee Woody of Nichols S. C. visited Mrs. Bernice Bostic Tuesday night of this week.

Mr. and Mrs. Bernice Bostic were dinner guests of Mr. and Mrs. Douglas McBryde of Maxton last Saturday night.

**Slip Cover Demonstration**

Miss Rose Ellwood Bryan, Extension Specialist in House Furnishing and Home Management, will give a slip cover demonstration at the Raeford Kiwanis Hall on Tuesday, February 4th. The meeting will start at 10:00 a. m. and will end around three o'clock. The hour from 12-1 will be taken for lunch. Miss Bryan will be pleasantly remembered by those women who saw her give a demonstration in November on making feather comforts.

Any one in the county who is interested in making slip covers is urged to attend the demonstration. Those Home Demonstration members who come in from the county may bring their lunch and serve it picnic style in the Kiwanis Hall if they wish.

Josephine Hall  
 Home Agent

**No Increase Seen In Cooking Fats**

Raleigh, January 28: Supplies of food fats available for consumption this winter and spring - with the possible exception of butter - will remain relatively small and prices will probably stay high.

In releasing this information compiled from reports issued by the Bureau of Agricultural Economics, the State Agriculture Department says that production of creamery butter in recent weeks has been about 20 per cent larger than a year ago, reflecting reduced consumption of fluid milk and cream as a result of recent increases in prices for these items. However, the present rate of creamery butter output is still 30 per cent under prewar days. With high spring milk production, supplies of butter moving into consumption will increase materially, and a further reduction in butter prices is likely.

Hog slaughter in November and December was seasonally large. Probably well over half of the hogs to come forward from the 1946 spring pig crop were slaughtered by December 31. In the spring and early summer, lard production will reflect the 11-per cent national reduction in the 1946 fall pig crop, becoming scarce.

**POTPOURRI**  
 By EMILY B. EBERLE

Which shall cooking be; a drudgery or a pleasant task? There are many women who have cooked three meals each day for their families 5, 10 or maybe 30 years or more, and eventually they feel that their task has become one of boredom. Another drudgery is the never ending struggle to make the food dollar stretch. These two obstacles require imagination to overcome and if it is spread generously throughout daily food problems, getting dinner will soon become one of the highlights of the day instead of the last dull routine in a hurried schedule.

I should like to give you a few examples as to how you can overcome the obstacles that I have mentioned. An Irish stew, which I grant you is a very humble dish, takes on more zestful flavor and appetite appeal if a bay leaf and a dash of worcestershire or other meat sauce are added. Season short ribs of beef with salt and pepper and sear lightly in a deep kettle or the deep well of the electric range. Add one quarter cup of water, onions if desired, a bay leaf and meat sauce and simmer gently for approximately one hour for each pound of meat used. One hour before you are ready to serve dinner, add pared potatoes and carrots. This simple dish will delight your family and you can be assured that they will praise you for your artistry. After this bit of praise you will want to try your hand again at creating new flavors from old standby foods. Try this marvelous veal and sauerkraut dish. Sear cubed veal in a large skillet, add a can of sauerkraut, one half pint of sour cream, one bullion cube which has been dissolved in one half cup of hot water, sprinkle with salt, peper and paprika and simmer gently for about an hour and one half. Take my word for it, this is a homey dish with a party flavor. Instead of baking spareribs by themselves make a sandwich of two layers of ribs stuffed with bread dressing. The same idea can be used with two thin slices of ham and the dressing will take the place of potatoes on the menu.

Now lets talk a little bit about soups. It may be old fashioned to serve soup as a main course, but wont you agree with me that a steaming bowl of rich aromatic soup would be welcome to every-

one particularly when the day has been cold and rainy? Cook a box of green split peas with a hambone, two medium size potatoes, two onions and a few celery leaves in about four quarts of water for three hours, then run the vegetables through a sieve and serve in large bowls. Float little cubes of bread on the soup which you have fried ever so slowly in margarine or dippings. All you need with this is a quickly tossed salad and a good dessert. Vegetable soup will be more welcome if you have

added the juice of a lemon just before serving and navy bean soup takes on a new flavor when a bay leaf and a few sprigs of parsley have been added.

Desserts seem to be a bugaboo which usually fall into four classes; cakes, pastries, puddings or canned fruits. Why not try working your magic with the now plentiful and ever so healthful citrus fruits. Slice oranges thinly and alternate layers of them in a serving dish with thin layers of fresh grated coconut. Sprinkle on powdered sugar and

let stand in a cool place for at least an hour before serving. This is called "Ambrosia" and you will know why when you taste it. When you bake apples, pack the hollow centers with bottled mince-meat instead of the usual sugar and cinnamon and serve warm with top milk.

There is an old, old saying. If you're bored—try something new. So be trying a few of these time savers which at the same time are palate tickling, your cooking hours should become a new adventure.

**NOTICE**

**TO THE PEOPLE OF HOKE COUNTY**

Beginning on Saturday, Feb. 1, 1947 I will be in the commissioners room at the Hoke County courthouse at 2:30 o'clock each Saturday afternoon for the purpose of meeting with citizens of the county who may wish to talk with me about my activities in the North Carolina General Assembly.

I will welcome any suggestions or comments you may wish to make.

Harry A. Greene

**List Your Taxes**

The following have been appointed as List Takers for Hoke County:

- |              |   |                       |
|--------------|---|-----------------------|
| Allendale    | - | Miss Willa McLaughlin |
| Antioch      | - | J. A. Hodgins, JR     |
| Blue Springs | - | C. J. McNeill         |
| Little River | - | Daniel McGill         |
| McLaughlin   | - | M. G. Ray             |
| Quewhiffle   | - | W. L. Maultsby        |
| Raeford      | - | L. J. Campbell        |
| Stonewall    | - | W. J. McBryde         |

L. J. Campbell will be at the Court House every day to list taxes for both the Town and County.

W. J. McBryde will be at Dundarrach Trading Company every Thursday, Friday and Saturday.

Be prepared when you list your property to give Farm Census Report.

LISTING WILL CLOSE MARCH 1st.

J. A. McGoogan  
 Tax Supervisor

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- COMPLETE LINE OF PIPE FITTINGS
- ASBESTOS SHINGLES
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- VULCAN PLOWS
- WISCONSIN ENGINES
- TIME SAVER PRESSURE COOKERS
- GOOD SUPPLY OF INSIDE AND OUTSIDE PAINT
- HAND SAWS AND CROSS CUT SAWS
- TOBACCO BED CANVAS AND TOBACCO SEED
- CONTINENTAL POWER UNITS-47 H. P. UP
- TURNER TOBACCO STICK MACHINES
- JOHN DEERE A & B TRACTOR CULTIVATORS
- NEW HOLLAND CORN SHELLER & HAMMER MILLS
- BOYETTE TOBACCO SPRAYERS
- FIRESTONE TIRES AND TUBES

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**— Josey's & Johnson's Special —**

SEE US FOR YOUR FARM LOANS

**Johnson Cotton Co.**

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OUR TERMS ARE CASH IF YOU HAVE IT OR CREDIT IF YOU NEED IT

**COLD SUFFERERS!**

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Get famous, prescription-type 666 for super-speedy relief from cold misery. Try 666 Cold Tablets, or 666 Liquid Cold Preparation today. Caution: Use only as directed.

