

State College Hints To Farm Homemakers

Root vegetables will be fresher and have more nutritive value if their leaves or tops are trimmed off before they are stored in home refrigerators or vegetable bins, plant scientists of the U. S. Department of Agriculture remind housewives.

Although bunches of carrots, turnips, beets, parsnips, and radishes may look more attractive in grocery stores with leafy tops attached, those tops should be cut off as soon as possible because they draw moisture and nutrients from the vegetable. The tops take up valuable space in storage containers. The plant scientists explain that while the vegetable is growing in the ground, the leaves manufacture sugar, starch, protein and other

nutrients and pass them down to the roots for storage.

However, once the vegetable is harvested and the roots are out of the ground, the situation is reversed and the leaves draw on the moisture and nourishment of the root to keep alive.

These vegetables, especially if young and tender, keep better in the vegetable compartment of the refrigerator than in an open bin in the kitchen, because the warm air of the kitchen soon dries and wilts the vegetables.

Wintry weather need not mean dropping raw salad off the menu. Foods in season offer varied possibilities for salad bowls of crisp vegetables and fruits. Besides providing something fresh and juicy or crisp, these raw salads can play an important part in giving the family its vitamin C. Nutritionists of the U. S. Department of Agriculture suggest these reminders for salad plans and winter C. Citrus fruit, famed

source of C, reaches its seasonal peak in early February, and this year's crop is a record-breaker.

Oranges, grapefruit, tangerines lend themselves well to salads. Top with a dressing of citrus juice blended with salad oil.

When served raw, a number of winter's abundant vegetables provide liberal amounts of vitamin C, and make good salads singly or in combinations. It is best to cut up the vegetables just before serving, since some vitamin C is lost during exposure to the air.

Poultry Success Lies In Efficient Methods

The outlook for North Carolina poultrymen in 1947 is reasonably good, according to C. F. Parrish, in charge of Poultry Extension for State College. "provided they divorce slipshod methods of production, and adopt and adhere to a program featuring efficiency."

Greater attention will have to be paid to marketing, Parrish believes, predicting that more direct marketing will be done in the future than has been done to date, and that more labor saving devices will be used. He says that in view of these trends, Extension poultry specialists will put emphasis on such factors in their 1947 program for poultry in North Carolina.

"With competition becoming keener in foods and with the appearance of many new foods on the market, it means that those that compete must be produced economically and presented to the consuming public in an attractive manner. Too many of the farm folks in North Carolina have neglected this phase of poultry work in the past. They no longer can neglect to use the

best stock available to feed them a high quality ration at all times for maximum results.

"Proper housing and intelligent management of the flock are necessary if the margin of profit desired is made. So, for 1947, chick buyers should insist on high quality, disease free chicks from birds, ready to lay and with a 'known' performance rather than a 'guessed at' performance.

State College Answers Timely Farm Questions

QUESTION: Briefly, what is the intent of the Hope-Flanagan Bill, also known as the Research and Marketing Act?

ANSWER: Dr. L. D. Bayer, dean of the State College School of Agriculture and Forestry, and Director of the N. C. Experiment Station, says that "The bill recognizes the extreme importance of conducting research in the improvement of the quality of plants and animals and the development of new and improved methods of producing, marketing, processing and utilizing the products of the farm."

QUESTION: What materials are recommended for the control of Blue Mold in North Carolina?

ANSWER: At the present time, ferate, copper oxide, bismuth subsalicylate, and paradichlorobenzene, are recommended for blue mold control in this state. Many farmers are using ferate, and most of the tests conducted by the county farm agents of the State College Extension Service last year were with this material.

QUESTION: When will National 4-H Club Week be held this year?

ANSWER: This special week, when four and a half million 4-H Club boys and girls will formulate plans for a Better Home and a closely knit "World Community" is just around the corner. Dates this year are March 1 to 9.

Farm Buiding Need Is Cited By Weaver

The crying need for better farm buildings has been brought into sharp relief by North Carolina's changing agriculture, says Prof. David S. Weaver, head of the Agricultural Engineering Department, State College.

Poultry houses of various kinds including laying houses, brooder houses, and summer ranges are in demand at this time. Prof. Weaver says, and the ever-increasing livestock and the production of feed for their consumption create some of the problems of adequate farm buildings.

"If sufficient and satisfactory building space is not available for handling this year's crops, it is not too early to give consideration to that problem," he says, pointing out that a great many farmers like to cut their own timber and have it seasoned so that when they are prepared to build, it will not be necessary for them to purchase lumber.

Two types of buildings for which there is an increasing demand at present are grain houses and sweet potato storage houses. Each of these requires careful consideration as to location, design and construction, Weaver says.

The department of Agricultural Engineering has for free distribution to farmers desiring to build, either of these types of structures, as well as many other plans. Prof. Weaver suggests that farmers decide what plan is needed, then consult their agents, who have complete lists of these plans.

Twenty-four horse and mule clinics will be held for Pitt County farmers this year.

Peanut production demonstrations will be conducted in Currituck County this year, according to H. V. Reynolds, assistance farm agent for the State College Extension Service.

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List Your Taxes

The following have been appointed as List Takers for Hoke County:

Allendale	-	Miss Willa McLaughlin
Antioch	-	J. A. Hodgins, JR
Blue Springs	-	C. J. McNeill
Little River	-	Daniel McGill
McLaughlin	-	M. G. Ray
Quewhiffle	-	W. L. Maultsby
Raeford	-	L. J. Campbell
Stonewall	-	W. J. McBryde

L. J. Campbell will be at the Court House every day to list taxes for both the Town and County.

W. J. McBryde will be at Dundarrach Trading Company every Thursday, Friday and Saturday.

Be prepared when you list your property to give Farm Census Report.

LISTING WILL CLOSE MARCH 1st.

J. A. McGoogan
Tax Supervisor

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