

Home Agent's Narrative Report For April

"Muscle Building Foods" was the subject of the demonstration at the thirteen clubs in Hoke County in April. The Foods and Nutrition leaders gave the demonstration at twelve clubs and the Home Agent at one. One hundred and fifty-eight (158) women were present at the meetings.

Miss Julia McIver, Extension Clothing Specialist, gave a most helpful demonstration on "The Professional Touch in Sewing" on the afternoon of April 19. Miss McIver gave practical suggestions in cutting and marking the

material and stay stitching to prevent stretching. Stay stitching is sewing one fourth inch from the cut edge of off grain pieces such as the blouse front and back neckline, shoulder, armhole, etc. She showed how to make bias pin-tucks, a simple way to make scallops, and how to shape hems. One of the most helpful parts of the demonstration was putting in a zipper in one minute of time. She also showed the new method of making bound buttonholes by using a strip of material 1 1/2 inches wide which had been tucked on each side.

The Blue Springs Club had a supper meeting at the community building on the evening of April twenty. J. M. Andrews, Hoke County Solicitor of Records, Hoke County Clerk, and Agent's meetings at E. Vernon, County Agent, show-

ed a number of slides on Home Beautification and discussed each picture as it was flashed on the screen.

Eighty Hoke County women attended the Annual Meeting of the 16th District Federation of Home Demonstration Clubs which was held in Laurinburg on April 27. Dr. Robert L. Humber, who is with the United Nations, was the speaker. Reports from the four counties, Cumberland, Hoke, Robeson and Scotland, were heard.

The five 4-H Clubs met in April.

The Home Agent attended meetings of the USDA County Council, the supper sponsored by Hoke County Triple A Committee, men, and Agent's meetings at Lumberton and White Lake.

Poole's Medley

BY D. SCOTT POOLE

There used to be, spring mornings, hasty spring showers. We saw and heard these showers coming through the woods, or fields, drops of rain as large as the end of your finger. Those showers would last about a minute, tumbled down and roared.

On the 30th day of April, 1886, there came from the north west the only real hailstorm I ever saw. It covered the ground about six inches, and a heavy rain followed and washed it in heaps. That hail beat off tree tops, and beat most of the bark off the north west side of the trees. Corn was beaten down, so was wheat and other small grain, but it straightened except that which was broken off.

I never have seen any thing printed about there being less thunder and lightning now than there used to be. Some of my readers will recall a thunder cloud that came in July, 1905, when every telephone pole between Raeford and Red Springs was struck by lightning and torn to pieces.

The latest snow I ever saw fell on the morning of April 18th, 1871. It fell from about 8 to 10 o'clock p. m. It melted by noon and did the peach crop no harm. Peaches were about the same size they are now.

Because we have had a mild winter, we are a little more likely to have cool snaps this summer. We will see.

The last issue of the State Magazine carries an interesting article about Indians in Robeson and surrounding counties. Hoke has Indians to supply three public school teachers employment.

Folks in Raeford should shoot these jaybirds, for they kill and eat other variety of birds, or eat their eggs.

In the 1880's the first Teachers' Institute was held in Troy, and the editor of Troy's first newspaper offered a year's subscription as a prize for the best speller. A young man named Kearns, from Randolph county, and Jno. M. Poole from Montgomery county, tied. Neither failed to spell all the words given. The prize was divided.

No man or woman knows what he or she can do until he or she is put to a final, supreme tests. Tests try, and make victors over trials and troubles.

The larger part of history is a recital of the wrong conduct of men and women, who have lived

size that hay is needed in any balanced feed program and that alfalfa, "king of the hay crops," can be grown successfully in North Carolina. Alfalfa, they say, is rich in protein, minerals, and vitamins A and D, and is especially good for dairy cattle and all types of young growing stock.

The publication gives detailed information on soil selection, liming, fertilization, seedbed preparation, seeding, cutting and curing, and management.

Persons desiring a copy of "Alfalfa Production" may obtain one

from the local county agent or by writing to the Agricultural Editor, State College Station, Raleigh, and requesting Extension Circular No. 307. There is no charge.

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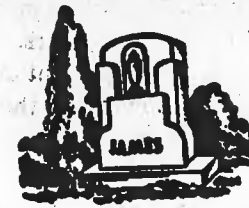
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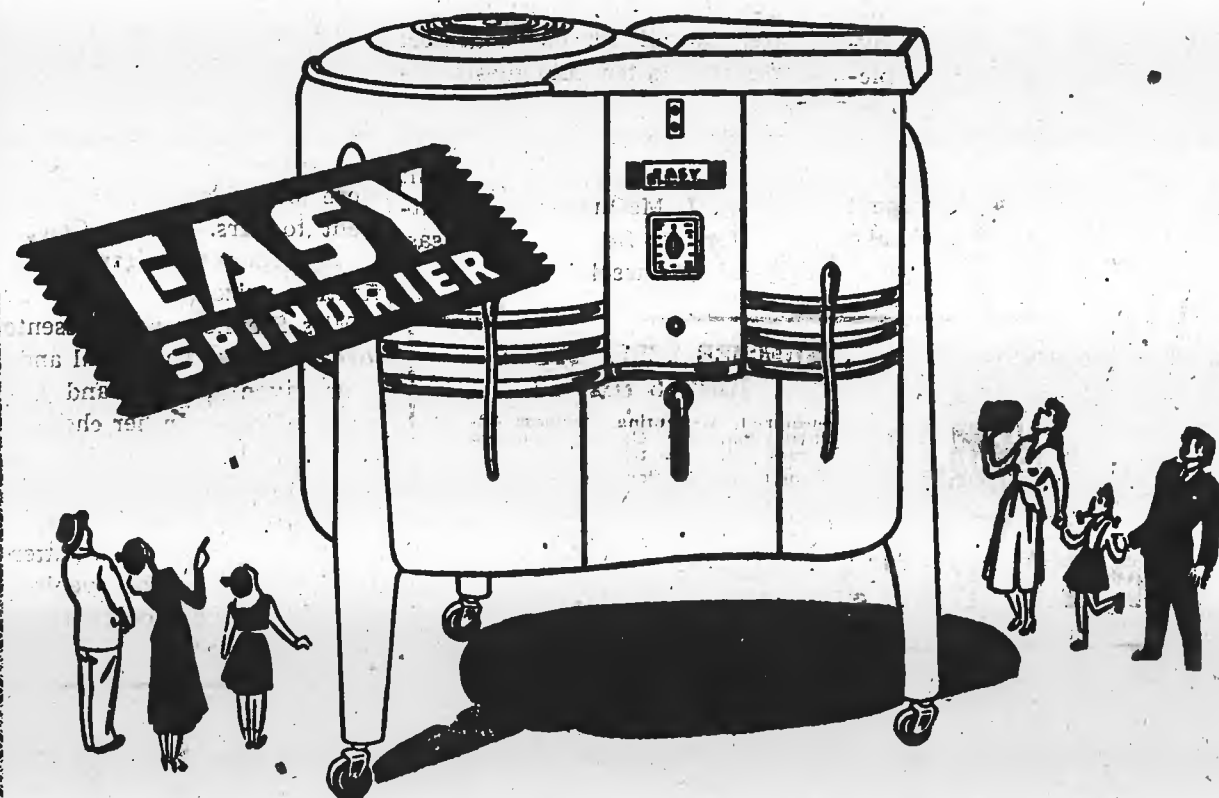
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