

HOME DEMONSTRATION WEEK BEING OBSERVED

"The Home—Basis of a Better World" is the theme for National Home Demonstration Week in North Carolina, April 30-May 6. During this special week attention is being focused on what 63,242 home demonstration club women in the State are doing to improve their homes and keep their families well. At the same time, home demonstration members are broadening their horizons and developing a better understanding of national and international affairs in every state, Hawaii, Alaska, and Puerto Rico. In the 2,050 communities in North Carolina where home demonstration clubs are organized, women are celebrating the week with county-wide meetings, tours to improved homes, demonstrations, exhibits, newspaper articles, and radio broadcasts. According to Miss Verna Stanton, assistant State home agent for the State College Extension Service, community "Home Demonstration Days" are being held to recognize

the 32,264 leaders for their contribution to the development of better homes and community life. Other activities are pointing up achievements as rural women hold open house across the State. From a small beginning in 1911, this program in North Carolina has grown to an organization covering all of the 100 counties. This broad program features good home management, nutrition, food production and preservation, home furnishings and color arrangements, family relations, clothing for the family, citizenship, music appreciation, good reading, community activities, and many other interests of rural families.

"Better informed, healthier and happier rural people are important assets to our democracy," says Miss Stanton. "Rural people will continue to work toward these vital objectives as they improve their homes and community life, which form the basis of a better world."

THE HOME - BASIS OF A BETTER WORLD

Home Demonstration Club members throughout North Carolina are called upon to observe the Fifth National Home Demonstration Week, April 30-May 6.

The National Council at its annual meeting in Colorado Springs, Colo. Oct. 3-6 unanimously endorsed the observance of National Home Demonstration Week. The Council emphasized the need for a year round information program to tell the story of home demonstration work and to inform the public on the results of such programs as housing, health, safety in the home, nutrition, better understanding of public problems and policies and international relations.

In North Carolina more than 63,000 club members will help to bring about a wider understanding of home demonstration club work and they have set up the following objectives:

1. Make the public aware of the place of home demonstration work in the entire Extension program.
2. Encourage more young homemakers to actively participate in home demonstration club work.
3. Recognize leaders for their contribution to the improvement of home and community life.
4. Reach more people through:
 - a. Increased membership in clubs
 - b. New clubs
 - c. Programs in co-operation with other agencies and organizations.

A COUNTRY WOMAN'S PRAYER

by Mrs. May Kayser,

A Home Demonstration Club Member, Minter, Ala.

Gracious Father, give us hearts grateful for America and the American way if life:

For freedom of opportunity which it brings and the privilege of service to others and to Thee.

May we find joy in labor and love beauty in homes made glad with song!

May we gain the added skills which knowledge brings, and use wisely the leisure which is their reward.

In songs of birds, in thriving gardens, in the laughter of little children, in all "common things of life" help us to find Thine ever-present love.

Keep us from selfish intolerance, from injustice and blind greed:

May we learn to live wisely and well on the land which is ours, leaving it ever richer and more beautiful for having been our home.

And help us O God, to know that only in "the fruits of the Spirit" will mankind find the peace for which we pray!

Twelve Reasons Why I Am a Home Demonstration Club Member

(Best Paper in County on this subject)

It would be much easier to give a hundred reasons why I am a Home Demonstration Club member than to select twelve.

1. My first reason is that I want my community to be one of the best, if not the best in our county. The Home Demonstration Club teaches us so many things we can do to help make it just that. We are asked to serve on committees in county drives for March of Dimes, Red Cross, Cancer, Overseas Relief, and others; in this way we let outsiders know we are ready and willing to do our part. Thus living one part of our club collect—"Let us take

time for all things."

2. I like to know my neighbors even if we do live several miles apart. At club meetings we become better acquainted as we laugh and talk while learning to make a "Candlewick" bedspread, Hooked rug, Drapes, Shuck mats, or to bake a prize winning cake or pie. I never could make crisp pie crusts until I became a Home Demonstration Club member.

3. I believe a happy home is a great force in molding character. If a mother can plan a balanced diet, bake fancy cookies, make candy and is good at planning parties her children will be hap-

pier and make better citizens. As club members we get many cookie and candy recipes; also the latest tips on entertaining.

4. We are invited to attend cooking schools, classes on arts and crafts, slip cover making, etc. taught by experts from State College.

5. We sing and read. When we open our meeting with the song, "For food and health and happy days accept our gratitude and praise. In serving others, Lord, may we repay our debt and love to Thee"—I always have a feeling of gratitude that I am a member of this wonderful group.

Books may be selected at the close of each meeting to be read by next meeting. We are rewarded with certificates for reading.

6. As a club we make tours, by special bus, that would be too expensive to make alone. This is another reason I am a club member.

7. We are taught to sew, knit, crochet; also to select materials that are best suited for making wearing apparel, as well as for drapes, curtains and bedspreads. This is certainly a good reason to be a member of the Home Demonstration Club.

8. We may receive free expert advice on landscaping — which lawn grass is best for your location, as well as names of suitable shrubbery, flowers and fruit trees. This is another good reason to be a club member.

9. We attend District Meetings in other counties and hear reports of work being done. We

meet so many nice people and make lots of friends that we would never know if we were not club members.

10. When you work in your garden and see beetles destroying your beans, the squash wilted and Irish potatoes covered with bugs, it gives you a great feeling to know you can depend on the Home Demonstration Agent to tell you what you can do to control these pests.

11. We have lessons on using a pressure cooker for canning meats, vegetables; also how to can by other methods. Classes are taught on preparing frozen foods. This, to me, is a wonderful reason to be a member of the Home Demonstration Club.

12. Farm and Home Week in Raleigh and Annual Achievement Day in Hoke County is another reason. As I listen to the club reports I feel proud to be going forward with this group of women, and I realize that we are learning to put into action our better impulses — straightforward and unafraid.

Mrs. Tom Sinclair, Ashemont Club.

Every North Carolina farm should be prepared for emergency treatment in case of accident. This means that a first aid kit is essential farm equipment.

A joint Carolinas - Maryland Virginia sale of Aberdeen-Angus cattle will be held at Guilford County Agricultural Center near Greensboro on May 15.

Hold Meeting Of 16th District In Lumberton

The Sixteenth District Federation of Home Demonstration clubs met at the Armory in Lumberton, April 20th.

The meeting was called to order by Mrs. A. A. McCormick of St. Pauls, District Chairman.

Mrs. Lawrence Bledsole gave the devotional.

The club women were welcomed by Mrs. George Nye.

Mrs. Henry McLaurin of Laurinburg made the response. Club presidents from Hoke, Scotland, Robeson and Cumberland counties gave their yearly reports of work accomplished.

We were all proud of the Hoke County report and the fact that eighty-eight women from Hoke County attended the meeting; and received the gavel given for the club traveling the most miles to the place of the meeting.

Mr. Robert Smith, Dean of Music at Flora Macdonald college, was speaker of the day. His subject was "Music Appreciation", and if everyone could play as Dean Smith can, I'm sure all would appreciate music. His directing of the songs as well as his talk was a real treat.

At the close of the meeting a picnic lunch was served in the Armory Recreation Room.

—Mrs. Tom Sinclair.

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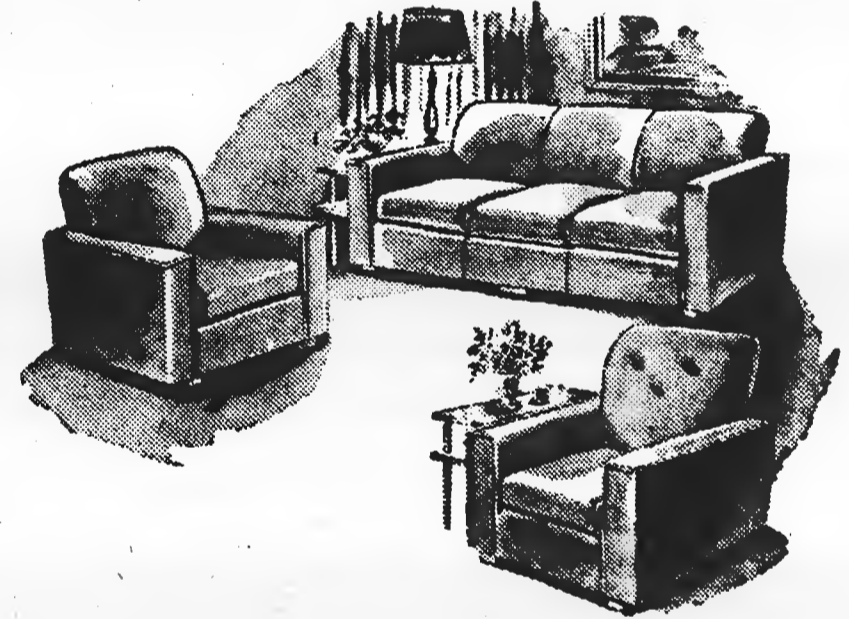
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