

QUEWHIFFLE NEWS

by Mrs. Ralph Cothran

Mr. and Mrs. R. A. Smoak and daughter, Anne, and Mr. and Mrs. N. F. Sinclair returned Friday after a trip to Asheville and other points of interest in the mountains.

Mr. and Mrs. L. R. Cothran and family returned Sunday after spending last week in Jacksonville, Fla. with their daughter, Mr. and Mrs. Floyd Price.

Allen Howard of Jacksonville, Fla. came for his wife who has been visiting her parents, Mr. and Mrs. G. C. Wilson, last week.

Mr. and Mrs. E. J. Hare and Mrs. Julia P. Hare were called to Portsmouth, Va. last Saturday on account of the illness of W. R. Hare.

Mrs. F. L. Eubanks was called home to Charlotte over the week end on account of the death of her brother.

Robert Caver of Poplarville, Miss. spent the past week end here in the home of his cousin, Mrs. Tom Sinclair. He was en route to Charleston, S. C.

Mrs. R. L. Carter, Mrs. Marshall Newton, Mrs. Foster McByde and Mrs. Tom Sinclair, spent several days last week in Western North Carolina. They saw the pagent. Unto These Hills, at Cherokee.

Mr. and Mrs. Hatoes have returned after spending a vacation

in New York. Friends of Mrs. G. C. Wilson and Max Pickler will be glad to hear that they are both improving nicely.

Mr. and Mrs. E. R. Pickler spent the past week in Portsmouth, Va. with their daughter, Mrs. James Little and family.

Mr. and Mrs. J. B. Womble and children have returned home after spending a week at Myrtle Beach.

A number of friends of this community attended the funeral of Daniel Jones in Raeford Monday afternoon. Mrs. Jones used to teach at the Ashmont School.

Miss Joan Sinclair spent a few days last week at Myrtle Beach, S. C.

Arabia News

By Mrs. D. B. Traywick

Mrs. Cornelia Russell and Carolyn, Mrs. Lillie McDougald, Mrs. Carrie McKenzie, John McKenzie and Bob McInnis spent Sunday with Mr. and Mrs. Arch Gentry of Maxton.

Mrs. Ellerbe Jackson is a patient at Highsmith hospital for treatment.

Mrs. Robert Dyer and children and Mrs. Dyer's mother, Mrs.

FOOD... through the ages..



HUGE AND POWERFUL ROMAN EMPEROR GAIVS MAXIMUS (235 A.D.), FORMER THRACIAN SHEPHERD, ONCE ATE 40 POUNDS OF MEAT IN ONE DAY!

MEDIAEVAL FEASTS WERE SUMPTUOUS, BUT DAILY FOOD WAS MEAGER AND SERVED FROM WOODEN BOWLS.



JOSEPH PRIESTLY, FAMOUS ENGLISH CLERGYMAN AND CHEMIST (1733-1804), DISCOVERER OF MANY GASES, INCLUDING OXYGEN, EXPERIMENTED FIRST WITH BEER IN THE BREWERY NEXT TO HIS HOME.

FAMOUS ARCTIC EXPLORER VILHJALMUR STEFANSSON FOUND HE COULD LIVE ON MEAT ALONE, PROVIDING HE INCLUDED THE FAT.



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Reynolds, of Southern Pines spent Sunday with Mrs. Mary B. Webb.

Raleigh are spending this week with home folks.

Curtis Ray of the U. S. Navy at San Diego, California, is home on leave.

Don't sprinkle lawns lightly every day "to cool things off." Light sprinkling encourages shallow roots and helps crabgrass more than permanent grass.

Mrs. Latta Cook and Connie of

Home Agent's Narrative Report For June

Two hundred and thirty-three people attended Home Demonstration Club meetings in June. The demonstration on "The Art of Staying Young" was given in each club by the Family Relations Leader.

The Hoke County Council of Home Demonstration Clubs met on the afternoon of June 5. Twenty officers and leaders attended. Mrs. Mary L. McAllister was present and discussed the program of work for 1951.

The Allendale Home Demonstration Club served lunch to the Hoke County Commissioners, Mr. McGoogan, the County Auditor, Mr. J. M. Andrews, the County Solicitor, Mr. H. A. Greene, Legislator from Hoke County and Mr. K. A. MacDonald, County Superintendent, on the first Monday in June.

Miss Nita Orr, Food Conservation Specialist, spoke to a group of 21 people on the evening of June 30. Miss Orr talked on the relationship between the freezer locker plant and the home storage unit. She also gave some practical information on freezing foods, the number one method of food preservation today.

The Mildouson Club held a picnic for the entire community on the evening of June 14 and the Arabia Club had a chicken supper at the home of Mr. and Mrs. Leonard McFadyen on June 28.

\$30,000 BABIES!



Keep your baby chinchillas warm—and they'll grow up and keep you warm in \$30,000 fashion! These expensive little rodents must be pampered while they are babies. Temperature in their cages must be controlled within a few degrees if the tiny animals are to grow up into \$30,000 fur coats. A new type of heating system made of cotton and rubber is used in this chinchilla home. Called Uskon, the radiant heating system provides uniform temperature with panels of cotton fabric and conductive rubber.

Forty-three 4-H boys and girls and four leaders together with the Farm and Home Agent spent June 21-26 at Camp Millstone. They were joined by club members from Scotland, Brunswick, and Montgomery with Hoke county having the largest group. Miss Betty McLean, Mrs. R. W. Posey, Robert Mott and Alex Norton served as leaders. Three club members, Jo Anne King, Shelia Balfour and Bennie McLeod put on a demonstration on keeping

long time records. Each camper made a wooden record book cover to use in keeping 4-H records.

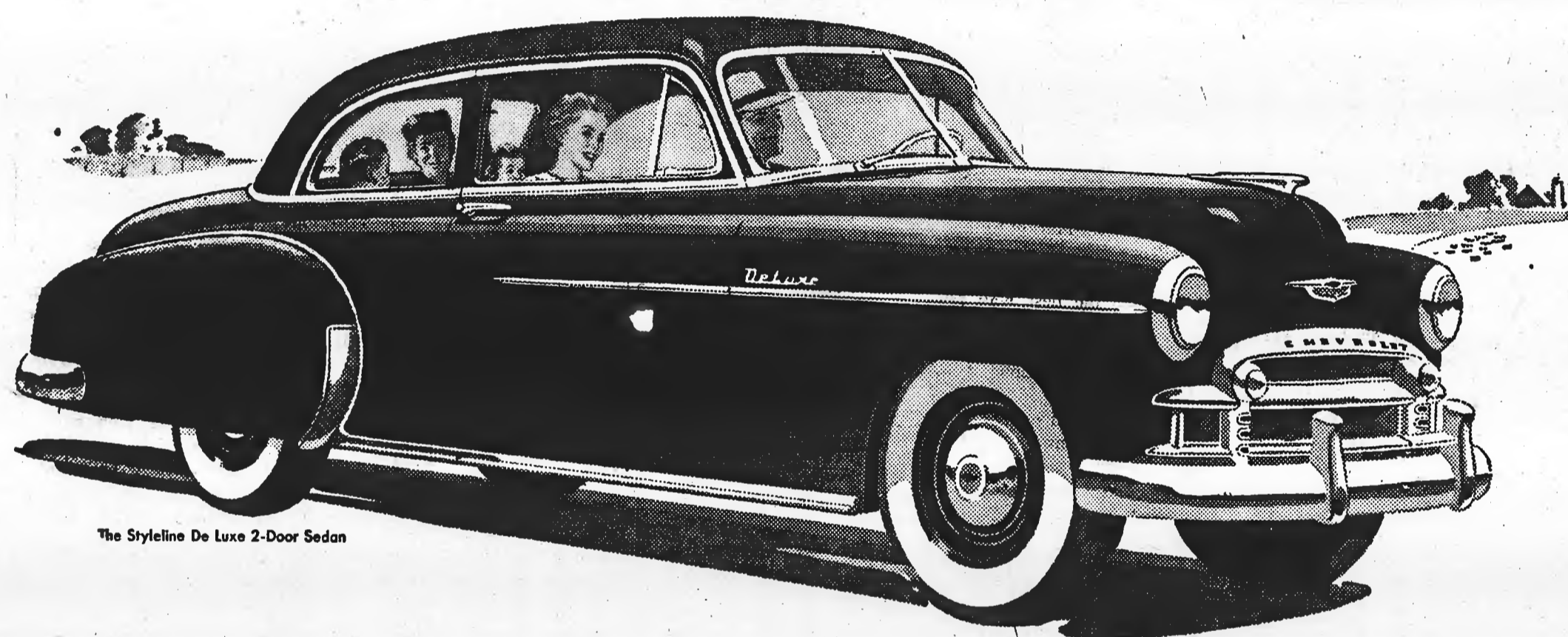
The County 4-H Dress Revue was held in June. Annie Blue Cameron was the first place winner. She received \$10.00 given by the Lions Club and will use her \$10.00 to pay her way to State College on July 24-29, where she will represent Hoke County in the State Dress Revue. Mary McLean was second place winner.

The Home Agent judged the 4-H dress revue in Robeson County on the evening of June 16. Josephine Hall, Home Agent.

Keep a close check on the gasket of refrigerator doors. Poor gaskets are often the reason for high electric bills.

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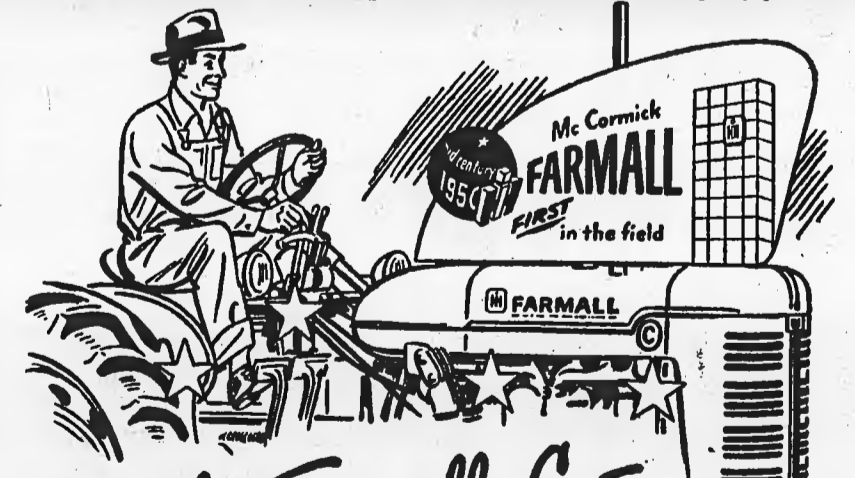
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