

Dr. Niles To Sing At Flora Macdonald Tuesday, December 9

John Jacob Niles, eminent folksinger and foremost authority on folk music today, will present a program of Anglo-American ballads, carols, street songs, work songs, and nursery rhymes, at Flora Macdonald college on Tuesday evening, December 9, at 8:15. The kind of songs that Dr. Niles sings has no known composers and scarcely any known beginning—they have simply been sung and handed down from generation, and represent a collection of century-old music from England, Scotland, Wales, and Ireland, that was handed down by oral transmission from the countries.

Today, this music still lives in the Appalachian Mountains, in remote corners of Kentucky, Virginia, West Virginia, North and South Carolina and Tennessee. His collection is the largest in the English-speaking world, and he is the only folk singer today who has never used material from any collection but his own—just as he uses only dulcimers of his making for accompaniment. He has a storehouse of more than a thousand songs and their variants which he is now copying by hand (the largest in the English speak-



IRRIGATION BECOMES FAMILIAR SIGHT—Overhead irrigation such as used in this Orange County cabbage field is becoming more common on southern farms as drought-dreary farmers prove the wisdom of supplementary irrigation. An extensive survey by Carolina Power & Light Company farm specialists shows it "saved" many farmers last June-August.

ARTHRITIS?

I have been wonderfully blessed in being restored to active life after being crippled in nearly every joint in my body and with muscular soreness from head to foot. I had Rheumatoid Arthritis and other forms of Rheumatism, hands deformed and my ankles wear set.

Limited space prohibits telling you more here but if you will write me I will reply at once and tell you how I received this wonderful relief.

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A. V. Sanders
720 Cameron St.

ing world) for the rare-book collection at Harvard. He has published two books "Singing Soldiers" and "Songs My Mother Never Taught Me". A Kentuckian by birth, he learned his first ballads at the age of nine, and by the time he was fifteen, had taught himself the trick of writing musical shorthand and had started writing down folk music.

The dulcimer, is a very ancient instrument, in a family with the psalter, the zither, the rabeck, and the citole. It dates back to the days of King Nebuchadnezzar, and was popular in Henry VIII's England. Each dulcimer is tuned to a single key, and for this reason Dr. Niles carries four dulcimers to each concert. The dulcimer has been likened to a stringed bagpipe, for it has eight strings which run from high to low rather than from low to high, as in the guitar, mandolin, and other stringed instruments.

Dr. Niles' concerts have won acclaim from England and Estonia all the way across the world to Vancouver. He has been called the "unique troubadour whom no imitator has yet successfully imitated."

Hints To Homemakers

SUNRISE SPECIAL

Mornings are bright and cherry when you take time to eat a good breakfast. It's easy to keep the family happy and healthy with an appetizing breakfast such as this one—built around a steaming bowl of oatmeal.

Ruby-Capped Grapefruit, Oatmeal with milk or cream, skillet Coffe Cake, milk or coffee.

If you have trouble getting organized in the morning, try the

simple remedy of night-before preparation. The oatmeal can be started in a double boiler and then quickly reheated in the morning. The brown sugar-raisin topping for the Skillet Coffee Cake can also be mixed the night before.

Skillet Coffee Cake

Topping:
1-4 cup butter
1-3 cup brown sugar
1-2 cup raisins

Batter:

1 cup ready-mix for pancakes
1-2 cup sugar
1 egg and 1-2 cup milk

For the topping melt butter in a skillet. Mix with brown sugar. Top with raisins. (If prepared ahead, heat the topping before pouring batter over it.)

For the coffee cake batter, combine ingredients in a bowl, mixing well with a spoon. Do not overheat. Pour batter over the raisin mixture. Bake in a moderate oven (375F.) about 20 minutes, serve warm.

In the morning, it takes but a minute to mix the coffee batter and pour it over the melted topping in the skillet. While the coffee cake bakes, fix the coffee

and heat the oatmeal. Cut and section the grapefruit and place a spoonful of red jelly in the center of each half. Follow with steaming bowls of hot oatmeal.

Cooked'nite before Oatmeal

3-4 teaspoonful salt
3 cups boiling water
1 1-2 cups (quick or old fashioned)

Stir rolled-oats into boiling salted water in top of double boiler over direct heat. Remove from heat and let stand over-night. In the morning, place over boiling water: heat to serving temperature, stirring frequently. Makes 4 servings.

STATE COLLEGE HINTS TO FARM HOMEMAKERS

The job of getting children off to school and the grown-up members of the family off to work with lunches to pack, the house ordered, by 7:30 or 8:00 o'clock makes for a great deal of hurry and scramble in most households. Some of this early morning confusion perhaps could be avoided

if the children knew the night before what clothes they would wear the next day and every person knew that the soiled clothes should be placed in laundry bag or hamper, sleeping clothes hung in the closet, the beds made, and lunch menu planned a week in advance for quick early morning packing.

Following such a plan or family cooperative system would make for happier family relationships as well as save the homemaker hours of hard work and worry. It's excellent training for young people to have—grown-ups will profit too and appreciate more the job of mothers and homemakers.

Did you know this? Lettuce leaves won't rust (turn) brown if you wrap them in a paper towel before you place in the crisping pan in your refrigerator.

It's wasteful to discard outside lettuce leaves because they are bruised and somewhat discolored. Crisp them, shred them, use in a

salad or on sandwiches.

Save the vitamins and minerals when you cook leafy vegetables. Turnip greens and spinach should be cooked in only the water that clings to the leaves when they are washed.

Folder Published On Swine Disease

The N. C. State College Agricultural Extension Service announces publication of a new folder on "Brucellosis in Swine."

Brucellosis (Bangs), also referred to as contagious abortion, is an infectious disease that is causing heavy swine losses in North Carolina. In many cases the grower doesn't realize that his animals have the disease. The only sure way of determining its presence is to have the herd tested.

Swine brucellosis occurs as Bangs disease in cattle and undulant fever in man. Reports of the State Department of Public Health

show that North Carolina had 30 diagnosed cases of undulant fever in 1951. Persons who handle infected animals are more likely than others to contract the disease.

Since effective cures for brucellosis in swine have not developed, other control measures must be relied on. These measures are described in the new folder, which was prepared by J. Clark Osborne, head of the veterinary section in State College's Department of Animal Industry; Hal J. Rollins, State veterinarian, State Department of Agriculture; and Jack Kelley, in charge, animal husbandry extension, State College.

Free copies of "Brucellosis in Swine," issued as Extension Folder No. 93, may be obtained from the local county agent or by writing Publications Department, N. C. State College, Raleigh.

The Department of Agriculture has reported a drop of 80 per cent in the cost of price support programs during the 1951-52 fiscal year.

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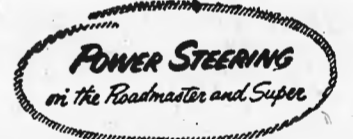
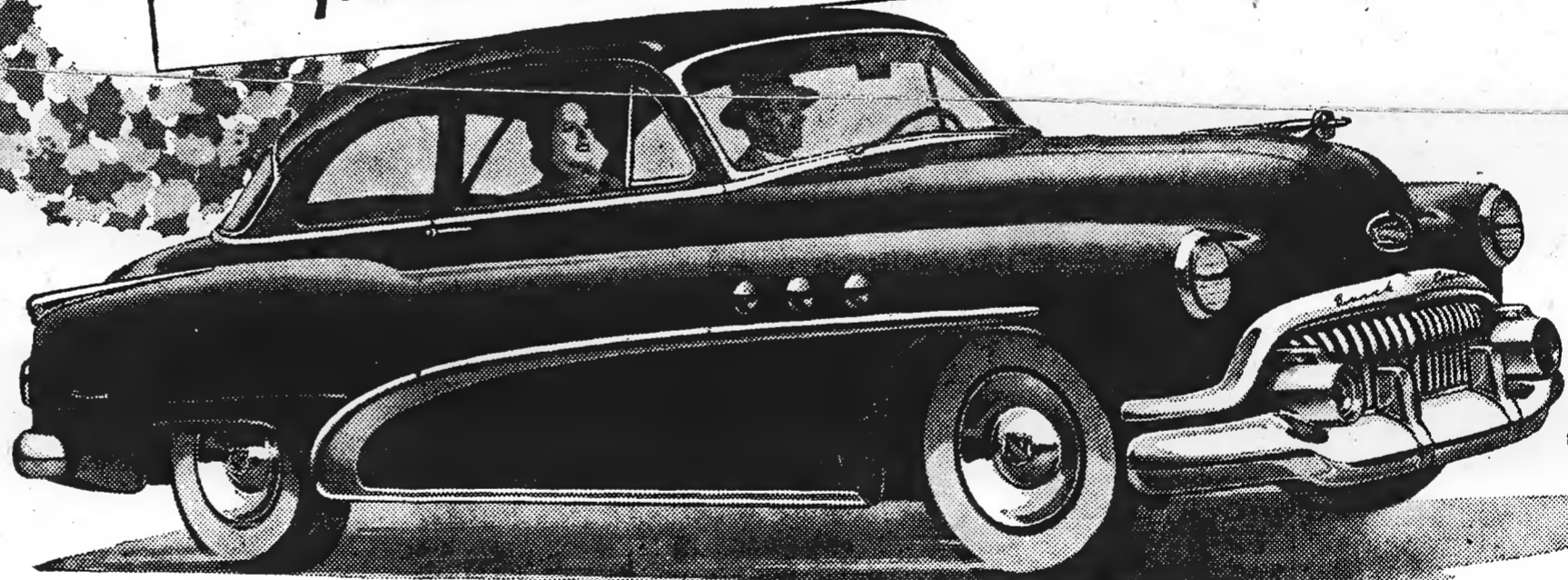
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