



TOO TALL -- Tom Howell finds a Pinecrest hand between his ball and the goal as Joseph Bridges watches.

Sunday School Lesson

A teenage boy had participated with a number of friends in the "borrowing" of a man's car (without his permission). Because the car was returned undamaged before the loss was discovered, the police were not notified, but the boy's father found out when he accidentally heard his son and a friend discussing their "wild ride."

Confronting his son with what he heard, he insisted on taking away his son's driving privileges with the family car for three months. This was to be his penalty.

"But why, Dad?" his son wanted to know. "There was not any harm done, we got the car back in time, and no one else knows about it but you. I'm sorry it happened and I want to forget the whole thing. Why can't you forget it too? It doesn't cost you anything to forgive me. Why must it cost me something?"

What do you think? Is it true that there was no harm done? Is he correct in thinking that it doesn't cost us to forgive?

If you were asked to explain how God goes about forgiving us, which of these two answers would you choose?

Answer No. 1 -- When a man sins against God, he incurs a debt with God and, since he cannot pay it, God is ready to

condemn him. But Jesus, by dying on the cross, offers himself in payment of the debt and persuades the angry God to forgive the sinner.

Answer No. 2 -- When a man sins against God it is possible for God to overlook his sin as though it never happened. When we say we're sorry, this is what God does because of his great love for us.

The answers suggested above are both extremes. In the first one, God seems harsh and legalistic. What he wants is justice and it matters little whether it is Christ or man who does the paying.

In the second answer we see quite the opposite: God doesn't take sin seriously at all. He simply overlooks it as if it never happened at all. No one pays anything because there is really nothing to pay.

Neither of these answers are adequate. Both miss some important facts that are evident in the fifty-third chapter of Isaiah:

(1) Sin does cost and cannot be overlooked.

(2) God is not reluctant to forgive man, nor does he need to be persuaded by Christ.

(3) The justice of God demands that someone pay the terrible price of sin; the love of God offers to pay that price for man.

In other words, it is God himself who offers to take upon himself the burden of sin. When Jesus willingly went to the cross, it was God himself who was assuming man's guilt and punishment.

The teenage boy, you see, was wrong. There was harm done and it did cost his father something to forgive him. So it is too with God. One of the characters in W.H. Auden's Christmas oratorio, For the Time Being, exclaims: "I like committing crimes. God likes forgiving them. Really, the world is admirably arranged." But he is wrong: God doesn't "like" forgiving us, for it is painful to him. He does so only at a terrible cost.

So it was too with the cross which Jesus bore. In it there was a terrible cost:

Surely he has borne our griefs, and carried our sorrows:

But he was wounded for our transgressions, he was bruised for our iniquities;

Upon him was the chastisement that made us whole, and with his stripes we are healed.

Local Officer Recovers Car; Man Held

A man is in the custody of FBI agents in Laurinburg charged with larceny of an auto across state lines, due to the sharp eyes of Raeford policeman J.C. Barrington.

Barrington saw the station wagon parked in the edge of the woods near the radio station about 12:45 a.m. last Monday. Police Chief L.W. Stanton said. He investigated and found the car had been stolen from Columbia, S.C.

The man found in the car, John Edward Swindler, is now in custody and the station wagon has been returned to the owner.

Adams, home economics Extension agent, Richmond County, they were so enthusiastic about their success, they joined forces with their mother to make another dress together. Each did the part she could do best and the dress was finished in one day.

"This way we can get our spring sewing done in a hurry and still have a good time doing it," they all agreed.

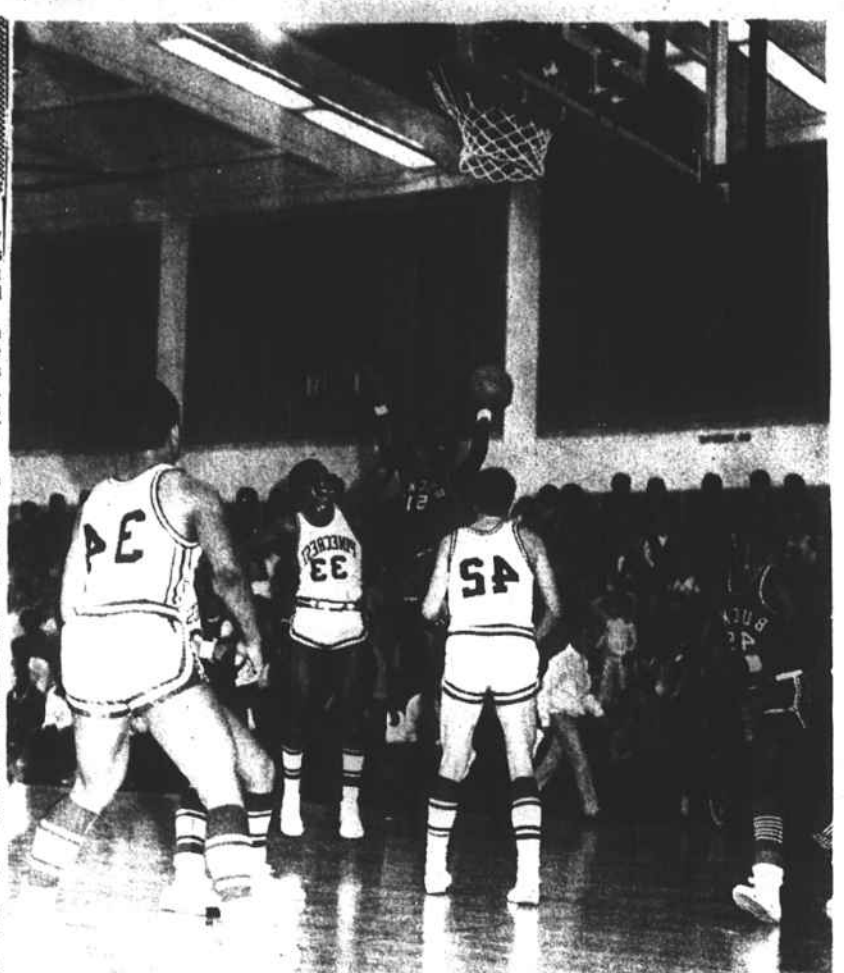
Members of Extension Homemakers Clubs in Columbus County are planning to set up a "clothing closet" in each community. This will be an effort to collect usable clothing and other fabric items, such as curtains and bedspreads to be distributed to needy families. Mrs. Betty C. Thompson, associate home economics Extension agent, explains.

An idea presented at an Extension Homemakers meeting 13 years ago added up recently to a nice roadside stand and a new seller at the Homemaker's Market.

Mrs. Ralph House, Smithfield, Rt. 2, liked the idea of a roadside stand, but wasn't in a position to set one up 13 years ago.

Now, both Mr. and Mrs. House are unable to hold outside-the-home jobs due to physical disabilities. So the vegetable stand keeps them busy, happy and content.

The stand is a family effort. Pat Peterson, assistant home economics Extension agent, Johnston County observes. Their son raises the vegetables for his parents to sell. The daughter-in-law and daughter help Mrs. House prepare the vegetables for market. Mr. House mans the stand.



LONG SHOT -- Russell Davis tries one from the side as Pinecrest sets up a defense in the semi-final game Thursday. Garley Carpenter is in place for a rebound.

Distaff DEEDS

By Jan Christensen

Most persons think that career preparation is for the young, but not 10 senior citizens, ranging in age from 52 to 67, who enrolled in a home

service core training program set up by the Coordinating Council for Senior Citizens in Durham County.

The two month program is designed to provide a means of bringing together the fragile elderly who need help and the active elderly who can give services.

Upon completion of training, the 10 trainees will be certified to help care for other

seniors needing care in their own homes. According to Assistant Home Economics Extension Agent, Mrs. Mary J. Whitmore, the trainees are very enthusiastic and willing to learn the principles and techniques in home management that Extension home economists are teaching.

Custom-made clothes aren't new to the men in the J.M. Booker family, High Point. They have worn exclusive wardrobes for years, thanks to the sewing skills of Mrs. Booker.

She fashions suits, all weather jackets, top coats and even shirts for her husband and two sons, reports Mrs. Judith Walker, Extension home economics agent, Guilford County.

Mrs. Booker also teaches clothing techniques to others and does sewing and tailoring for her women friends. She does not do custom tailoring for men, other than family members.

"I guess you could say I sew for the men in my family out of love," Mrs. Booker says.

Denise and Arlene Adams, daughters of Mr. and Mrs. Marion Adams, Rockingham, Rt. 3, find it's lots of fun to sew with their mother. Having completed a sewing course conducted by Mrs. Martha B.

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Saving Hearts And Lives—Now!

This is the third and final article in a series of three presented by the Hoke County Heart Association to inform readers of this newspaper about progress in the fight against heart and circulatory disease.

Most cases of high blood pressure can be brought under control by the family physician, provided—of course—the patient undergoes a periodic physical examination and is willing to follow the doctor's recommendations. Yet hundreds of thousands of Americans, blissfully unaware of these facts, go about their daily tasks without knowing that they themselves suffer from sustained elevated blood pressure.

Prompt and effective medical treatment of this disorder, which accelerates atherosclerosis ("hardening of the arteries") to set the stage for heart attack or stroke, is one of the most effective means by which medical science can now save hearts and lives.

The efficacy of new methods of treatment may be suggested by statistics showing a decline of 63 per cent in the mortality rate from high blood pressure and related heart disease among persons aged below 65 since 1950. Deaths at all ages from hypertensive causes now total about 61,000 yearly—considerably more than the motor vehicle fatality toll.

Hypertensive heart disease has a special affinity for women, afflicting them at a rate 44 per cent higher than in men. The black population has a substantially higher prevalence ratio than the white. Most recent estimates are that 8,400,000 American adults suffer from hypertensive heart disease—primarily heart enlargement caused by high blood pressure.

It follows that more hearts and lives can be saved, on a "now" basis, if more people will go to their physicians for a checkup, and, if high blood pressure is found, follow the doctor's recommendations. Such an examination may also disclose diabetes, another disorder predisposing people to heart attack and stroke, which also can be controlled.

There are still other areas in which hearts can be saved.

Parents, for example, can help safeguard their children against initial and repeat attacks of rheumatic fever—frequent forerunner of rheumatic heart disease—by cooperating more closely with their physicians.

The door can be closed against most cases of rheumatic fever by prompt and effective medical treatment of "strep" infection.

Of the estimated 25,000 children born yearly with congenital heart defects, many can be helped by corrective surgery. Measles and German measles vaccination programs offer great hope for preventing congenital heart disease in the future.

In summary, there are many things that can be done on the basis of present-day knowledge to save hearts and lives. As was brought out in the first article

in this series, one's chances of survival following heart attack are measurably enhanced in a coronary care unit. As discussed in our second article, it is also important to avoid obesity, eliminate cigarettes, eat fewer saturated fats and high cholesterol foods, and follow a proper regimen of physical exercise. Lives also can be prolonged by prompt treatment of high blood pressure, full utilization of new knowledge about stroke, and use of other methods to protect young hearts, as

discussed in this installment. Finally, there is one other thing you can do to advance the fight against heart and circulatory disease. Obviously, with these diseases now claiming more than 1,000,000 lives yearly, our main hope of the future must be pinned to medical research, supported by programs of education and community service. You can help to advance this work through service as a Heart volunteer and through your contribution to the 1970 Heart Fund.

Veterans Corner

EDITOR'S NOTE: Below are authoritative answers by the Veterans Administration to some of the many current questions from former servicemen and their families. Further information on veterans benefits may be obtained at any VA office.

Q -- I must sell my G.I. loan-financed home because I am being transferred. I find it advantageous to let my G.I. loan be assumed by the purchaser. Is there any way I can be released from my liability to the Government on the G.I. loan?

A -- Yes. You may be released from liability to the Veterans Administration if your G.I. loan is current, if the purchaser obligates himself by contract to assume all of the liabilities on your loan, and he satisfies the VA that he is an acceptable credit risk. However, in a situation like this, you will not be eligible for restoration of your loan benefits until this loan is paid in full.

Q -- I am a disabled veteran of World War II. I dropped my GI insurance many years ago. Can I apply for GI insurance now?

A -- No. Disabled veterans of World War II were last given the opportunity of applying for insurance from May 1, 1965, through May 2, 1966.

Q -- I plan to move to Mexico and make my home there. Can I obtain a GI loan for the purchase of property or start a business there?

A -- No, such GI loans cannot be made outside the United States, its territories, or its possessions.

Q -- Does the current year's VA insurance dividend include

Modified Life policies?
A -- Yes. It will be a modest, first-time dividend with the average payment about \$11.00.

Q -- Does the VA, under the new GI Bill, pay the cost of tuition and books?

A -- The VA allowance is intended to help you meet, in part, the expenses of tuition, school fees, supplies, books and equipment, and subsistence during the period of your enrollment.

Q -- Since my wife and I are both veterans, can each of us claim our one child as a dependent to qualify for increased educational assistance?

A -- Yes. Both of you can qualify for the increased educational assistance allowance on account of the child. You may also claim your wife as a dependent. However, you cannot qualify as a dependent of your wife.

Q -- My deceased husband's headstone which was furnished by the Army has become unsightly because of age. Will the Army furnish me another marker for his grave?

A -- Each request is decided on its merits. You should apply for a replacement marker to the Chief Support Service, Department of the Army, Washington, D. C. 20315. In your application, be sure to give full details concerning the appearance of the present headstone.

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Free steak dinner to the (5) 1st place winners courtesy Big Star Truck Stop. Dinner tickets good only on evening of race date.