

# Hoke High Bucks To Begin Football Practice August 5

Football practice begins Aug. 5 at 5 p.m. but boys who are planning to play should already be getting in shape, Coach John Pecora said this week.

He advised hopeful players to practice lifting weights every other day and to run in 50 yard sprints. They should be able to run ten 50 yard sprints at full speed by the time fall practice begins, he said.

He also advised players to get their shoes now and practice in them.

The appointments for football physicals have been made and letters advising each player of the time and date have been sent, Pecora said. Any boy who has not received a letter should call him, he said.

Last year football physicals were given to 50 boys who did not come out for football, Pecora said. This year, if a boy takes a football physical and then doesn't come out for practice, he will be expected to pay a \$5 fee for his physical, the coach said.

"I'm expecting a large number of boys out for the team this year," Pecora said. "I feel we are going to have another good year. The boys I have talked with this summer say they can hardly wait to get started. This is an excellent sign. Our team will be just as good as our boys want it to be."

Varsity practice will begin Aug. 5 at 5 p.m. Junior varsity practice will start Aug. 10 at 5 p.m. and the 9th grade team will start on Aug. 12 at 5 p.m.



TOP TENNIS PLAYERS -- Susan Gillis and Henry Hostetter were winners in the tournament held at the completion of the summer tennis clinic sponsored by the Kiwanis club. About 25 youngsters attended the classes which were taught by Wallace Hawkins, Yardell Hedgepath and Benny McLeod of the Kiwanis presented the trophies.

## Mets Beat

### Brentwood

The Brentwood Hornets defeated the Rockfish Mets 16-2 in Little League play July 7 at Brentwood.

Last Friday the Mets returned home to beat Brentwood 6 to 5 for their first win of the season. Barry Wood was the leading hitter for the Mets.

Monday at Rockfish the Brentwood Dodgers beat the Mets 5 to 2.

### DAV's Meet Friday Night

Hoke County Chapter No. 17 of the Disabled American Veterans will meet Friday at 8 p.m. at the Sandhills Restaurant.

An American flag will be presented to the chapter at the meeting.

## Carter's, Hoke Concrete Win First Tourney Games

Carter's Tire and Hoke Concrete came through the first round of the Slow Pitch Softball Tournament Tuesday night, beating Tex-Elastic and Bargain Motors.

Carter's Tire shut out Tex-Elastic in the first game 8 to 0. Lonnie Bledsoe pitched a three hitter for Carter's. Charles Capps was the losing pitcher in the game that was a pitcher's duel until the fifth inning when Carter's scored the winning run with one out in the bottom of the fifth.

Larry Upchurch was the leading hitter for Carter's, going two for two. Larry Phillips and C.D. Bounds both had two for three.

For Tex-Elastic, Larry Lunstord, Ed Burney and Dennis Hawks all had one for two.

Hoke Concrete ended the tournament hopes of Bargain Motors 11 to 2 in the second game Tuesday. Wendell Young

was the winning pitcher and the leading hitter for Hoke Concrete, going three for three at bat.

Les Sandy, Joe Upchurch and Tom Burgess, of Hoke Concrete, all had a three for four.

Delton Hardin was the losing pitcher for Bargain Motors. Leading hitter on that team was W.O. Priest, who went two for three.

## TAR HEEL OUTDOORS

by Joel Arrington  
Outdoor Editor, North Carolina Travel & Promotion Division

Swan Island Channel off Cedar Island is not as heavily fished as some of the state's other cobia hot spots. If everyone had as little luck as we did there recently, it would be easy to understand.

Point is, they don't. Ernie Hudson of Vandemere has been fishing there for years and he consistently returns with good catches. One July 4th several years ago, he had his best day -- five cobia weighing from 38 to 55 pounds.

With Hudson and his young son Russ as our guides, brother Cawood and I fished around crab pots in the deep channel on a windy day recently. Commercial fishermen had been complaining about cobia tearing the pots apart trying to get at bait inside.

Our tackle included stout spinning and conventional rods and reels and 20-pound test monofilament. Hooks in the 7/0 to 10/0 sizes are favored by most cobia fishermen. They are attached to a swivel by a 24-inch section of 80-pound test mono or some other heavy leader material.

Cobia do not have large teeth, but those they have are rough and can abrade the line. Two-ounce pyramids were enough to hold in the tide. I favor a "fish finder" rig which allows line to pay out without dragging the sinkers.

While crabs feasted on our squid offerings -- and there is a bumper crab crop this year -- we caught a bluefish. Cutting it in half, we hooked it up through the chin and bony part of the head and cast it out.

Later we caught a pinfish and put it out under a large float. Sometimes this live bait rig is deadly for cobia. Sometimes.

Brother Cawood, on his first cobia fishing trip, was anxious to help. He diligently checked the rigs and rebaited in spite of slight sea sickness that was beginning to slip up behind me too.

Late in the afternoon, while reeling in the spinning rig for a bait check, Cawood felt a slight resistance, more than a crab would give.

"What's that?" he asked, then answered himself. "Must be a skate."

## WOW Family Awards Night

On Tuesday night, July 21 the Annual Family Awards Night of the W.O.W. will be held at the Woodmen Hall at 6:30 p.m.

We urge all members to come and bring their family and a picnic basket. Supper will be 6:30 then the program will follow. Guest speaker will be Dr. Thomas Shaver from Mount Olive.

## Mrs. Eason Buried Sat.

Funeral services for Mrs. Maude Strickland Eason, a former resident of the county, were held Saturday in Rocky Mount. Burial was in Evergreen Memorial Garden, Wilson.

Mrs. Eason was the mother of Mrs. W.C. Williford, whose husband was farm agent in Hoke County several years ago.

Besides Mrs. Williford, she is survived by a son, Will W. Eason, Jr. of Rocky Mount; four brothers, Ralph of Bailey, Rex of Edmondson, Wash., Roscoe of Maplewood, N.J., and John L. Strickland of Rider Wood, Md.; four sisters, Mrs. Vivian Finch of Bailey, Mrs. A.Q. Phillips of Middlesex, Mrs. T.O. Moses of Aberdeen and Mrs. Mae Eddleman of Wilson, four grandchildren and one great-grandchild.

## With Our Service Personnel



Airman Jack Wayne Sanderson has been selected Airman of the Month at Loving AFB, Maine.

He is a member of 42 Security Police Squadron. As Airman of the Month he was awarded a gold badge for a month and was given a five day leave.

Airman Sanderson is a graduate of Hoke County High School and Robeson Technical Institute.

He is the son of Mr. and Mrs. Jack Sanderson of Antioch. While he was home on leave he was married to Nancy Ann Dudley of Lumberton.

Johnnie L. Pearson, son of Mr. and Mrs. Ledford Pearson, Route 2, Red Springs, was recently promoted to Army sergeant while serving as squad leader with Company C, 1st Battalion of the 171st Infantry Brigade's 47th Infantry at Ft. Wainwright, Alaska.

Sergeant Carlton C. Strickland, whose wife, Mary, is the daughter of Mr. and Mrs. J.H. Britt of Rt. 4, Lumberton, is now on temporary duty at a forward base in the Western Pacific.

Sergeant Strickland, an administrative specialist, supports B-52 Stratofortress bombing missions against enemy targets. KC-135 Stratotanker missions that provide aerial refueling to the B-52s, and fighter and reconnaissance aircraft conducting the air war over South Vietnam.

He is permanently assigned to the Strategic Air Command's 96th Strategic Aerospace Wing at Dyess AFB, Tex.

The sergeant is a 1967 graduate of Lumberton High School.

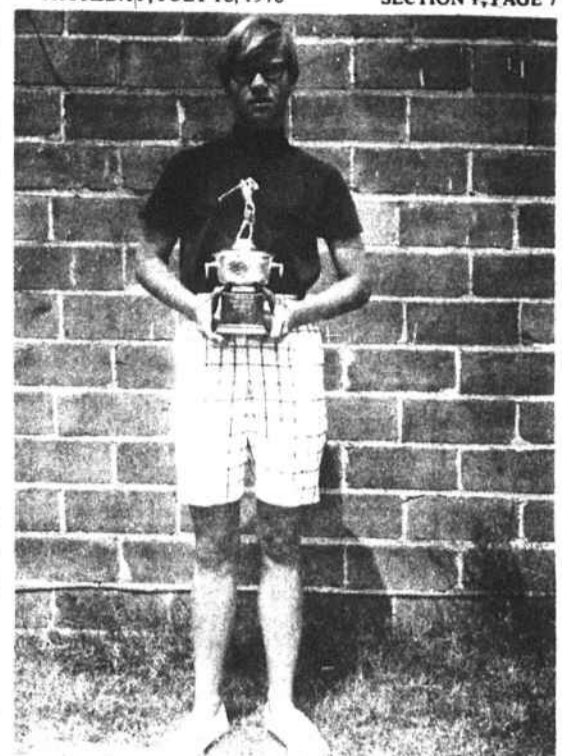
U.S. Air Force First Lieutenant Ralph S. Whitener, son of Mr. and Mrs. Earl A. Whitener of 503 Highland Ave., Lumberton, is on duty at Bien Hoa AF, Vietnam.

Lieutenant Whitener, an O-1 Bird Dog observation pilot, is assigned to the 22nd Tactical Air Support Squadron, a unit of the Pacific Air Forces, headquarters for air operations in Southeast Asia, the Far East and Pacific area.

The lieutenant, who previously served at Moody AFB, Ga., graduated in 1960 from Lumberton High School and received his B.A. degree in history in 1968 from the University of North Carolina. Lieutenant Whitener was commissioned in 1968 upon completion of Officer Training School at Lackland AFB, Tex.

His wife, Grinda, is the daughter of Mr. and Mrs. Earl Shelley of Rt. 4, Nichols, S.C.

Is the hot, sticky weather getting you down? That's because in hot weather your heart has to work harder to keep your body temperature normal. The North Carolina Heart Association's advice is -- don't add to the summer work of your heart; don't overwork, overplay or overeat.



GOLFER -- Cathy Bounds shot an 88 and an 84 in the first flight of the Twin State Junior Girls Golf Tourney at Shelby on July 8 and 9 to take a second place. Twenty-five girls from North and South Carolina competed at the Cleveland County Country Club course.

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