

School Menu

MONDAY SEPT. 14
Hamburger on Bun
Slaw - C
French Fries w/catsup
Gingerbread
Milk

TUESDAY SEPT. 15
Spaghetti w/Meat Sauce
Tossed Salad-A&C
Green Beans
Corn Bread
Cake
Milk

WEDNESDAY SEPT. 16
Chicken Pot Pie
Sweet Potato Souffle-A&C
Biscuits
Peanut Butter Cookie
Milk

THURSDAY SEPT. 17
Baked Beans w/Franks
Fluffy Potatoes - C
Mixed Greens
Corn Bread
Ice Cream
Milk

FRIDAY SEPT. 18
Beef Vegetable Soup
Peanut Butter & Jelly
Sandwich
Crackers
Brownie
Milk

Night Classes To Begin Next Week At Hoke High

Evening classes in typing and bookkeeping will begin at Hoke High School next week under the direction of Sandhills Community College. Registration for the classes can be completed on the first night of the class meets. Bookkeeping I will be offered on Tuesday and Thursday nights from 7-9. The costs for the course will include a \$5 fee plus the cost of the textbook. The class will begin Sept. 15. Typing I will meet on Tuesday and Thursday nights from 7-9. There will be a \$5 fee plus \$8.25 for the textbook. The class will begin on Sept. 15. Typing II will be offered on Monday and Wednesday nights from 7-9. The course will include a \$5 fee plus \$2.70 for lab materials. Class will begin on Sept. 14. A course in Small Business Management designed for small business owners and managers will be offered on Monday and Wednesday nights from 7-9. The will be a \$5 fee for the class, which will begin Nov. 2. Henry L. Rahn, director of occupational education at Sandhills, announced a schedule of special courses to be taught on the Sandhill's campus during the fall term. All are evening classes except the nurses aide course, which is offered in the mornings, Monday through Friday.

The classes include: nurses' aide, 200 hours; home companion for the aged, 150 hours; blueprint reading, 33 hours; fundamentals of mathematics, 55 hours; basic electricity II, 60 hours; auto front and alignment, 36 hours; small engine repair, 60 hours; basic gas welding, 60 hours; work measurement and standards development, 40 hours; bookkeeping I, 48 hours; typing I, 48 hours and typing II, 48 hours. Registration for the classes to be offered on the Sandhills Community College campus will be held from 8 a.m. to 5 p.m. Sept. 8-11 and from 7-9 Sept. 8 and 9.



WASHINGTON - Two versions of the constitutional amendment to give women equality of rights are before the Senate Judiciary Committee, which is conducting initial hearings on this complex issue. Recently, the House-passed Equal Rights Amendment won the body's approval without hearings and little more than a formal debate. In truth, however, the House-passed amendment recites in cryptical phrase, "Equality of rights under the law shall not be denied or abridged by the United States or by any State on account of sex," and the fact is now dawning on the nation that those 23 words are broad that no one can be sure that any of our society's protective laws for women will survive a court test if that amendment is adopted. On August 21, 1970, I, therefore, introduced a substitute amendment for the House-passed equality amendment to preserve reasonable legal protections based upon physiological and functional differences between men and women. I did so because I do not believe that the nation is ready to deprive women of the countless necessary protection afforded them under the legal fabric of our society. I must confess that I am somewhat puzzled by the arguments by some militant advocates of the House-passed Equal Rights Amendment who urge that what they want is an amendment which will make men and women identical legal beings and make all laws apply in exactly the same manner toward men and women under all circumstances. This argument seeks to ignore all differences between men and women, and the rationale which created laws relating to abortions, pregnancy, and rape.

Garden Time

Fall of the year is the better season for establishing the permanent lawn using the evergreen grasses such as fescue and bluegrass. Preparation of the soil is very important and, in many cases, is not thoroughly done. Some suggestions may be helpful. A soil test is best to determine the need for lime, phosphate and organic content of the soil. Since so few home owners will take the time for this test, we will go out on a limb and make suggestions without the test. Prepare the soil to a depth of 4-6 inches by plowing, disking or rototilling. Then apply the following evenly over the prepared surface: 35 lbs. of an 8-8-8 fertilizer (granular form better than pellets) per 1,000 square feet of area; then 60 lbs. of dolomitic lime per 1,000 square feet; then about two inches of peatmoss, or very old sawdust. Work the lime, fertilizer and organic matter into the soil to a depth of at least 4 inches. This can best be done with a tiller or disc harrow. It is important that both lime and phosphate be incorporated in the soil root zone because neither of these important plant food elements, once applied, moves readily in the soil. Now you are ready to prepare the soil for the seed bed. It should be raked smoothly and evenly and rolled, if possible, to firm the soil. If you are lucky enough to have a good shower, it will do the job of settling for you. Or, you can irrigate. After the job of settling the soil has been accomplished, rake lightly and you are ready for seeding. Seeding can be done by hand or with a hand (Cyclone) seeder. Regardless of the method used, the seeding should be uniform. This can best be accomplished by dividing the seed, for a given area, into equal parts. Sow half in one direction and cross-sow the other half. For fescue, use about 3 lbs. per 1,000 sq. ft.; for bluegrass about 1 1/2 lbs. per 1,000 sq. ft. Rake seed in lightly, mulch with clean grain straw and water. Buy only certified seed and the best available. Soil fumigation will pay dividends as you can practically eliminate weeds, "wiregrass," grubs, Japanese beetles and other soil-borne troubles. If you decide to fumigate, it should be done after the first steps of seed bed preparation - tilling, disking, etc.; and before seeding. Follow the manufacturers' directions when fumigating the soil.

Social Events

Married



Mr. and Mrs. Monnie Marion Sanders of Fayetteville announce the marriage of their daughter, Wanda Louise, to Waynon Campbell McCorquodale Jr. of Fayetteville on August 30 at the Marriage Chapel in Dillon, S.C. The bride is a graduate of Hoke High School and is employed by Branch Banking and Trust Co. in Fayetteville. Mr. McCorquodale is a graduate of Fayetteville Senior High School and has just completed a one year tour of duty in Vietnam.



Jane Parks Weds Robert H. Britt

Miss Emily Jane Parks and Robert Hamer Britt were united in marriage in a formal candlelight ceremony at the Rowland United Methodist Church at four o'clock on Sunday afternoon, September 6. The Reverend Don Lee Harris, pastor of the church, performed the double ring ceremony. The bride is the daughter of Mr. and Mrs. George Wilson Parks of Rowland, formerly of Raeford and the bridegroom is the son of Mr. and Mrs. Robert Andrew Britt of Rowland. Miss Jackie Burney of Meredith College, Raleigh, organist, and Miss Patsy McLaurin of Salem College, Winston-Salem, soprano soloist, presented a program of wedding music. Given in marriage by her father, the bride wore a formal Colonial gown of white satin fashioned in modified princess style with a high Camelot neckline and long puffed sleeves. Chantilly lace, encrusted with seed pearls, trimmed the neck, wide bertha collar, and wide cuffs. The back of the skirt was gathered and extended into a full chapel train with Chantilly lace trim. Her elbow-length, three-tiered veil of silk illusion was attached to satin and Chantilly lace petals encrusted with seed pearls. She wore an add-a-pearl necklace, a gift from the bridegroom, and diamond earrings made from her mother's engagement ring, a gift from her parents on her wedding day. She carried an old-fashioned nosegay of white roses, gladioli florets, and white garza daisies. The bride's maid of honor was Miss Lynn Franklin of Macon, Ga., cousin of the bride. Bridesmaids were Miss Arlene Currie of Red Springs, Miss Vicki Warner of Raeford, Miss Jane Barrow of Rowland, Mrs. Stoney Albert of Winston-Salem, and Mrs. Gerald Thigpen of Maxton. Flower girls were Little Misses Jennifer Bessom of Fall Church, Va., cousin of the bride, and Carol Auman of Richmond, Va., cousin of the bridegroom. The honorary attendant was the bride's sister-in-law, Mrs. George Parks, Jr. of St. Pauls. The bridegroom's father was best man. Ushers were Andrew Britt of Fayetteville, brother of the bridegroom; George Wilson Parks, Jr. of St. Pauls, and Harry Reid Parks of Brunswick, Ga., brothers of the bride; Herman Rogers, Jr. of South Boston, Va., cousin of the bridegroom; John Faircloth of Appalachian State University, Boone and Ronald Bray of Maxton. The bride is a graduate of Rowland High School and attended King's College, Charlotte. The bridegroom is a graduate of Rowland High School and is attending Pembroke State University. After September 12 the couple will be at home in Rowland. Following the ceremony, the bride's parents entertained at a reception at their home on West Main Street.

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Laurinburg Antique Fair Opens Sept. 18

Laurinburg - The National Antiques Fair and Sale opens at the National Guard Armory Laurinburg, N.C. September 18. It will run through September 20 with hours from 11:00 a.m. through 9:30 p.m. daily except Sunday 1:00 till 6:00. Mrs. Daniels and her committee are busy making plans for one of the finest shows in the Carolina's. Visitors to the show will find exhibitors from many states with fine collections of antiques for sale. Cut glass, art, glass, silver, heirloom jewelry, oriental rugs, French period furniture, one entire booth of coins gold etc., will be shown. Many items will be included in the exhibits that you will not want to miss. Food will be served in the Building by the Womans Club. Door prizes will be given each evening.

Phonics Course Offered

A 10-week college credit course, Education 316 Ga, Applied Phonics in Reading and Spelling, will be offered in Fayetteville beginning Tuesday, September 15, 1970, by the Division of Continuing Education of East Carolina University. It will be taught in three-hour sessions at Terry Sanford High School each Tuesday evening through November 17, 1970. Each session will meet from 6:30 to 9:30 p.m. Mrs. Betty Long will be the instructor for the course. Pre-registration for the course is desired. If the class is not filled by pre-registration, a student may register at 6:30 p.m. on the night of the first class meeting. Tuition is \$36. Textbook cost is extra. For pre-registration or further information you may contact the Division of Continuing Education, Box 2727, East Carolina University, Greenville, North Carolina 27834, or telephone: Greenville 758-6321.

Seam Finish Choice Give Fashion Look

Brenda Abrams Assistant Home Economics Agent

The seam finishes you choose for garments, although a hidden component, is part of fashion's finishing touch that helps give a couture look to the garments you make. Knowing when and where to use the various seam finishes can be a big plus when you sew on the season's newest fabrics. The PLAIN SEAM is the most commonly used seam. It is used on fabrics that do not ravel or when a separate lining is used to prevent stress on the seams. It also serves as a starting point for most of the special seam finishes. The PINKED SEAM is one of the least bulky seam finishes. The finished width of the pinked seam should not be less than 1/2" wide on each side. Clip close to the raw edge of an evenly trimmed seam with pinking shears. The ZIG-ZAG FINISH can be done on many of today's sewing machines. It requires a minimum of time, adds a minimum of bulk and is good for use on a garment that is bulky. Test for the desired width of stitch on scraps of fabric. zig-zag 1/8"-1/16" from the raw edge. If your machine does not have a zig-zag stitch, you may overcast the seams by hand for the same effect. The TURNED-IN and STITCH SEAM adds considerable bulk to a garment and is therefore limited in use. One place to use this seam finish is in an unlined coat or jacket made of lightweight fabric. Turn under 1/4" on the raw edge and stitch close to the fold. A BOUND SEAM finish uses bias seam binding or bias strip of 1" wide underlining, because it is a bulky finish it should be used only on fabrics that ravel badly. Lap one folded edge on the bias binding 1/4" over the raw edge of the seam and stitch close to the fold. Turn the binding over and stitch close to the edge. The HONG KONG FINISH also encases the seam, but is a less bulky finish. Cut bias strips of underlining 1" wide and the length of the seam. Place the right side of the bias strip to the right side of the seam edge. Stitch 1/8" from the edge. Turn the bias to the inside over the seam, encasing the raw edge of the seam allowance. To hold the bias strip in place, stitch through the seam allowance close to the stitched edge. The FRENCH SEAM is a neat finish that leaves no raw edges exposed. It is good for sheers and lightweight fabrics but not for heavy fabrics. Place the wrong sides of the fabric together and baste along the seam line, and turn close to the stitching. Remove basting and press seam to one side. Place the right sides of the fabric together creasing the fabric along the seam. Stitch 1/4" from the edge, encasing all raw edges. Press the seam to one side. The FLAT-FELL SEAM leaves no raw edges exposed. However, they are time consuming and require accuracy to make because all the stitching is done on the right side of the fabric. To make, place the wrong sides of the fabric together, stitch along seamline. Trim one edge 1/8" from the stitching line and press the seam toward the trimmed edge. Turn under 1/4" on the remaining raw edge and stitch it to the garment.

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Local Business

Social scientist, universities, and foundations, with no special connections with any advertising medium, are constantly making studies of the effectiveness of communications media. One such study was made by New York University and the National Association of Science Writers. The study was financed by the Rockefeller Foundation. None of these institutions could be accused of having a special stake in newspapers. They were simply interested in learning which medium could convey information most effectively. The study showed that 91 per cent of the public reads a newspaper. It showed that 57 per cent of the public gets most of its news from newspapers-compared to 22 per cent for television and 16 per cent for radio. Another 26 per cent listed newspapers as the main secondary source for news, which made a total of 83 per cent who gave newspapers first or second place as a news source. Although the organizations studying under the Rockefeller grant did not report specifically on advertising, it could be safely assumed that the newspaper would rank similarly as a medium for advertising. For advertising is news. And retail advertising is news which must be recalled in detail to be effective. Although the newspaper may not improve the memory of the reader, it provides a ready reference which serves as a substitute for memory.

Sandhill Playmakers Hold Auditions Mon.

Auditions for roles in the Neil Simon comedy, "Barefoot in the Park", first show of the season for the Sandhills Playmakers, will be held Monday afternoon, September 14 beginning at four and also at seven thirty that same evening on the campus of Sandhills Community College. William Watson, director of the Playmakers, community theater sponsored by the college, announced that there are two female roles and four male roles and all persons interested in acting are invited to try out for the cast. Also, he said persons interested in stagecraft will be needed to participate in the production as technicians for stage settings, makeup, costume design, and lighting. "Barefoot in the Park" will be presented in late October in the Cardinal Room of the Carolina Hotel in Pinhurst. Tom Connolly, veteran actor of the community theater, will direct the production. Other shows on the Playmakers schedule will be Tennessee Williams' "Glass Menagerie" in mid-December.

SCAP Worker Attends Class

Mrs. Emma Lois Gurley, of Red Springs, a medical specialist at Sandhills Community Action Program, attended a five day course at the University of North Carolina at Nursing. The course entitled "Introduction to Public Health Nursing Concepts", was held Aug. 31-Sept. 4, at Chapel Hill.

The average American now uses over one ton of wood in the form of paper, lumber and other wood based products each year, reports the Southern Forest Institute. The growing of one ton of wood requires consumption by trees of almost 1.5 tons of carbon dioxide from the air and results in the release of just over one ton of oxygen to the atmosphere.