



FESTIVE BIRD - Golden brown roast turkey, served on the best platter and surrounded by holiday peach ambrosia makes a delectable Christmas dinner.

The Tar Heel Kitchen

By Miss York Kiker
N.C. Department
of Agriculture
Marketing Home Economist

Fond memories surround the Christmas season and often they are tied to traditional and family food favorites. By all means, plan for a beautiful big roast turkey to be served elegantly on your best platter. Southern tradition frequently calls for ambrosia as the favorite dessert for the climax of a hearty meal, but for variety try Holiday Peach Ambrosia as the delectable garnish for the roast turkey.

Turkey is an excellent meat buy. Modern day turkeys are fast cooking, have more meat per bone weight, and have more white breast meat available than in earlier days. Choose a whole turkey, turkey roll, roast or parts according to your needs. You will find turkey ranks high in food value and relatively low in calories.

A smart planner will want enough turkey to last more than one meal. Extra turkey may be sliced and carefully packaged and frozen for later use. Sometimes the "planned" left-over turkey is as delicious as the festive bird on Christmas Day. Fond memories are stirred of visits with friends to share in creamed turkey or turkey hash on waffles! Quick and easy creamed turkey will provide tasty eating for your family as it will at the open house in our test kitchen in the N.C. Department of Agriculture.

In my family, soft custard is one of the traditional foods served along with cake and cookies. As a child, we poured custard over orange sections and is still a good idea for you to try.

Recipes follow to help with your holiday planning.

HOLIDAY PEACH AMBROSIA
Present your holiday turkey with real old-fashioned flair by serving golden peach halves filled with a delicious ambrosia.

For Peach Ambrosia, drain 1 can (29 ounces) cling fruit by serving golden peach halves filled with a delicious ambrosia.

For Peach Ambrosia, drain 1 can (29 ounces) cling peach

halves, saving 2 tablespoons syrup. Peel and cube 2 oranges. Combine oranges with 1/4 cup miniature marshmallows, 1/2 cup shredded coconut, reserved peach syrup and 1/4 teaspoon nutmeg. Spoon 1 tablespoon on each peach half and serve with roast turkey. Yields 6 servings.

VERSATILE CREAMED TURKEY

1/2 cup butter
1 cup flour
1 quart turkey broth
1 quart milk
2 teaspoons salt
2 teaspoons paprika
1/2 teaspoon pepper
1 1/2 tablespoons finely grated onion

6 cups diced cooked turkey
Melt butter, add flour and stir over low heat until blended. Add cold broth and milk all at once. Cook, stirring constantly, until uniformly thickened, then set over hot water. Add seasonings and turkey; heat thoroughly. Add more seasoning, if desired. Serve over biscuits, toast, rice, or in casserole (tart) shells. Yields approximately 24 servings.

VARIATIONS:
Turkey Terrapin: Prepare Creamed Turkey, reducing the turkey meat to 4 cups. Just before serving, add 16 hard cooked eggs, chopped, and 1 cup chopped ripe olives.

Turkey Rarebit Style: Prepare Creamed Turkey, reducing turkey meat to 4 cups. Add 1 pound mushrooms (if canned, drain thoroughly). Just before serving stir in 2 cups grated Cheddar cheese and 1 cup chopped pimiento. Serve over toast or rusks. For variation, top each serving with slice of pineapple heated in its own juice or sauteed in a small amount of butter.

Creamed Turkey and Ham: Prepare Creamed Turkey, substituting 3 cups diced cooked ham for 3 cups of the turkey.

Creamed Turkey and Shrimp: Prepare Creamed Turkey, substituting 3 cups cooked or canned shrimp for 3 cups of the turkey.

Creamed Turkey with Vegetables: Prepare Creamed Turkey, substituting 2 cups cooked vegetables (peas, corn, or mixed vegetables) for 2 cups of the turkey.

Turkey Curry: Prepare Creamed Turkey. Add 1 teaspoon or more curry powder to taste. To be more authentic curry, grated coconut may be added.

SOFT OR "BOILED" CUSTARD

4 cups (1 quart) milk, scalded
4 eggs, slightly beaten
1/2 cup sugar, all white or half white and half brown
1/2 teaspoon vanilla
1/2 teaspoon salt

Scald milk in top of double boiler over hot, not boiling water. Beat eggs slightly and beat in sugar. (Part brown sugar gives a nice caramel flavor.) Pour the scalded milk slowly over eggs and sugar mixture. (Stir well while pouring or hot milk will cause eggs to cook and lump.) Return the custard to the top of the double boiler. Stir over hot water until mixture forms a coating on a silver spoon. (Cook a little longer if slightly thicker custard is preferred.) Remove custard from heat and cool at once by placing pan in cold water. Stir a few minutes and add salt and vanilla. Chill thoroughly and keep cold until served.

Custard is delicious "as is" with other flavorings, over fruits, cake or ice cream. For extra fancy desserts, top with whipped cream.

State Revenue Shows Increase

Net general fund and highway fund collections for November were higher than those for last November.

This year's net general fund collections amounted to \$93.4 million as compared with \$80.8 million collected in November, 1969.

For the first five months of the current fiscal year, net General Fund collections were \$368.5 million compared with \$327.5 million for the first five months of the 1969-70 fiscal year.

November net highway fund collections amounted to \$19.9 million compared with \$19.1 million collected in November, 1969. Gasoline tax receipts amounted to \$18.7 million compared with \$17.9 million collected in November, 1969.

Net highway fund collections for the first five months of the current fiscal year were \$105.8 million as compared with \$96.9 million collected during the first five months of the 1969-70 fiscal year. Gasoline tax collections during this period were \$98.0 million as compared with \$90.3 million collected during a corresponding period last year.

Farm Items

BY W. S. YOUNG, COUNTY EXTENSION CHAIRMAN

Several Education T.V. programs will be coming up on Channel 4 during the month of January that will be of interest to Hoke County people.

The first one is on January 12, 1971 from 2:30 - 3:30 P.M. It is entitled "Your Federal Income Tax" and deals with the changes that was made in the Tax Reform Act of 1969. Viewers can call into the station and ask questions during the last half hour.

The second program deals with corn production and also the corn blight. This one is on January 19, 1971 from 2:30 - 3:30 P.M. Chemicals for use in corn production will be discussed during the program.

District Court Room. Everyone is invited to come.

A tobacco fertilization program should be designed to supply the crop with enough of the different nutrients to grow a good yield of high quality tobacco at an economical cost. Many growers can reduce their fertilizer cost by 25 to 50 percent by carefully selecting the rates and sources of nutrients.

The complete use of 3-9-9 for preplant and sidedressing will cost about \$60.00 per acre. The use of 1200 lbs. of 3-9-9 and 160 lbs. of 15-0-

14 will cost about \$43.00 per acre. Also by using 900 lbs of a 4-8-12 plus the 15-0-14 sidedressing you can get out with a cost of about \$30.00 per acre. Higher analysis fertilizers such as 6-12-18 and 8-16-24 can be used and cost \$27.00 and \$25.00 for nutrients. All of these combinations give about the same yields and quality of tobacco.

Much research is being carried on in the topdressing field and growers will probably be using a 16-0-0 or a 15-0-0 in a few years.

Correct management in fertility can save every farmer money in production cost.

Teachers Observe

The South Hoke Comprehensive School Improvement Project 5th grade teachers, Roy Maynor, Miss Mary White, Mrs. Helen Williams and Mrs. Agnes Page, Supervisor, observed the Team Teaching Program in grades 1-6 at the Mary Peacock Douglas School in Raleigh on December 9.



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MERRY CHRISTMAS

A program in personnel management for farmers has been developed by the Extension Farm Management Specialists. It is designed to acquaint farm employers with the principles of recruiting, training and motivating labor.

It has been decided to hold one school for Robeson, Scotland and Hoke County. It is scheduled for Wednesday afternoon, January 17, 1971 at 1:00 P.M. at the Red Springs

What A Great Idea For Christmas

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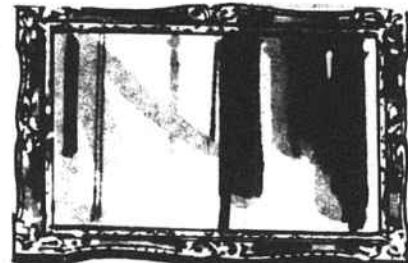
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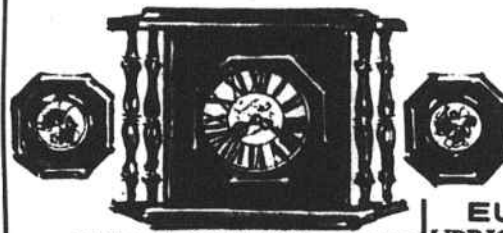
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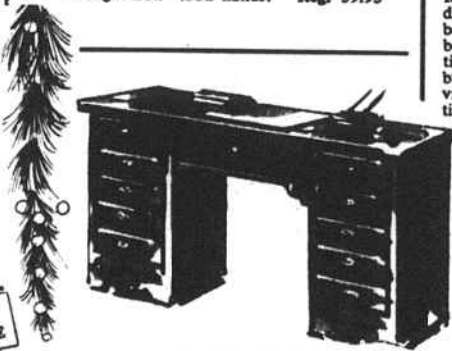
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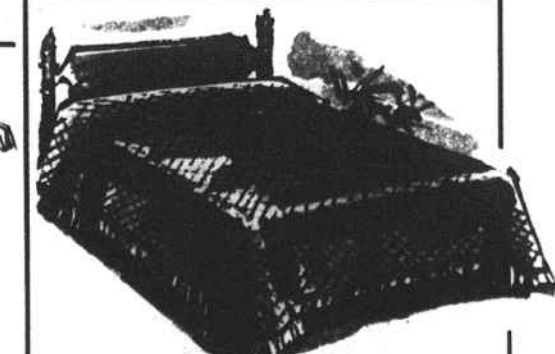


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ZEBCO 707 Fresh Water	\$3.00
ZEBCO 777 Fresh Water	\$7.25

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