



SCOUT CEREMONIES - Three Girl Scout troops had investiture and rededication ceremonies at the South Freedom AME Zion Church last Sunday. Parents and friends were served refreshments after the ceremonies. Members of Troop 391 are (first row, left to right) Debbie Shaw, Brenda Cunningham, Linda Beatty and Jackie McLaughlin; second row, Assistant leader Miss Sandra Galberth, Mary McNeill, Sharon Smith and Troop leader, Miss Rebecca Beatty.



INVESTED - Members of Girl Scout Troop 318 held an investiture and rededication ceremony with two other troops at the South Freedom AME Zion Church Sunday. Troop members are (first row) Janice Blackshear, Sharon McRae, Troop leader Miss Annie Little; second row, Carmila Brown, Diane Blackshear, Tina McGregor, Sandra Quick and June McLaughlin; third row, Assistant leader Miss Dorothy Cunningham, Regina Blue, Linda Tillman, Pricilla Beatty, Deila McArn and Wilma Riggins.



REDEDICATED - Girl Scout Troop 521 held an investiture and rededication ceremony with two other Scout troops last Sunday at South Freedom AME Zion Church. Troop members are (first row) Debra McRae, Diane Shaw, Debra Hall and Pam Dockery; second row Sharon McRae, Brendella Leslie, Diane Miles and Assistant leader Dorine Day.

Park Service Expects Record Season In 1971

Spring cleaning begins early for the National Park Service. While chill winds still blow, rangers and maintenance men are busy clearing roads, marking trails, checking museum exhibits, and sprucing up reception centers.

They expect 180 million visitors in 1971. More than 172 million enjoyed the Park System last year, the National Geographic Society says.

Visiting one of the 283 areas administered by the Park Service will be easier than ever with the Golden Eagle Passport, available again after a nine-month lapse. The \$10 wallet-size permit provides year-round open access to designated Federal recreation areas where entrance fees are charged.

Two new areas - Gulf Islands National Seashore and Voyageurs National Park - have been blended into the National Park System this year. A third, the Chesapeake and Ohio Canal, has been expanded and redesignated a National Historical Park.

One of the Nation's earliest man-made inland waterways,

the 184-mile C&O Canal parallels the Potomac River from Washington, D.C., to Cumberland, Maryland. George Washington had pioneered the idea.

President John Quincy Adams turned the first spadeful of earth for the waterway in 1828.

Financial woes, labor problems, and engineering difficulties delayed construction, but the canal finally was opened to trade in 1850.

After the Civil War, profitable traffic in flour, grain, lumber, and coal developed. In the peak year of 1871, some 500 boats pulled by more than 1,000 mules delivered 850,000 tons of coal from the West Virginia mines to the tidewater area.

Plans by the Government to restore and "rewater" much of the C&O and to buy up to 15,000 acres of land near it will create a welcome strip of green on the heavily populated eastern seaboard.

Gulf Islands National Seashore preserves a series of offshore islands and keys

stretching 150 miles from Gulfport, Mississippi to Destin, Florida. Frothy surf and sugar white beaches attract bathers and fishermen. Bird lovers seek out terns, gulls, herons, egrets, and the rare osprey.

By coincidence, President Adams also was involved in a portion of the Seashore. In 1828 he acted to preserve the Naval Live Oaks Plantation in Florida to save the trees that were used in building wooden sailing ships of the era. Historians believe it marked the Nation's first attempt at conserving natural resources.

Voyageurs National Park, in the midst of a detailed land acquisition program, eventually will encompass 139,000 acres in Minnesota's spectacular north country.

Plunging rivers course into lakes dotted with rocky islands. Thrushes and whitethroated sparrows flit among fragrant spruce and pine trees.

The area appears almost as it did when rocky shores echoed the rhythmic chants of the colorful French-Canadian voyageurs.

McCain To Begin Heart Care Plan

North Carolina Sanatorium's newly formed Cardiopulmonary Resuscitation Committee plans to implement a system of comprehensive care for cardiac arrest patients in the Hospital and in the community.

Hospital Administrator Joseph S. Lennon, Physician Coordinator Wade F. Heritage, M.D., and nurses (Mrs.) Annie R. Wilson, R.N. and (Mrs.) Bess Veasey, R.N. joined representatives of seven other community hospitals that have recently joined the state-wide CPR Program in an orientation session in Durham Friday (March 12).

The program included presentations by an administrator, a physician, and a nurse experienced in CPR organization in their respective hospitals. N.C. Heart Association staff members spoke on the program's history, hospital and community organization, emergency procedures, and record keeping.

Physician coordinators will meet in Charlotte later this month for a training session in cardiopulmonary resuscitation technique, in preparation for teaching the life-saving skill to hospital and community rescue personnel.

Begun in July, 1968, with a three-year grant from the North Carolina Regional Medical Program, in cooperation with the N.C. Heart Association, the CPR project aims to help community hospitals develop a comprehensive care system for cardiac arrest patients. In two years of the project's operation (through January, 1971), CPR training reached 3,354 physicians, nurses, hospital and hospital related personnel in cardiopulmonary resuscitation. In that same period, trainees attempted to resuscitate over 250 cardiac arrest patients.

The newly participating hospitals, including one not represented at last week's meeting, bring to 70 the total number now benefiting from the CPR Program.

VA announced recently that a record \$275 million in dividends will be paid this year to more than 4.1 million veterans holding WW I and WW II insurance policies.

Seemingly harmless drugs like aspirin, "diet pills," tranquilizers, nose drops, and even vitamins are under scrutiny as possible causes of birth defects, the March of Dimes reports.

School Menu

FRI., March 26
Barbecued Pork on Bun
Cole Slaw-C
Lima Beans
Cake or Cookie
Orange Juice
Milk

MON., March 29
Hamburger on Bun
French Fries w/Catsup
Slaw-C
Cake
Milk

TUES., March 30
Vegetable Beef Soup - A&C
Peanut Butter & Jelly
Sandwich
Crackers
Brownie or Chocolate Pound
Cake
Milk

WEDNES., March 31
Managers Choice

THURS., April 1
Macaroni & Cheese w/Bologna
Cup
Green Beans
Peach Pie
Rolls
Milk

Local Pastor's Father To Lead Services

Bethel Presbyterian Church, located on U.S. 401 South, will hold services this Sunday through Weds. nights, March 28-31, at 7:30 nightly. Preaching will be Dr. E.A. Smyth, father of the Church's pastor. Special music will be led by the Choir directed by Mrs. Robert Wright, with Mrs. Wilson Clark, Organist.

Dr. Smyth recently retired from the pastorate of the Presbyterian Church in Blacksburg, Va., where he had served for twenty years. He is a native of Blacksburg, and attended VPI there. After a brief period of work as an Electrical Engineer with

General Electric, he attended Union Seminary in Richmond, Va. He did graduate work at Edinborough University, Scotland, and holds the M.A. degree from Washington and Lee University, and the D.D. degree from Hampden-Sydney College in Va. He served from 1941-1948 as pastor of the Presbyterian Church in Hartsville, S.C. Mrs. Smyth is the former Mary Linda Vardell, of Red Springs. Bethel Church invites everyone to share in these nights of services, and in Sunday School, held each Sunday at 10 AM, with morning worship at 11 AM.

Sandhills Will Teach Flower Classes

Hoke County citizens have shown interest in flower arranging classes. In answer to this interest Community College will teach two classes that will begin after Easter - an afternoon class and a night class. If you would like to attend one of these classes call Hoke Extension Office 875-2162 and have your name added to the roll.

CARD OF THANKS
To all my friends and neighbors: Many thanks for flowers, prayers and cards shown during my mother's death. Susan Smith. 46P

CARD OF THANKS
Mrs. Guy Bullock Sr. wishes to express her heartfelt appreciation for the many acts of kindness, cards and floral offerings received during the illness and passing of her mother, Mrs. Flora Millikin. 46C

March Tire Values at Esso ValueCenters.

Atlas 4-ply Nylon Cord Tires.

\$12.95 with trade-in, plus \$1.76 F.E.T. for 650 x 13 tubeless blackwall Atlas Mile-Pak tire.

- Four full plies of sturdy nylon cord.
- Modern wrap-around tread for good control.

Note other sizes and prices below.

SIZE	BLACKWALL (w/trade-in)	WHITWALL (w/trade-in)	F.E.T.
800 x 13	12.95	14.95	1.60
650 x 13			1.75
775 x 14	15.95	17.95	2.14
775 x 15			2.15

Atlas Plycron Tires.

\$24.12 with trade-in, plus \$1.76 F.E.T. for 650x13 tubeless blackwall Whitewalls \$3.35 more each.

- Molded to within 3/1000 of an inch of perfect round for an exceptionally smooth, quiet ride.
- Husky wrap-around tread.

Check the values on all our Atlas Plycron tires.

SIZE	BLACKWALL (w/trade-in)	WHITWALL (w/trade-in)	F.E.T.
735 x 14	26.55	30.28	2.01
775 x 14	28.09	32.02	2.14
775 x 15			2.16
825 x 14	30.77	34.95	2.32
825 x 15			2.37
855 x 14	33.72	38.53	2.50
855/845 x 15			2.54

Oil Change and Lube.

\$3.20

- Lubricate to manufacturers' specifications; fittings extra if needed.
- Drain and add up to four quarts of Esso Extra motor oil; Uniflo™, our best, slightly higher.

Atlas Belted Tires.

\$41.44 with trade-in, plus \$2.64 F.E.T. for F70-14 tubeless Atlas H-P tire.

- Two fiberglass belts, polyester cord body.
- Up to 29% wider than conventional tires.
- Whitewall on one side, red stripe on the other.

Similar values on all our Atlas H-P tires.

SIZE	White/red sidewall (w/trade-in)	F.E.T.
G70-14	45.20	2.84
G70-15		2.86
H70-15	49.86	3.11

Spring Tune-Up.

\$19.95 6-cyl. cars

\$22.95 for 8-cyl. cars
Prices for standard Ford, Chevy, Plymouth and most American compacts. Air-conditioned cars slightly higher.

- Replace points, plugs, condenser and rotor.
- Adjust idle speed, set fuel mixture.
- Verify timing, set centrifugal advance, and much more.

10 Plastic Utility Bags.

49¢ while supply lasts.

Great for garbage, leaves, clothes, etc.

Why Esso ValueCenters?

Because it doesn't make sense for you to have to drive all the way across town to get a bargain on a tire or a battery or something else for your car. Not when the Esso station in your neighborhood can sell you what you need at a price that's right. And let you charge it all on your Esso credit card, with months to pay.

Esso ValueCenters are Esso stations with a continuing program of real values for your car. Stop in and see what we mean.

Look for these signs.

The above prices on tires and services are available nationally at stations operated by Humble Oil & Refining Company located in many metropolitan areas and communities. Prices and offers may vary at participating independent Esso dealers.

Esso men are doing more.