

### Today's Ideas

By Martha Bingham CP&L Co.

We are now in an era of nostalgia -- searching in the past for the warmth and stability that was once known. These reminders of the past, generally come by way of actual objects made of the various metals discovered through the centuries. For keeping these items in shape, some of the following ideas may be of help.

Copper is one of the oldest and most useful of the non ferrous metals, dating back to

the late Stone Age. Copper oxidizes and darkens with exposure to air and when used for cooking, but a number of polishes will restore its brightness. Generally, the polish directions recommend washing the object first, applying polish with a damp sponge or cloth, rinsing, and buffing dry.

Bronze is usually an alloy of copper and tin, often containing lead. Due to this lead content, bronze is not used for cooking. Care instructions are to wash by and in soap or detergent and warm water, rinse and dry.

Along with the Middle Ages, came brass, an alloy of copper and zinc. All brasses contain lead; therefore, restricting its use for cooking utensils to outside or decorative surfaces. It will oxidize in air due to its high copper content, but can be polished after each washing with copper cleaner.

Tin is non-toxic and thus is an excellent metal for cooking or containing food. It is primarily used for plating. Tin-plated objects should not be scoured or washed in the dishwasher, but do follow regular hand washing procedures.

Pewter goes back about 2000 years in both England

and the Orient, and as it exists today, it can be classified as either "old" or "modern." Pewter without lead resists oxidation indefinitely and is safe for use in food and beverage service. It is a soft metal and, therefore, best handwashed.

All of these metals have a tendency to react to high water and drying temperatures and hardness minerals. Therefore, machine washing causes discoloration, and with tin and pewter, some corrosion. However, if a bright finish is not important to you, if you intend to use a copper cleaner on copper, bronze, or brass, it is possible to wash these metals in a dishwasher. Some people really prefer the old fashioned look, and the modern convenience of the dishwasher will hasten the process.

### Bratcher Notice

The Cleo Bratcher who was convicted of simple assault in District Court on Nov. 10 is not the Cleo Bratcher Jr., who works at Knit-Away, Inc.

**Thanksgiving Day**  
NOVEMBER 23, 1972

## From The Home Agent's Desk

by Eileen Willis and Brenda Abrams

If you think homemaking actually takes less time today than it did years ago, you're wrong, according to survey reports compiled through a grant by the U.S. Department of Agriculture to the College of Human Ecology, Cornell University.

Total time Ms. Homemaker used "for the family" in 1967-68 was not less, on the average, than it had been 40 years earlier, according to the survey. Time is "mixed" differently than it used to be. Granted, we no longer churn butter, nor do we weave the material for our garments.

Indeed, the physical demands of many tasks have been reduced -- but time demands of some activities have increased while others have decreased. Total result, no real gain on the long haul, so to speak.

According to the records (which are admittedly sparse) there has been a decrease of 30 minutes per day since 1927 in food preparation and after-meal cleanup. But, there has been an increase of more than 30 minutes for marketing, record-keeping and management.

The survey also showed that today's family does have many choices as to how it will use its valuable time resource to attain the level and style of living it wants. Today, time and money have become more interchangeable in providing the family's goods and services.

Homemakers with children continue to have time-demanding household work in spite of automatic washers and dryers, running hot water, automatic furnaces, and convenience foods.

Even the young homemaker who has no children and is employed outside the home averages 3.5 hours daily for her household work. Thirty-five percent of the married women in husband-wife families in

1966) in the United States were gainfully employed. An even higher number -- 41 percent -- were employed in 1971.

What, then, causes the difference in the time used for household work when what appears to be easier, actually takes longer -- or as long. Why is homemaking today not taking less time? While more study and comparisons are being undertaken, there are some questions being raised.

Could time saved in food preparation and cleanup go into selecting and buying the convenience foods? Increase in amount of time-use for family

care may reflect a difference which, of course, depends on the number of children in the family.

Often, the generalization is made that homemakers who are working outside the home are more efficient in their time-use and probably there is a tendency to eliminate some of the household work. However, it probably reflects that many homemakers work outside the home when the household work load is relatively small.

Which ever the cause, the indications are that the predicted short work day of the future may not be including Ms. Homemaker.

### With Our Service Personnel



Navy Steward Apprentice Bobby Hunt, son of Mrs. Pearlene L. Hunt of Route 4, Red Springs, graduated from recruit training at the Naval Training Center in Orlando.

A 1972 graduate of Red Springs Senior High School, he is scheduled to report to San Diego.



Airman Ronald L. Bryant, son of Mr. and Mrs. Malcome Bryant of Rt. 4, Red Springs, has been assigned to Chanute AFB, Ill., after completing Air Force basic training.

During his six weeks at the Air Training Command's Lackland AFB, Tex., he studied the Air Force mission, organization and customs and received special instruction in human relations.

### Engagement Announced



Miss Linda Faye Williams and Robert Howell Sims, Jr. both of Charlotte, North Carolina, announce their engagement. She is the daughter of Mr. and Mrs. Eugene Williams of Virginia, Virginia, formerly of Raeford. He is the son of Mr. and Mrs. Robert Howell Sims of Charlotte, North Carolina. They plan to be married December 30.

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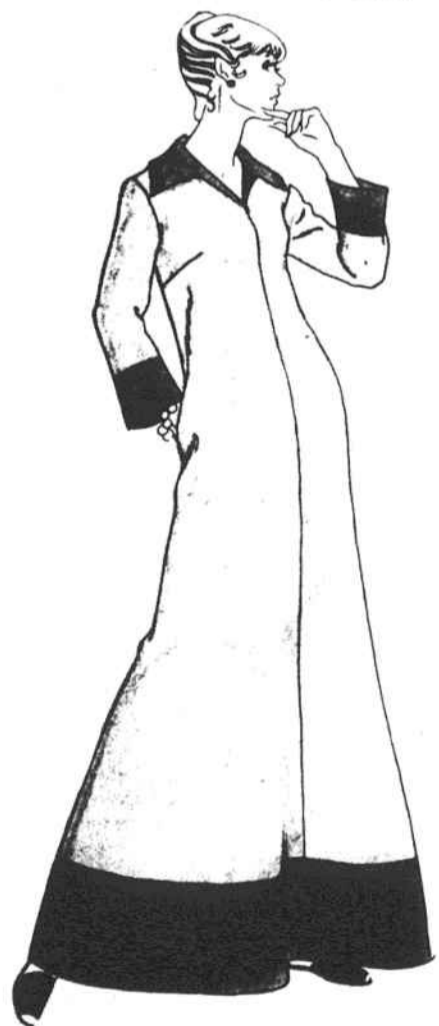
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