



LIFE GIVING BLOOD - Two blood donors at the Burlington center last Friday relax on the tables while those waiting their turn are processed. The Bloodmobile visit was a success.

Upchurch Is Re-Elected To Natural Gas Board

The board of directors of North Carolina Natural Gas Corporation meeting last week authorized the establishment of a subsidiary company to explore for new natural gas, re-elected officers for the coming year and voted an increase in the per share dividend to be paid in March.

The board voted to increase the March dividend to 23¢ per share from 21¢ per share.

In announcing the board action, Frank Barragan, Jr., company president, said the directors authorized the incorporation of a subsidiary company to explore for new natural gas deposits in North Carolina as well as along the Gulf Coast.

During the meeting Barragan was re-elected president. Also re-elected were Arthur P. Gann, Jr., vice president, operations; William G. Hill,

vice president, sales; Calvin B. Wells, vice president; Cecil C. Dew, treasurer; Donald W. McCoy, secretary; and Mrs. Charles C. Clark, assistant secretary and assistant treasurer.

The meeting of the board of directors followed the annual stockholders meeting at which all nine Directors were re-elected. Directors are: Glenn E. Anderson, Raleigh; Alex B. Andrews, Raleigh; Barragan; Joseph W. Hibben, La Jolla, California; George E. Kidder, Wilmington; Hector MacLean, Lumberton; McCoy, Fayetteville; Thomas J. Pearsall, Rocky Mount; and T. B. Upchurch, Jr., Raeford.

During the stockholders meeting, Company Officers gave detailed reports on current gas deliveries, sales, finance, fiscal position, operations and construction.

Flu, Cold Season Strikes

The season to be jolly has given way to the season to be miserable, if you have come down with a cold or flu.

For neither is there a sure-fire preventive, said Dr. W. J. Steininger, Medical Director of McCann Hospital and a past president of the Mid-State Lung Association. "Today's vaccine against flu is said to be 70 percent effective in preventing the disease. For colds, nothing is very effective, but it is helpful to avoid people who have them, eat well-balanced meals, and try not to get chilled or over-chilled."

Elderly people, especially those with chronic illnesses should be vaccinated every year, Dr. Steininger said. Health risk for these groups is high.

Flu takes one to three days to develop, from point of infection, and may manifest in a combination of discomforts: chills, fever, headache, backache, muscular pains, lack of

STOP MILDEW

Plastic shower curtains in curtain liners often become mildewed. To remedy this and make them smell fresher, wash in a tub of detergent or soap suds, scrubbing the surface with a brush; rinse well. Then soak 15 minutes in a solution of 1/2 cup liquid chlorine bleach thoroughly mixed with each gallon of cold water. Rinse and hang the curtain and liner inside the tub to dry, extension home economics specialists, North Carolina State University recommend.

appetite, heat, cold, sore throat, dry cough, weakness, aching or burning eyes, sensitivity to light, nausea.

He who develops flu should see his doctor, go to bed, keep warm, drink plenty of liquids, and take no medicine the doctor does not prescribe, Dr. Steininger said.

After this, the patient should avoid exposure to other sickness because flu lowers resistance.

Much of this advice applies to the cold sufferer. Ways to relieve symptoms include aspirin for aches, antihistamines if there are allergic reactions, vaporizer or hot bath to relieve congestion, cough syrup for cough, nasal decongestants.

"People with asthma, chronic bronchitis, emphysema, TB or any other respiratory illness should be particularly wary during the flu and cold season," said Dr. Steininger. "Their resistance has been lowered and they are most vulnerable to pneumonia, which could be fatal."

The best preventive for all, Dr. Steininger stated, is good health habits. "Proper diet and hygiene, plentiful rest and regular exercise increase resistance to respiratory illness.

They also help promote fast recovery if the illnesses do occur."

Pamphlets on the common cold, flu and other respiratory diseases are available without charge as a Christmas Seal service from the Mid-State Lung Association, P. O. Box 1187, Aberdeen.



UPCHURCH CHEERLEADERS - First row, Cindy Black and Sharie Simmons; second row, Donna Bounds, Julie Gibson, Trena Lindsey, Lee Ann Hubbard and Annette Currie; third row, Dee Dee Dockery, Sandra Leach, Cheryl McIntyre and Brenda Graham. Not pictured, Cindy Averett.

Deaths And Funerals

Dempsey Benjamin Ray

Funeral services for Dempsey Benjamin Ray were held Sunday at Galatia Presbyterian Church by the Rev. Russell B. Flemming. Burial was in the church cemetery.

Ray, of Rt. 4, Fayetteville, died Saturday. He was 52.

A native of Hoke County, Ray was associated with a water corporation in Fayetteville.

He is survived by his wife, Mrs. Mildred M. Ray; two sons, Dempsey B. Ray Jr. and Martin A. Ray, both of the home; a sister, Mrs. Isabel Ray Ritter of Rockfish; two brothers, M. Gillis Ray and John A. Ray, both of Fayetteville.

Pallbearers were G.L. Lindsay, W.P. Palmer, Marshall C. Ray, Neill A. Ray, Gilbert M. Ray and James Robert Ray Jr.

Lester George Wolverton

Final rites for Lester George Wolverton were held Thursday at Crumpler Funeral Home Chapel by the Rev. John Rapp. Burial was in Redwood Falls, Minn.

Wolverton, 59, died Jan. 15 at his work. He was the manager of the cold storage department at the Raeford Turkey Farm plant.

He is survived by his wife, Mrs. Marion Wolverton; two sons, James Richard and Robert Lester Wolverton, both of Salt Lake City, Utah; his mother, Mrs. Ethel Wolverton of Dewey, Okla.; a sister, Mrs. George Mann of Dewey, Okla.; two grandchildren.

Diehl Files \$10 Million Lawsuit

Two men who harvested pine stumps from the Hoke County portion of the Ft. Bragg reservation have filed suit against Hercules Inc. for \$10 million in punitive damages and almost a half million dollars in actual damages.

Raeford attorney Philip Diehl filed the action last week in Superior Court in Fayetteville on behalf of C.W. Harvey of Aberdeen and C.O. Bracken of Odom, Ga.

The complaint alleges that the partnership of Harvey and Bracken, Carolina Stumpwood Company, harvested 99,544 tons of pine stumps as an agent of Hercules and was paid for only 56,249 tons.

At a rate of between \$8.50 and \$11 a ton, the men allege that Hercules failed to pay \$403,206 owed to them.

The complaint further states that because of this, the partnership was forced out of business.

Farm Show In Lumberton

The Southeastern Farm and Home Trade Show will be held in Lumberton again in February.

The sixth annual show will be held Feb. 19 and 20.

Co-Chairmen, Milton Bretscher from the Lumberton Rotary Club and David Guy representing the Robeson County Crop Promotion Association, said that an excellent variety of farm machinery and equipment have already been consigned to the show.

Companies or individuals wishing to reserve space to show farm, automotive, recreational or home equipment may contact the County Agricultural Extension Office in Lumberton, P.O. Box 392, or phone (919) 738-8111.

Rural Fires, Call 875-4242

Land Survey In Progress

All landowners of ten or more acres are urged to cooperate with their county officials by accurately reporting their 1974 crops and livestock in the 1975 Land Utilization Survey being conducted in January.

Landowners will make their reports directly to the township listers, or in counties where the survey is done by mail they will complete and return the questionnaires to the person responsible for collecting the data. The information reported by the landowner is confidential and is available to the landowner only. The law prohibits the use of such information for tax purposes.

"It is impossible to overemphasize the importance of accuracy in the individual reports. The information is a

yearly history of the activities, crops, livestock, etc., of the individual tracts.

"This information is invaluable in many ways to the individual landowner as in the instance of establishing future crop allotments, the possible allocation of fertilizer, gas, fuel oil and farm machinery and marketing quotas," advised Ed Wester of the Crop Reporting Service, N.C. Department of Agriculture. "It is also vitally important to government at local, state and national levels as a means of determining the needs for increases or decreases in production and in all areas of supply and marketing."

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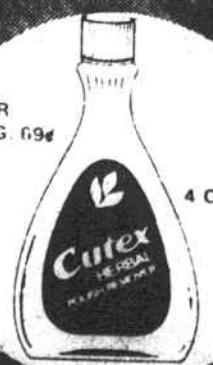
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