

# Social Events

## Bridal Shower For Mrs. Treadwell

Mrs. Barbara McMillan Treadwell was honored with a bridal shower last Tuesday evening at the Ephesus Church fellowship room.

Upon her arrival, Mrs. Treadwell was presented a corsage of white mums and a gift book by her hostesses, Mrs. Marshall Miller and Mrs. Leon Hagan.

A color note of gold and white was used in all decorations. The refreshment table was covered with a gold cloth and centered with an arrangement of white daisies and gold and white mums, flanked by tall white burning tapers. Mrs. Miller poured punch from a large silver punch bowl. Cake squares and toasted pecans were served.

Gifts were displayed on a table covered in white linen and decorated with a miniature bride and groom.

## Club Calendar

The Education Department of the Raeford Woman's Club will meet Tuesday, February 4, at 7:30 p.m., at the home of Mrs. Arthur D. Gore. Associate hostesses will be Mrs. Neil Senter and Mrs. Charles Hostetter.

The Public Affairs Department of the Raeford Woman's Club will meet on Tuesday, February 4, with Mrs. Glenn Wood. Guest speaker will be CWO Laird P. Ashburn, former POW in Viet Nam, who is now assigned to the JFK Center, Flight Det., Simmons Army Air Field, Ft. Bragg.

The Raeford Senior Citizens' Friendship Club will meet on Tuesday, February 4, at 2:30 p.m., at the Raeford Methodist Church. Mrs. Brenda Abrams Canady will have charge of the program. Members voted at the January meeting to each bring something they have made, or a "white elephant", to sell at auction. Proceeds from the sale will go to the Hoke County Library Building Fund.

**PASTEL PORTRAITS**  
in our store  
Thur. Fri. Sat. 10 A.M. - 4 P.M.  
PASTELS \$15 CHARCOAL \$10  
**B. C. MOORE'S**

**Hoke Drug Co.**  
tel 875-3720 Raeford



Mike Wood & Walt Coley  
(Your Prescription Specialists)

### Pharmacy Comments

#### Fighting Colds: Good Advice

International Sniffle Season is here! Getting pinned to the wall by the ever-present cold bug is as common as inflation, so next time you start sniffing take a bit of down-home advice.

Get plenty of rest, drink lots of liquids, and take aspirin (unless current medication should interest, you're pregnant, or suffer from conditions which exclude the use of aspirin).

Bed rest should be considered in the case of infants, preadolescents, or the elderly, while adults should avoid fatigue. When feverish lighten your diet and continue a high fluid intake, emphasizing Vitamin C. If your cold still hangs on, see your doctor.

Colds can also be fought with humidifiers. If you're interested, I'll be happy to give you the details. Just ask.

Safety First - Tell each physician you consult about any bad reaction you have ever had to any medicine.

(Adv.)



## Births

Mr. and Mrs. John Furmage announce the birth of a son, Timothy James, on January 20, at Cape Fear Valley Hospital. Mrs. Furmage is the former Martha Ann Irby.

Mr. and Mrs. Robert G. Thorne announce the birth of a son, Robert George, Jr., on January 22, at Cape Fear Valley Hospital. Mrs. Thorne is the former Ginger Teal.

## Invitation

The children of Mr. and Mrs. Gorrell D. Kiger invite friends to attend a reception in honor of their parents' golden wedding anniversary on Sunday afternoon, February 9, from 2 until 4, at the Raeford United Methodist Church.

## From The Home Agents' Desk

by Ellen Willis & Brenda Canady

HINT: Don't prick unbaked pie shell if it is to be filled before baking. Only prick a shell if it is to be baked first and a cream filling added later.

### Schedule:

January 29-30 - Jewelry Workshop  
Monday, February 3, 8:30 a.m. - Staff conference  
Monday, February 3, 10:30 a.m. - Report to county commissioners  
Wednesday, February 5, 10 a.m. - Wayside Extension Homemakers meeting



MONKEY TALK -- Margaret Postel and her friend, the chimp, call attention to the drive North Carolina Girl Scouts are sponsoring to donate two chimpanzees to the state zoo.

## Hospital News

### MOORE MEMORIAL

Clyde Teal  
Mrs. Raymond Ellis, home Monday  
James B. Bowles, home  
John Manning  
Mrs. Jasper Davis, home  
Jean Wade, home

MCCAIN  
Miss Delta Blue  
BAPTIST  
Bill McFadyen  
DUKE  
Chester Wade

## College News

William Kenneth Davis of Raeford will sing the lead roles in two one-act operas to be performed at East Carolina University on Feb. 3, 5, 7, and 8.

He will sing the role of Aeneas in Henry Purcell's "Dido and Aeneas". Davis will share the title role with Craig Maddox of Elizabeth City and they will perform on alternate nights.

Davis will carry the title role of "Gianni Schicchi" in Giacomo Puccini's comic opera by that name.

Davis, a senior voice performance major, studied with Licia Albanese during a NCSA European tour. He plans to participate in the Metropolitan Opera and Santa Fe Opera apprentice program auditions in February. He is the son of Mr. and Mrs. William Davis of Raeford.

David S. Wood has been named to the Dean's List for the fall semester at Elon College.

He is the son of Mr. and Mrs. A.W. Wood Jr. of 835 East Prospect.

Don't Throw  
It Away  
We'll Sell It  
For You  
Opening Soon  
**DeVane's  
Auction Barn**  
401 By Pass Old Bobo Stable

|  |   |
|--|---|
| <p><b>TOWN &amp; COUNTRY CINEMA</b><br/>TOWN &amp; COUNTRY SHOPPING CENTER<br/>STARTS THURSDAY 1/30<br/>8 BIG DAYS<br/>Roger Moore<br/>As James Bond 007<br/>"THE MAN WITH THE GOLDEN GUN" - (PG)<br/>Wk. Days - 3:20 - 7:00 - 9:10<br/>Sat. - Sun.<br/>1:15 - 3:20 - 7:00 - 9:10<br/>944-1198</p> | <p><b>SUNRISE</b><br/>DOWNTOWN SOUTHERN PINES<br/>NOW THRU SAT. 2/1<br/>"MESSIAH OF EVIL" - (R)<br/>SUN. THRU THUR. 2/2-5<br/>"THE HOUSE THAT VANISHED" - (R)<br/>Wk. Days - 7:10 - 9:05<br/>Sat. - Sun.<br/>1:30 - 3:20 - 7:10 - 9:05<br/>692-3013</p> |
|--|---|

Look Your Best  
Go Sebring  
Hair Design and Care  
By Appointment  
at

**DAN'S HAIR DESIGN**  
114 CENTRAL AVE.  
TEL. 875-5177

FEELING GOOD will suspend broadcasting after January 29. When it returns to the air on April 2, it will continue to use a variety of techniques - drama, documentaries, song and animation - but will drop the situation comedy setting which has formed the continuity base for the program to date.

## LOSE WEIGHT

If you've had to loosen your belt a notch, you may be suffering from that common after-effect of the holiday season - extra pounds.

No doubt about it. It is easy to gain weight during the late fall and early winter months. Activity usually decreases while eating may stay the same. And with tempting holiday goodies around, eating often increases.

So attack those extra pounds now. If you don't gaining weight every holiday season may become a regular pattern. One that can cause a serious problem in just a few years.

However you decide to cut calories - do it sensibly. If you want to lose about two pounds a week, you will need to shave off one thousand calories a day.

Then follow good nutritional guidelines. Include protein foods daily for they build and repair body tissues. Make sure you eat carbohydrates for energy. And include minerals and roughage. You'll need some fat each day too.

Diets that limit you to just a few foods can quickly become boring. And they're dangerous if continued for a long period of time. So choose a variety of foods from all four food groups to shave those holiday pounds sensibly.

# Clearance FAMILY SHOES

## We Have Cut Our Shoe Prices Again!!

|   |   |
|---|---|
| <h3>LADIES' DRESS SHOES</h3> <p>'19.00 TO '22.00 VALUES</p> <p>NOW <b>\$10<sup>00</sup></b></p>   | <h3>MEN'S SHOES</h3> <p>'20.00 TO '36.00 VALUES</p> <p>NOW <b>\$10<sup>00</sup></b></p> <p>'14.00 TO '7.00 VALUES</p> <p>NOW <b>\$7<sup>00</sup></b></p>  |
| <h3>LADIES' CASUAL SHOES</h3> <p>'13.00 TO '22.00 VALUES</p> <p>NOW <b>\$8<sup>00</sup></b></p> <p>'10.00 TO '17.00 VALUES</p> <p>NOW <b>\$5<sup>00</sup></b></p> | <h3>CHILDREN'S SHOES</h3> <p>'8.00 TO '9.00 VALUES</p> <p>Now <b>\$4<sup>00</sup></b></p> <p>'4.00 TO '8.00 VALUES</p> <p>Now <b>\$3<sup>00</sup></b></p> |

Fine Shoes *McNair's* Fine Shoes  
Laurinburg, N.C. Quality Since 1872

We're Changing Our Hours (See Below)

## Pig - N - Chicken

On 401 By-Pass  
The South's Finest

We've Smoothed The Way  
With New Pavement So Drive On Up And Order

### Tubs of Chicken

|   |  |
|---|--|
| 8 pc tub with slaw & rolls<br><b>\$4.00</b><br>(ENOUGH FOR 4) | 16 pc tub with slaw & rolls<br><b>\$7.50</b><br>(ENOUGH FOR 8) |
|---|--|

BAKED BEANS Pints - 65c Quarts - \$1.10  
POTATO SALAD Pints - 70c Quarts - \$1.40  
SLAW Pints - 55c Quarts - \$1.00

Each Friday Fried Flounder (all you can eat)  
\* Pork Barbeque \* Fried Chicken \* Brunswick Stew  
Catering Service Available For Any Occasion

HOURS:  
Effective Sat., Feb. 1st  
OPEN DAILY 11 A.M. - 8 P.M. EXCEPT FRIDAY, WE'RE OPEN 'TIL 9 P.M.  
OPEN ON SUNDAY  
Telephone 875-2131