



**LIBRARY DONATION** - R.B. Lewis, chairman of the Bicentennial Library Fund, is shown accepting a check to the fund from Retired Teachers Association President Mrs. Glenn W. Wood. The Association's contributions to the fund now total \$279, proceeds from a scrap iron collection and white sale the members undertook.

## Chronic Coughs Are Danger Signals

Pamphlets concerning respiratory diseases and written in lay terms are available in the office of the Mid-State Lung Association, according to Dr. Alfred G. Siegel, president.

Dr. Siegel said that any disease which damages the lungs or interferes with normal breathing is a concern to the

Lung Association because such diseases have a bearing on tuberculosis.

"We know that influenza or pneumonia may be the cause of a breakdown among people infected with the TB germ," he stated.

"In the same way, other respiratory diseases are not only serious problems in

themselves, but they become special problems when combined with tuberculosis."

"A respiratory disease is an illness which affects the body's breathing system. Some of the respiratory illnesses are infectious, passed from person to person, such as colds, flu, tuberculosis. Fungal diseases which affect the body's breathing system are also transmitted by inhaling spore-bearing dust."

"Others such as pneumonia and acute bronchitis can be passed on from person to person. They are also caused by germs which stay quietly in the throat most of the time, but go into the bronchial tubes and lungs when a person's resistance is down. Prolonged coughing or shortness of breath are danger signals of a respiratory disease."

"People often assume that chronic coughs and shortness of breath are just symptoms that are 'natural'; these may be the forerunners of a disabling respiratory disease and a physician should be the only one to decide when they are serious and when they are not," Dr. Siegel stated.

The pamphlets on respiratory diseases available for distribution are free upon request as a Christmas Seal service from Mid-State Lung Association, P.O. Box 1187, Aberdeen, N.C. 28315.

### Correction

In an article dealing with free meals for the elderly, it was incorrectly stated the East Freedom Masonic Lodge building was bought by Four County Community Service Agency. The Four County Community Center only rents space in the building.

The News-Journal regrets any confusion caused by the error.



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## Rockfish News

By Mrs. A. A. McInnis

No news from Tabernacle or Pittman Grove Churches, but they did have the usual services and fairly good attendance considering the unfair weather.

The pastor of Parker Church is away during the week taking a special course at Lake Junaluska, but he comes home for the weekends and holds the regular services at Parker and Sandy Grove Churches.

The Rev. Donald Kirkpatrick, pastor of McPherson Church, presented slides of Korea and told of his visit to Korea nearly two years ago.

Mr. and Mrs. L.B. Bundy had only two of their grandchildren with them for dinner Sunday. They were son and daughter of Mr. and Mrs. Frank Bundy, Michael and Lynne Bundy of Route 2, Raeford.

Walter Priest visited the John Albert Priest family of Route 2, Vass, on Sunday and attended funeral services for John Albert Priest of Vass, at Southern Pines, Monday.

Mrs. K.A. MacDonald of Raeford was a guest of Mrs. George Monroe Saturday afternoon.

Mrs. George Monroe was a dinner guest of Mr. and Mrs. Davis Parker, Karen and Kirkland III of Route 4, Fayetteville, and also spent the afternoon with them.

Mr. and Mrs. Alfred Long visited their son and daughter-in-law, Mr. and Mrs. Ronald Long and son Ronald of Fayetteville, last Sunday afternoon. Their daughter-in-law had been sick but was about well again.

Mrs. Nella Brock is away spending the weekend so there is no chance to get any news from her.

F.C.H.

There is no news from the Rockfish Family Care Home. The residents are all doing fine, but they didn't go to church Sunday because of the damp weather.

Mrs. B.B. Bostic and Mrs. K.A. McKethan of Fayetteville attended the Trawick-Rogers wedding in Wilmington, Sunday.

Mr. and Mrs. Paul Heath visited Mr. and Mrs. Lynn Heath of Charlotte the past weekend. Lynn is at home now and his mother says he is improving.

Mrs. James Hardin visited her sister, Mrs. Alma Moseley at Cape Fear Valley Hospital Monday and found her no better than she was when she entered the hospital about two weeks ago.

Birthday Party

Mr. and Mrs. William Wright gave a party for her mother, Mrs. L.B. Bundy at their home last Friday night. Mrs. Bundy's birthday is one day earlier than George Washington's but don't let that make you think she is older. She is still young although she has a number of children, grand and great-grandchildren. All of her children except Bobby were at the party and most of the grandchildren and great-grandchildren were present. William Wright and son, Neil Wright, Roscoe Bundy and sons, Wayne and Jerry Bundy, furnished the string music for the party. Birthday cake, cookies, potato chips and all kinds of light refreshments and drinks were served. Mrs. Bundy said it was the best party she ever had, and all her friends and relatives wish for her many more happy birthdays.

Mr. and Mrs. Julian Barnes spent the weekend with his sister, Mrs. Ann Hammond of Richmond, Va.

Melissa Berry, daughter of Mr. and Mrs. Daniel Berry of Route 2, Raeford, spent Friday night with her grandfather, Alfred Berry, and her uncle, Oscar G. Berry.

Mr. and Mrs. James E. McInnis of Fayetteville visited his brother, Thomas McInnis, and his mother, Sunday afternoon.

Charles Overton and children, Mark and Sherry of Fayetteville, visited his parents, Mr. and Mrs. Hugh Overton, Sunday.

Stacy Hobson visited Miss Delia Blue at the Sanatorium at McCain Sunday

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Pharmacy Comments

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Congratulations to Burroughs Wellcome, the pharmaceutical house located near Raleigh at the Research Triangle Park, for the sponsorship of the new medical television program, Medix.

The new series represents an attempt to present serious health topics, ranging from physical fitness to alcoholism. Just as is the case with our weekly editorial in this paper, Burroughs Wellcome has long seen and recognized the need for reliable health information for the public.

Medix is a commitment to social responsibility to inform the public about health care. I heartily recommend that you tune in this series of programs - and further, commend our responsible neighbor, Burroughs Wellcome, for money and effort well spent.

Safety First - If you see more than one physician, be sure each knows about all medicines you're taking.

(ADV.)

afternoon and found her doing very well.

Mr. and Mrs. D.F. McInnis stopped by the Golden Years Rest Home at Falcon to see her aunt, Miss Lillie Wood, Sunday afternoon on their way home from Wilson. Miss Wood was feeling and looking very well.

Mrs. Edgar Pittman says her husband who has not been very well for some time is better now. Mrs. Pittman visited Mrs. J.E. Wood at Cape Fear Nursing Center Monday afternoon.

Mr. and Mrs. Carl Pemberton and children of Greensboro spent the weekend with Mr. and Mrs. Robert Wood and they also visited Mr. and Mrs. Earl McKinnon of Cumberland and other relatives.

O.L. Wood and Worth Wood have just returned from a few days visit with their brother, Howard Wood of Tampa, Fla.

Mrs. Will Ritter of Confederate Woman's Home, Fayetteville, was getting along very well at last account. Her son, K.P. Ritter, visited her Sunday.

Roy Shockley and Mrs. Rosa Cole of Raeford have just returned from a two weeks trip to Baltimore, Md., and to Washington, D.C. First they spent two days with Mr. and Mrs. Hugh Shockley of Washington, D.C., then visited Mr. and Mrs. Gene Clark of Baltimore, Md., and came back to Washington, D.C., for another short visit with his brother and sister-in-law. On the way home they visited their friends Mr. and Mrs. David Beam of Wilson, N.C.

Mrs. Bess Newton of Parkton and Mrs. Mary Davis McInnis of Route 3, Fayetteville, were guests of Mrs. Floyd Monroe Sunday afternoon.

Mrs. E.T. Brock, Jr., of Cumberland, who has spent a lot of time in the hospital, is a patient at Cape Fear Valley Hospital with a ruptured disc.

Mrs. P.C. English was admitted to Highsmith-Rainey Memorial Hospital last Friday.

Sunday dinner guests of Alfred Berry and his son, Oscar G. Berry, were Harrison Berry and daughter, Denise, and Mr. and Mrs. Frank Sojka and daughter, Kelly, of Fayetteville.

Mr. and Mrs. D.F. McInnis of Raeford visited Mr. and Mrs. John Aldridge of Wilson, Sunday.

Mrs. Jim Maxwell spent last Sunday with Mrs. Max Ray and family of Puppy Creek.

Mrs. Joe Lovette heard from her niece, Mrs. Myra Lentz of Margate, Fla. She is planning to come some time soon and bring Mrs. Mary Shewbridge to spend a while with Mr. and Mrs. Joe Lovette.

Mrs. Annie Hollingsworth and Mrs. Furman Martin of Fayetteville spent last Thursday with Mrs. Marshall Newton of Puppy Creek.

Dinner guests of Mrs. Newton Sunday were Mr. and Mrs. Ed Brisson and son, Jeffrey, of St. Pauls.

Terry Monroe of Charlotte visited his grandparents, Mr. and Mrs. Will Monroe, for a while Saturday night.

Mrs. Minor McGowan of St. Pauls spent Saturday night and Sunday with her parents, Mr. and Mrs. Monroe.

Mr. and Mrs. Jesse Black and Mr. and Mrs. Stacy Hobson were birthday dinner guests of Mr. and Mrs. R.C. Wiggins of Fayetteville, Sunday. Mrs. Wiggins is Jesse Black's daughter and she and her husband were honoring him on his birthday. May he have many more happy birthdays.

Mr. and Mrs. Wilton Wood and sons Allen and Mark were dinner guests of his mother Mrs. A.W. Wood Sunday.

Comment

The things that have been happening recently are enough to make us live in fear, but if we are trusting in God, we need have no fear.

## Mrs. Hostetler To Lead Roanoke Member Drive

MANTEO - Mrs. Charles A. Hostetler of Raeford has been named chairman for Hoke County for the 1975 Roanoke Island Historical Association (RIHA) membership campaign.

Mrs. Hostetler's appointment was announced by Mrs. Terry Sanford, general membership chairman for the annual drive.

RIHA produces "The Lost Colony," the nation's first outdoor historical drama, each summer in Waterside Theatre on the Outer Banks' Roanoke Island. The theatre is located in Fort Raleigh National Historic Site, the location of Sir Walter Raleigh's first English settlement in the New World which mysteriously disappeared.

Memberships in the Association are available in several categories - regular, \$5; sustaining, \$10; sponsoring, \$25; and patron, \$50.

The president of the Baptist Women of Robeson Association, Mrs. Hostetler has recently compiled a history of the Raeford First Baptist Church into an historical brochure which was printed last year.

A charter member of the recently organized Hoke Historical Association, she is secretary of the Hoke County



Mrs. Charles A. Hostetler

Library Board and has worked with various civic and church organizations including the First Baptist, N.C. Symphony, Raeford Women's Club, Legal Auxiliary of Twelfth Judicial Bar Association and the Hoke Democratic Party.

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